

High Fetal Urocortin Levels at Term and Preterm Labor

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Context: Placental urocortin has a role in the cascade of events leading to parturition by stimulating myometrial contractility and placental uterotonins secretion.

Objective: The objective of this study was to evaluate urocortin levels in maternal and fetal [umbilical cord artery (UCA) and vein (UCV)] plasma at term and preterm labor.

Design: The study design was a controlled cross-sectional study performed from November 2003 to June 2004.

Setting: This study was performed at the Division of Obstetrics and Gynecology, University of Siena (Siena, Italy).

Patients: Plasma samples were collected at term in the absence of labor (TNL; n = 27; 39.3 ± 0.1 gestational weeks), at term spontaneous vaginal delivery (TL; n = 24; 40.1 ± 0.2 gestational weeks), and at preterm labor (PTL; n = 19; 32.4 ± 0.4 gestational weeks). Changes in urocortin mRNA expression were also evaluated in placentas collected from TNL (n = 11), TL (n = 11), and PTL (n = 10).

Intervention: Urocortin levels were measured by specific RIA.

Changes in placental mRNA expression were determined by real-time quantitative RT-PCR analysis.

Results: Maternal and UCA plasma urocortin levels were significantly ($P < 0.0001$ for all) higher in TL and PTL than in TNL. Furthermore, UCA concentrations were significantly ($P < 0.0001$ for all) higher than and correlated with maternal concentrations (TNL: $r = 0.45$; $P < 0.05$; TL: $r = 0.959$; $P < 0.0001$; PTL: $r = 0.7719$; $P < 0.0001$). UCV levels were significantly ($P < 0.001$) higher in TL and PTL than in TNL and were significantly ($P < 0.0001$ for all) higher than and significantly ($P < 0.0001$ for all) correlated with maternal values, but were significantly ($P < 0.0001$ for all) lower than and correlated with UCA values (TNL: $r = 0.9548$; $P < 0.0001$; TL: $r = 0.927$; $P < 0.0001$; PTL: $r = 0.838$; $P < 0.0001$). Placental urocortin mRNA expression did not differ among TNL, TL, and PTL samples.

Conclusions: Fetal urocortin secretion is increased in term and preterm labor. Whether these changes are a consequence rather than a cause of human parturition remains to be addressed. (*J Clin Endocrinol Metab* 90: 5361–5365, 2005)

PARTURITION RESULTS FROM a complex interplay of a variety of different maternal and fetal factors that act upon the myometrium to trigger molecular pathways involved in the development of coordinated uterine contractility (1). However, the molecular mechanisms driving the onset of human labor remain uncertain, although several key players have been identified. Among these players are the activated maternal and fetal hypothalamo-pituitary-adrenal axes, the primary function of which is to control the response of the body to stress (2). A key component of the stress axis is a larger family of stress-related peptides that includes corticotropin-releasing factor (CRF) and urocortin (3). Indeed, recent data have indicated a role for both CRF and urocortin in the regulation of smooth muscle contractility through binding to diverse CRF receptor subtypes (4). The evidence that CRF and urocortin stimulate the placental release of ACTH (5, 6) and the uterotonins, oxytocin (7) and prostaglandins (6, 8), suggests that both neuropeptides are

involved in the cascade of events leading to parturition through the activation of more than one pathway.

CRF and urocortin are expressed in intrauterine tissues (human placenta, decidua, and fetal membranes) throughout pregnancy (9), but they are secreted with a different pattern, because maternal plasma CRF levels increase until term (10), whereas urocortin concentrations are constant during gestation (11), paralleling similar time courses of placental CRF (12) and urocortin (13) mRNA expression. With respect to parturition, it is well known that maternal levels of both CRF (10) and urocortin (14) are increased at term labor, and that women with preterm labor (PTL) have maternal plasma CRF levels significantly higher than those detected in normal pregnancy (15). However, no data are as yet available showing whether circulating urocortin levels differ according to the presence of spontaneous term and PTL.

Consequently, in the present study we evaluated the levels of urocortin in the maternal and fetal circulation as well as urocortin mRNA expression in placental tissues collected from women delivered by elective caesarean section at term and preterm.

Subjects and Methods

In this controlled cross-sectional study, we evaluated 70 women with singleton pregnancies who received perinatal care from November 2003

First Published Online June 14, 2005

Abbreviations: CRF, Corticotropin-releasing factor; PTL, preterm labor; TL, term spontaneous vaginal delivery; TNL, term in the absence of labor; UCA, umbilical cord artery; UCV, umbilical cord vein.

JCEM is published monthly by The Endocrine Society (<http://www.endo-society.org>), the foremost professional society serving the endocrine community.

to June 2004 at the Division of Obstetrics and Gynecology, University of Siena (Siena, Italy), a tertiary clinical care center. Written informed consent was obtained from each pregnant woman, and the permission of the local human investigation committee was granted for the study. All pregnancies were dated by ultrasound, with measurement of the biparietal diameter, head circumference, femur length, and abdominal circumference, and their clinical characteristics are summarized in Table 1.

Urocortin levels were evaluated in maternal and fetal plasma collected at term (39.3 ± 0.1 gestational weeks) in the absence of labor (TNL; $n = 27$; after elective caesarean section due to previous uterine surgery), at term (40.1 ± 0.2 gestational weeks) spontaneous vaginal delivery (TL; $n = 24$), and at PTL (32.4 ± 0.4 gestational weeks) labor due to premature rupture of membranes ($n = 19$).

The exclusion criteria were multiple pregnancies, diabetes, hypertension, fetal anomaly, maternal or fetal infection, fetal growth restriction, cardiotocographic evidence of fetal distress, and an Apgar score at 1 min of less than 7.

Umbilical cord blood samples were collected [separately from umbilical cord artery (UCA) and vein (UCV)] immediately after fetus delivery and cord clamping and before placental detachment. Blood samples were drawn using a polypropylene syringe and a butterfly needle and then transferred to chilled tubes containing EDTA (10 mg/ml blood). The tubes were centrifuged immediately at 4 C ($3000 \times g$ for 10 min). All plasma samples were kept at -80 C until assay.

Urocortin assay

Maternal and fetal plasma urocortin levels were measured using previously published methodology (14, 16), except for the delayed addition of tracer to improve assay sensitivity. Briefly, duplicate 100- μ l aliquots of plasma extract or human urocortin-(1–40) standard were mixed with 100 μ l assay buffer containing rat urocortin-(1–40) antiserum at a 1:2,100 dilution and incubated for 40 h at 4 C. One hundred microliters of buffer containing approximately 25,000 cpm 125 I-labeled human urocortin-(1–40) were then added, and the tubes were incubated for an additional 6 h before the addition of preprecipitated sheep anti-rabbit second antibody, as previously described (14, 16). The specificity of the urocortin antiserum had been checked by measuring the cross-reactivity of peptides with sequence homology in the urocortin assay, *i.e.* human CRF-(1–20) and human CRF-(1–41) (Peninsula Laboratories, St. Helen's Merseyside, UK), human urocortin II [stresscopin related peptide-(6–43) NH_2], and human urocortin III [stresscopin-(3–40) NH_2 ; Phoenix Pharmaceuticals, Inc., Belmont, CA] as well as with ACTH, sauvagine, and urotensin 1 (Sigma-Aldrich Corp., St. Louis, MO) and thyroglobulin. None of these molecules displayed significant cross-reactivity even at a high concentration (1 mg/ml).

Urocortin levels were measured in a blinded fashion in a single assay. The assay had a sensitivity of approximately 50 pg/ml, with intra- and interassay variations of 8% and 13%, respectively.

Placental tissues collection, RNA extraction, and cDNA preparation

Specimens of human placenta were collected from pregnant women delivered at term ($n = 11$ in the absence of labor due to elective caesarean section; $n = 11$ due to spontaneous vaginal delivery) and preterm ($n = 10$). Total RNA was extracted from frozen tissue samples using a commercially available kit (TRIzol, Invitrogen Life Technologies, Inc., Milan, Italy). Approximately 5 μ g total RNA were subsequently treated with deoxyribonuclease (DNase I Set, Promega Corp., Milan, Italy). Quantification of total RNA was performed by measuring absorbance at OD₂₆₀.

TABLE 1. Summary of clinical data

	TNL	TL	PTL
No.	27	24	19
Parity	1.05 ± 0.3	1.2 ± 0.1	1.2 ± 0.5
Maternal age (yr)	28.7 ± 1.2	27.9 ± 1.1	28.6 ± 2.0
Wk at delivery	39.3 ± 0.1	40.1 ± 0.2	32.4 ± 0.4^a
Birth weight (g)	3344 ± 66	4311 ± 56^a	1902 ± 116^a

^a $P < 0.01$ vs. control group (by Newman-Keuls test).

The quality of total RNA was controlled by running 1.5% agarose gels buffered in 89 mM Tris, 89 mM boric acid, and 2 mM EDTA (pH 8.3) and was assessed as acceptable if strong and intact 28S rRNA and 18S rRNA bands were visible under UV light after staining with ethidium bromide. No bands of genomic DNA were observed in agarose gels after deoxyribonuclease treatment. cDNA synthesis from total RNA (1 μ g) was carried out in a reaction volume of 20 μ l containing 50 mM Tris-HCl (pH 8.3), 75 mM KCl, 3 mM MgCl_2 , 10 mM dithiothreitol, 5 μ M random hexamer primer, 2.7 mM deoxynucleoside triphosphate, and 10 U/ μ l SuperScript II reverse transcriptase (all reagents obtained from Invitrogen Life Technologies, Inc.). RNA was initially denatured at 85 C for 5 min. The reaction mixture was then added, and RT was performed at 42 C for 90 min. The reaction was stopped by denaturing the enzyme at 85 C for 15 min. The cDNA was immediately subjected to real-time quantitative RT-PCR. For each RNA sample, a parallel reaction tube was prepared as described above, but without reverse transcriptase (RT-negative control).

Real-time quantitative RT-PCR analysis

To quantify mRNA expression of urocortin, real-time quantitative RT-PCR (TaqMan PCR, Applied Biosystems, Weiterstadt, Germany) using an Opticon 2 (MJ Research, Bio-Rad Laboratories, Waltham, MA) was performed. All samples were run in duplicate on 96-well optical PCR plates (Applied Biosystems) with a TaqMan Universal PCR Master Mix (Applied Biosystems). Standard RNA preparations were included in every RT-PCR run. TaqMan probes for hypoxanthine phosphoribosyltransferase (assay identification no. Hs99999909_m1; GenBank mRNA no. NM_000194) and urocortin (assay identification no. Hs00175020_m1; GenBank mRNA no. NM_003353) were taken from the commercially available Assays on Demand (Applied Biosystems). All assays for the target sequences investigated were optimized to the universal PCR protocol of the manufacturer to investigate different target mRNAs on one plate. After initial denaturation for 10 min at 95 C, denaturation at the subsequent 40–50 cycles was performed for 15 sec at 95 C, followed by primer annealing and elongation at 60 C for 1 min. The $\Delta\Delta C_T$ method (17) was applied as a comparative method of quantification.

Statistical analysis

After normality testing had confirmed that urocortin levels were normally distributed, the data were expressed as the mean \pm SE and analyzed for statistically significant differences by one-way ANOVA, followed by the *post hoc* Newman-Keuls multiple comparison test for multiple comparison. When only two groups were compared, the paired *t* test was used to compute statistical significance. Correlation between maternal and fetal as well as between UCA and UCV plasma urocortin levels was calculated using Pearson's correlation coefficient test. Statistical significance was assumed whenever $P < 0.05$.

Results

Maternal and fetal urocortin levels

Urocortin was measurable in all samples evaluated. In detail, maternal plasma urocortin levels were highest at term (133.0 ± 7.7 pg/ml) and preterm (132.2 ± 3.6 pg/ml) labor and were significantly ($P < 0.0001$) higher than those in patients delivered by elective caesarean section (86.8 ± 3.5 pg/ml; Fig. 1A). With respect to the fetal circulation, urocortin levels in the UCA were highest at term (196.5 ± 9.1 pg/ml) and preterm (192.9 ± 14.7 pg/ml) labor and were significantly ($P < 0.0001$) higher than in samples collected at TNL, *i.e.* after elective caesarean section (147.7 ± 4.5 pg/ml), significantly ($P < 0.0001$ for all) higher than those in the maternal circulation (Fig. 1A), and significantly correlated to maternal concentrations at TNL ($r = 0.45$; $P < 0.05$), at term ($r = 0.959$; $P < 0.0001$), and PTL ($r = 0.7719$; $P < 0.0001$; Fig. 1B).

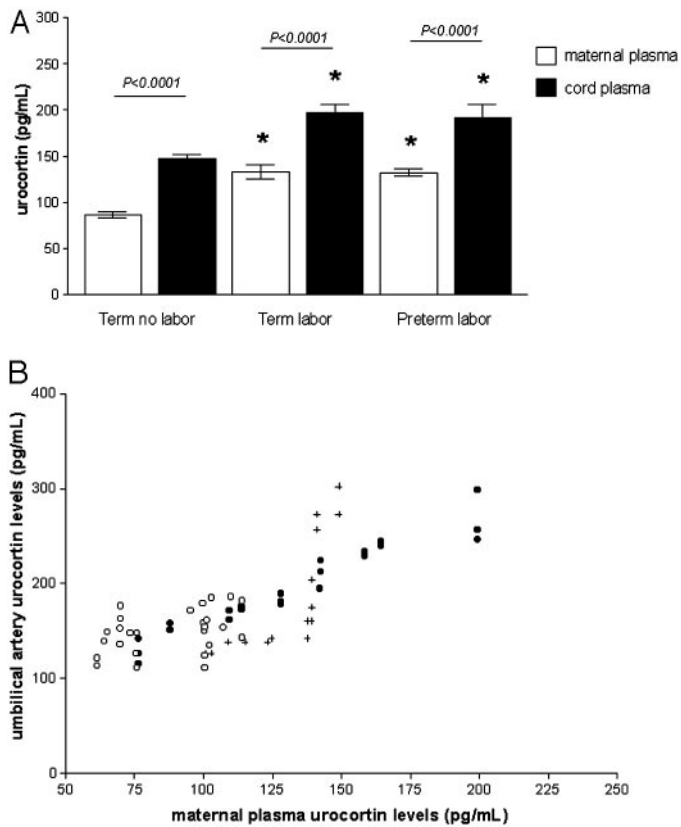


FIG. 1. A, Mean \pm SE maternal (\square) and fetal (\blacksquare) urocortin levels at TNL, TL, and PTL. *, $P < 0.0001$ vs. TNL. B, Correlation between umbilical artery and maternal plasma urocortin levels at TNL (\circ ; $r = 0.45$; $P < 0.05$), TL (\bullet ; $r = 0.959$; $P < 0.0001$), and PTL ($+$; $r = 0.7719$; $P < 0.0001$).

In the UCV, urocortin levels were highest at term (151.75 ± 5.81 pg/ml) and preterm (144.9 ± 4.9 pg/ml) labor, significantly ($P < 0.0001$) higher than in samples collected after elective cesarean section (108.4 ± 3.1 pg/ml; Fig. 2A). In addition, in each condition evaluated, umbilical venous urocortin concentrations were significantly ($P < 0.0001$ for all) lower than (Fig. 2A) and correlated to umbilical arterial levels at TNL ($r = 0.9548$; $P < 0.0001$) and at term ($r = 0.927$; $P < 0.0001$) and PTL ($r = 0.838$; $P < 0.0001$; Fig. 2B). Finally, umbilical venous levels were significantly ($P < 0.0001$ for all) higher than and significantly ($P < 0.0001$ for all) correlated to maternal concentrations (TNL: $r = 0.9114$; TL: $r = 0.9330$; PTL: $r = 0.8853$; Fig. 3A).

Placental urocortin mRNA levels

As depicted graphically in Fig. 3B, no significant differences in urocortin mRNA expression were observed between samples collected after term labor, PTL, and elective cesarean section. The expression of urocortin mRNA was unequivocally detectable in the patient samples compared with RT-negative controls.

Discussion

The present study is the first to show that maternal and fetal plasma urocortin levels were increased at term and PTL

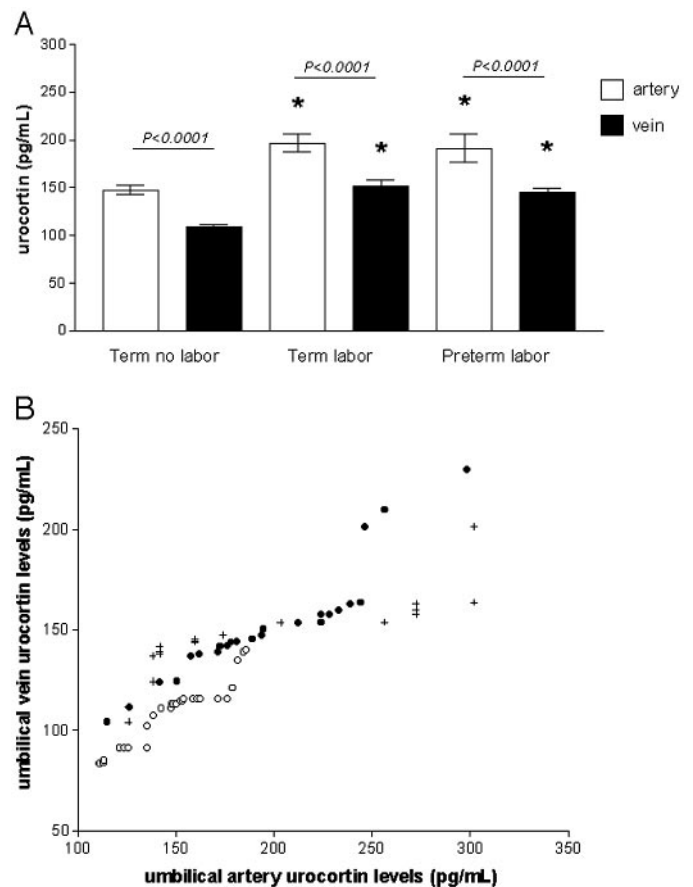
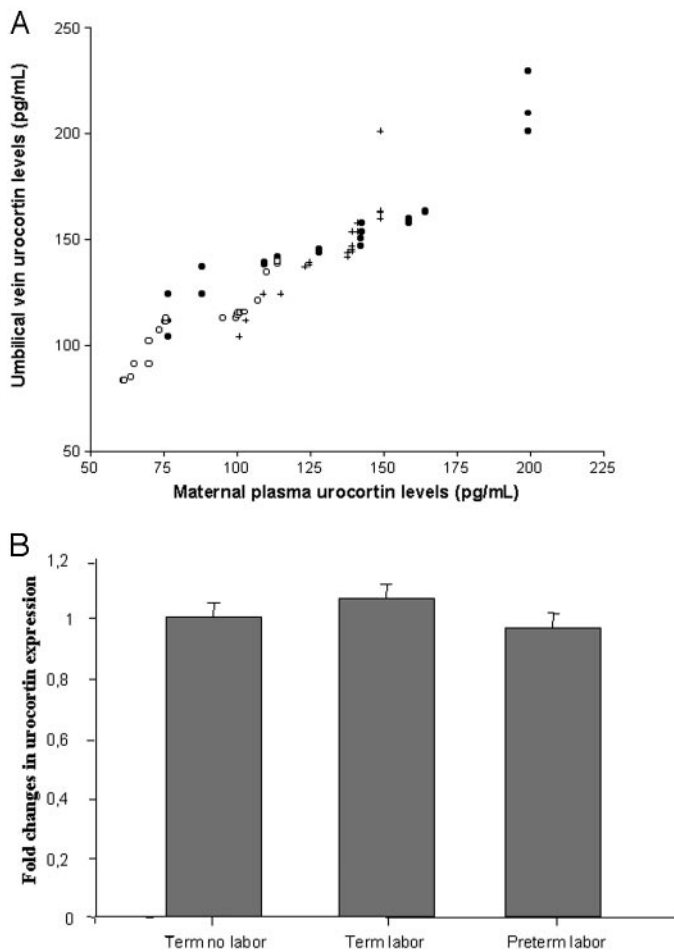


FIG. 2. A, Mean \pm SE urocortin levels in UCA (\square) and UCV (\blacksquare). *, $P < 0.0001$ vs. TNL. B, Correlation between UCA and UCV urocortin levels at TNL (\circ ; $r = 0.9548$; $P < 0.0001$), TL (\bullet ; $r = 0.927$; $P < 0.0001$), and PTL ($+$; $r = 0.838$; $P < 0.0001$).

compared with those after elective caesarean section. Because urocortin is a neuropeptide belonging to the CRF family (18) and is expressed by human syncytiotrophoblast throughout pregnancy (13, 19), we expected the highest levels to occur in the presence of PTL, higher than at term delivery, as previously reported for CRF (10). This was not the case, however. The present findings and the evidence that maternal plasma CRF levels increases until term (10), whereas urocortin concentrations are constant during gestation (11), and that placental CRF mRNA expression increases throughout gestation (12), whereas that of urocortin does not (13), lead us to suggest that the secretory pattern of urocortin differs from that of CRF. This hypothesis is also supported by the fact that fetal urocortin levels were higher, whereas those of CRF were considerably lower (20, 21), than those in the mother. Furthermore, we found that urocortin concentrations in the umbilical artery were higher than those in the corresponding vein, and that placental urocortin mRNA expression did not change with labor, whether term or preterm, thus indicating a release of urocortin from the fetoplacental compartment into the maternal circulation.

The finding of significant veno-arterial and fetomaternal differences raises new questions about the source of urocortin in the fetal circulation. In the rat, urocortin mRNA and protein have been identified in the hypothalamus (22–25),



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