

**Versione alternativa della tesi di dottorato:
“The dilp2/5 genes control diapause inducibility”**

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Abstract

Many holometabolous insects hibernate by triggering diapause, an “actively-induced” dormancy that blocks developmental functions. Yet, the nature of signals enhancing the plasticity of developmental system and underlying diapause inducibility is still elusive. We show that the “*Insulin/IGF*” *dilp2/5* genes, encoding for developmental hormones, antagonize diapause switch in *D. melanogaster* and their modulation is pivotal in sensitizing the developmental system to environmental perturbations. Functional impairment of *dilp2/5* signaling results in the appearance, or inhibition, of the inducible diapause polyphenism, revealing that they are at the core of the gene network regulating diapause inducibility, beyond the control of developmental time. DILP2/5, as dispensable developmental hormones, cover a latent and hidden plasticity of development, underlying the evolution of an inducible diapause polyphenism through genetic accommodation. Such hormonal mechanism might be the putative target to bioengineer diapause inducibility.

Abstract (Italian version)

Molti insetti olometaboli innescano la diapausa, una dormienza attivamente indotta che blocca lo sviluppo al fine di ibernare. La natura dei segnali che aumentano la plasticità del sistema di sviluppo e che sottendono l'inducibilità della diapausa rimane largamente sconosciuta. Qui, noi riportiamo che *dilp2/5*, due geni "Insulin/IGF" simili codificanti per ormoni di crescita, reprimono l'induzione della diapausa in *D. melanogaster* e che la loro modulazione è cruciale nel sensibilizzare il sistema di sviluppo alle perturbazioni ambientali. Modificazioni funzionali di *dilp2/5* provocano l'induzione, o l'inibizione, del polifenismo reversibile di diapausa, rivelando che, oltre il loro ruolo nella modulazione del tasso di sviluppo, questi geni sono al cuore del network genico che regola la dormienza. DILP2/5, come ormoni di crescita dispensabili per il normale sviluppo, mascherano una latente plasticità di sviluppo e la loro modificazione può provocare l'evoluzione della diapausa attraverso accomodazione genica. Questo controllo ormonale potrebbe costituire un promettente bersaglio per un'ingegnerizzazione genetica dell'inducibilità della diapausa.

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Abbreviations

AEL	<i>After Egg Laying</i>
APF	<i>After Pupa formation</i>
CA	<i>Corpora Allata or Corpus Allatum</i>
CC	<i>Corpora Cardiaca or Corpus Cardium</i>
DA	<i>Dopamine</i>
DDC	<i>Dopa-Decarboxylase</i>
DH	<i>Diapause Hormone</i>
DILP	<i>Drosophila Insulin-like Protein</i>
dilp	<i>Drosophila Insulin-like Protein genes (Insulin/IGFs genes)</i>
ECD	<i>α-Ecdysone</i>
20E	<i>20-Hydroxy-Ecdysone</i>
E2	<i>17-β-Estradiol</i>
EPPase	<i>Ecdysteroid-phosphate phosphatase</i>
ERK	<i>Extracellular signal-Regulated Kinase</i>
FoxO	<i>Forkhead Box-O</i>
IIS	<i>Insulin/IGFs signaling or Insulin-like signaling</i>
Imp-L2	<i>Imaginal morphogenesis protein-Late 2</i>
INR	<i>Insulin/IGFs Receptor or Insulin-like Receptor</i>
Insulin/IGFs	<i>Insulin/Insulin-like Growth Factors</i>
IRS	<i>Insulin/IGFs Receptor Substrate Protein</i>
JH	<i>Juvenile Hormone</i>
JHA	<i>Juvenile Hormone analogue</i>
MNCs	<i>Median Neurosecretory Cells</i>
NEFs	<i>Newly Eclosed Females</i>
OPIF	<i>Orange-Pupa-Inducing-Factor</i>
PCMH	<i>Pupal-Melanizing-Hormone</i>
PG or PGs	<i>Prothoracic Glands</i>
PTTH	<i>Prothoracicotropic Hormone</i>
RTK	<i>Receptor Tyrosine Kinase</i>
SMPH	<i>Summer-Morph-Producing-Hormone</i>
SOG	<i>Sub-Oesophageal Ganglion</i>
SDH2	<i>Sorbitol Dehydrogenase-2</i>
TGF-β	<i>Transforming Growth Factors β</i>
TH	<i>Tyrosine-Hydroxylase</i>
TOR	<i>Target of Rapamycin</i>
TS	<i>Target Size</i>

Gal4 drivers specific for the MNCs

dilp2> since the late third (last) larval instar under temporal control of *dilp2* gene promoter
dilp2(p)> since early larval life (2nd instar) under temporal control of *dilp2* gene promoter
dilp3> since post-larval stages under temporal control of *dilp3* gene promoter

Definitions

Imaginal discs:

Imaginal discs are sacs of cells which are the primordia of adult parts (such as wings and legs).

Canalization of Development:

Developmental canalization is the inherited genetic buffering that stabilizes the phenotype and decreases its variability. Canalized developmental systems produce the same phenotype despite environmental and genetic perturbations. Canalization evolves under stabilizing selection in order to confer robustness to the developmental system. Canalization is evident, as examples, in the low penetrance of null or hypomorphic mutations, or in the absence of "genotype-by-environment interaction" (Hornstein and Shomrom 2007; Moczek 2007).

Robustness:

Robustness of developmental systems is the resistance to genetic and environmental perturbations, resulting from the action of evolutionary and genetic mechanisms (Hornstein and Shomrom 2007; Moczek 2007).

Developmental Plasticity (Environmental Sensitivity or Flexibility):

Developmental plasticity is the ability of a developmental system to react to endogenous or exogenous environmental perturbations with a change in form, state or physiology. Plasticity may or may not be adaptive. In the last case it is a consequence of natural selection (Moczek 2007; West-Eberhard 2003).

Cryptic Genetic Variation:

Cryptic (or hidden) genetic variation is the genetic variability that is invisible to natural selection since it does not produce phenotypic variants. Thus, individuals within a population can be genetically different without exhibiting phenotypic differences. Cryptic genetic variation may be exposed under specific conditions (during the evolutionary process of genetic accommodation). Cryptic genetic variation may be due to strong epistatic interactions among loci, developmental canalization or genetic capture of genetically linked traits (Moczek 2007; West-Eberhard 2003).

Sensitizing Mutations:

Sensitizing mutations are mutations in hormonal regulatory pathway which lowers the levels of a developmental hormone, in such a way that an environmental perturbation decrypts the genetic variation to selection (Suzuki and Nijhout 2006; Nijhout 2003).

Genetic accommodation:

Genetic accommodation is a mechanism of evolution wherein a novel phenotype introduced through a mutation is molded into adaptive phenotype through quantitative genetics changes. Genetic accommodation results in an increased environmental sensitivity of a plastic phenotype. (Suzuki and Nijhout 2006).

Polyphenism:

Polyphenisms are adaptations in which the same genotype produces inducible discrete alternative phenotypes in transient, or stable, different environments. In this case, the phenotypic plasticity is discontinuous. Polyphenisms are adaptations to reliable and predictable variations in the environment. The polyphenism-inducing environment may not coincide with the selective one. Diapause is an example of adaptive polyphenism. In nature, the phenotypic discontinuity of polyphenisms can be produced by discrete developmental switches or by discontinuities in the inducing environment that uncover only a small portion of a continuous reaction norm (Nijhout 2003).

Reaction Norm:

Reaction Norms are adaptations in which the same genotype produces inducible continuous alternative phenotypes in transient, or not, different environment. In this case, the phenotypic plasticity is continuous (Nijhout 2003; West-Eberhard 2003).

Token stimulus:

Token stimulus(i) is the environmental variable that induces the alternative phenotype. It is exploitable as predictor of the selective environment (i.e. an adverse season) of the polyphenism. The token stimulus is not, in itself, a stressful condition. Usually, the token stimulus reprograms development by changing either the hormone secretion or the pattern of hormone sensitivity (hormone sensitive period), resulting in the execution of the inducible alternative developmental trajectory (Nijhout 2003; Saunders et al. 2002).

Antagonistic pleiotropy:

Different pleiotropic fitness effects of a trait or a gene are opposite in sign, positive in one context of expression and negative in another (West-Eberhard 2003).

Introduction

1. Diapause: alternative developmental trajectory

Holometabolous insects (such as the genetic models *Bombyx mori* and *Drosophila melanogaster*) undergo deep metamorphosis by developing from immature larval phases to an imaginal one (**Fig. 1**) (Gilbert 2012; Gilbert 2009; Dubrovsky 2005; Truman and Riddiford 2002; Riddiford 1993). Hormonal pulses set the timing of transition through each stage; yet, the timing of these hormonal inductions fails when insects trigger diapause to hibernate (Denlinger et al. 2012; Schiesari et al. 2011; Saunders et al. 2002).

Diapause is an “actively-induced” dormancy that blocks developmental functions to precede the adverse season. Diapausing phase is genetically specified but it is elicited by environmental factors (mainly the seasonal changes of photoperiod) perceived during the earlier developmental stages (Kostal 2012; Saunder and Bertossa 2011; Saunder 2010). Thus, diapause is hormonally programmed in advance of its onset (Denlinger et al. 2012; Schiesari et al. 2011; Saunders *et al.* 2002).

Once dormancy is induced, the diapausing entity needs a “genetically-specified” period of chilling prior to be re-activated and acquire the competence to develop in optimal environment (such as in dormant pupae of *Samia cynthia*, which need 3-5 months below 4°C) (Denlinger et al. 2012; Nakamura et al. 2011; Hahn and Denlinger 2007; Denlinger 2002). Dormant entities become extremely resistant to low temperatures by undergoing supercooling (resistance to low temperatures without freezing by reducing the freezing point of body fluids) or freezing (Denlinger et al. 2012; Hahn and Denlinger 2007; Saunder et al. 2002; Lee and Denlinger 1999). As example, pupae of the Papilionidae *Papilio machaon* reach temperatures of -25°C after which they freeze to -30°C, still remaining alive for months (Shimada 1980). As well, larvae of Lymantridae *Gymnaephora groenlandica* undergo supercooling until -7°C, but they can freeze until -70°C (Kukal et al. 1988). Embryos of the Bombycidae *Bombyx mori* resist until -32°C for months only by supercooling (Suzuki et al. 1983).

Frequently, appearance of alternative morphs (polyphenism) is deeply linked to diapause induction undergoing modulation of common hormonal signaling, as reported for the embryonic morphs in *Orgyia thyellina*, for “immaculate” larvae in *Diatrea grandiosella*, or for the pupal pigmentation in *Papilio xuthus*. Many seasonal morphs are also determined during diapause development, such as wing diphenism of many Lepidopterans (i.e. *Araschnia levana*, *Papilio xuthus*), or the “dark/red-spotted” morphs of larvae hatched from diapausing eggs in *Orgyia thyellina* (Denlinger et al. 2012; Saunders et al. 2002). Thus, diapause is a dynamic modulation of all holometabolous phases since its hormonal induction orchestrates as well functions linked to all developmental transitions. Diapause is not simply a block of development but, rather, a dynamic and plastic process (Denlinger et al. 2012; Saunders et al. 2002).

2. Embryonic Diapause and hormonal pulses

Embryonic (or egg) diapause may arrest embryogenesis at any stage. Some species diapause as early embryo, others overwinter as *pharate* first instar larvae within eggshell (Denlinger et al. 2012; Saunders et al. 2002). Thus, embryonic diapauses are enormously diverse in regulation, albeit the nature of hormonal signaling is almost the same. Steroid hormone Ecdysone (ECD) is a key regulator of insect diapauses, although its action (repressive or promoting) depends by the stage at which dormancy is induced (Denlinger et al. 2012; Saunders et al. 2002). A simplified scheme of the production of ECD peaks is shown in **Fig. 2**.

2.1 ECD signaling in embryos

In holometabolous insects, a large ECD pulse sustains embryonic development through mid-early embryogenesis until later stages. Hence, it decays allowing embryos to hatch, once development is completed (Truman and Riddiford 2002).

Loss of ECD causes developmental aberrations. In both *Drosophila melanogaster* and *Bombyx mori*, mutant embryos for “Halloween” genes (i.e. *shade*, *disembodied*, *shadow*, *ecc*. - which encode for enzymes involved in ECD biosynthesis) lack of ECD and they exhibit defects in head involution and dorsal closure of midgut. Ultimately, these embryos die during late embryogenesis and they fail to hatch as first instar larvae (Niwa et al. 2010; Ono et al. 2006; Yoshiyama et al. 2006; King-Jones and Thummel 2005; Gilbert et al. 2004; Warren et al. 2004; Petryk et al. 2003; Chàvez et al. 2000). Thus, the timing of ECD peak plays a key role in driving embryonic transitions; yet ECD controls diapause during specific developmental stages, without causing any growth aberrations (Denlinger et al. 2012; Saunders et al. 2002).

2.2 ECD induces diapause in late embryos

The gypsy moth, *Lymantria dispar*, diapauses before hatching as *pharate* first instar larva (fully formed) until spending the mandatory chilling period. Enhanced levels of ECD block *pharate* larvae in dormancy. In fact, diapause induction fails when embryos are injected with KK-42, an “ECD-inhibitor” thought to block ECD biosynthesis. However, this effect is reversed by ectopic applications of ECD. In contrast, diapausing *pharate* larvae fail to resume competence at the end of chilling when treated with ECD, remaining dormant. In line, “Non-Diapausing” mutants (genetically deficient of dormancy) elicit diapause after exposure to exogenous ECD, revealing a latent hormonal responsiveness. Since ECD control developmental transitions, it is a key gate of signaling to elicit dormant phase. In dormant *pharate* larvae of *Lymantria*, high levels of ECD are produced by developing Prothoracic Gland (PG, a neurohaemal gland) and this activity persist until dormancy breaking, when ECD drops. Conversely, PG of non-diapausing larvae fails to synthesize ECD beyond early embryogenesis provoking, in turn, larval hatching (Lee et al. 2002, 1997; Lee and Denlinger 1997, 1996; Suzuki et al. 1993). A similar mechanism is thought to control embryonic diapause in the European skipper *Thymelicus lineola* (McNeil and Fields 1985).

Similarly, enhanced ECD pulse sustains diapause in *pharate* first instar larva of the silkworm *Antheraea yamamai* (Suzuki et al. 1990). The excision of thorax/head complex (where PG is located) from diapausing *pharate* larvae induces isolated abdomen to resume growth, unlike the thorax/head complex. Moreover, ECD inhibition (by injecting KK-42) in dormant *Antheraea* embryos breaks dormancy and resumes growth (Suzuki et al. 1990). Thus, timing of ECD pulse is key to induce and sustain diapause, by avoiding the inductive processes of late embryogenesis.

2.3 ECD fails in diapausing early embryos

The silkworm, *Bombyx mori*, triggers diapause as early embryo (immediately after mesoderm segmentation). At the onset of diapause, glycogen is converted into sorbitol and glycerol which function as cryoprotecting agents during chilling at -28 to -32°C. Sorbitol plays as well *regulative* functions, since it elicits dormancy when exogenously applied to “non-diapausing” embryos and its removal resumes growth in dormant ones. Hence, dormant embryo needs a period of chilling (<5°C for 2-3 months) to reduce sorbitol prior to end diapause (Horie et al. 2000). Once diapause ends, ERK/MAPK pathway promotes sorbitol-glycogen conversion and ECD synthesis by activating two key enzymes, sorbitol dehydrogenase-2 (SDH2) and ecdysteroid-phosphate phosphatase (EPPase). On this early stage, embryo lacks of developed PG and the steroid sources available are only made by the maternal Inactivated Ecdysteroid-Phosphates (IEPs). Then, EPPase activates IEPs eliciting ECD pulses to de-repress development in dormant embryo. Subsequently, embryo develops following a normal embryogenesis (Fujiwara et al. 2006a, 2006b, 2006c; Iwata et al. 2005; Horie et al. 2000).

Intriguingly, steroids control also diapause in Vertebrate embryo. The South American annual Killifish, *Austrofundulus limnaeus*, lives in ephemeral ponds that seasonally undergo fast desiccation. Survival of the species depends entirely from buried embryos that hatch during the next rainy season once the ponds are re-inundated (Berois et al. 2012; Podrabsky et al. 2007, 2001; Podrabsky and Hand 1999). Killifish embryos survive by eliciting diapause that blocks development at three diverse stages: early embryo (diapause I), at 38-somites embryo (diapause II, embryos have beating heart, optic cups and developing CNS) or prior to the hatching (diapause III, embryo is fully developed) (Berois et al. 2012; Podrabsky et al. 2010) (**Fig. 3**). Non diapausing embryos diverge from diapausing ones in higher pulses of estrogens (17- β -estradiol, E2) at 5/10-somites stage as well as in the timing of traits which do not develop until several days after diapause end (i.e. melanocytes, vasculature of yolk, otholite *primordia*). Diapausing embryos restore development when incubated with E2 without reporting developmental anomalies. Diapause is imposed to embryos by estrogen levels of the mother: older Killifishes elicit lower levels of E2 and they lay more diapausing embryos than younger ones (Pri-Tal et al. 2011). Steroids might also control diapause in the African Killifishes, *Nothobranchius guentheri* and *Nothobranchius korthausae*, in which diapause evolved independently (Pri-Tal et al. 2011; Murphy et al. 1997; Levels et al. 1986; Inglis et al. 1981).

In sum, diapausing disruption of the timing of ECD pulse preserves insect embryo from the inductive phenomena of morphogenesis; hence, development can restart after dormancy (Denlinger et al. 2012; Saunders et al. 2002). An analogous control re-emerges in Vertebrate diapausing embryos, still under control of steroid hormones. Hence, the bioengineering of hibernation in embryonic/fetal stage should act before the key inductions of development by preventing the hormonal signals that trigger the systemic changes of growth.

2.4 Maternal control of embryonic diapause

Likewise in Killifish, diapause is imposed on *B. mori* embryos inside mother by Diapause Hormone (DH), a 24-amino acid protein produced by Sub-Oesophageal Ganglion (SOG) released in haemolymph via the *Corpora Cardiaca* Neurohaemal gland (Shiomi et al. 2007; Yamashita et al. 2001; Sato et al. 1998, 1994, 1993; Suwan et al. 1994; Yamashita 1996). DH is regulated by maternal experience of environment: larvae grown in summer (under long days and high temperatures) eclose in autumn as moths laying diapausing embryos (“diapause” moths) by producing high levels of DH (**Fig. 4**) (Shiomi et al. 2007; Sato et al. 1994, 1993; Nakagaki et al. 1991; Fukuda 1951; Hasegawa 1951). DH signals in developing gonads through a G-coupled receptor, DHR, to enhance glycogen (then, sorbitol and glycerol) inside the eggs (Homma et al. 2006; Horie et al. 2000). “Non-diapause” pupae injected with DH develop as moths laying diapausing eggs, suggesting the existence of a sensitive phase during pupal life (Uehara et al. 2011). In addition, “diapause” moths lay developing embryos when SOG is excised from pupal life, whereas “diapause” moths fail to lay diapausing eggs after implant (at pupal stage) of the SOG of “non-diapause” ones (Fukuda 1951).

In “diapausing” animals, exceptional peaks of *BmDH* gene expression occurs during both the mid-late larval instars (4^o/5^o) and the pupal life (Morita et al. 2004; Xu et al. 1995a) (**Fig. 4**), under control of transcription factors of the pituitary homeobox gene family (i.e. Ptix1, a bicoid-like homeobox transcription factor that binds *cis*-regulatory elements in the promoter region of *BmDH*) and members of the POU transcription factor family (Shiomi et al. 2007; Zhang et al. 2004; Xu et al. 1995b).

During late larval and early pupal life, *Ddc* gene (encoding for Dopamine Decarboxylase, key enzyme in Dopamine synthesis) is overexpressed in “diapausing” animals, coherently with high levels of Dopamine (DA) released into haemolymph. “Non-diapausing” larvae of *B. mori* fed with L-DOPA (the DA precursor) develop as moth which exhibit high levels of DH and lay diapausing embryos, similarly to those injected with DA. Thus, DA control DH signaling and functions (Noguchi and Hayakawa 2001).

In addition, “non-diapause” moths injected with 20-Hydroxyecdysone (20E, the active form of ECD) lay giant developing eggs (larger and heavier than normal), similarly to diapausing ones (Kawaguchi et al. 1989). Synergism between ECD and DH may regulate diapause: ECD dosage modulate embryonic diphenism; whereas DH imposes dormancy.

Similarly, DH elicits embryonic diapause in the tussock moth *Orgyia thyellina* which exhibits as well seasonal morphs linked to dormancy. Larvae grown at long days emerge as winged *Macropteres* (summer morph), but those developed at short days eclose as *Brachypteres* with short wings (autumnal morph). Moreover, pupae exhibit diphenism: pale morph for the *Macropteres* and dark one for the *Brachypteres*. *Macropteres* lay developing eggs whereas *Brachypteres* lay diapausing embryos that are heavier and darker (Kimura and Masaki 1977)(**Fig. 5**). “*Macropteres* pupae” injected with DH develop as moths that lay diapausing embryo whereas “*Brachypteres* pupae” injected with anti-DH (inhibiting hormone signaling) lay developing eggs once they eclose (Uehara et al. 2011). These results may also mean that both pupal and moth diphenism in *Orgyia* is specified by an earlier action of DH or by an unknown hormone during larval life, since pupal DH affect only embryonic morph (Uehara et al. 2011). Similarly, dormancy-linked diphenism occurs in *B. mori* where moth laying diapausing embryos exhibit many brown scales on the wings, and diapausing embryos have thick chorion and dark pigmentation (Tsumaraki et al. 1999). In such species, non-diapause-fated pupae (short days, SD) develop into autumn moths or intermediate morphs (typical of diapausing moths developed under long days, LD) and not into correct summer ones, when the brain is removed from early pupal life. Yet, the same microsurgery has not effects on “diapause-fated” pupae which develop normally into autumn morphs. Similarly, “non-diapausing” pupae (SD) develop as autumn moths (LD) rather than summer ones when they “receive” the brain of “diapause-fated” (LD) larvae, during the early 5th instar life. In addition, injection of DH induces “non-diapausing” (SD) pupae to develop into autumn or intermediate morphs, revealing the role of DH in the control of polyphenism in *B. mori*, perhaps, through direct signaling into imaginal wing discs (Yamanaka et al. 2000b) (**Fig. 6**).

In sum, diapause is strictly linked to the appearance of seasonal morphs, under a common hormonal control.

3.Pupal Diapause and Developmental Plasticity

Metamorphosis (transition larva-to-pupa) is initiated and sustained by “time-established” pulses of ECD. Both production and release of ECD is mainly regulated by a small neurohormone, known as Prothoracicotropic Hormone (PTTH), which peaks earlier than ECD setting the timing of development in response to developmental and environmental cues (Smith and Rybczynski 2012; Yamanaka et al. 2012; Rybczynski 2009). Once released into the haemolymph (via neurohaemal glands), PTTH targets the larval Prothoracic Gland to elicit the ECD pulse required for the onset of metamorphosis (Smith and Rybczynski 2012; Dubrovsky 2005; Truman and Riddiford 2002; Mizoguchi et al. 2001, 2002; Riddiford 1993). Later, an additional pulse of ECD sustains metamorphic transition by promoting the prepupal-to-pupal transition (corresponding to the “head eversion” stage in *Drosophila melanogaster*) (Smith and Rybczynski 2012; Rybczynski 2009; Mizoguchi et al. 2001, 2002; Dai et al. 1995; Riddiford 1993)(**Fig. 7**).

Disruption of ECD signaling during pupal life causes several developmental defects (Mou et al. 2012; Rewitz et al. 2010; McBrayer et al. 2007; Delanoue et al. 2010; King-Jones et al. 2005;

Bialecki et al. 2002; Broadus et al. 1999; Lam et al. 1999; White et al. 1997) (**Fig. 7**); yet, diapause orchestrates ECD and development without provoking any aberrations (Denlinger et al. 2012; Hahn and Denlinger 2010; Schiesari et al. 2011; Denlinger 2002; Saunders et al. 2002).

3.1 ECD failure induces pupal diapause

Diapause prolongs pupal life by inhibiting ECD peaks and, in turn, blocking the ongoing metamorphosis (Denlinger et al. 2012; Schiesari et al. 2011; Saunders et al. 2002). In these conditions, the pupa tolerates extremely freezing environment by supercooling at temperatures as low as -20°C (Lee and Denlinger 1999). As example, dormant pupae of *Papilio machaon* can reach temperatures of -25°C after which they freeze to -30°C, still remaining alive for months (Shimada 1980). Dormant pupae need to be chilled to resume the competence for breaking diapause; once chilling of winter is ended, they resume normally metamorphic growth when exposed to optimal conditions (Denlinger et al. 2012; Saunders et al. 2002).

Failure of the ECD peak induces pupal diapause in the hornworm moth, *Manduca sexta*, exposed to short days. “Diapause-fated” larvae exhibit no differences in ECD levels compared to the developing ones through all last larval phases (5th instar, apolysis and pupation) although photoperiodic perception occur as far back as the first larval instar. Yet, ECD pulse falls in diapausing pupae avoiding the metamorphic progression through *pharate* stage (**Fig. 8**) (Smith et al. 1986; Bowen et al. 1984, 1985). According to this scenario, injections of ECD agonist (RH5849) breaks pupal dormancy reactivating the metamorphic growth (Sielezniew and Cymborowski 1997).

Similarly, the failure of ECD signaling induces pupal diapause in many other insect species, including *Pieris brassicae* (Calvez 1976), *Mima tiliae* (Highnam 1958), *Hyalophora cecropia* (Roxström-Lindquist et al. 2005; Williams 1952, 1946), *Antheraea mylita* (Mishra et al. 2008), *Helicoverpa zea* and *Heliotis virescens* (Zhang and Denlinger 2012; Loeb 1982), *Mamestra brassicae* (Islam et al. 2005; Agui 1975) and *Mamestra configurata* (Bodnaryk 1985), *Samya cynthia* (Williams 1968). Consistent with the concept that the absence of ecdysteroids is central in inducing and sustaining the diapause phase, injections of 20E or ECD-analogous break pupal dormancy in many insect species including *Mamestra configurata* (Bodnaryk 1985), *Antheraea mylita* (Mishra et al. 2008), *Samya cynthia* (Williams 1968), and *Helicoverpa zea* (Zhang and Denlinger 2012). In *P. brassicae*, the profile of ECD doesn't change in 5th last instar larvae programmed for diapause, resembling the typical pattern of developing larvae; yet, ECD pulse is elicited only in early non-diapausing pupae. As expected, injections of ECD in dormant pupae resumes development by breaking dormancy, while removal of Prothoracic gland induce a permanent pupal diapause (Pullin and Bale 1989; Calvez 1976).

The flesh fly (higher Dipetera), *Sarcophaga argyrostoma*, enters pupal diapause immediately after head eversion (inside the puparium), after being stimulated by short days as intra-uterine embryos and young larvae. In the “Developing” pupae (raised under long days) following the pupariation, ECD pulses in two distinct time: a first ECD pulse sets both pupariation and pupation,

the other one drives the *pharate* adult development. Conversely, “diapausing” pupae (raised under short days) exhibit the prepupal/pupal pulse, but they fail to generate the second ECD peak as the pupae trigger dormancy (Richard et al. 1987).

Since the failure of ECD pulses blocks metamorphosis, the shutdown of PTTH signaling (PTTH synthesis or release) is crucial to elicit diapause by avoiding the stimulation of ECD pulses (Denlinger et al. 2012; Smith and Rybczynski 2012; Schiesari et al. 2011; Saunders et al. 2002). In *M. sexta*, *MsPtth* gene (encoding PTTH) is normally regulated along larval life, albeit its expression changes during the pupal phase in relation to diapause: it is strongly downregulated in diapausing pupae and overexpressed in developing ones (Xu and Denlinger 2004). Similarly, *Ptth* expression is downregulated in diapausing pupae of *Heliothis virescens* (Xu and Denlinger 2003) and *Helicoverpa armigera* (Wei et al. 2005).

Since the shutdown of PTTH signaling is crucial to block ECD pulse and antagonize dormancy, the gain of function of PTTH by injecting rPTTH (recombinant PTTH) terminates pupal dormancy in noctuids of *Heliothis/Helicoverpa* complex (Wei et al. 2005). Still, in both *M. sexta* and bombycidae *Anthaerea pernyi*, injections of exogenous PTTH resumes the metamorphic growth in diapausing pupae as well in brain-less dormant ones that are blocked in permanent diapause (Shionoya et al. 2003, Sauman and Reppert 1996). The failure of PTTH signaling is thought to induce pupal diapause in *Hyalophora cecropia* (Denlinger et al. 2012; Smith and Rybczynski 2012; Williams 1952, 1946) and *Samia cynthia* (Denlinger et al. 2012; Smith and Rybczynski 2012; Williams 1968). In fact, the implantation of a “chilled-activated” brain into “brainless” (brain surgically removed) diapausing pupae of the *Cecropia* giant-silkworm causes the termination of diapause, (Williams 1952, 1947, 1946). This experiment is in line with the model in which the pupal brain, when chilled, becomes competent to release PTTH which, in turn, restore the ECD pulses needed to antagonize pupal diapause (Denlinger et al. 2012).

Without the brain, the diapausing pupae remain still alive into a state of permanent dormancy, in which they are unable to reactivate metamorphosis. Since PTTH pulses play key role in promoting pupal/adult transition shortly after time of pupation, decerebration prior to PTTH release locks pupae of giant silkworm, *Hyalophora cecropia*, into a permanent “diapause-like” state. Similarly, decerebration of *Manduca sexta*, *Pieris rapae*, *Pieris brassicae* and *Antheraea polyphemus* induces a “permanent diapause” albeit only within the first month of diapause. After this time, diapausing pupae of these Lepidopteran species can break dormancy and complete metamorphic development even in absence of their brains (Judy 1972; McDaniel and Berry 1967; Wilson and Larsen 1974; Maslennikova 1970; Kind 1976). Remarkably, diapausing pupae of the *Helicoverpa zea* remain permanently dormant when the brain is removed within the first 4 hours since pupation. However, the “brainless” diapausing pupae are independent from the brain and they have all the potential to resume metamorphosis after chilling, when debrained after 24 hours (Denlinger et al. 2012; Meola and Adkisson 1977). This phenomenon depends on the autonomous role of the Prothoracic glands (PGs) that become independent by neural secretions. In fact, the PGs of dormant pupae can undergo progressive and spontaneous re-activation,

assuming functions of a regulatory organ, depending on pupal age. Once chilled, PGs can autonomously resume metamorphic growth, in a “species-specific” manner (Denlinger et al. 2012; Denlinger 2002; Saunders et al. 2002). According to this model, PG of debrained diapausing pupae of *Papilio xuthus* is directly activated by cold (Ozeki 1954) and the PG of *Samia cynthia* larvae retains a high degree of independence from the brain (Mizoguchi and Ishizaki 1982). The autonomous role of PG is well supported also by its refractoriness to PTTH during pupal dormancy, depending on the age of the diapausing pupae (Denlinger et al. 2012; Saunders et al. 2002). In *Manduca sexta*, the PG of diapausing pupae becomes independently responsive to environmental stimuli and it enters a state of a diapause-programmed refractoriness to PTTH signal from the day of larva-to-pupa molt, perhaps as result of inductive events occurring in the late larval stages (Bowen et al. 1985, 1984). A similar refractoriness of PG occur also in *Mamestra brassicae* (Agui 1975) and *Pieris brassicae* (Calvez 1976).

With respect to this hormonal integration, it is possible that an inhibitor factor synergizes with the PTTH failure to induce both diapause and PG refractoriness. Under this scenario, the time of chilling may remove the hormonal block resuming the competence to reactivate the metamorphic growth, gradually with the age of diapausing pupa (Denlinger et al. 2012; Schiesari et al. 2011).

Dopamine (DA) may be this unknown factor since it antagonizes metamorphic growth by inducing diapause. In fact, larvae of *M. brassicae* developing as diapausing pupae exhibit levels of haemolymphatic dopamine 4 times higher than non-diapausing ones, since the molt period. As well, dopamine strongly increases in dormant *P. brassicae* pulsing on day 3 of pupal life too remaining high trough all diapausing phase. “Non-diapausing” larvae (at last larval instar) fed with L-DOPA (a DOPA precursor) develop as diapausing pupae (Isabel et al. 2001; Puiroux et al. 1990). Interestingly, injection of DA induces “developing” pupae of *B. mori* to develop as moth which exhibit an up-regulation of *BmDH* gene and lay dormant embryos, revealing a conserved function of DA signaling in the evolution of diapause. Similarly, non-diapause-type silkworms fed with L-DOPA during the final larval instar developed as moths laying diapausing embryos (Noguchi and Hayakawa 2001). Notably, haemolymphatic DA steadily decreases in diapausing pupae of the silkmoth *Antheraea pernyi* exposed to chilling (Matsumoto and Takeda 2002). This suggests that DA may be a chilling-removed block which arrests pupal development once dormancy is induced. The chilling period may remove DA signaling, allowing the downstream PTTH to elicit its anti-diapause function and re-activate the post-diapause growth.

In addition to PTTH, Diapause Hormone (DH) signaling is required to reactivate post-diapause development, since it can resumes metamorphic growth in the “not-chilled” dormant pupae (competence is still lost) of noctuids belonging to the *Heliothis/Helicoverpa* complex (*Heliothis virescens*, *Helicoverpa armigera*, and *Helicoverpa zea*) (Denlinger et al. 2012; Schiesari et al. 2011). As in *Bombyx mori* (see above), *DH* gene of these heliotine species is expressed in Neurosecretory cells (DHPCs) of the SOG and it encodes for the Diapause Hormone (DH), which is a 22-amino acid peptide with a FXPRLL motif at the C-terminus (X=G, T, V, S, I), released via

Corpus Cardium (CC) in the haemolymph (Sun et al. 2005; Zhang et al. 2004b, 2004c; Sun et al. 2003).

Indeed, injection of DH-like peptides in “non-chilled” diapausing pupae of these noctuids ends promptly dormancy in a dose-dependent manner, revealing that DH is pivotal for a diapause escape (Zhang et al. 2011; Zhang et al. 2008; Zhang et al. 2004b, 2004c; Xu and Denlinger 2003). However, DH has a temperature-dependent action: it is unable to arrest diapause when injected in dormant pupae exposed to 20°C, but does so in those shifted to 25°C (Zhang et al. 2004b, 2004c); yet, whether this occurs through direct temperature control on DH or through PG responsiveness to DH, is still unknown. DH also induces Ecd in the PG, suggesting that DH/Ecd co-operation terminates diapause (Schiesari et al. 2011).

According to the “anti-diapause” role of DH, *H_zDH* gene declines on day 7 of pupal diapause in *H. zea*, whereas it is upregulated in metamorphic pupae. When one year old “chilled” pupae (activated) perceive optimal temperature (25°C), they break promptly dormancy by increasing the *DH* gene expression (Zhang and Denlinger 2012). Similarly, *DH* gene expression falls down in diapausing pupae of *M. sexta* at day 9 of pupal life, whereas it persists in developing pupae with exceptional and transient drop on day 3 (stage in which pupae are progressing through pupal-to-pharate stage) (Xu and Denlinger 2004).

In sum, DH seem to synergistically work with PTTH, upstream of ECD signaling, to reactivate the metamorphic growth in dormant pupae, and produce a fine regulation of hibernating functions (Denlinger et al. 2012). The conserved role of DH in the reactivation of post-diapause development in a variety of Lepidoptera indicates that this hormone play a crucial role in reactivating post-diapause growth of the pupa and, together to PTTH, it might help to reveal the evolutionary dynamics of diapause evolution (Schiesari et al. 2011). In addition, non-diapause fated larvae of *H. armigera* delay development and, as consequence, increase the time dedicated to the storage of energy for pupal diapause when they are injected with DH (Sun et al. 2005). Similarly, in the silkworm *Bombyx mori*, individuals that are programmed to lay diapausing eggs, prolong the feeding period during the larval stage in relation to enhanced levels of *BmDH* gene expression (Xu et al. 1995a). These DH effects on larval development suggest an additional role for this hormone in the modifications of the holometabolous growth which precede diapause onset (Schiesari et al. 2011).

In sum, a comprehensive model of pupal diapause might involve the Dopamine repression of metamorphic growth acting synergistically with the failure of PTTH/ECD signaling cascade. Hence, the chilling period may be crucial to remove DA inhibition and restore the ECD pulse and DH signaling. Similar regulation might occur in the *Cecropia* giant silkworm in which the surgical implantation of the brain from “chilled activated” pupae (committed to end dormancy, see above) into brainless diapausing pupae breaks the “permanent” dormancy and resumes metamorphosis (Denlinger et al. 2012; Smith and Rybczynski 2012; Williams 1952, 1947, 1946).

Blockage of ECD pulse is clearly at the core of the mechanism disrupting pupal metamorphosis; yet, disruption of ECD may affect collaterally the timing of other phenomena that are hormonally linked to diapause (Schiesari et al. 2011; Saunders et al. 2002).

3.2 Seasonal morphs linked to diapause

Diapause is strictly linked to the control of seasonal polymorphism (polyphenism), a phenomenon extremely widespread among insects (Hartfelder and Emlen 2012; Nijhout 2012, 2003; Schiesari et al. 2012; Saunders et al. 2002). In *Hylophila prasinana*, green silver-lined *prasinana* moth emerges from dormant pupae, whereas “non-diapausing” pupa develops *hongarica* form, which is so diverse from the first one that it was thought a different species (Danilevksii 1965). In *Lycaena phlaeas*, the autumnal moths differ from the summer black-pigmented ones (developed from diapausing larvae) in carrying wings with an orange background with black spots and a narrow marginal band (Sakai and Masaki 1965). Further examples are reported for many Lepidoptera such as the nymphalids *Lycaena phlaeas* (Endo and Kanata 1985; Sakai and Masaki 1965) and *Polygonia c-aureum* (Saunders et al. 2002; Endo et al. 1988), in the pierid *Colias eurytheme* (Hoffmann 1974, 1973; Watt 1969) and *Eurema hecabe mandarina* (Saunders et al. 2002), and the bombycidae moths belonging to *Orgyia* genus (Uheara et al. 2011, Kimura and Masaki 1977).

The moth *Pieris napi* exists only as *venosa* morph (with heavy black scaling on the veins of the hind wings) in the inland of California where this moth don't need to enter pupal diapause (due to optimal environment). Yet, they have the latent potential to develop as dormant pupae from which the lighter *castoria* morph emerges, revealing a deep functional link between diapause and imaginal development (Shapiro 1977, 1975).

ECD signaling plays a key role in this phenomena, as reported for the nymphalid *Araschnia levana* (Koch and Bückmann 1987). Last instar caterpillar can develop in two butterfly forms: *levana* and *prorsa*. Under short days of autumn, larvae develop into dark dormant pupae from which *levana* morphs (orange/dark with black spots) eclose in spring, once dormancy ends. Larvae grown at long days (in summer) produce light “developing” pupae from which the white and black *prorsa* forms emerge. Injection of 20E in 3-days old diapausing pupae (*levana*) breaks promptly dormancy and allows to develop *prorsa* moths. Conversely, injections of 20E in 14 days-old *levana* pupae breaks promptly dormancy causing the development of the correct *levana* form. In line, “non-diapausing” pupae (*prorsa*) develop normally when injected with 20E on day 3 of pupal life. Yet, when *prorsa* pupa are PG-excised on day 3 and subsequently injected with 20E on day 14, they emerge as *levana* morph. Thus, the timing of ECD release in haemolymph regulates both dormancy and imaginal morphs. In line, when 1/1.5-days old *prorsa* pupae (“non-diapausing”) are linked in parabiosis to 2/8-days or 5-months old *levana* pupae (“diapausing”), these last break dormancy developing both *levana* and intermediate morphs. Yet, when parabiotic *levana* pupae are 1/1.5-days old, they emerge as *prorsa* butterflies (Koch and Bückmann 1987). A simplified model of *Araschnia* seasonal morphs bound to diapause is shown in **Fig. 9**.

Another nymphalid, the buckeye butterfly *Precis coenia*, exhibits a seasonal color polyphenism. Under warm temperatures and long photoperiods of summer, pupae develop into *linea* morph, with the ventral surface of the hind wing and the exposed one of the fore wing are light beige. Conversely, the autumnal pupae develop into *rosa* forms which have a dark reddish-brown wings. Debraining the young pupae of the *linea* morph causes them to develop into summer *rosa* forms, but as autumnal *linea* forms when injected with 20E between 28 and 48 hours after pupation. According to a role of hormonal timing, ecdysteroids rise in *linea* morphs on 20 hours of pupal life whereas they are delayed until 60 hours in *rosa* pupae (Rountree and Nijhout 1995).

Similarly, the mimetic polyphenism of the swallowtail butterfly, *Papilio xuthus*, is elicited in coincidence with “diapause” development, under control of ECD (Endo and Funatsu 1985). Under short autumn days, the last 5th instar caterpillars develop into dormant pupae which can exhibit two cryptic morphs (a green morph or an orange one); both pupal forms emerge in spring as red-winged butterfly. On the contrary, a larger summer form (with wings carrying dark bands on a light-yellow/white background) ecloses from “non-diapausing” pupae, under long days. In this species, diapause is antagonized by ECD signaling. When 0-day old or chilled diapause pupae are linked in parabiosis with a 0-day old non-diapause pupae, the first ones develop into summer or intermediate (with wings carrying a “reddish” background) butterfly morphs. According to the role of an humoral factor, no changes can be induced in 0-day old or chilled pupae when they are joined in parabiosis with 0-day old or chilled diapause pupae. Furthermore, 0-day old, 30-day old or chilled diapause pupae develop into black-winged summer or intermediate morphs, when they receive the brain of diapause-destinated 5th instar larvar, pharate pupae or pupae (by transplantation into abdomen) (Endo and Funatsu 1985). Thus, an unknown neural factor specifies the summer morph and it may be secreted at the onset of metamorphosis, in coincidence with the pro-metamorphic peak of PTTH. Under this scenario, non-diapausing pupae develop into intermediate spring/summer morphs, when they are debrained on day 0 of pupal life. Moreover, diapausing pupae debrained at day 0 of pupal life enter permanent dormancy which can be rescued by injections of 20E at that time. However, the resulting butterflies do not exhibit any morph-switching by developing the correct spring morph (Endo and Funatsu 1985). In addition, when 30-days old diapausing pupae are linked in parabiosis to newly formed “non-diapausing” ones (0-days old), the first ones break dormancy but they develop into summer (non-diapausing) morph; whereas, 0-days old diapausing pupae escape from dormancy in 15 days when injected with 20E, emerging as spring morph (Endo and Funatsu 1985). Interestingly, the development of summer morphs can be modified by exposing pupae to chilling (4°C) early during pupal life. When non-diapausing pupae are chilled at 4°C from 12 hours since pupation and, then, allowed imaginal development at 25°C, about half of them develop without pupal dormancy into spring or intermediate morphs (diapausing morphs).

The timing of ECD signaling controls pupal diapause of *P. xuthus*, which is linked to seasonal morphs (**Fig. 10**). However, the injection of an extract of the Brain/SOG complexes isolated from developing pupae in de-brained diapausing pupae causes diapause termination and the development of summer morphs (Ito et al. 2001), revealing that an unknown neural factor acts in

synergism with ECD to determine the seasonal morphs. This hormone is the SMPH (Summer-Morph-Producing Hormone) which is strictly related to Bombyxin, an Insulin/IGF protein of Lepidoptera (Ito et al. 2001; Endo et al. 1988). A similar mechanism seems to control the seasonal morphs of *Lycaena phlaeas* (Endo and Kanata 1985). Interestingly, “late” larvae of many species of Lepidoptera (such as in *Papilionidae* butterflies) switch color patterning through each molt (see for a review Hartfelder and Emlen 2012; Nijhout 2012, 2003). Yet, ECD drives ecdysis changes, revealing the deep hormonal link existing between color switching and moults (see below).

In sum, diapausing functions inhibit ECD signaling disrupting the metamorphic transition. Yet, the timing of ECD pulses are also crucial to set the appearance of specific seasonal morphs. Thus, diapausing functions orchestrate holistically diverse aspects of development (Saunders et al. 2002).

4. JH/ECD interplay in Larval diapause

4.1 Hormonal control of larval life

Larvae of holometabolous insects are immature forms which progress throughout a genetically specified number of molts in order to set the imaginal (adult) size. Hence, larval growth controls as well the duration of the larval phase which ends with the metamorphic molt and the onset of metamorphosis (pupal life). ECD sets the timing of each molt; yet, the nature of the molt is imposed by pulses of Juvenile Hormone (JH or Neotenin). Peaks of JH drive ECD pulses to induce larva-to-larva molt, but the metamorphic molt starts only when ECD rises synchronous to the JH falling down (Jindra et al. 2012; Riddiford 2012, 1993; Goodman and Granger 2009; Truman and Riddiford 2002). Once larvae reached a threshold known as “minimum viable weight” (at which larvae can develop into adult if food is completely withdrawn), the timely initiation of metamorphosis depends on the accomplishment of Target Size (TS) which is genetically determined (Edgar 2006; Nijhout 2003b; D’amico et al. 2001; Day and Lawrence 2000; Stern and Emlen 1999). Once larvae reach TS, JH declines and an ECD pulse sets the end of larval feeding, promotes premetamorphic behaviour (i.e. cocoon spinning) and commits larvae to initiate metamorphosis (Jindra et al. 2012; Mirth and Riddiford 2007; Dubrovsky 2005; Truman and Riddiford 2002).

Since JH has an “anti-metamorphic” role, the alteration of JH/ECD interplay during larval phases causes several modifications on both developmental time and growth, so that ectopical persistence of JH signaling in last larval instar causes the repetition of this stage (Jindra et al. 2012; Goodman and Granger 2009). Implantation of extra *Corpora Allata* (CA) glands (which produce and release JH into haemolymph) into penultimate and last larval instars of *Galleria melonella* elicits supernumerary molts (Goodman and Granger 2009; Sehnal and Granger 1975; Granger and Sehnal 1974). As well, inhibition of JH-Esterase (JHE, which degrades JH and sets the end of JH pulse) or topical application of JH analogue allows *M. sexta* larvae to delay

metamorphosis and develop giant larvae (Lonard et al. 1996; Abdell-Aal and Hammock 1986). Conversely, 3rd instar larvae of *B. mori* lacking of CA initiate precociously metamorphosis at 3rd or 4th instars failing to reach the last 5th larval stage. Transgenic silkworm, *Bombyx mori*, having enhanced JHE develop as precocious pupae or as larva/pupa intermediate forms; yet, they reach the last 5th instar when treated with a JH mimic (JHA) although they die within several days (Tan et al. 2005). The anti-metamorphic action of JH is not required during the first three larval instars, whose larval traits appear to be independent of JH (Jindra et al. 2012). In *Mamestra brassicae*, larvae at the penultimate instar exhibit one ECD pulse 2 days after larval molt, prior the last larval molt. However, this larvae trigger a precocious metamorphosis when the CA is surgically removed. Larvae lacking of CA fail to elicit the normal ECD pulse and they exhibit a large peak 7 days later just before precocious pupation, resembling the ECD pulse of the normal last instar. Yet, JH application restore the normal larval development (Hiruma 1986).

Moreover, several silkworm mutants exhibit variation in the number of molts (moltinism), between three and seven: precocious metamorphosis occurs in *mod* (*dimolting*), *rt* (*recessive trimolting*) and *M3* (*Moltinism*) mutants while *M5* strain develops extra larval molting (Daimon et al. 2012; Banno et al. 2005). In particular, the *mod* locus encodes CYP15C1 (a cytochrome P450 monooxygenase involved in JH biosynthesis) and mutations at this locus induce larvae to initiate metamorphosis as 3rd or 4th instar or develop as larval/pupal intermediate forms (**Fig. 11**) (Daimon et al. 2012). As well, an increase of JH pulses in young *Bombyx* larvae (3rd or 4th instars) induces a perfect extra larval molting as 6th instar larvae that metamorphoses normally (**Fig. 11**). This extra molt persists from 8 to more than 20 days, whereas larvae remain in 5th stage for 5 days, like the 4th instar of normal silkworms. Similarly, extra molting larvae exhibit ECD pulses during the 6th (last) stage that are similar to those of normal 5th (last) instar, whereas ECD peaks in extra molting larvae during 5th (penultimate) stage in a way typical of the normal 4th (penultimate) larval instar (Kamimura and Kiuchi 2002). Thus, failure of JH signaling is key to set the onset of metamorphosis.

Switches in both intensity and timing of JH/ECD signaling disrupt the metamorphic transition and elicit diapause in specific stage of the last larval instar, without provoking developmental aberrations (Denlinger et al. 2012; Schiesari et al. 2011; Saunders et al. 2002).

Pupal stage is specified later in response to a second large pulse of ECD, synchronously to a transient reappearance of JH. This second transient pulse of JH (around the time of pupariation) avoids precocious differentiation of imaginal discs and other imaginal precursors. After this transient pulse, JH decays and CA remains inactive during the entire pupal life (Goodman and Granger 2009; Dubrovsky 2005; Truman and Riddiford 2002; Baker et al. 1987). When pupae of *Antheraea polyphemus* chilled just prior to the initiation of adult development receive xeno-CAs from *Hyalophora cecropia* moths, they develop into “mixed” 2nd-pupae which exhibited only few traces of adult characteristics, and consequently die precociously. Similar results were recapitulated when pupae of both *Samia cynthia* and *Hyalophora cecropia* received CA from *Polyphemus* moths (Riddiford, 1972; Williams 1961). Thus, transient pulse of JH prevents the

differentiation of adult moth through prepupal life. Hence, excision of CA (allatectomy) in larvae of both *Hyalophora cecropia* and *Manduca sexta* at the late-last instar (when JH is low and before the transient JH pulse) induces the development of pupae with premature adult traits (Champlin et al. 1999; Champlin and Truman 1998a,b; Kiguchi and Riddiford 1978; Williams 1961).

4.2 JH maintains diapause

Post-feeding larvae of the Pyralid *Diatraea grandiosella* enter diapause by molting from the “spotted” (non diapause) form to an “*immaculate*” (diapause) morph (**Fig. 13**). Some diapausing larvae undergo “stationary” extra-molts developing into a second ($\approx 50\%$) or a third ($\approx 14\%$) immaculate stage. *Immaculate* larvae remain unchanged in size through each molt. They modify completely their physiology: feeding stops, respiration decreases, and fat accumulation, dehydration, cold hardiness and fat storage enhance. Injections of ECD into *immaculate* larvae elicit only further *immaculate-to-immaculate* molts failing to induce metamorphosis. Moreover, injections of ECD into the body of neck-ligated diapausing larvae induce premature pupation of the part behind the ligature. Thus, ECD action is restricted in a similar way as under the JH control. Accordingly, topical application of JH to “spotted” (non diapausing) larvae induce them to develop as *immaculate* morphs by triggering dormancy. Prolonged gain of JH maintain diapause enhancing the number of “stationary” molts. Haemolymphatic levels of JH remain at high levels during diapause after immaculate molt. Once diapause ends, JH decays and larvae metamorphose (Saunders et al. 2002; Chippendale 1984, 1977; Chippendale and Yin 1973; Yin and Chippendale 1976a, 1976b, 1975, 1974, 1973). Stationary molts through diapause stage also occur in many other Lepidoptera such as *Spilarctia imparilis* (Sugiki and Masaki 1972), *Diatraea lineolata* (Kevan 1944), and *Busseola fusca* (Usua 1973). Similarly, larvae of the stem borer *Chilo suppressalis* trigger extra molts by inducing diapause, under a prolonged and intense pulse of JH. In this species, both non diapausing and chilled-activated (at 5°C for 40 days) diapausing larvae re-induces diapause after exposure to JH (Yagi and Fukaya 1974).

Larvae of the Noctuid *Sesamia nonagriodes* trigger diapause during which they feed slowly and undergo up to 12 (usually 3-4) stationary larval molts without rising body size. Conversely, “non-diapausing larvae” pupate in the 5th or 6th larval instars. Diapause 6th instars exhibit enhanced levels of ECD which lead to supernumerary larval molts despite the high levels of JH. ECD rises irregularly during extra larval molts in diapausing larvae and topical application of ECD mimic accelerates larval molts in diapausing larvae. In line, non-diapausing 5th instar larvae induce extra larval molts increasing body weight, when fed with a JH mimic. Naturally, diapause is specified only prior to 3rd instar after which JH starts to increase precociously in 4th and 5th instars without developmental changes, revealing as well the far “inductive” nature of JH switching (**Fig. 12 bottom**) (Eizaguirre et al. 2005, 1998). Similarly, high levels of JH maintain larval diapause in the yellow-spotted longicorn beetle, *Psacotha hilaris* (Munyiri and Ishikawa 2004).

4.3 ECD failure induces diapause

Lepidoptera that do not undergo larval “stationary” molts during diapause do not need to elicit a protracted JH pulse (Denlinger et al. 2012). In larvae of both *Laspeyresia polmonella* and *Ostrinia nubilalis*, diapause is induced by failure of PTTH/ECD cascade (Denlinger et al. 2012; Saunders et al. 2002; Bean and Beck 1983, 1980; Sieber and Bentz 1980, 1977). Larvae of *O. nubilalis* exhibit an intense JH pulse at the onset of diapause which decays immediately after diapause induction. As well, ECD drops dramatically in diapausing larvae (**Fig. 12 top**) in which injections of ECD elicit pupation, not a stationary molt (Gelman et al. 1992; Gadenne et al. 1990; Peypelut et al. 1990; Gelman and Brents 1984; Gelman and Woods 1983). Why JH is high before diapause initiation is still unknown. Yet, JH is not necessary to induce diapause since its injection to non-diapausing larvae fails to induce diapause (Denlinger et al. 2012).

Interestingly, *nm-g* (*non-molting glossy*) mutant of *Bombyx mori* exhibits decreased levels of ECD and mutant larvae remain small failing to progress beyond the first instar (Niwa et al. 2010; Tanaka 1998; Nagata et al. 1987). Similarly, the knockdown of *shroud* (*sro*, an “Halloween” gene) in the Prothoracic Gland (PG) induces larvae of *Drosophila melanogaster* to die prior to 144 hours after egg laying (pupation normally starts around 100 hours AEL) as 2nd instar (Niwa et al. 2010). In addition, knockdown of *smad2* (downstream effector of TGF- β signals) in PG leads to down regulation of ECD during the last 3rd instar by blocking the “Halloween” cascade needed to initiate metamorphosis. *Smad2*-lacking larvae fail to metamorphose arresting at the last third larval instar for more than 2 weeks, continuing to feed and grow to a very large size. These larvae pupate only when fed with 20E (Gibbens et al. 2011). Thus, breakdown of ECD signaling impedes larvae (in which diapause is not “inducible”) to progress into metamorphic transitions. Yet, this failure is not sufficient *per se* to induce dormancy. Thus, bioengineering of insect hibernation should consider this aspect to dissect the genetic architecture of diapausing functions and to understand why diapause-induced disruption of growth does not cause any developmental aberration.

4.4 JH/ECD interplay controls larval morphs

Both JH and ECD signaling modulate larval diapause as well as other developmental switches (Schiesari et al. 2011; Hiruma and Riddiford 2009; Saunders et al. 2002). As an example, the intensity of JH signaling controls color switching in larvae of *Papilio xuthus* (in which the timing of ECD controls pupal polyphenism linked to diapause, *see above*). Body markings of *Papilio* larva change deeply during the last 4th larval molt (transition to last 5th instar): young caterpillars (from 1st to 4th larval instar) are mimics of birds droppings (with white and black markings), but they develop cryptic pattern (green camouflage color) for masking inside the foliage of the host plants. This developmental switching is modulated by JH which is known to be a strong effector of developmental plasticity. Last instar caterpillars (5th stage) treated with JHA at 4th instar fail to develop the cryptic (green) pattern after 4th molt and they reproduce into mimetic form; yet, this switch occurs only when JH is high within 20 hours after appearance of the 4th instar (which lasts up to 96 hours). Thus, a JH-sensitive phase exists around 0 to 20 hours after the 3rd ecdysis. The

ectopic JH pulse induces the expression of “tubercles” genes (which control formation of tubercles of the mimetic form) and inhibits *bbp* (Bilin binding protein, controlling green color) later at the 4th molt (4th-to-5th instar transition). In addition, high levels of JH modify the spatial pattern of expression of both *tyrosine hydroxylase* (*TH*) and *dopa decarboxylase* (*DDC*) genes (which produce melanic markings), resembling the pattern of mimetic form (Futahashi and Fujiwara 2008a).

Normally, decreasing levels of JH are necessary to activate BBP (and, then, green pigmentation), inhibit “tubercles” genes and develop the proper melanic markings. JH sets the last larval pattern just at the beginning of penultimate instar; yet, the ECD pulse sets timing of both last 4th molt (to the final 5th instar) and appearance of the JH-dependent pattern. When 20E is applied during the mid-phase of the molting period (during ECD decaying), the pigmentation is completely inhibited until the cessation of treatment. In fact, the protracted ECD pulse represses *TH* and *DDC* genes needed for the pigmentation (Futahashi and Fujiwara 2008b, 2007, 2005). This dynamism in JH/ECD interplay explains inter-specific differences of larval body markings in three *Papilionidae* species (between *P.machaon*, *P.xuthus* and *P.polytes*) (Shirataki et al. 2010). In addition to larval color switches, pupae of the swallowtail *Papilio xuthus* can exhibit color polymorphism bound to diapause. Caterpillars reared under short days develop as dormant pupae which can exhibit a green or an orange pigmentation (see above), in relation with specific pupation sites. The seasonal morphs are produced by the interplay of two factors, a pupal melanizing hormone (PCMH) and the orange-pupa-inducing factor (OPIF) which are released by the nerve cord of larvae at the last 5th instar in different thresholds (Yamanaka et al. 2004, 2000, 1999). Since ECD signaling controls pupal diapause (Endo and Funatsu 1985), its signaling timing modulates wing patterning (Endo and Funatsu 1985) and sets the pigmentation in relation to each ecdysis in *Papilio* butterflies and other Lepidoptera (Hiruma and Riddiford 2009), ECD could drive the action of both PCMH and OPIF, in relation to diapause trajectory.

Since ECD links hormonally diapause to seasonal morphs, changes in ECD signaling may also explain inter-specific variation in pupal dormancy. Moreover, JH modulation of larval color switches may explain the appearance of larval morphs linked to diapause.

5. JH/ECD signaling in Imaginal Diapause

Despite its tropical origin, *Drosophila melanogaster* has evolved an imaginal diapause and, therefore, it has spread in temperate regions all over the world (Schimdt and Paaby 2008; Schimdt and Conde 2006; Schimdt et al. 2005a, 2005b; Saunders et al. 1989). Newly emerged females (within 6-8 hours from eclosion) trigger diapause when they perceive short days (light/dark cycles, LD, inferior to 12:12) at temperature lower than 14°C; whereas they resume growth under long days (up to LD16:8) or when shifted to higher temperatures, without requiring a defined period of chilling. A 11-days old diapausing female, carrying a wild-type genotype, breaks dormancy within 1 day when shifted to 25°C, within 2 days when exposed to 18°C, and within 6 days under long days at 12°C (Saunders et al. 1989).

Similarly to other kinds of dormancy, *Drosophila* diapause is induced upon synergic failure of JH and ECD which block oocytes maturation in the gonads prior to yolk deposition. In fact, both JH and ECD are low in diapausing females and both break promptly dormancy when delivered by injections (Richard et al. 2001, 1998; Saunders et al. 1990). However, the dynamics of the JH/ECD interplay remain to clarify (Denlinger et al. 2012; Saunders et al. 2002).

Likewise the fruit fly, the failure of JH/ECD signaling is crucial to induce reproductive diapause in other Insects, including the beetle *Leptinotarsa decemlineata* (Lefevre et al. 1989; Lefever 1989; Briers et al. 1982), the butterfly *Speyeria idalia* (Kopper et al. 2001), the moth *Caloptilia fraxinella* (Evenden et al. 2007), the curculio *Conotrachelus nenuphar* (Hoffman et al. 2007), and the mosquito *Culex pipiens* (Sim and Denlinger 2009, 2008; Radio et al. 1999).

Intriguingly, North American populations of *Drosophila melanogaster* exhibit a latitudinal cline in diapause response. In *Drosophila*, wild-type females of northern latitudes exhibit a strong diapause which is linked to changes in other life-history traits such as delayed developmental time, slow growth rate, reduced aging, enhanced cold and starvation resistances and decreased fecundity. An opposite pattern occurs in females of southern latitudes which trigger a weak diapause (Schimdt and Paaby 2008; Schimdt and Conde 2006; Schimdt et al. 2005a, 2005b), suggesting that diapausing signaling may also control larval phases (**Fig. 14**). Since Insulin/IGFs signaling control multiple functions of growth, its inhibition may be a crucial event to orchestrate diapausing and developmental functions and link diverse life phases upstream to hormonal switches.

Similarly, the monarch butterfly, *Danaus plexippus* exhibit developmental changes in relation to diapause. Indeed, larvae develop as migrant diapausing butterflies by shutting down JH signaling and triggering developmental and physiological changes (such as enhanced longevity, fat storage and cold resistance, and overpowering drive to fly south) to reach their overwintering grounds (distant more than 4000 km) (Zhan et al. 2011). Microarrays analysis revealed that Insulin/IGF-1 signaling is downregulated in diapausing migrants, suggesting that the activation of the transcription factor FoxO (Forkhead Box-O, an antigrowth factor) may be the key event inducing diapause (Zhan et al. 2011). Insulin/IGFs signaling might act as master control of diapause in Lepidoptera, since injections of mammalian Insulin breaks dormancy and promotes development in both the Saturniidae *Samia cynthia ricini* (Wang et al. 1986), which genome encodes five Insulin/IGFs (Antonova et al. 2012), and the Pieridae *Pieris brassicae* pupae by eliciting ECD pulses (Arpagus 1987). Similarly, RNAi knockdown of both *Insulin/IGF-1 (ilp-1)* or *Insulin/IGFs-receptor (InR)* genes induces dormancy in non-diapausing females (Sim and Denlinger 2009, 2008). Still, Insulin/IGFs signaling antagonize the induction of *dauer* diapause in the nematode *C. elegans*, in which diapause is associated to changes in both growth and developmental timing (Fielenbach and Antebi 2008).

6. Insulin/IGFs signaling pathway (IIS)

6.1 Insulin/IGFs growth factors

Insulin/IGFs growth factors have been identified in many species of invertebrates, including echinodermates and urochordates (Antonova et al. 2012). In line with these findings, growth functions of Insulin/IGF signaling (**IIS**, Insulin-like signaling) are extremely conserved in Metazoans (Antonova et al. 2012; Baker and Thummel 2007; Edgar 2006; Wu and Brown 2006).

Genome of *Drosophila melanogaster* has eight *Insulin/IGF* genes (known as *dilp* genes) encoding the corresponding Insulin/IGFs (DILP1 to -8), which are homologous (at protein level) to both Vertebrate Insulin/IGFs and retain many of the Vertebrate functions (Colombani et al. 2012; Garelli et al. 2012; Toivonen and Partridge 2009; Ikeya et al. 2002; Rulifson et al. 2002).

In *Drosophila*, *dilp* genes are independently regulated (by different enhancer elements) and exhibit specific expression patterns along both developmental stages (**Fig. 15 top**) and organs, suggesting they may differ in functions (Okamoto et al. 2009; Slaidina et al. 2009; Ikeya et al. 2002). The newly discovered *dilp8* gene is strongly expressed in larval imaginal discs during larval phases (Colombani et al. 2012; Garelli et al. 2012). *dilp6* is strongly expressed in fat bodies (analogues to the adipose tissue of Vertebrates) during pupal development (Okamoto et al. 2009; Slaidina et al. 2009); *dilp1,2,3,5* genes are mainly expressed in two clusters of neurosecretory cells of the brain, known as Median Neurosecretory Cells (MNCs) from the early larval stages to imaginal ones (except for *dilp1*, which is not detected in the adult MNCs), likely reflecting their clustering within a 26 kb region of chromosome III (Grönke et al., 2010; Zhang et al., 2009; Broughton et al., 2008; Ikeya et al. 2002; Rulifson et al. 2002). Only *dilp2/3/5* genes continue to be expressed in MNCs after metamorphosis (Slaidina et al. 2009; Broughton et al. 2008). In details, *dilp2* is expressed from first instar, *dilp5* from second instar and *dilp3* from late third instar, likely to reflect the requirement for higher Insulin/IGFs levels to support the extensive growth which characterize later larval stages in particular (Grönke et al. 2010; Rulifson et al. 2002; Ikeya et al. 2002; Brogiolo et al. 2001).

The deletion of single *dilp* genes induce compensatory modulation in expression of the others (Zhang et al. 2009; Grönke et al. 2010), revealing the existence of feedback regulatory mechanism within the Insulin/IGFs system. Interestingly, the expression of *dilp* genes in MNCs shares common pattern in Insects, suggesting a key conserved role for these cells.

MNCs develop from a neuroectoderm region that shares a developmentally analogy with the hypothalamic-pituitary axis of Vertebrates, based on marker gene expression such as the Vertebrate *Nkx2.1/2* homolog *vnd* (*ventral nervous defective*), and the Vertebrate *Sim1* homolog *sim* (*single-minded*) (de Velasco et al. 2007). In addition, the *Pax6* homolog *eyeless* (*ey*) is also required for MNCs development, since the loss of *ey* gene phenocopies a strong loss of Insulin/IGFs signaling, causing the development of hyperglycemic larvae with growth defects (Okamoto et al. 2012; Clements et al. 2008).

Insulin/IGFs are released by MNCs in haemolymph via both the Corpus Cardium (CC, a neurohaemal gland) and the aorta (Rulifson et al. 2002). In nutrient deprivation, the modulation of DILPs release from MNCs override on their transcriptional regulation to limit Insulin/IGFs signaling. However, haemolymphatic release of DILPs can be prompt and complete within 30 min from the triggering stimuli (Géminard et al. 2009). Once released, Insulin/IGFs may be transported to target organs by binding proteins (IGFBPs, IGF Binding Proteins) that promote DILP action, as reported in Vertebrates (Antonova et al. 2012). In fact, Vertebrate IGFBPs play cryptic functions in controlling the biological activity of IGF-1 (Rosenfeld et al., 2000; Duan and Xu, 2005) by enhancing the half-life of this growth factor and modulating the activation of its signaling (Arquier et al. 2008; Duan and Xu, 2005; Domene et al., 2005). In *Drosophila* larvae, dALS, the fly homolog of the Vertebrate IGFBP acid-labile subunit (ALS), can binds both DILP2 (in complex with co-factor Imp-L2) and DILP5 (in complex with an unknown co-factor) and antagonize their functions to control growth as well as carbohydrate and fat metabolism (Arquier et al. 2008; Colombani et al. 2003). dALS is one of the two functional IGFBP protein currently known in *Drosophila* and the dynamics of DILP processing, storage and release remain mostly unknown. Similarly, Imp-L2 is another inhibitor of both DILP2 and DILP5 which results down-regulated in triple *dilp2-3,5^{-/-}* knockouts, upon control of systemic feedbacks (Grönke et al. 2010). Intriguingly, the gain of function of *Imp-L2* causes the up-regulation of *dilp2*, *dilp3* and *dilp5* genes in MNCs. Still, the genetic ablation of the gonads induces the up-regulation of *Imp-L2* and *dilp2/3/5* genes (Alic et al. 2011; Flatt et al. 2008; Honneger et al. 2008). Taken together, these reports reveal that *dilp2/5* genes undergo up-regulation in their expression whenever the downstream IIS is inhibited (insulin impedance), similarly to what reported for the Insulin/IGFs counterparts in the mouse model (El-Bakri et al. 2004; Brüning et al. 2000).

6.2 Insulin/IGFs signaling pathway

The signaling initiates upon binding of ligands to the Insulin/IGF-receptor (INR) belonging to the Receptor Tyrosine Kinase (RTK) family (**Fig. 15 bottom**). Only one Insulin/IGFs Receptor (INR) is encoded by *Drosophila* genome (Shingleton et al. 2005; Brogiolo et al. 2001; Chen et al. 1996; Yenush et al. 1996; Fernandez et al. 1995; Ruan et al. 1995), albeit it may form hybrid complexes with unknown co-receptors to mediate the signal of diverse DILPs (similarly to the Vertebrate Insulin/IGF system), as revealed by the pleiotropic functions of *dilp* genes (Antonova et al. 2012; Gronke et al. 2010; Teleman 2010; Belfiore et al. 2009; Taniguchi et al. 2006).

Once DILPs bind to the α -subunit of INR, the β -subunit autophosphorylates recruiting two adaptor scaffold Insulin-Receptor Substrates (IRSs), CHICO (homolog of Vertebrate IRS1) and SH2B (the fly homolog of Vertebrate SH2B adaptor protein 1), which are docking sites for PI3-Kinase possessing src-homology-2 (SH2) domains (Song et al. 2010; Werz et al. 2009; Taniguchi et al., 2006; Bohni et al. 1999). Once CHICO is activated upon phosphorylation of tyrosine residue, PI3K (encoded by *dp110* gene) is recruited to the cell membrane and activated. Hence, PI3K activates the second messenger phosphatidylinositol (3,4,5)-triphosphate (PIP3) which, in turn,

recruits the two kinases PDK1 (3-phosphoinositide-dependent protein kinase-1) and AKT to the plasma membrane (*via* their lipid-binding PH-Pleckstrin Homology-domains) inducing their activation (Antonova et al. 2012; Teleman 2010; Hyun et al. 2009; Orme et al. 2006). Subsequently, AKT inhibits the nuclear translocation of the transcription factor Forkhead Box-O (FoxO). FoxO functions as “antigrowth factor” activating many target genes (involving in growth inhibition, developmental timing, stress response), albeit its action appears modulated by the organs, developmental stage and regulative context (Antonova et al. 2012; Tang et al. 2011; Wang et al. 2011; Teleman 2010; Hwangbo et al. 2004).

AKT activity is at the crosstalk core with other growth signaling pathways, the most important of which is transduced by TOR (Target Of Rapamycin), which promotes growth and development timing through nutrient sensing. In fact, AKT removes the TSC1/2 repression of TOR signaling which, in turn, inhibits *Thor* gene (a target gene of FOXO, encoding the translational inhibitor 4E-BP) and activates S6 Kinsase (S6K, activator of the 40S ribosomal protein S6) promoting the initiation of translation (Antonova et al. 2012; Teleman 2010). Fine feedbacks balance the IIS/TOR crosstalking signaling. Insulin/IGFs controls indirectly ATP pools, which control TOR activity, whereas TOR feeds back on IIS by promoting AKT activation (Antonova et al. 2012; Edgar 2006). Metabolic and growth abnormalities result from aberrant signaling through IIS/TOR cross-talking pathways (Layalle et al. 2008; Teleman et al. 2008; Luong et al. 2006; Wulleschleger et al. 2006).

6.3 Functions of Insulin/IGFs signaling

Drosophila develops through three larval instars (of about 5 days, at 25°C) and one pre/pupal phase (12 hours in prepupal stage and 3.5 days in pupal one) prior to hatch as adult flies (**Fig. 1**). Insulin/IGFs signaling plays an holistic role along holometabolous phases by coupling energy state to both growth and developmental functions (Colombani et al 2005; Walkiewicz and Stern 2009; Zhang et al. 2009; Géminard et al. 2009; Grönke et al. 2010; Wessels et al. 2004; Britton et al. 2002).

Insulin/IGFs are key regulators of growth and developmental time, especially during larval life, by controlling the speed of growth (Walkiewicz and Stern 2009; Caldwell et al. 2005; Colombani et al. 2005; Mirth et al. 2005). Genetic ablation of early larval MNCs causes growth defects (smaller larvae and adult), developmental delay, growth retardation, elevated circulating sugars (mainly trehalose) and disruptions of normal glycogen and lipid levels (Rulifson et al. 2002). However, the removal of late larval MNCs cause more attenuated aberrations of development. In fact, these MNCs-lacking larvae delay slightly development of about 24 hours with respect to the normal normal 216 ones and they metamorphose into slightly small (but proportionate) adults with a 30% weight loss emphasized in abdominal size (Ikeya et al. 2002). As well, these adults exhibit hyperglycemia and enhanced storage of lipid and glycogen (Broughton et al. 2008).

All of the defects due to the ablation of early larval MNCs can be rescued by ectopic expression of *dilp2* gene, suggesting that there is genetic redundancy among *dilps* (Rulifson et al. 2002).

Overexpression of each *dilp1to6* genes promote growth, being *dilp2*, *dilp5* and *dilp6* genes the most powerful ones (Ikeya et al. 2002). Mutants for single *dilp* gene metamorphose normally and exhibit none or slight decrease (in *dilp2* mutants) in body weight, with exception for those lacking of *dilp6* (see below). Only *dilp2* single mutants exhibit a slight delay (about 17 hours) in developmental time (Gronke et al. 2010). Yet, deletion of *dilp1-to-5* genes (*Df[dilp1-5]*) produces viable homozygous that are developmentally delayed and, once metamorphosed, proportionally small with reduced body mass, revealing balancing and/or redundant functions among *dilp* genes (Grönke et al. 2010; Zhang et al. 2009). Ubiquitous overexpression of a *dilp2* transgene is sufficient to rescue growth defects in *Df[dilp1-5]* mutants and none *RNAi* lines targeting each of these five *dilps* is effective in causing growth aberrations (Zhang et al. 2009). Therefore, there is a high degree of functional redundancy among *dilp* genes on the control of growth rate (Grönke et al. 2010; Zhang et al. 2009).

Mutant larvae lacking of *dilp1to5* genes are still able to metamorphose in viable and not sterile adults although they need 4 days more than normal ones to reach the end of third (last) larval instar, and additional time to attain pupation. Also, mutants exhibit many other defects such as reduced metabolic activity, disrupted levels of both sugar and triglycerides, and allometric aberrations (Zhang et al. 2009). Similarly, null triple mutants for *dilp2/3/5* genes delay development from 8 to 17 days more than normal; once metamorphosed, they exhibit a 42% loss in adult body weight, high levels of both lipid and glycogen and high oxidative stress resistance (Gronke et al. 2010).

Mutants lacking of *dilp1to5,7* genes (except *dilp6*) still develop into adults, whereas the multiple knockout for *dilp2,3,5,6* genes is lethal, revealing that redundancy may occur among this last subset of *dilp* genes (Gronke et al. 2010). Both mutations *chico* or *dSH2B* cause as well growth defects (growth retardation, high levels of lipid and extension of longevity), whereas the double knockout is lethal. In line, *InR* knockout results in early larval mortality (Chen et al. 1996; Fernandez et al. 1995), but heteroallelic hypomorphic mutations for this gene produce larval growth delay, adult dwarfism, hyperthreosemia and hypertriglycemia (obesity) (Shingleton et al. 2005; Brogiolo et al. 2001). Indeed, FoxO overexpression (or AKT inhibition) in larvae phenocopies starvation, leading to growth arrest and causing larvae to wander away from food (wandering behavior). In addition, it decreases organ size by reducing cell number (Géminard et al. 2009; Kramer et al. 2003; Edgar et al. 2006; Wulleschleger et al. 2006). Thus, the precocious disruption of Insulin/IGFs signaling provokes metabolic and developmental aberrations along all holometabolous phases (Antonova et al. 2012; Gronke et al. 2010; Edgar 2006).

Insulin/IGFs control larval growth rate as well as ECD functions. Increasing IIS in PG enlarges PG growth and promotes ECD synthesis provoking an advance of metamorphosis initiation and lethal reduction of body growth (larvae overestimate the size so that they initiate metamorphosis before surpassing the minimal viable weight necessary to survive pupation). Conversely, decreasing IIS has opposite effects. In this scenario, ECD antagonizes systemically the larval growth rate promoted by Insulin/IGFs signaling, providing a molecular link between the control of growth and

developmental transitions (Colombani et al. 2005; Mirth et al. 2005; Caldwell et al. 2005). This model can explain why the overexpression of *dilp2* gene since early larval stages can accelerate development without decreasing body weight: *dilp2* may promote a fast growth rate and advances the initiation of metamorphosis by promoting ECD signaling (Walkiewicz and Stern 2009). Interestingly, DILP8 is a signal produced by growing imaginal discs under conditions that perturbs the imaginal discs growth program. In these conditions, DILP8 delays metamorphosis by inhibiting ECD to signal abnormal growth and regenerate normal size. How the specific DILP8 function takes place at molecular levels is still unknown. Thus, Insulin/IGFs signaling are key factors to couple growth control to developmental timing (Colombani et al. 2012; Garelli et al. 2012). In addition, DILP6 promotes growth during pupal life (a “non-feeding” period) under the positive control of both ECD and FoxO (here, FoxO transduces a “starvation-like” signal under “driving action” of ECD), revealing the intimate link between these hormones. Loss of *dilp6* gene prevent pupal growth resulting in about 20% loss of body weight in adult stage (Okamoto et al. 2009; Slaidina et al. 2009). In adult stage, fat body-derived DILP6 inhibits the release of DILP2/5 factors from the MNCs, conferring a fine modulation inside IIS (Bai et al. 2012).

Moreover, Insulin/IGFs signaling induces also JH synthesis in adult stage by promoting the expression of HMGCR (3-hydroxy-3-methylglutaryl CoA reductase, an enzyme that catalyzes the synthesis of Mevalonate, upstream JH precursor) in *Corpora Allata*, although developmental control of this regulative function is not well understood (Jones et al. 2010; Belcagem et al. 2007). Accordingly, hypomorphic mutants for *InR* gene exhibit low haemolymphatic levels of JH (Tatar et al. 2001).

In addition, Insulin/IGFs signaling control gonads maturation. Both heteroallelic hypomorphic mutations of *InR* and the loss of *chico* causes complete sterility in females by arresting oocytes in previtellogenic phases, a condition resembling diapause (Lafevere and Drummond-Barbosa 2005; Tatar et al. 2001). Both multiple *dilp1to5* and triple *dilp2,3,5* knockouts exhibit reduced eggs production, without any aberrations of gonadic growth (Gronke et al. 2010; Zhang et al. 2009). Conversely, both *dilp2* and *dilp5* knockouts exhibit only slight defects, since other *dilp* genes are up-regulated in these mutants and compensate these gene-loss (Gronke et al. 2010; Zhang et al. 2009).

Insulin/IGFs signaling may be a master control of diapausing functions since 1) it controls both ECD and JH signaling; 2) it directly links growth, developmental timing and energy demands, coupling as well diverse phases of development; 3) its functions are extremely retained among Insects.

Scope of the PhD project

A deeper knowledge of hibernating genetics might trace the basis for dormancy bio-engineering. Dormancy is inducible only by coupling the enhancing levels of cryoprotecting agents to the inhibition of inductive processes of development. Without blocking holometabolous growth, the alone cryoprotecting potential fails to enhance cold resistance.

Then, diapause is hormonally programmed in advanced of its onset to block development before stage transitions and modify holistically the other holometabolous phases. Yet, the nature of signals inducing hormonal switches and linking diapausing functions to the growing ones is still elusive. *Why and How is diapause inducible?*

The aim of my PhD project is the understanding of genetic nature of “diapause inducibility” and its linkage to modifications of holometabolous growth. To achieve this aim, I have used the genetic model *Drosophila melanogaster*, in which adult diapause is strictly linked to modifications of larval growth. Thus, I have performed a functional study on Insulin/IGFs signaling (IIS) since it is known as key control of the growth rate along holometabolous phases.

Results

It has been recently reported that two allelic variants of *timeless* gene affect moderately diapause incidence in *wild-type* populations of *Drosophila melanogaster* (Tauber *et al.* 2007). The *timeless* gene has two allelic forms, *ls-tim* (*long/short timeless*) and *s-tim* (*short timeless*) (see *Materials and Methods*). Females homozygous for *ls-tim* variant exhibit diapause at levels moderately higher than *s-tim* homozygous ones (Tauber *et al.* 2007). Hence, I have genotyped all of the strains used in this PhD project so that all the experimental lines were uniformed for the *timeless* genotype with their respective controls, to rule out the effects of *timeless* polymorphism.

1. Reduced sensitivity to Insulin/IGFs induces diapause

To investigate if IIS controls genetically diapause, I decided to assess the effects produced by the loss of both *InR* (*Insulin/IGFs Receptor*) and *chico* (*InR Substrate*) genes on diapause phenotype. If Insulin/IGFs signaling antagonizes diapause by promoting growth, its fall down should enhance the proportion of dormant females (diapause incidence). However, diapause assay couldn't be performed with mutants carrying strong or complete removal of *InR* or *chico* because of their phenotype. Null mutants for *InR* die during early larval life whereas larvae carrying heteroallelic hypomorphic mutations in *InR* gene delay strongly metamorphosis and develop into dwarf sterile females which are deficient of gonadic maturation (Shingleton *et al.* 2005; Brogiolo *et al.* 2001; Chen *et al.* 1996; Fernandez *et al.* 1995). As well, the dwarf mutant females for *chico* are sterile, resembling the diapause phenotype (Böhni *et al.* 1999). In addition, other genetic toolkits were limited in their use due to both the experimental temperatures (12°C) and the kind of diapausing stage. In details:

- 1) no ubiquitous Gal4 drivers are currently available to efficiently drive *UAS-InR-RNAi* transgene specifically in post-larval phases (FlyBase);
- 2) the Gal4/UAS system cannot be induced in the target stages under inhibitory control of *tsGal80*, since the latter requires temperatures higher than 28°C to be inactivated (Slaidina *et al.* 2009);
- 3) temperature sensitive mutants for *InR* gene exhibit a suppression of Insulin/IGFs signaling only at temperature higher than 18°C (Shingleton *et al.* 2005).

These experimental limits were extendable throughout all my analysis. On these basis, I assayed diapause phenotype in hypomorphic mutants for *InR* (*InR^{hyp}*) carrying a P-element insertion in the promoter region of the gene (see *Materials and Methods*) which leads to a weak perturbation of normal gene function (Bellen *et al.* 2004). Homozygous *InR^{hyp}* mutants developed into adult females with no dwarfism and sterility (*data not shown*). Once developed at 25°C, newly eclosed females (*NEFs*) were exposed at 12°C for 11 days under long days (LD16:8, "growth-promoting" photoperiod). In these conditions, a significantly higher proportion of homozygous *InR^{hyp}* mutants (Mean±SD: 90.3% ± 6.2, *p*<0.001) were dormant, when compared to wild-type flies that share the

same genetic background (*Co-InR^{hyp}*, Mean±SD: 22.7% ± 4.3) (**Fig. 17**). Moreover, the proportion of “non-diapausing” *InR^{hyp}* mutants exhibit reduced ovaries with only few oocytes in early vitellogenic phases (*data not shown*).

Analogously, I assayed diapause phenotype of *chico* deficient females, in which the *chico* gene was disrupted by a P-element insertion (designated as *chico^{hyp}*, see *Materials and Methods*) that reduced the expression by 60% in homozygous *chico^{hyp}* flies, without causing strong dwarfism and sterility (mutants exhibit also hypertriglycemia) (Song et al. 2010). A significantly high proportion of homozygous *chico^{hyp}* mutants were diapausing (Mean±SD: 88.5% ± 3.7, $p < 0.001$) as compared to wild-type flies that share the same genetic background (44.3% ± 4.2), and their phenotype resembles that of *InR^{hyp}* mutants ($p = 0.99$) (**Fig. 17**).

In sum, these results suggest the role of Insulin/IGFs signaling as antagonist of dormancy. The sensitivity to Insulin/IGFs signals is still effective, but still active, during diapause since its reduction is enough to increase diapause.

2. Loss of MNCs induces diapause

To investigate the possible role of Insulin/IGFs signaling on diapause, I disrupted the levels of a subset of Insulin/IGFs ligands by removing the Median Neurosecretory Cells (MNCs), which express *dilp2*, *dilp3* and *dilp5* genes since larval life (Grönke et al. 2010; Zhang et al. 2009; Broughton et al. 2005; Rulifson et al. 2002; Ikeya et al. 2002). To achieve this aim, I have genetically induced the ablation of MNCs by using *dilp2-Gal4* transgene (*dilp2>*, see *Materials and Methods*) to drive the expression of two pro-apoptotic transgenes, *UAS-head involution defective (hid)* and *UAS-reaper (rpr)* (Abrams et al. 1993), from late third (last) larval phase.

Under this *Gal4-driver*, these genes are effective in causing the complete loss of MNCs at that stage (Ikeya et al. 2002) since such neurons are not still present after metamorphosis (Broughton et al. 2005). It is also reported that these MNCs-lacking larvae delay slightly development of 24 hours more than the normal 216 ones and they metamorphose into slightly small adults with a 30% of weight loss (emphasized in abdominal size). These weak effects are presumably due to the late developmental onset of expression of the *dilp2-Gal4* driver transgene used in these experiments (Broughton et al. 2005, Ikeya et al. 2002). Then, the effects of MNCs-loss observed in adult phase depend only slightly by larval life (Broughton et al. 2005). Once developed at 25°C, *NEFs* were exposed at 12°C for 11 days under long days (LD16:8, “growth-promoting photoperiod”) to promote the appearance of “non-diapause” trajectory. Yet, most of MNCs-lacking flies were dormant (Mean±SD: 97.6% ± 2.9, $p < 0.001$) whereas both controls heterozygous for the transgenes (*dilp2-Gal4/+ (dilp2>+)* and *uas-hid/+,uas-rpr/+ (+>hid,rpr)*) entered diapause at significantly lower incidence (**Fig. 17**). These results indicate that Insulin/IGFs signals released by MNCs have to fail for inducing diapause. Since larvae lacking of MNCs from the onset of second larval instar (*dilp2(p)>hid,rpr*) exhibited lethality at the end of larval life (*data not shown*, and Rulifson et al. 2002), I couldn't assess the effects of early MNCs loss on diapause in relation to strong modifications of larval development.

Subsequently, I asked if the loss of MNCs after larval life may induce high levels of diapause similar to those observed in *dilp2>hid,rpr* line, although causing none defects on larval growth. I used *dilp3-Gal4* driver in combination with *UAS-hid* and *UAS-rpr* to ablate MNCs specifically from post larval phases. Larval MNCs are not eliminated in this line, and larval growth and viability are not affected (Buch et al. 2008). Once metamorphosed at 25°C, MNCs-lacking females (*dilp3>hid,rpr*) exhibited a significant increase of diapause incidence (Mean±SD: 97.3% ± 1.7, $p<0.001$), similarly to those of *dilp2>hid,rpr* line ($p=0.99$)(**Fig. 17**). Thus, loss of MNCs functions from post-larval stages is effective to induce diapause at high incidence.

In sum, loss of Insulin/IGFs functions of MNCs is crucial to induce dormancy and link such functions to the developmental ones: when MNCs signals fail since late larval stages, diapause reflects modifications of larval growth. Yet, larval functions of MNCs are dispensable in modulating diapause.

3. Loss of *dilp2/5* induces diapause

If the effects of MNCs ablation reflect the loss of *dilp2*, *dilp3* and *dilp5* genes, knockouts of these *dilps* should enhance strongly diapause incidence.

Null homozygous mutants for *dilp1to5* genes (*Df[dilp1-5]*, here designated as *dilp1-5^{-/-}*) are proportionally small with reduction of 64% in body weight (Zhang et al. 2009). As well, they are developmentally delayed since they need 4 days more (9 days total) than normal to end larval life, and additional time to reach the pupation (prepupa-to-pupa). However, the time from pupation to adult eclosion is not affected, revealing that these genes control pre-pupal growth and larval developmental time. These mutants develop into viable and not sterile adults (Zhang et al. 2009).

To confirm the antagonistic role of Insulin/IGFs ligands on diapausing functions, I assayed the effects of the null *Df[dilp1-5]* deficiency (designated as *dilp1-5^{-/-}*, see *material and methods*) on diapause response. Once developed at 25°C, *NEFs* were exposed at 12°C for 11 days under long days (LD16:8, “growth-promoting” photoperiod). All homozygous *dilp1-5^{-/-}* mutants were dormant (Mean±SD: 100% ± 0, $p<0.001$) whereas both heterozygous mutants (*dilp1-5^{+/-}*) and control (*w¹¹¹⁸*) entered diapause to significantly lower levels (respectively to 38.1% ± 1.9 and 36.8% ± 4.0) (**Fig. 17**). Likewise, *dilp1-5^{-/-}* homozygous mutants fail to respond to photoperiodic perception.

Subsequently, I assessed the effects in diapause response of the multiple loss of *dilp2*, *dilp3* and *dilp5* to find out the diapause role of specific Insulin/IGFs signals. Thus, I used null *Df[dilp2-3]*, *dilp5³* mutants (designated as *dilp2-3,5^{-/-}*) which are completely deficient in the expression of *dilp2*, *dilp3*, *dilp5* genes (see *material and methods*, Grönke et al. 2010). These null mutants delay development from 8 to 17 days more than normal and they exhibit 42% loss in adult body weight, once metamorphosed as viable and fertile adults (Grönke et al. 2010).

As expected, all homozygous *dilp2,3-5^{-/-}* mutants were dormant (Mean±SD: 100% ± 0, $p<0.001$) at 12°C under long days (LD16:8), resembling the phenotype of both *dilp1-5^{-/-}* mutants and MNCs-lacking flies. Intriguingly, both *dilp2,3-5^{-/-}* and *dilp1-5^{-/-}* mutants were homozygous for the s-

tim allele at the *timeless* locus, indicating that these mutations strongly override the *timeless* effect.

As none of the single *dilp2*, *dilp3* or *dilp5* null mutants were effective in enhancing diapause to levels of 100% ($p < 0.01$), *dilp* genes have retained a genetic redundancy in antagonizing diapause. However, only single *dilp2*^{-/-} and *dilp5*^{-/-} null mutants (see *material and methods*) were effective to significantly enhance diapause incidence at levels (respectively to 59.8% ± 7.0, $p < 0.001$ and 57.5% ± 3.7, $p < 0.001$) higher than the controls that share the same genetic background (designated as *Co-null*, 44.3% ± 4.2) (**Fig. 17**). Since *dilp1-to-5* genes are clustered within a 26 kb region of chromosome III (FlyBase; Brogiolo et al. 2001), I couldn't easily generate double *dilp2/dilp5* mutants by genetic recombination since *dilp2/5* genes are located within about 17 kb each other.

Subsequently, I have silenced both *dilp2* and *dilp5* in MNCs by driving the expression of *UAS-dilp2-RNAi* and *UAS-dilp5-RNAi* transgenes under control of *dilp2-Gal4* driver. Both *RNAi* lines were effective in the silencing of *dilp2* and *dilp5* expression with *dilp2-Gal4* driver (Broughton et al. 2008; Söderberg et al. 2012). Both *dilp2* (*dilp2>dilp2-RNAi*) and *dilp5* (*dilp2>dilp5-RNAi*) knockdowns caused a significant, but moderate, increase of diapause incidence (respectively to 65.5% ± 8.1, $p < 0.001$ and 74.2% ± 7.4, $p < 0.001$) as compared to controls (**Fig. 17**). As well, another independent *dilp2* *RNAi* line (*dilp2>dilp2-RNAi-B*) (Broughton et al. 2008) was effective in enhancing diapause incidence (69.3% ± 3.0, $n=428$, $p < 0.001$, *data not shown*). Relative *dilp2* transcript levels in adult female heads were decreased by approximately 80% of control levels in both *dilp2>dilp2-RNAi* and *dilp2>dilp2-RNAi-B* lines (Broughton et al. 2008, see *Material and Methods*). Likewise single *dilp2*^{-/-} and *dilp5*^{-/-} knockouts, none of the *dilp* knockdowns resembled the phenotype of *dilp2,3-5*^{-/-} and *dilp1-5*^{-/-} mutants ($p < 0.01$).

Since *dilp2*^{-/-} females are known to exhibit 11% decrease of adult body weight and 17 hours of developmental delay (Grönke et al. 2010), I wanted to rule out indirect diapause effects of *dilp2* gene due to its role in developmental functions. Then, I have indirectly approached the problem because genetic toolkits useful to rule out directly these effects were not exploitable for diapause. I have assayed diapause phenotype of null mutants for *dilp6* gene (designated as *dilp6*^{-/-}) which exhibit growth defects during pupal growth, resulting in 20% reduction of adult body weight without any developmental delay (Okamoto et al. 2009; Slaidina et al. 2009). The *dilp6*^{-/-} null mutants didn't exhibited an increase of diapause levels (29.6% ± 4.2, $p=1.0$) with respect to *Co-dilp6*^{-/-} controls (**Fig. 17**), revealing that a proportional reduction of growth dependent by Insulin/IGFs signaling is ineffective to increase diapause. Similarly, the *dilp6*⁴⁵⁹¹ hypomorphic mutants didn't exhibit effects on diapause response (27.4% ± 4.8, $n=215$)(*data not shown*).

Moreover, *dilp2,3*^{-/-} null double mutants did not exhibit increase of diapause incidence (38.2% ± 3.0, $p=1.0$, **Fig. 17**) with respect to controls, although it exhibit a 7% loss of body weight (Grönke et al. 2010). Since *dilp5* gene is strongly upregulated in *dilp2,3*^{-/-} mutants (Grönke et al. 2010), their paradoxical diapause phenotype may be due to a compensatory interplay between *dilp* genes.

Taken together, these results reveal a genetic redundancy between *dilp2* and *dilp5* genes in antagonizing diapause. Then, only a complete loss of these signals trigger a strong diapause response avoiding a proper photoperiodic perception. Since *dilp2* regulates growth rate and developmental time in larval phases, it links genetically diapause to modifications of holometabolous growth.

4. Overexpression of *dilp2/5* antagonizes diapause

If *dilp2* and *dilp5* genes retain genetic redundancy in modulation of diapause, overexpression of these signals should be effective in inhibiting dormancy. Thus, I have overexpressed *UAS-dilp2* or *UAS-dilp5* transgenes by using *dilp2(p)-Gal4* transgene (Rulifson et al. 2002) which specifically drives UAS-transgene expression in MNCs since early 2nd larval stage (*dilp2(p)-Gal4*). Once developed at 25°C, *NEFs* were exposed to 12°C for 11 days under short days (LD8:16, “growth-inhibiting” photoperiod), to strongly induce dormancy. Yet, both *dilp2* (*dilp2(p)>dilp2*) and *dilp5* (*dilp2(p)>dilp5*) overexpression decreased strongly diapause incidence to levels inferior to 10% (respectively of 6.0% ± 2.4, $p < 0.001$ and 9.1% ± 2.0, $p < 0.001$) (**Fig. 18**) and induce full gonadic growth (*data not shown*). Conversely *dilp*-gained flies, both all homozygous *dilp1-5^{-/-}* homozygous mutants (100% ± 2.5, $p < 0.001$) and the most of MNCs-lacking females (*dilp2>hid,rpr*, 96.4% ± 1.8) were dormant (**Fig. 18**). Thus, *dilp2* and *dilp5* genes antagonize diapause by inducing growth. Interestingly, *dilp2(p)>dilp2* females accelerate both larval growth and developmental time (they reach pupariation about 84 hours earlier than controls) without increasing body size (Walkiewicz and Stern 2009), supporting the role of this gene as a genetic link between diapausing functions and developmental time.

To exclude possible indirect and early developmental effects of *dilp2/5* overexpression on diapause, I have overexpressed both *dilp2* and *dilp5* in MNCs from late third (last) larval instar (when the developmental time and larval growth rate are already set) by using the *dilp2-Gal4* driver. Both *dilp2*- (*dilp2>dilp2*) and *dilp5*-gained (*dilp2>dilp5*) flies reduced significantly diapause incidence to about 5-10% (5.6% ± 2.5, $p < 0.001$ and 7.4% ± 4.7, $p < 0.001$ respectively), and they exhibited fully-grown gonads (**Fig. 18**).

Subsequently, I have overexpressed both *dilp2* and *dilp5* genes in the neurosecretory cells of the brain since early larval phases by using *c929-Gal4* driver (Hemes et al. 2006), to bypass possible controls of DILP2/5 release. As expected, most of *dilp2*-gained flies (*c929>dilp2*) decreased strongly diapause incidence (0.7% ± 0.7, $p < 0.001$) (**Fig. 18**) and exhibit fully grown ovaries (*data not shown*). Similarly, overexpression of *dilp5* gene (*c929>dilp5*) decreased significantly diapause levels (10.1% ± 3.2, $p < 0.001$). The non-diapausing proportion of these lines exhibited fully-grown gonads (*data not shown*). Taken together, these results support a master role of both *dilp2* and *dilp5* in antagonizing dormancy by preventing the diapausing antigrowth switch of development. When DILP2/5 are over the signaling threshold since early larval life, they strongly repress diapause and modify larval development. However, the larval effects of *dilp2/5* are dispensable to induce diapause.

5. *dilp2/5* genes control developmental competence

Despite other types of diapause, dormant adults maintain the competence to develop when exposed to optimal conditions, without requiring a defined period of chilling prior to terminate dormancy (see *Introduction*). Saunders et al. (1989) reported that dormant wild-type flies need about 2 days to reactivate completely growth when shifted from 12°C to long days at 18°C, and less than 1 day when shifted to 25°C.

If this response is mediated by *dilp2/5* signaling, *dilp1-5^{-/-}* null mutants should fail to promptly break dormancy once shifted out from “diapause-inducing” conditions. To test this hypothesis, I have exposed the *NEFs* to 12°C under LD16:8 for 11 days and, then, they were shifted to 15°C (LD16:8), 18°C (LD16:8) or 22°C (LD12:12) for 5 days, a time interval which is sufficient to break dormancy.

Once shifted to 15°C, all *dilp1-5^{-/-}* mutants maintained dormancy and failed in reactivating growth (100% ± 0, $p < 0.001$), while controls showed a different response (6.4% ± 3.8, $p < 0.001$) (**Fig. 19**). In contrast, *dilp2*-gained flies (*dilp2(p)>dilp2*) were mostly not dormant (0.2% ± 0.5, $p < 0.001$) significantly more than controls (6.0% ± 1.3, $p < 0.001$). As well, *dilp2*-gained flies exhibited well grown ovaries (*data not shown*). Similarly, most of the *dilp1-5^{-/-}* mutants remained dormant (76.4% ± 2.4, $p < 0.01$) once shifted to 19°C whereas controls were not. At these same conditions, both *dilp2*- and *dilp5*-gained (*dilp2(p)>dilp5*) flies escaped completely from dormancy (0% ± 0, $p < 0.001$) and exhibited fully grown ovaries. Only when shifted to 22°C, *dilp1-5^{-/-}* mutants reactivated completely gonadic growth exhibiting diapause incidence to levels of 0% ($p = 1.0$), similarly to other lines and *dilp2-3,5^{-/-}* (0%, $n = 138$, *data not shown*) (**Fig. 19, 20**). Notably, all *dilp1-5^{-/-}* mutants were in diapause (100% ± 0, $p < 0.001$) when maintained at 12°C for a total of 16 days (negative control). These results provide evidences that *dilp2/5* signaling are key to preserve the competence for resuming post-diapause development. In addition, *dilp2/5* genes becomes limiting in coldness since their loss is dispensable in optimal environment.

If *dilp2/5* signaling is a master control of dormancy, overexpression of *dilp2* and *dilp5* genes since early larval life should promptly prevent dormancy induction just after 5 days of exposure to short days (LD8:16) at 12°C. As expected, both *dilp2*-gained (*dilp2(p)>dilp2*) and *dilp5*-gained (*dilp2(p)>dilp5*) flies were unable to trigger diapause (respectively 4.1% ± 1.2, $p < 0.001$ and 7.0% ± 2.7, $p < 0.001$) and exhibited fully developed gonads (**Fig. 21, 22**). Conversely, all *dilp1-5^{-/-}* mutants were dormant (100% ± 0, $p < 0.001$) with respect to controls (*white¹¹¹⁸*, 54.9% ± 0.9). Similarly, flies lacking of MNCs since late third instar (*dilp2>hid,rpr*) exhibited significantly high levels of diapause (95.2% ± 3.5). These results provide evidences that an increase in *dilp2/5* dosage has all the potential to promptly prevent diapause induction (**Fig. 21**). Intriguingly, both *dilp2*-gained (*dilp2(p)>dilp2*) and *dilp5*-gained (*dilp2(p)>dilp5*) flies exhibited significantly lower levels of diapause (respectively 2.5% ± 2.5, $p < 0.001$ and 10.1% ± 3.4, $p < 0.001$) just after 3 days since eclosion (**Fig. 21**), revealing powerful anti-diapause effects of *dilp2/5*.

In addition, both *dilp2*^{-/-} and *dilp5*^{-/-} single mutants exhibited moderate but significant levels of diapause (respectively 67.8% ± 7.1, *p*<0.01 and 59.9% ± 1.1, *p*<0.01) after 5 days of exposure to long days (LD16:8) with respect to controls. Conversely, all *dilp1-5*^{-/-} mutants and most of MNCs-lacking flies (*dilp2>hid,rpr*) were dormant (at levels respectively of 100% ± 7.1, *p*<0.01 and 97.6% ± 2.9, *p*<0.01) (**Fig. 21**).

Since Insulin/IGFs signaling accelerate growth and control heterochrony through insect development (Hartfelder and Emlen 2012; Edgar 2006), overexpression of *dilp2/5* genes might induce a precocious (heterochronic) growth of the ovaries. To rule out this hypothesis, I have dissected both *dilp2*-gained and *dilp5*-gained females within 5 hours since eclosion at 22°C. As expected, none heterochronic effects were observed and all females of both lines exhibited immature (“diapausing-like”) gonads, similarly to controls (**Fig. 21, 22**).

Taken together, these results provide evidence that *dilp2/5* genes are required to promptly revert diapause polyphenism into normal development once flies are shifted out from “diapause-inducing” environment. Without *dilp2/5* genes, flies delay, or fail to trigger such resumption.

6. dilp2/5 genes are paradoxically up-regulated during diapause

Since the loss of *dilp2/5* genes is effective in enhancing diapause, I reasoned that dormancy might be induced by down-regulating the expression of these genes. To test this hypothesis, I have measured mRNA abundance for both *dilp2* and *dilp5* by performing a qPCR analysis (see *Materials and Methods*) on heterozygous *dilp2-Gal4/+* females which were reared at two different temperatures for 11 days since eclosion under short days (LD8:16). One batch was exposed to diapause-inducing temperature of 12°C (“diapausing batch”), the other one was reared at the optimal 25°C (“developing batch”). Then, the two batches were compared for gene expression. “Diapausing batch” exhibited dormancy with an incidence of ≈40% (41.3% ± 6.3). Paradoxically, I found that both *dilp2* and *dilp5* were significantly up-regulated in full body of “diapausing batch” flies, respectively of 2 folds (2.3 folds ± 1.3, *p*<0.01) and 4 folds (4.1 folds ± 0.8, *p*<0.01) (**Fig. 23**) more than “developing one”. As well, *dilp2*, *dilp3* and *dilp5* they were up-regulated in the “diapausing batch” respectively of 1.7 (*p*<0.01), 2,7 (*p*<0.01) and 3.8 folds (*p*<0.01), when the assay was performed in isolated heads, revealing that all *dilp* genes expressed in MNCs are upregulated during diapause (**Fig. 23**). Since dosage modifications of *dilp2/5* genes are effective on diapause, this expression profile is totally unexpected. Yet, *dilp2/3/5* genes are strongly upregulated in lines lacking of Germ Cells (then, lacking of gonads) that exhibit markers of Insulin/IGFs impedance (Flatt et al. 2008), accordingly to their up-regulation during diapause (in which ovaries are atrophic). The mechanism for which *dilp2/5* genes are up-regulated during dormancy is still a “black box”, but it might be symptomatic of a block of Insulin/IGFs signaling downstream of *dilp2/5* expression. Thus, the Insulin/IGFs signaling impedance might resolve the paradox.

7. Downstream IIS impedance during dormancy

If Insulin/IGFs impedance of the gonads is causal to the up-regulation of *dilp2/5* genes in MNCs, FoxO activity should enhance in that body region during diapause. To test this hypothesis, I have measured FoxO transcriptional activity in “diapausing” *FoxO.REs-Luciferase* transgenic flies (*FREs-Luc*) carrying a *Luciferase* reporter gene under the control of *FoxO response elements* (*FREs*) in homozygosis (Tang et al. 2011; Kramer et al. 2008, see also *Materials and Methods*). This gene reporter assay is more accurate to directly determine FoxO activity than a qPCR performed on FoxO target genes, since these last are also controlled by other transcriptional factors (especially under drastic physiological changes)(Kramer et al. 2008; Layalle et al. 2008; Teleman et al. 2008; Wullschleger et al. 2006; Colombani et al. 2003). *FREs-Luc* females were reared at two different temperatures for 11 days since eclosion under LD8:16. One batch was exposed to diapause-inducing temperature of 12°C (“diapausing batch”), the other one was reared at the optimal 25°C (“developing batch”). Then, the two batches were compared for both the activity of *FREs-Luc* reporter gene and the expression levels *dilp2/5* genes.

As expected, the activity of *FoxO.RE-Luciferase* reporter gene assayed in abdomen (the body compartment containing the gonads) was 6 folds higher (6.0 folds \pm 1.6, $p < 0.01$) in *FREs-Luc* of “diapausing batch” than in those of the “developing” one (**Fig. 24**). Nevertheless, both *dilp2* and *dilp5* genes were significantly up-regulated in full body of “diapausing” *FREs-Luc* flies, respectively of 2 folds (1.8 folds \pm 0.3, $p < 0.01$) and 4 folds (3.3 folds \pm 0.3, $p < 0.01$)(**Fig. 23**) more than the “developing one”, despite the strong FoxO activity in abdomen (marker of IIS impedance). Coherently, *FREs-Luc* females of “diapausing batch” exhibited dormancy with an incidence of $\approx 50\%$ (49.5% \pm 4.8, $n=549$) whereas they are completely developing at 25°C (*data not shown*). As well, *InR* gene was more expressed (2.2 folds \pm 0.6, $p < 0.01$) in “diapausing” *FREs-Luc* females than in those of “developing batch” (**Fig. 23**), suggesting that the IIS receptivity is not impaired in diapausing flies at the transcriptional level. These results indicate that IIS decreases where DILP2/5 are required to antagonize dormancy. I am currently trying to generate the double $w^{1118};FoxO.RE-Luciferase;Akh-Gal4$ transgenic line to assess if functional ectopic expression of *dilp2/5* genes (*FREs-Luc;Akh>dilp2* or *FREs-Luc;Akh>dilp5*) can reduce the activity of *FREs-Luc* reporter gene in abdomen (*work in progress*). In addition, I couldn't assay *FRE-Luc* activity directly in gonads for technical reasons (the time needed to dissection does not avoid sample degradation and it does not maintain intact the ovaries). Intriguingly, the activity of *FoxO.RE-Luciferase* reporter gene assayed in both full body and isolated head/thorax complex was higher in *FREs-Luc* females of “developing batch” than in those of “diapausing one” (respectively to 2.1 folds \pm 0.4, $p < 0.01$ and 2.1 folds \pm 0.3, $p < 0.01$)(**Fig. 24**). These results indicate that IIS is still required in head/thorax compartments during diapause, may be due to compensatory effects of systemic DILPs. In line, expression of *dilp6* remains unchanged ($p=0.37$) in full body of diapausing *dilp2>>* transgenic flies (**Fig. 23**). Taken together, these results indicate that FoxO activity is spatially repressed by IIS in driving the diapausing switch of growth, despite the up-regulation of *dilp2/5* genes.

8. The release of DILP2/5 signals is reduced during diapause

Since *dilp2/5* were upregulated in the presence of IIS impedance, I wondered if the release of DILP2/5 signals might be specifically modulated during diapause, similarly to what happens in animals exposed to nutritional deprivation (Géminard *et al.* 2009). The rapid response obtained upon shifted diapausing females in optimal environment (Saunders *et al.* 1989) suggests that the mechanism of DILP2/5 modulation might involve the modulation of DILP2/5 release.

Unfortunately, previous efforts to quantify DILPs by Western blot analysis have failed because of low ligand abundance (Broughton *et al.* 2005; Flatt *et al.* 2008), and current technology does not permit sensible detection of differences in circulating DILPs (Michael O'Connor and Pierre Leopold, personal communication). In addition, a double DILP2/5 immunostaining on MNCs (Géminard *et al.* 2009) might be meaningless to detect a differential release, since the *dilps* are up-regulated in diapause-inducing environment. Similarly, an approach which rely on the expression of secreted-GFP (UAS-secGFP, Géminard *et al.* 2009) might fail since its expression must be driven under fragments of *dilp2* promoter.

Thus, I have genetically modified MNCs excitability (and, in turn, their neurosecretion) in order to alter diapause response. I have first induced the ectopic expression of UAS transgene carrying a bacterial Sodium Channel (*UAS-Na⁺Ch*, designated as *Na⁺Ch*) in the MNCs to enhance neuronal excitability and force the release of DILP2/5 hormones (Géminard *et al.* 2009, see *Materials and Methods*). As expected, both *Na⁺Ch* expression both since early larval stages (*dilp2(p)>Na⁺Ch*) or since late third instar (*dilp2>Na⁺Ch*) inhibited strongly diapause (respectively to 8.7% ± 3.5, $p < 0.001$ and 0.8% ± 1.0, $p < 0.001$), although the flies were exposed to short days (LD8:16) (**Fig. 25**). In addition, non-diapausing proportion of both lines exhibited fully grown ovaries (**Fig. 25**). Then, I have induced the ectopic expression of the *Ork1.ΔC* transgene encoding a Potassium Channel (*UAS-Ork1.ΔC*, designated as *K⁺Ch*), that functions as neuronal silencer by reducing the neurohormones release from the MNCs (see *Materials and Methods*). Coherently, females expressing *Ork1.ΔC* transgene since early larval stages (*dilp2(p)>K⁺Ch*) enhanced significantly diapause levels (91.9% ± 2.8, $p < 0.001$) higher than both controls and flies expressing the negative form *Ork1.ΔC* transgene (*dilp2(p)>Neg-K⁺Ch*) (**Fig. 25**). In sum, these results indicate that the modulation of DILP2/5 release along both late larval and imaginal phases is a key regulatory mechanism of DILP2/5 which promote, or prevent, diapause trajectory.

Since the loss of *dilp2/5* genes inhibited a correct photoperiodic perception (see above), I have assayed the same lines under long days (LD16:8). Both *Na⁺Ch* expression since early larval stages (*dilp2(p)>Na⁺Ch*) or since late third instar (*dilp2>Na⁺Ch*) inhibited strongly diapause (respectively to 8.3% ± 1.5, $p < 0.001$ and 0.4% ± 0.6, $p < 0.001$) (**Fig. 25**). Conversely, females expressing the *Ork1.ΔC* transgene since early larval stages (*dilp2(p)>K⁺Ch*) enhanced significantly diapause levels (87.8% ± 7.3, $p < 0.001$), although the flies were exposed to long days (LD16:8). None of the lines exhibited significant differences in diapause incidence between long and short days conditions, revealing that the photoperiodic perception is abolished. In addition,

dilp2>Na⁺Ch females promptly terminated dormancy just after 5 days since eclosion at both photoperiod (to 6.8% ± 2.5, $p < 0.001$ under short days and 5.3% ± 2.7, $p < 0.001$ under long days). Conversely, *dilp2(p)>K⁺Ch* females exhibited high levels of diapause at both photoperiods (to 94.8% ± 2.8, $p < 0.001$ under short days and 90.4% ± 1.0, $p < 0.001$ under long days) (**Fig. 25**). Taken together, these results reveal that the modulated release of DILP2/5 signals from MNCs orchestrates diapausing functions, leading to proper perception of environmental stimuli.

To enhance haemolymphatic levels of *dilp2/5* genes bypassing MNCs secretive control, I have induced ectopic expression of such genes in both Neurohaemal glands and imaginal fat bodies, which normally process polypeptide hormones and release them directly into haemolymph (Slaidina et al. 2009; Okamoto et al. 2009; Kim and Rulifson 2004). Once developed at 25°C, newly eclosed females were exposed to 12°C for 11 days under short days (LD8:16). As expected, ectopical enhance of *dilp2* gene dosage into adult fat bodies (*DJ634>dilp2*) induced most of the females to prevent dormancy (1.7% ± 1.3, $p < 0.001$), indicating that the amount of circulating DILP2 is below the threshold necessary to promote growth in wild type flies (**Fig. 26**). As well, overexpression of both *dilp2* (*Akh>dilp2*) or *dilp5* (*Akh>dilp5*) transgenes in *Corpora Cardiaca* cells since early larval life decreased strongly diapause incidence (3.7% ± 3.5, $p < 0.001$ and 5.9% ± 2.2, $p < 0.001$) as compared to controls (**Fig. 26**). In addition, overexpression of *dilp2* transgene (*hmgcr(11)>dilp2*) in *Corpora Allata* cells since early larval phases inhibited significantly diapause to levels of 3.7% ± 3.5 ($p < 0.001$)(**Fig. 26**). These results indicate that an haemolymphatic increase of DILP2/5 signals antagonizes strongly diapause. Yet, the modulated release and the effectiveness of *dilp2/5* misregulation might be conflicting. However, the release of DILP2/5 is not completely blocked, during diapause so that the strong increase of *dilp2/5* dosage might enhance DILP2/5 signals over the threshold for FoxO-inhibition into haemolymph at each weak pulse of release. In line, the sensitivity of IIS is not impaired in diapause-inducing environment (see *chico^{hyp}* and *InR^{hyp}* in **Fig. 17**), supporting this *scenario*. In addition, the increase of *dilp2/5* expression along development might have a synergic role in antagonizing the diapause switch in advance of its onset by reprogramming development.

Taken together, these results suggest that DILP2/5 produced in MNCs could be subjected to a specific neurosecretion control that override their transcriptional up-regulation.

9. IIS-Feedback on MNCs modulates diapause

Since IIS is active in isolated head/thorax complex of diapausing females (see section 7), I wondered if IIS-feedbacks of systemic DILPs might modulate DILP2/5 release, as reported in other contexts (Bai et al. 2012; Grönke et al. 2010; Géminard et al. 2009). A similar mechanism should reinforce a state of low circulating DILPs increasing the regulative options on DILP2/5 release, when these last decreased into haemolymph.

To test this hypothesis, I have induced the MNCs-expression of the *UAS-InR^{DN}* transgene that encodes for a Dominant Negative INR and, therefore, causes the complete loss of IIS sensitivity in MNCs (Broughton et al. 2005). If IIS-feedbacks are moderately effective, loss of IIS sensitivity

into MNCs should antagonize dormancy induction, although the females are exposed to 12°C under short days (LD8:16). As expected, both loss of INR in MNCs since early larval life (*dilp2(p)>InR^{DN}*) or since late third instar (*dilp2>InR^{DN}*) decreased significantly diapause incidence (respectively to 8.3% ± 1.0, $p < 0.001$ and 19.4% ± 2.7, $p < 0.01$) as compared to the controls (**Fig. 27**).

Since FoxO is inhibited by INR signaling, its action should also inhibit diapause. Coherently, overexpression of *FoxO* transgene in MNCs since early larval life (*dilp2(p)>FoxO*) or since late third instar (*dilp2>FoxO*) decreased significantly diapause incidence (respectively to 5.1% ± 2.5, $p < 0.001$ and 7.9% ± 1.9, $p < 0.01$) as compared to the controls (**Fig. 27**). In addition, no significant increase of expression of *dilp2/5* genes was observed in *dilp2>FoxO* line compared to control line at 12°C (*data not shown*), suggesting that *FoxO*-effects on DILP2/5 signaling might be downstream of their transcriptional control. Both *FoxO* gain and INR loss since late third instar were effective in decreasing diapause just after 5 days since eclosion (respectively to 5.3% ± 0.7, $p < 0.01$ and 7.1% ± 3.6, $p < 0.01$). Taken together, these results indicate that IIS feedback reinforces the reduction of DILP2/5 signals, when these last are limiting factors into haemolymph during diapause.

10. *dilp2/5* genes are hierarchically upstream of JH

Since diapause is induced by a failure of JH release from *Corpora Allata* (CA) cells, *dilp2/5* genes might act upstream of JH signaling in the genetic hierarchy that modulate diapause. It is reported that IIS directly controls JH in CA (Belgacem *et al.* 2009, 2006; Tatar *et al.* 2001) and IIS/JH interplay occurs along larval/pupal life to orchestrate growth and developmental transitions (Jones *et al.* 2010, Riddiford *et al.* 2010, *see also Introduction*). If *dilp2/5* genes are hierarchically upstream of JH in diapause control, reduction of IIS-sensitivity of *Corpora Allata* cells should enhance diapause incidence, although the females are exposed to 12°C under long days (LD16:8). To test this hypothesis, I have induced the MNCs-expression of *UAS-InR^{DN}* or *UAS-FoxO* transgenes in CA cells by CA-specific *Gal4* drivers. As predicted, both *FoxO* overexpression (*Aug21>FoxO* and *hmgcr(11)>FoxO*) or loss of INR (*Aug21>InR^{DN}* and *hmgcr(11)>InR^{DN}*) since early larval stages significantly enhanced diapause to levels higher than 80% (control ≈30%) (**Fig. 27**). These results support the role of *dilp2/5* genes as negative master controls in the diapause gene network, hierarchically upstream of JH signaling.

Discussion

1. *dilp2/5* genes link diapause to modifications of development

This work contributes to identify the genetic basis of diapause inducibility which transcends the pool of signals that coordinate the seasonal change of growth. What makes biologically relevant diapause phenomenon lies in its plasticity in blocking development in an inducible dormant state that can hibernate for years, without causing any developmental aberration (Saunders et al. 2002; Lee and Denlinger 1999). I found *dilp2/5* to be diapause-antagonist genes, beyond their roles in the coordination of both growth and developmental timing. In autumn, once the limitation imposed by DILP2/5 signaling is below signaling threshold, diapause signaling can induce the appearance of a dormant state and a temporally shift of the timing of development. The *dilp2/5* genes antagonize redundantly diapausing functions, and only the multiple *dilp2/5* loss elicits a strong diapause. As in the case of other genetic systems (Rohner et al. 2009; Nowak et al. 1997), genetic redundancy of *dilp2/5* confer robustness (resistance to genetic and environmental perturbations) to the modulation of diapause strength by ensuring the antagonizing *dilp2/5* functions, once genetic or environmental perturbations target one of these signals. In this scenario, *dilp2/5* genes act as back-up devices to ensure the functional regulation of essential developmental function (diapause modulation), and, on the other side, they can be recruited for pleiotropic functions along holometabolous phases. Variation of *dilp2/5* gene dosage modify both developmental timing and larval growth rate in synergism with changes in their anti-diapause functions (**Fig. 28**).

During larval development, *dilp2* is dynamically expressed earlier than *dilp5* ensuring a “climax” of IIS during the third larval instar, when the adult growth size is determined (Ikeya et al. 2002; Rulifson et al. 2002). An adaptation to the northern temperate environments might involve a reduction of *dilp2/5* signaling to elicit a strong diapause response. According to this model, the multiple or single loss of *dilp2/5* promotes diapausing functions. Yet, mild genetic modifications in *dilp2/5* signaling causes a slowdown of larval developmental time, by initially limiting *dilp2* function during both 1st and 2nd instars and, subsequently, controlling the intensity of both *dilp2* and *dilp5* signaling during the third larval instar. In this dynamism, the larval growth is not strongly impaired as for developmental timing, since *dilp1* is co-expressed with *dilp2* from the 1st instar and the “climax” of *dilp2/5* signaling persists synergistically with the increase of *dilp3* expression during the third larval instar. Both *dilp1* and *dilp3* can promote larval growth (acting at distinct times)(Grönke et al. 2010; Ikeya et al. 2002; Rulifson et al. 2002) compensating the moderate decrease of *dilp2/5* signaling. Multiple *dilp1-5*^{-/-} null mutants lose about 53% of body weight and delay development of several days; yet, the multiple *dilp1-4*^{-/-} knockouts exhibit only the 11% loss of the weight delaying development of about 25 hours, revealing that the redundancy between *dilp* genes is strongly effective in balancing *dilp*-loss effects (Grönke et al. 2010). Conversely,

developmental timing is exclusively impaired by the dynamic and simultaneous decrease of *dilp2/5* signaling, as revealed by multiple *dilp2-3,5^{-/-}* or single *dilp2^{-/-}* knockouts (Grönke et al. 2010). In line with this model, *dilp1* overexpression increases larval growth (Ikeya et al. 2002) whereas *dilp1^{-/-}* knockouts lose the 7% of body weight without reporting any developmental delay. Similarly, *dilp2^{-/-}* null mutants lose about the 11% of the weight, but they delay developmental timing of about 17 hours (Grönke et al. 2010). However, an effective knockdown of *dilp2* during the third larval instar does not impair larval growth and, in turn, the body weight (Broughton et al. 2008). Although *dilp5^{-/-}* mutants do not exhibit any developmental delay or growth defects, the multiple *dilp2-3,5^{-/-}* null mutants delay strongly developmental time (up to 17 days) and lose 40% of body weight (Grönke et al. 2010). According to such *dilp2/5* effects on larval developmental time, I have found that multiple *dilp1-5^{-/-}* or triple *dilp2-3,5^{-/-}* knockouts are strongly effective in inducing diapause, similarly to the MNCs-lacking flies.

In northern temperate habitats, the selective pressure acting on diapause (in turn, on *dilp2/5* signaling) override those positively selecting for faster development (Schmidt et al. 2005a, 2005b); yet, the *dilp2/5*-dependent delay of developmental time might physiologically synergize with diapause in advance of its onset. Coherently, long-term cold acclimated larvae delay the onset of metamorphosis enhancing the haemolymphatic levels of cryoprotecting agents. Once metamorphosed, such animals exhibit an increased cold resistance (Kostal et al. 2011). Similarly, flies adapted to northern temperate environments are more resistant to the cold and develop slower than those adapted to southern ones (Schmidt et al. 2009; 2005), resembling the lowering of *dilp2/5* signaling.

In the opposite pattern, the adaptation of southern temperate environments might involve an enhanced *dilp2/5* signaling, inducing a weak diapause in synergism with the acceleration of developmental timing. Under this scenario, genetic modifications increasing *dilp2/5* signaling advance the onset of metamorphosis but, simultaneously, increase the larval growth rate. The final result is the acceleration of development without an increase of adult weight. Accordingly, the overexpression of *dilp2* in larval MNCs advances the onset of metamorphosis of about 80 hours, without any effect on body weight (Walkiewicz and Stern 2009), while it strongly reduces the expression of diapause phenotype, similarly to the overexpression of *dilp5*.

Interestingly, *Drosophila* adapted to northern temperate environments trigger a strong diapause in relation to genetically-determined modifications of development. They are more resistant to cold and starvation stresses, they have higher egg-to-adult viability, slower aging and higher early-life fecundity, and they develop at slower rate than flies adapted to southern temperate environments (Schmidt et al. 2009; Schmidt et al. 2005). Notably, the development delays about 15 hours in “diapausing” genotypes than “non-diapausing” ones (Schmidt et al. 2005), resembling the loss of *dilp2* signaling. In sum, my work provide evidences on *dilp2/5* as genes at the molecular core of the mechanism underlying both the link between diapause and other developmental functions, and the adaptive developmental plasticity originating by the link itself. Modifications in the timing or in the levels of *dilp2/5* signaling modify development and, in turn, diapause (**Fig. 28**). It will be

of interest to determine if a sort of “hormonal memory” due to the dynamic larval experience of *dilp2/5* signaling may synergize with imaginal regulation of such signaling in eliciting diapause.

2. Evolution of alternative diapause trajectory by genetic accommodation: the cardinal role of dilp2/5 signaling

Mary-Jane West-Eberhard (West-Eberhard 2003), an evolutionary biologist at the University of Costa Rica, inquired a stimulating and fundamental question on the appearance of alternative development: “*How does a novel, environmentally sensitive trait originate?*” My work reveals that the effects of genetic modifications in *dilp2/5* signaling are masked until the environmental triggers reveal them to produce the alternative diapause development. The regulatory mechanism of *dilp2/5* signaling may underlie the evolution of diapause by genetic accommodation, similarly to other genetic systems (Rajakumar et al. 2012; Suzuki and Nijhout 2008; Moczek 2007; Suzuki and Nijhout 2006; Nijhout 2003; West-Eberhard 2003; Abouheif and Wray 2002; Wheeler and Nijhout 1983).

Once the developmental system is genetically sensitized by changes in *dilp2/5* signaling regulatory pathway, the developmental plasticity (diapause polyphenism) remains latent and it is triggered only when the animal encounters the transient environmental perturbation. Without the “sensitizing genetic modifications” on *dilp2/5* signaling, the developmental system buffers the effects of environmental perturbations avoiding the appearance of alternative diapause trajectory by maintaining high levels of *dilp2/5* signals (**Fig. 28**). In line with this model, *dilp2/5*-gained flies fail to enter diapause once exposed to the environmental perturbation by buffering the perturbing effects. Conversely, the developmental system fails to buffer the effects of perturbations when the sensitizing mutations in *dilp2/5* signaling regulatory pathway shift the levels of these hormones. This phenomenon thrusts the developmental system over the phenotypic threshold when the environmental perturbation occurs. Coherently, *dilp2-3,5^{-/-}* and *dilp1-5^{-/-}* knockouts or any decrease of IIS-sensitivity (*chico^{hyp}* and *InR^{hyp}*) elicit a strong diapause response. Moreover, the multiple *dilp1-5^{-/-}* knockouts exhibit an extremely enhanced sensitivity in inducing the alternative diapause trajectory once exposed to environmental perturbation, since they strongly trigger this inducible response under weak perturbing conditions (as spring-like temperatures). In these mutants, the developmental system is shifted close to the threshold of inducibility.

Many signaling traits make *dilp2/5* as genes exploitable in improving developmental plasticity and the inducibility of alternative diapause trajectory: the developmental dynamism in their regulation, their pleiotropy, and their redundancy with other DILPs. Sensitizing genetic modifications shifting the levels, or the timing, of *dilp2/5* signaling modify as well diapause-linked developmental functions. Hence, the plasticity in eliciting diapause trajectory is genetically integrated with plasticity of other developmental functions that can adaptively synergize with the inducible diapause. This phenomenon is a sort of antagonistic pleiotropy and it might genetically stabilize the link between developmental traits and maintain diapause trajectory as inducible

“polyphenism”. In this model, *dilp2/5* genes set a global adaptive plasticity by holistically molding all developmental processes for the inducibility of diapause.

Diapause might quickly evolve by sensitizing the developmental system to environmental perturbation, upon genetic changes in *dilp2/5* signaling. Inducible diapause arises by modulating *dilp2/5* signaling gradient as a sort of “signaling gate” for FoxO-dependent switches of development, sensitizing the developmental system and, eventually, leading to qualitative switches into diapause trajectory. This functional control underlies the inducibility of diapause, its multiple independent evolution (Danks in 2006) and its diversity in hormonal control (Saunders et al. 2002).

The *dilp2/5*-dependent link of developmental functions is pivotal in facilitating the origin of novel and inducible alternative diapause trajectory by capturing both cryptic and non-cryptic genetic variation of linked developmental processes. Coherently, the variability in diapause response reflects the variance in the expression of linked developmental traits (Schmidt and Paaby 2009; Schmidt et al. 2005a, 2005b), revealing that diapause captures the genetic variability of the other traits by maintaining the linkage between developmental traits themselves. In addition, the genetic variance for diapause phenotype is associated with the third chromosome (Schmidt et al. 2005a, 2005b), in which *dilp2/5* genes are clustered. Hence, *dilp2/5* genes act as capacitors for the cryptic genetic variation underlying the evolution of alternative diapause trajectory by genetic accommodation, similarly to the role of IIS in other developmental systems (Emlen et al. 2012; Snell-Rood and Moczek 2012). Since IIS signaling cascade is differentially modulated in polyphenic morphs, it is thought to be the main source of developmental plasticity in many developmental systems such as in caste forms of paper wasps (Toth et al. 2007), sexual morphs in horned beetle (Emlen et al. 2012; Snell-Rood and Moczek 2012; Emlen et al. 2006), diapausing migrant morphs of monarch butterfly (Zhan et al. 2011), nurse castes of honey bees (Amen et al. 2008; de Azevedo et al. 2008). In the horned beetles, *Trypoxylus dichotomus* and *Ontophagus nigriventris*, IIS links diverse developmental processes and facilitates the imaginal sneaker-fighter polyphenism by capturing the cryptic genetic variability of linked larval traits (Emlen et al. 2012; Snell-Rood and Moczek 2012).

Inducible polyphenisms occur by changing either the timing of hormone secretion, the timing of hormone sensitivity or the timing of a hormone sensitive period upon exposure to transiently perturbing environments. The coincidence of hormone levels and the timing of hormone sensitivity lead to the appearance of the accommodated alternative phenotypes (Nijhout 2003). During larval or pupal phases, sensitizing mutations altering the timing, or the levels, of developmental hormones can alter the course of following development by shifting, or sensitizing, the hormonally sensitive period of a diapause-linked trait, improving the genetic accommodation of this last. Such phenomenon might underlie the evolution of diapause-linked traits under control of *dilp2/5* genes in fruit fly and, more in general, the diapause-bound polyphenism occurring in other insect species under regulation of other developmental hormones (*Orgyia thyellina*, *Araschnia levana*, *Papilio xuthus*, see *introduction*). Functionally, diapause trajectory might modify the

hormone levels, the threshold or the hormone sensitive period of other developmental networks sensitizing the genetic system for the appearance of diapause-linked polyphenisms. Also, this functional mechanism support the hypothesis for which the genetic modifications in developmental hormone signaling accelerate the evolution of developmental trajectories (Pfennig et al. 2010; Heyland et al. 2004).

To quote Nijhout (2003) in its excellent review on polyphenism: “*The origin of polyphenisms can be understood in developmental terms as being due to the origin or loss of a coincidence between a peak of hormone secretion and a hormone-sensitive period. Variation in the timing of hormone secretion or receptor expression (or the threshold of hormone sensitivity) could produce an occasional partial or full mismatch, which results in new phenotypes. Genetic stabilization of the mismatch in response to some environmental signals (but not others) could then fix the polyphenism. Evolutionary adaptation of alternative morphs of a polyphenism is most likely facilitated by the fact that hormone-sensitive periods are time and tissue specific, so that developmental regulation is effectively compartmentalized in both time and space*”.

Mechanisms underlying the adaptive alternative diapause trajectory might extremely enhance the environmental sensitivity of other developmental modules and accelerate the evolution of multiple polyphenic traits upon exposure to the same, or temporally different, environmental perturbations. Although this conjecture is coherent with the appearance of many discrete polyphenism regulated by diapause trajectory (Hunt et al. 2007, see also *introduction*), it will be of interest to perform both evolutionary and functional genetic studies on organisms exhibiting multiple polyphenic traits linked to diapause, in order to confirm such hypothesis.

3. Recycling dilp2/5 signaling in evolution of diapause?

Diapause is a novelty in *D. melanogaster* evolution, as adaptive response to northern temperate environments (Schmidt et al. 2005a, 2005b). The original old-tropical habitats are seasonally homogeneous in terms of food availability and temperature cycles. In fact, animals adapted to such environments don't express diapause (Schmidt et al. 2005a, 2005b). How *dilp2/5* signaling originated an evolutionary novelty? *dilp2/5* signaling might be evolutionary co-opted from a pre-existing regulatory mechanism during the evolution of alternative diapause trajectory. Below the delayed development, diapause is strictly linked to an enhanced starvation resistance. Indeed, animals adapted to northern temperate habitats exhibit high starvation resistance and delayed developmental time (Schmidt and Paaby 2008; Schmidt et al. 2005a, 2005b). Notably, fruit flies selected for a faster developmental time are less resistant to starvation and longer lived than “non-selected” ones (Burke et al. 2010; Chippendale et al. 1996), suggesting a functional or molecular link between such functions. DILP2/5 signaling have to fail in eliciting starvation resistance (for a review, Teleman 2010) and they might have been evolutionary recruited as diapause antagonists from such pre-existing function. Starvation blocks larval growth and strongly suppresses *dilp5* gene transcription (Ikeya et al. 2002) although *dilp2* transcript, which contribute approximately to 80% of *dilp* genes levels in MNCs (Buch et al. 2008), remains unchanged (Ikeya

et al. 2002), revealing the existence of additional controls. Indeed, the release of both DILP2 and DILP5 from MNCs is strongly reduced upon nutritional deprivation, in order to limit larval growth and slowdown developmental time (Géminard et al. 2009). Upon nutritional deprivation, a forced MNCs release of DILP2 or an excessive ectopic increase of DILP2 signaling in larvae causes a 50% and 100% reduction in adult emergence, respectively (Géminard et al. 2009; Honegger et al. 2008). Additionally, the MNCs ablation in late third instar larvae increased starvation resistance in the adult stage (Broughton et al. 2008), supporting the predisposition of *dilp2/5* signaling to be evolutionary co-opted in antagonizing diapausing functions. Coherently, I have found that such larvae develop into adults triggering a strong diapause response, resembling the link between starvation and diapause observed in nature. Likewise starvation, *dilp2/5* signaling have to fail under a threshold (via their neurosecretion control) to allow a full induction of diapausing functions.

4. Neurosecretion control in inducing alternative development

Surprisingly, I discovered that diapause leads to the up-regulation of *dilp2/5* genes. This phenomenon occurs also in flies in which Germ Cells (GCs) are genetically removed. Yet, these flies exhibit traits of IIS-impedance such as the up-regulation of both FoxO-target genes and *Imp-L2* (Imaginal morphogenesis protein-Late 2). The latter encodes for an Insulin/IGF Binding Protein (IGFBP) that specifically modulates the biological activity of DILP2 and DILP5 into the haemolymph (Alic et al. 2011; Flatt et al. 2008; Honegger et al. 2008). Similarly, transgenic flies carrying an extra-dosage of *Imp-L2* exhibit typical traits of the loss of *dilp2/5* signaling along all larval phases (strong reduction of both proportional growth and fecundity, enhanced storage lipids, increased stress resistance and slowed down aging), although *dilp2/5* genes are strongly up-regulated in MNCs (Alic et al. 2011). However, *Imp-L2* is downregulated in the triple *dilp2-3,5^{-/-}* null mutants (Grönke et al. 2010), suggesting that *Imp-L2* is causally recruited to antagonize *dilp2/5* signaling, independently on IIS system, in GCs-lacking flies. In synergism with the reduction of DILP2/5 release, *Imp-L2* might also limit the circulating DILP2/5 and, in turn, reduce the IIS-antagonism of diapause. Interestingly, MNCs-produced DILP2/5 can undergo release-modulation, which overrides their transcriptional up-regulation. Upon nutritional deprivation, the control of DILP2/5 release plays a key role in modulating the haemolymphatic levels of IIS in larvae, under remote control of positive messenger by the larval fat body (Géminard et al. 2009). In such conditions, *Imp-L2^{-/-}* knockout larvae fail to survive (Honegger et al. 2008), revealing that an haemolymphatic control is coupled to the neurosecretion control of DILP2/5. In addition, blocking neurosecretion in larval MNCs causes growth and metabolic aberrations, such as a proportional reduction of both size and body weight (about 40% loss) due to the slowing down of larval growth rate (Géminard et al. 2009). Likewise other physiological responses (Bai et al. 2012; Géminard et al. 2009), I discover the release of DILP2/5 signals to be negatively modulated (but not blocked) in response to autumn-like temperatures during diapause induction, abolishing the

anti-diapause switch mediated by such signaling. Decreasing MNCs neurosecretion causes the induction of a strong diapause whereas increasing DILP2/5 release inhibits diapause, revealing that the brain MNCs have the peculiar ability to couple neurosecretion with environmental stimuli triggering diapause. Thus, modifications of hormone secretion yield shift in the timing of hormone signaling and, in turn, set the appearance of both diapause and polyphenism. Similar mechanisms are widespread among holometabolous insects, such as *Araschnia levana*, *Papilio xuthus*, *Orgyia thyellina* and many others that trigger diapause (Saunders et al. 2002, see introduction). Independently by the hormonal system involved, the functional and evolutionary mechanism underlying the control of alternative developmental trajectory seems to act in the same way.

Some evidences support the reduction under a signaling threshold of DILP2/5 via a modulation of neurosecretion rather than a complete blockage, in the fruit fly. First, negative modulation of DILP2/5 neurosecretion is still effective. Second, misregulations of *dilp2/5* dosage modulate strongly diapause. Finally, the sensitivity to IIS is not affected during diapause as revealed by the up-regulation of *InR* gene and the effectiveness of the loss of IIS-sensitivity (*chico^{hyp}* and *InR^{hyp}* mutants) in inducing diapause, suggesting that DILP2/5 are still present, but reduced under a signaling threshold. Upon failure of DILP2/5 release, diapausing functions modify simultaneously the spatial pattern of the anti-IIS action of FoxO, dependent on the signaling of the other DILPs. Since the activation of INR is required for gonadic maturation (LaFever and Drummond-Barbosa 2005; Tatar et al. 2001) and its CA-targeted loss induces diapause, DILP2/5 might specifically signal in such organs once released into haemolymph. These findings are coherent with previous reports on FoxO role in controlling organ-specific changes (Antonova et al 2012; Hawangbo et al. 2004; Kramer et al. 2003; Puig et al. 2003; Brogiolo et al. 2001; Bohni et al. 1999) and in eliciting the development of polymorphic traits in other developmental systems (Snell-Rood and Moczek 2012).

Since *dilp2/5* are controlled by different enhancers (Ikeya et al. 2002), DILP2/5 might be independently released during diapause induction, improving the regulative responsiveness to developmental (endogenous) and environmental (exogenous) stimuli. Additionally, Imp-L2 might enforce DILP2/5 modulation by controlling the haemolymphatic levels of such signals. In this scenario, DILP2/5 signaling are at the core of the mechanism in which time signaling (seasonal changes of photoperiod and temperature) are transduced in alternative developmental pathways by improving the plasticity of the system. DILP2/5 release is reactivated upon perception of “spring-like” temperature, leading to resume post-diapause development. The multiple loss of *dilp2/5* genes causes the failure of such recovery, revealing that the absence of these signals robustly ensures a reversable state of “permanent diapause-like”, which resembles the hormonal misregulation of some other types of diapause (i.e. pupal diapause) in many insect species (see introduction). Yet, the effectiveness of the multiple *dilp2/5* loss is dispensable at warm temperatures (summer-like), revealing that *dilp2/5* functions become limiting in coldness. A further understanding of the genetic basis of such phenomenon might be crucial for inducing a dormant-like state in non-diapause-inducing conditions.

5. Further directions: IGF signaling as putative target of diapause bioengineering

The understanding of the evolutionary and developmentally mechanisms underlying diapause inducibility might trace the basis for the genetic bioengineering of dormancy. Since diapause is a polyphenism, it is fundamental to know the temporal and genetic dynamics of genes that override the developmental switches. Moreover, the evolutionary trajectories of diapause might uncover the gene networks underlying the latent potential of diapause appearance, its evolutionary loss or its non-inducibility, in order to identify the developmental barriers which makes diapause inducible in a species and not in another. Such barriers have to fail, or to be modulated, to induce diapause in non-diapausing organisms.

Pioneer efforts in the bioengineering of diapause have been carried out in *Drosophila*. The 3rd instar larvae do not trigger diapause and they strongly slow down development until the initiation of a quiescent state (passively-induced dormancy). Quiescent larvae do not survive after being exposed to freezing. Similarly, non-quiescent larvae increased in their cryoprotecting potential (by enhancing the levels of the free L-proline) fail to hibernate and die upon freezing. Yet, quiescent larvae can hibernate by freezing if their cryoprotecting potential is improved. Upon thawing, such larvae develop and metamorphose normally, revealing that the block of development is crucial in making effective the enhanced cryoprotecting potential. Since *dilp2/5* genes control imaginal diapause and larval growth, their loss might be the signals required to induce a quiescent-like state in the larvae. It will be of interest to hibernate such *dilp2-3,5*^{-/-} null mutants, once their cryoprotecting potential is increased.

Diapause also occurs in lower Vertebrates, such as in killifish embryos which arrest development and enhance extremely the hypoxic resistance by triggering diapause (*see introduction*) (Podbrasky et al. 2007). Such phenomenon might be arisen from modifications of developmental hormones that modulate developmental time and sensitize the genetic system to environmental perturbations. The evolutionary conserved IGF signaling pathway might be the putative target to uncover a latent potential of diapause inducibility in fishes. Zebrafish lacks of any form of diapause; yet, zebrafish embryos slow down, or arrest, embryonic growth and development, and delay the onset of organogenesis upon exposure to chronic hypoxia. Hypoxia represses IGF1 by increasing the levels of IGFBP1 (IGF-Binding-Protein-1) that, in turn, impedes IGF1 to signal. Such timed inhibition does not provoke patterning abnormalities or growth defects, since it only delays the timing of development. Re-oxygenation after hypoxia accelerates developmental and growth rates upon resumption of IGF1 signaling, a compensatory phenomenon known as “catch-up growth” (or “compensatory growth”) (Kamei et al. 2010). This regulatory pathway resembles diapause II and the resulting anoxia/hypoxia resistance of killifish embryos (Podbrasky et al. 2007, *see introduction*). Despite the *igfr1*-deficient zebrafish embryos (although such embryos do not exhibit patterning defects they are dwarf, developmental delayed, and they do not advance beyond a developmental stage corresponding to 18hpf in a wild type ones) (Schlueter et al.

2007), the transient and timed loss of IGF signaling confers an enhanced degree of developmental plasticity. Such phenomenon suggests that the hypoxia gene network might underlies a latent and hidden “IGFs-based mechanism” of developmental plasticity which might be evolutionarily exploitable for diapause inducibility in specific developmental stages (evolutionary cooption). The targeting of putative modifier genes in IGF-signaling in both zebrafish (non-inducible diapause) and killifish (inducible diapause) will be crucial to identify the differential gene networks underlying such developmental systems.

Materials and Methods

1. *Drosophila* strains

All *Drosophila* stocks and crosses were maintained at 22°C under 12 hrs light/dark cycles (LD) on the standard cornmeal food (50 g/l inactivated yeast powder, 8.5 g/l agar, 72 g/l corn flour, 79.3 g/l sucrose, 13.5 ml/l Tego in 75% ETOH). Flies were reared inside atoxic fly-culture tubes.

1.1 Mutants used in this study

The w^{1118} line, which is usually used as control, carries a mutation causing the loss of eye pigmentation. This mutation might compromise the photoperiodic perception and, in turn, diapause phenotype. Thus, transgenic w^{1118} lines carrying two independent P-elements in heterozygosis (generic genotype $w^{1118};P\text{-element}/+;P\text{-element}/+$) were used as control for the knockouts (except for $dilp6^{-/-}$ and $dilp1-5^{-/-}$ lines) and the hypomorphic mutants. Likewise mutants, the control lines carry a *white* transgene that rescues w^{1118} mutation. Two w^{1118} lines, carrying different alleles of *timeless* gene, were used to generate the heterozygous P-element controls according to the *timeless* genotype of both mutants and GAL4/UAS lines. One w^{1118} line carries the *s-tim* allele ($y^+w^{1118};s\text{-tim}$) whereas the other one carries the *ls-tim* variant ($y^+w^{1118};ls\text{-tim}$) (see below, ARMS PCR). The $w^{1118};s\text{-tim}$ line was a gift from Dr. Charlotte Helfrich-Förster (University of Regensburg, Germany). The $y^1,w^{67c23};+;P\{EPgy2\}InR^{EY00681}$ line (designated as InR^{hyp} for homozygote), in which a P-element (≈ 10 kb) was inserted to disrupt the *InR* gene (FlyBASE; Bellen et al. 2004), was obtained from Bloomington Drosophila Stock Center (#15306). The $y^1,w^{1118};pdf\text{-Gal4}/+$ line was designated as $Co\text{-}InR^{hyp}$ and used as controls for the $P\{EPgy2\}InR^{EY00681}$ line. As well, the $y^{1/+},w^{1118};UAS\text{-}hid,UAS\text{-}rpr/+$ line (designated as $+>hid,rpr$) was used as control for the $P\{EPgy2\}InR^{EY00681}$ line. The $y^1,w^{67c23};P\{SUPor\text{-}P\}Chico^{KG00032}$ line (designated as $chico^{hyp}$ for the homozygote), in which a P-element (≈ 11 kb) was inserted to disrupt the *chico* gene (FlyBASE; Song et al. 2010; Bellen et al. 2004), was obtained from Bloomington Drosophila Stock Center (#14337). The mRNA abundance was reduced by 60% in homozygous $chico^{hyp}$ mutants (Song et al. 2010). The $y^{1/+},w^{1118};UAS\text{-}sNPF/+;UAS\text{-}sNPF/+$ line (designated as $Co\text{-}chico^{hyp}$) was used as controls for the $P\{SUPor\text{-}P\}Chico^{KG00032}$ line. The $Df[dilp1-5]$ line (designated as $dilp1-5^{-/-}$ for homozygote) carries a deletion of approximately of

60.5kb that cause the complete loss of *dilp1to5* genes. *Df[dilp1-5]* line was a gift from Dr. Leslie Pick (University of Maryland). The $w^{1118};s\text{-}tim$ line (designated as w^{1118}) was used as control for *Df[dilp1-5]* line, since this last exhibited white eyes.

The $w^{1118};+;Df[dilp2-3],dilp5^4$ (designated as $dilp2-3,5^{-/-}$ for homozygote), and the $w^{1118};+;dilp5^1$ (designated as $dilp5^{-/-}$ for homozygote), and the $w^{1118};+;dilp2^1$ (designated as $dilp2^{-/-}$ for homozygote), and the $w^{1118};+;dilp3^1$ (designated as $dilp3^{-/-}$ for homozygote) lines were generated by ends out homologous recombination (Gronke et al. 2010). These mutations cause the complete loss of *dilp* genes and they were specific for the targeted *dilp* genes (Gronke et al. 2010). These lines were obtained from Bloomington Drosophila Stock Center (#30890, #30884, #30881, #30882 respectively). The $dilp2-3^{-/-}$ line, which completely lacks of *dilp2/3* genes, was generated by ends out homologous recombination (Gronke et al. 2010) and it was a gift from Dr. Linda Partridge (University College London). The $w^{1118};s\text{-}tim$ (designated as w^{1118}), and $w^{1118};dilp2\text{-}Gal4/+$ (designated as $dilp2>+$), and the $w^{1118};dilp2(\rho)\text{-}Gal4/+$ (designated as $dilp2(\rho)>+$) lines were used as controls for $w^{1118};+;Df[dilp2-3],dilp5^4$ line. The $y^{1/+},w^{1118};UAS\text{-}snPF/+;UAS\text{-}snPF/+$ line (designated also as *Co-null*) was used as controls for the $w^{1118};+;dilp5^1$, and $w^{1118};+;dilp3^1$, and $w^{1118};+;dilp2^1$, and the $dilp2-3^{-/-}$ lines. The $dilp6^{3932}$ and $dilp6^{4591}$ lines were generated by a imprecise excision of a P-element insertion. The $dilp6^{3932}$ is a null mutation with 9.5kb deletion downstream of the insertion site that delete the whole *dilp6* locus. The $dilp6^{4591}$ is a strong hypomorphic mutation with 2.3kb deletion downstream of the insertion site that removes the entire *dilp6* 5' untranslated region. The *dilp6* mRNA was reduced to 7% in $dilp6^{4591}$ mutants (Okamoto et al. 2009). The $dilp6^{4941}$ is a P-element precise excision line used as genotypically matched control (Okamoto et al. 2009).

1.2 The GAL4/UAS binary system and the RNA interference (RNAi)

In this study, I have used the yeast-derived binary GAL4/UAS system to induce the conditional expression of target transgenes. The *driver-Gal4* transgene is composed by the yeast *Gal4* gene (encoding for GAL4 transcriptional activator) fused with the promoter of a specific gene (driver) that controls both temporal and spatial patterns of expression of *Gal4* gene. The *UAS-target* transgene is composed by the yeast Upstream Activator Sequence (UAS) fused with the *target* transgene. Once *Gal4* gene is expressed, GAL4 binds UAS to activate the transcription of the *target* transgene. Thanks to the GAL4/UAS system, it is possible to increase the dosage of a target gene (overexpression), induce RNA interference (RNAi) for silencing a target gene, express pro-apoptotic genes to cause the genetic ablation of specific subset of cells, express the dominant negative form of a target protein, or express the constitutively active form of a specific protein (**Fig. 16**) (Brand and Perrimon 1993; Ma and Ptashne 1987).

In this study, I have used *RNA interference* (RNAi) to knock down the expression of target genes by using *UAS-target-RNAi* line. The dsRNA is degraded upon an ATP-dependent enzymatic cut operated by Dicer that produces short 21-23bp RNA oligonucleotide defined as siRNA (*short interfering RNAs*). Hence, siRNAs bind the complement target mRNAs inducing their degradation

into the RISC complex (*RNA-induced silencing complex*) and silencing the expression of the target gene (Carthew 2001).

1.3 The GAL4/UAS lines used in this study

The *dilp2-Gal4* driver (designated as *dilp2>*) was a gift of Dr. Linda Partridge (University College London). The expression of *dilp2-gal4* driver is determined by a fragment of the *dilp2* promoter which expresses *Gal4* exclusively in MNCs since the late third larval instar (Ikeya *et al.* 2002; Broughton *et al.* 2005). The *dilp2(p)-Gal4* driver was a gift of Dr. Dr. Eric J. Rulifson (Stanford University, HHMI). The expression of *dilp2(p)-Gal4* driver is determined by a fragment of the *dilp2* promoter which expresses exclusively in MNCs since the early larval phases (Rulifson *et al.* 2002). The $w^{1118};P\{GawB\}dimm^{929}crc^{929}$ line (designated as *c929-Gal4*) was a gift of Dr. Michael B. O'Connor (university of Minnesota, HHMI). The P-element *c929-Gal4* ($w^{1118};P\{GawB\}dimm^{929}crc^{929}$) is inserted within the gene *cryptocephal* and lies \approx 13kb upstream of *dimm* gene (Hewes *et al.* 2003). The $P\{GawB\}dimm^{929}crc^{929}$ line expresses *Gal4* following the expression pattern of *dimm* gene (Park *et al.* 2008) and it expresses in many peptidergic cells of larval and adult brain (Hewes *et al.* 2003, 2006; Park *et al.* 2008). The *InsP3-Gal4* line (designated as *dilp3-Gal4* (*dilp3>*)) was a gift of Dr. Michael J. Pankratz (University of Bonn). The expression of *dilp3-Gal4* driver is under control of a fragment of *dilp3* promoter to specifically express in MNCs (Buch *et al.* 2008). The $y^1,w^{1118};+;P\{Akh-gal4.L\}$ line (designated as *Akh>*) expresses *GAL4* in the AKH-producing cells of *Corpora Cardiac*a since early larval stages, following the temporal profile of *Akh* expression (Lee and Park 2004). The $P\{Akh-gal4.L\}$ line was obtained by Bloomington Drosophila Stock Center (#25684).

Both $w^{1118};p[hmgcr(DI-3)-Gal4]$ (designated as *hmgcr(11)>*) and $w^{1118};+;p[hmgcr(DI-11)-Gal4]$ (designated as *hmgcr(11)>*) lines were a gift of Dr. Jean-René Martin (Centre National de la Recherche Scientifique (CNRS), Gif-sur-Yvette). Both lines contain E-boxes and and SRE (Sterol Responding Element Binding Protein) and they were constructed by selecting the two putative mRNA promoter of endogenous *hmgcr* gene, respectively a sequence of 3.8kb upstream to the first exon (non-coding) initiation site and a sequence of 10.8kb upstream to second exon (non-coding). These lines correspond respectively to *hmgcr RNA_A* and *RNA_B* promoters (Belgacem and Martin 2007). Both lines drive *Gal4* within the endogenous *hmgcr* expression pattern. Both such lines drive *Gal4* expression in the *Corpora Allata* (CA) cells (Belgacem and Martin 2007; Jones *et al.* 2010). The $p[hmgcr(DI-3)-Gal4]$ line follows partially and temporally the expression of endogenous *hmgcr*, while $p[hmgcr(DI-11)-Gal4]$ expresses *Gal4* specifically in the CA. The $w^{1118};+;p\{GawB\}Lk6^{DJ634}$ line (designated as *DJ634>*) was a gift of Dr. Mauro Zordan (University of Padova), previously obtained from Bloomington Drosophila Stock Center (#8614). The $w^{1118};+;p\{GawB\}Lk6^{DJ634}$ line expresses *Gal4* specifically in the adult fat bodies (Kapahi *et al.* 2004; Serude *et al.* 2002). The *UAS-dilp2* and *UAS-dilp5* were a gift of Dr. Ernst Hafen (University of Zürich) and they were generated by inserting the PCR-amplified genomic DNA encompassing the coding regions of each of *dilp* genes in the pUAST vector (Ikeya *et al.* 2002). The

$y^1, w^{1118}; P\{UAS-FoxO.P\}2$ line (designated as *UAS-FoxO (>FoxO)*) was obtained from Bloomington Drosophila Stock Center (#9575) and it expresses a wild type *FoxO* under UAS control (FlyBASE, Mattila *et al.* 2009; Puig *et al.* 2003, 2005). The $y^1, w^{1118}; +; P\{UAS-InR.K1409A\}3$ line (designated as *UAS-InR^{DN} (>InR^{DN})*) was obtained from Bloomington Drosophila Stock Center (#8253) and it expresses a dominant negative *InR* under the control of UAS (Tang *et al.* 2011; Demontis and Perrimon 2009). The $w^{1118}; UAS-dilp5-RNAi$ was obtained from Vienna Drosophila RNAi Center (VDRC, v49520). This transformant is effective in the silencing of *dilp5* gene (Söderberg *et al.* 2012, 2011) and it has not recorded off-targets. Both *UAS-dilp2-RNAi-A* (designated as *UAS-dilp2-RNAi*) and *UAS-dilp2-RNAi-B* RNAi lines were a gift of Dr. Linda Partridge (University College London). Relative *dilp2* transcript levels in adult female heads were decreased by approximately 80% of control levels in both *dilp2-Gal4/UAS-dilp2-RNAi* and *dilp2-Gal4/UAS-dilp2-RNAi-B* genotypes. These RNAi transformants do not generate off-targets (Broughton *et al.* 2008).

2. Diapause assay

First instar larvae were reared on the standard cornmeal food at 22°C under LD12:12 until pupal hatching. Newly-eclosed adults (females and males together) were collected in “fly-culture” tubes (about 60 flies for each vial) within 5 hours since eclosion (at 22°C, LD12:12). Immediately, samples were exposed to diapausing temperature of 12°C at two different photoperiodic conditions, depending on the experiments: 12°C under LD8:16 (short days, to enhance diapause incidence) or 12°C under LD16:8 (long days, to decrease diapause levels). After 11 days or 5 days, females were anesthetized, killed in ETOH 70% and immediately analyzed in PBS. The dissection of each gonad was performed at 40X zoom with a LeicaMZ6 stereomicroscope. Diapause was scored on the basis of the developmental state of both gonads, according to Saunders *et al.* (1989, 1990): each female was scored as “diapausing” in complete absence of vitellogenic oocytes (late stage 8/early stage 9) in its gonads. Diapause levels were presented as the proportion of diapausing females (diapause incidence). For the experiments of “*temperature shifting*”, newly eclosed flies were exposed to 12°C at LD16:8 for 11 days and then shifted to 12°C, or 15°C, or 19°C or 22°C at LD16:8 for 5 days. Diapause was scored at the end of these additional 5 days. All data were transformed in *arcsin* value, prior to be statistically analyzed. One way ANOVA and Student t-test were performed using R statistical software version 2.15.1 (2012-06-22). Images of ovaries isolated from “non-diapausing” female, qualitatively showing an average growth of “non-diapausing” proportion of the strain, were shown. Images were taken at 40X zoom with a LeicaMZ6 stereomicroscope. Bar on top of images represents 0.2 millimeter.

3. Extraction of genomic DNA for the ARMS PCR

I have extracted genomic DNA from single adult males. A total of 10 males were sampled and analyzed in the following ARMS PCR. Samples were collected and stored at -20°C until processing. For each fly, it was added 50 microL of Solution A (Tris HCl pH 8.2 10mM, EDTA 2mM, NaCl 25mM). After homogenizing, it was added 1 microL of Proteinase K (10 mg/mL) to

each sample. Samples were incubated in thermal cycler at 37°C for 45 min and, then immediately placed to 100°C for 3 min. Samples were centrifuged 3 min at maximal speed. The supernatant was stored at -20°C until processing.

4. ARMS (Amplification Refractory Mutation System) PCR

This method was used to genotype the *Drosophila* lines for two alleles at the *timeless* locus, which slightly affect diapause response. The *timeless* gene has two allelic variants, *Is-tim* (long/short-timeless) and *s-tim* (short-timeless). In the *Is-tim* variant, an upstream initiating methionine codon and a second ATG 23 codons downstream generate both full-length L-TIM₁₄₂₁ and truncated S-TIM₁₃₉₈ proteins. The *s-tim* allele generates the only S-TIM₁₃₉₈ protein from the downstream ATG, since a deletion of the G nucleotide at position 294 interrupts the upstream reading frame with a stop codon (Sandrelli *et al.* 2007; Tauber *et al.* 2007). ARMS PCR was performed according to Tauber *et al.* (2007). Females homozygous for *Is-tim* variant enhance diapause at levels moderately higher than *s-tim* homozygous flies (Tauber *et al.* 2007). Hence, I have genotyped all of the strains used in this PhD project in order to genetically uniform all the experimental lines with their respective controls for the *timeless* genotype. Genomic DNA was extracted from ten males for each strain that were independently analyzed in ARMS PCR. Two different PCR reactions were performed by using different combinations of allele-specific oligonucleotide primers. In this way, it was possible to amplify the *timeless* region that contain the polymorphic site. The following “forward” primers were used:

GA: 5'-TGG AATAATCAGAACTTTGA-3' (specific for *Is-tim* allele)

AT: 5'-TGG AATAATCAGAACTTTAT-3' (specific for *s-tim* allele)

Each of these “forward” primers were coupled to the single “reverse” primer:

TIM-3': 5'-AGATTCCACAAGATCGTGTT-3'

The product size was 689bp. Another *timeless* region was also amplified together with one described above, as internal control of reaction efficiency. To achieve this aim, the following primers were used:

C5: 5'-CATTCAATCCAAGCAGTATC-3'

C3: 5'-TATTCATGAACTTGTGAATC-3'

The product size was 488bp. Each “reaction mix” (20 microL of total volume) had the following composition:

- 0.5 microL dNTPs (1.25mM each)
- 1 microL “forward” primer allele-specific (GA or AT)(10mM)
- 1 microL “reverse” primer TIM-3' (10mM)
- 1 microL “forward” primer C5 (10mM)
- 1 microL “reverse” primer C3 (10mM)
- 2 microL Genomic DNA (sample)

- 9.1 microL milliQ water
- 0.4 microL Promega GoTaq Polimerase (Promega) (5 units/microL)
- 4 microL 5X GoTaq Buffer (Promega)

Samples were incubated in the Thermal Cycler under the following program:

- step 1: 95°C for 2 min
- step 2: 95°C for 2 min
- step 3: 52°C for 1 min
- step 4: 72°C for 45 sec
- step 5: 30 cycles from step 2 to 4
- step 6: 72°C for 10 min
- step 7: 4°C for ∞

Reaction products were analyzed in 1,5% agarose gel of electrophoresis to determine the genotype of each samples.

5. Luciferase Assay

FoxO proteins activate transcription by binding to a *FoxO response element (FRE)* (Puig *et al.* 2003). The *FoxO-Luciferase* transgenic line contains a firefly *luciferase* reporter gene under the control of 8 consecutive *FREs (FRE-Luc)* (Tang *et al.* 2011; Kramer *et al.* 2008) inserted on the 2nd chromosome. *FRE-Luc* strain was provided by Brian Staveley. *FRE-Luc* larvae were reared at 25°C under LD12:12 until eclosion in non limiting conditions of food. Then, adults were collected within 5 hours since eclosion and they were subjected to 12°C under LD8:16 or 25°C under LD8:16. After 11 days, flies were frozen at -80°C until processing.

Luciferase assay was performed using the Luciferase Assay System (Firefly Luciferase) provided by Promega. Females were dissected in dry ice to isolate abdomen and head/thorax complexes and frozen at -80°C until processing. Protein extractions were performed according to the Promega Luciferase Assay system manual and adapted to the protocol of Kramer *et al.* 2008. Frozen samples were thawed in the following volumes of Promega cell culture lysis reagent (Lysis Buffer) and ground with a pestle:

- *Full body*: 200 microL of Lysis Buffer for 20 females for each sample (for 11 independent biological replicates);
- *Head/thorax complex*: 280 microL of Lysis Buffer for 40 head/thorax complexes for each sample (for 9 independent biological replicates);
- *Abdomen*: 150 microL of Lysis Buffer for 40 abdomen for each sample (for 15 independent biological replicates).

Samples were frozen in liquid nitrogen and thawed in a 37°C water bath 3 times and then centrifuged to remove debris. This process was repeated and the two resulting supernatants were combined and stored at -70°C. Luciferase activity of adult protein extracts was measured using a Luminometer microplate scintillation and counter provided by Berthold Technologies. 100

microlitres of Promega Luciferase Assay Reagent was added to 20 microL of larval extract and light production was measured in relative light units (RLU) emitted over a 10 sec time period. Final Luciferase values (Lv) were normalized to the protein concentration (RLU/microg of protein) and they were presented as fold changes (Lv12°C/Lv25°C when Lv12°C>Lv25°C or Lv25°C/Lv12°C when Lv25°C>Lv12°C). The protein concentration was determined using the Pierce BCA Protein Assay Kit - Reducing Agent Compatible. Absorbance was read at 562 nm and the sample absorbances were normalized for that of Sample Blank (Lysis Buffer without protein). Protein concentration was estimated in microg/microL from absorbance readings using a standard curve derived from known concentration of BSA dissolved in Lysis Buffer. Protein extracts with absorbance readings that were higher than those within the range of the standard curve were diluted 5-fold to accurately estimate protein concentration. All data were statistically analyzed with a Student t-test performed with R statistical software version 2.15.1.

6. RNA extraction and cDNA synthesis for qPCR

Once developed at 25°C under LD12:12, adults were collected within 5 hours since eclosion and they were subjected to 12°C under LD8:16 or 25°C under LD8:16. After 11 days, flies were frozen in liquid nitrogen and stored at -80°C until processing. Heads of the heterozygous *dilp2-Gal4/+* (*dilp2>+*) females were isolated from the bodies in dry ice by using a funnel with a fine mesh. Samples were frozen at -80°C until processing. I have prepared total RNA from three independent biological replicates per each experimental condition (12°C and 25°C), each replicate with 50 isolated heads, using TRIzol reagent (Invitrogen). Because heads can thaw rapidly and mRNA degrades, all sample preparations were performed with iced reagents. Each sample was added to 1 millilL of TRIzol and they were ground with a pestle for max. 5 min. Then, samples were incubated at room temperature for 5 min. 200 microL of Chlorophorm were added to each sample and mixed by inversion for 15 sec. Subsequently, the samples were incubated in ice for 15 min and centrifuged at 4°C at 12000g for 15 min. Surfactant water phase of each sample was added to an iso-volume of Isopropanol, mixed by inversion for 15 sec and incubated in ice for 15 min. Then, samples were centrifuged a 14000g for 20 min at 4°C. Resulting pellet was washed with 500 microL of 75% ETOH solution. Samples were centrifuged at 14000g for 10 min at 4°C. The resulting pellet was diluted in 15 microL of RNAase-free milliQ water and frozen at -80°C until processing. Both heterozygous *dilp2-Gal4/+* (*dilp2>+*) and *FRE-Luciferase* females were frozen in liquid nitrogen and stored at -80°C until processing. I have prepared total RNA from five independent biological replicates per each experimental condition (12°C and 25°C), each replicate with 30 full bodies, using Rneasy Mini Kit and RNase-Free DNase Set (QIAGEN). 350 microL of RLT solution was added at each sample. Each sample was incubated at room temperature for 3 min, mixed with 350 microL of 70% ETOH and, then, transferred to the mini column on 2 mL collection tube. Column was spinned down at 12000g for 15 sec, flow-through was discharged and 350 microL of RW1 solution were added to each column. Columns were spinned down at 12000g for 15 sec, flow-through was discharged, and 10 microL DNase mix solution were added to each column. Columns were incubated for 15 min at room temperature.

Columns were centrifuged at 12000g for 15 sec, after the addition of 350 microL of RW1 solution. Flow-through was discharged and 500 microL of RPE solution were added to each column that were therefore centrifuged at 12000g for 1 min to dry the silica-gel membrane. This step was repeated one more time. To elute, 40-50 microL of RNAase-free milliQ water were added to the membrane of each column. Columns were transferred in new collection tubes and they were spinned down at 12000g for 1 min. This step was repeated one more time after that the flow-through was re-charged into the column.

The purity and concentration of RNA (microg/millil) was determined using the *Nanodrop* (ND-1000) spectrophotometer. The Invitrogen SuperScript III First-Strand Synthesis SuperMix was used for the first-strand cDNA synthesis from total RNA of each samples. The procedure is designated to convert 0.1 picog to 5 microg of total RNA into first-strand cDNA. The following were combined in a 0.2 millil PCR tubes on ice:

- up to 5 microg of total RNA
- 1 microl of Primer Oligo(dT)₂₀
- 1 microL of Annealing Buffer
- to 8 microL of RNAase-free milliQ water

Then, reaction samples were incubate in a thermal cycler at 65°C for 5 min, and then immediately place on ice for at least 1 min. The contents of each tube was collected by brief centrifugation. The following was added to the tube on ice:

- 10 microL of 2X First-Strand Reaction Mix
- 2 microL of SuperScript III/RNAaseOUT

Samples were incubated 50 min at 50°C (Oligo(dT)₂₀ primed) and, then, at 85°C for 5 min. Samples were frozen at -20°C until processing.

7. qPCR (quantitative Real-Time PCR)

Quantitative Real-Time PCR (qPCR) was performed by using LightCycler DNA Master SYBR Green I (Roche) on Roche LightCycler 480 System (Roche). Each PCR was performed by using three to four biological replicates; each biological replicate was replicated three times (technical replicates). For each *dilp* transcript, we normalized message levels relative to a *rpL23* (for full body) or *rp49* (for isolated heads) controls by the method of $2^{-\Delta\Delta CT}$ (Livak and Schmittgen 2001). Previous work, confirmed by independent reports, suggested that *rp49* (*ribosomal protein 49*) and *rpL23* (*ribosomal protein L23*) genes are robust “house-keeping” control when analyzing *dilp* transcript (Okamoto *et al.* 2009; Slaidina *et al.* 2009). The Master Mix that contains all of the reaction reagents except the DNA template was prepared as follows, in a final volume of 10 microL for each replicate:

- 7.5 microL of 2X Enzyme Mix
- 1 microL of Primer Mix (“forward” and “reverse” primers)
- 1.5 microL of milliQ PCR water

Subsequently, 5 microL of cDNA template 1/5 diluted of each replicate were added to 10 microL of Master Mix in the Multiwell Plate. PCR reaction was performed as follows:

- step1: 5 min at 95°C
- step2: 10 sec at 95°C
- step3: 10 sec at 60°C
- step4 10 sec at 72°C
- sep5: 40 cycles from step2 to 4

The primers used for qPCR are following:

1. For isolated heads:

- dilp2* (183bp) forward: 5'-GTATGGTGTGCGAGGAGTAT-3'
reverse: 5'-TGAGTACACCCCAAGATAG-3'
- dilp3* (216bp) forward: 5'-AAGCTCTGTGTATGGCTT-3'
reverse: 5'-AGCACAATATCTCAGCACCT-3'
- dilp5* (211bp) forward: 5'-AGTTCTCCTGTTCTGATCC-3'
reverse: 5'-CAGTGAGTTCATGTGGTGAG-3'
- rp49* (122bp) forward: 5'-AGGGTATCGACAACAGAGTG-3'
reverse: 5'-CACCAGGAAGTTCTTGAATC-3'

These primers are published in Lee *et al.* 2008

2. For full bodies:

- dilp2* (159bp) forward: 5'-ACGAGGTGCTGAGTATGGTGTGCG-3'
reverse: 5'-CACTTCGCAGCGTTCCGATATCG-3'
- dilp5* (148bp) forward: 5'-TGTTCCGCAAACGAGGCACCTTGG-3'
reverse: 5'-CACGATTTGCGGCAACAGGAGTCG-3'
- dilp6* (184bp) forward: 5'-TGCTAGTCCTGGCCACCTTGTTCG-3'
reverse: 5'-GGAAATACATCGCCAAGGGCCACC-3'
- lnR* (158bp) forward: 5'-TCGGTATCGTCTGTGATGGA-3'
reverse: 5'-GGTGCAGCTCTCGATTCTAA-3'
- rpL23* (804bp) forward: 5'-GACAACACCGGAGCCAAGAACC-3'
reverse: 5'-GTTTGCGCTGCCGAATAACCAC-3'

These primers are used in Michael O'Connor's LAB (University of Minnesota, HHMI).

Final normalized expression levels (E) were shown as fold changes ($E_{12^{\circ}\text{C}}/E_{25^{\circ}\text{C}}$ when $E_{12^{\circ}\text{C}} > E_{25^{\circ}\text{C}}$ or $E_{25^{\circ}\text{C}}/E_{12^{\circ}\text{C}}$ when $E_{25^{\circ}\text{C}} > E_{12^{\circ}\text{C}}$). All data were statistically analyzed with a Student t-test performed with R statistical software version 2.15.1 (2012-06-22).

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Figures

Figure 1. Temporal dynamics of 20E signaling in holometabolous growth

Holometabolous development of *D. melanogaster* is shown in relation to hormonal pulses. *D. melanogaster* progresses through three larval stages (or instars) for a total of 116 hours of growth (at 25°C). Larva-to-Larva transitions occur only through the moults, under the control of pulses of the Steroid Hormone 20-Hdroxy-Ecdysone (20E, red bars). Once the larval growth is completed, a rise in 20E commits the last third-instar larva to enter metamorphosis inside a pupal cage produced by the larva itself. Metamorphosis involves deep morphogenetic events to reorganize the larval body plan and it goes on for about 4 days through two consecutive stages: the prepupa and pupa. 20E sets the onset of metamorphosis and the prepupa-to-pupa transition. Finally, *D. melanogaster* emerges as the mature adult form (reproductive imaginal phase). The 20E signals in target cells through an heterodimer of two nuclear receptors, the Ecdysone Receptor (EcR) and Ultraspiracle (USP), which are orthologous to the Vertebrate Farnesoid X Receptor (FXR) and the Retinoid X Receptor (RXR), respectively. *EcR* gene encodes three protein isoforms, two of which (EcR-A and EcR-B1) are expressed in distinct sets of cells during the onset of metamorphosis and they exhibit a distinct temporal profile of expression through holometabolous growth (expression profile is shown in blue). Most of the effects of 20E are mediated by the transcriptional regulatory functions of the activated EcR/USP complex, thereby orchestrating downstream gene expression. Most of the 20E-responsive genes are members of the nuclear receptor superfamily including *E75*, *E78*, *Drosophila Hormone Receptor 3 (DH3)*, "*fushi-tarazu*" *transcription factor 1 (ftz-f1)*. The expression of these target genes oscillates in response to 20E (expression profile is shown in blue). Modified from King-Jones and Thummel (2005). Image of adult *D. melanogaster* is modified from <http://carriearnold.wordpress.com>

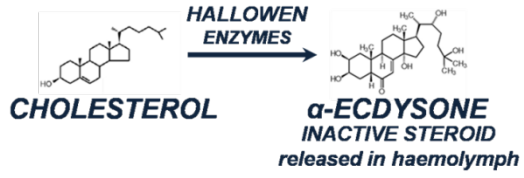
FIGURE 1

Figure 2. Production of 20E pulses

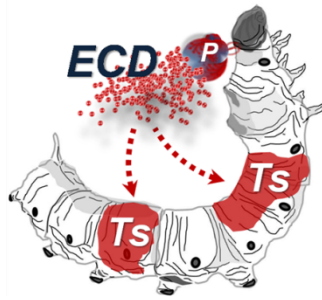
Pulses of 20E (20-Hydroxy-Ecdysone) signaling are produced by two processes. First, the release of α -Ecdysone (ECD) into the haemolymph and the following conversion into biologically active 20E set the onset of the pulse. Once signaling is completed, 20E is inactivated by its own feedback, inducing the end of the hormonal signaling. The steroidogenesis in an insect is shown as a model for holometabolous insects.

Top. The steroid hormone α -Ecdysone (ECD) is synthesized from the precursor Cholesterol by a series of redox-reactions which are catalyzed by the "Halloween" enzymes. ECD is the circulating inactive steroid released into the haemolymph by the Prothoracic gland (PG) during larval and pupal phases. Since PG regresses through metamorphosis, ECD pulses are produced by the gonads of the adult which release ECD into the haemolymph.

Bottom. Once it reaches the peripheral target cells (Ts, in red), α -Ecdysone is converted by the P450 monooxygenase SHADE (encoded by the Halloween gene *shade*) into the biologically active 20-Hydroxy-Ecdysone (20E), via hydroxylation at carbon 20. Next, 20E activates the EcR/USP receptor complex and, in turn, the expression of target genes, including those encoding for factors that inhibit 20E signaling itself. These 20E-inhibitor factors might differ in their temporal and spatial regulation. In *D.melanogaster*, the cytochrome P450 Cyp18a1 is known to inactivate 20E by converting it into 20,26-Dihydroxy-Ecdysone (20,26E) during the prepupa-to-pupa transition. These feedbacks confer the transient nature of ECD signaling which drives the unidirectional progressions of development through the oscillation of the ECD-responsive genes.



LARVAL PHASES



ADULT PHASE

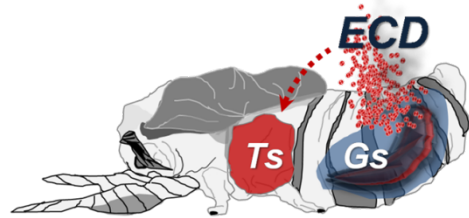


Figure 3. Modifications of development in diapausing embryos of the killifish *Austrofundulus limnaeus*.

Model of the two developmental trajectories in embryos of *A. limnaeus*. Diapause is strictly associated with modifications of development. Early embryogenesis normally occurs until 10-somite stage, without any difference between the two trajectories. By the 18-somite stage, non-diapausing embryos (in diapause II) differ morphologically from diapausing ones. At the end of the “escape” trajectory, the fully-developed embryos enter obligate diapause III, which occurs directly prior to hatching. Note the morphological differences at level of trunk and cephalic development. From Podrabsky et al. (2010).

Figure 4. Hormonal induction of embryonic diapause in *Bombyx mori*

Top. Embryonic diapause is controlled by the maternal photoperiodic experience during the larval stages. Long summer days induce 5th last instar larvae to produce high haemolymphatic levels of Diapause Hormone (DH, in light blue) and develop, in early autumn, as moth laying diapausing embryos (diapause specification). The pupa is the “hormonal-sensitive” stage, in which DH signals over-threshold in the gonads (G, in blue) and, perhaps, in other target tissue (Ts, in red). High levels of Ecdysone (ECD, in orange) and the shifted timing of its signaling during pupal life induce the appearance of the typical diapause traits in embryos, such as dark pigmentation, gigantism, and egg-shell thickness (seasonal polyphenism). Once eclosed, moths maintains an enhanced DH signaling which commit embryos to enter dormancy. DH signals directly in the developing eggs to increase the levels of sorbitol, which acts as cryoprotector and developmental-inhibitor.

Bottom. Expression profile of the *BmDH* gene in diapausing and non diapausing animals since the 4th larval instar. Despite the developing animals, diapausing ones exhibit three exceptional rises in *BmDH* expression: a first peak occurs around day 3 of the 4th instar, a second rise on day 5 of the last larval stage, and a third one during the pupal life (on day 2 of pupal stage). L4, 4th larval instar; L5, 5th larval instar; P, pupa; A, adult. Image adapted from Xu et al. (1995a) and Denlinger et al. (2012).

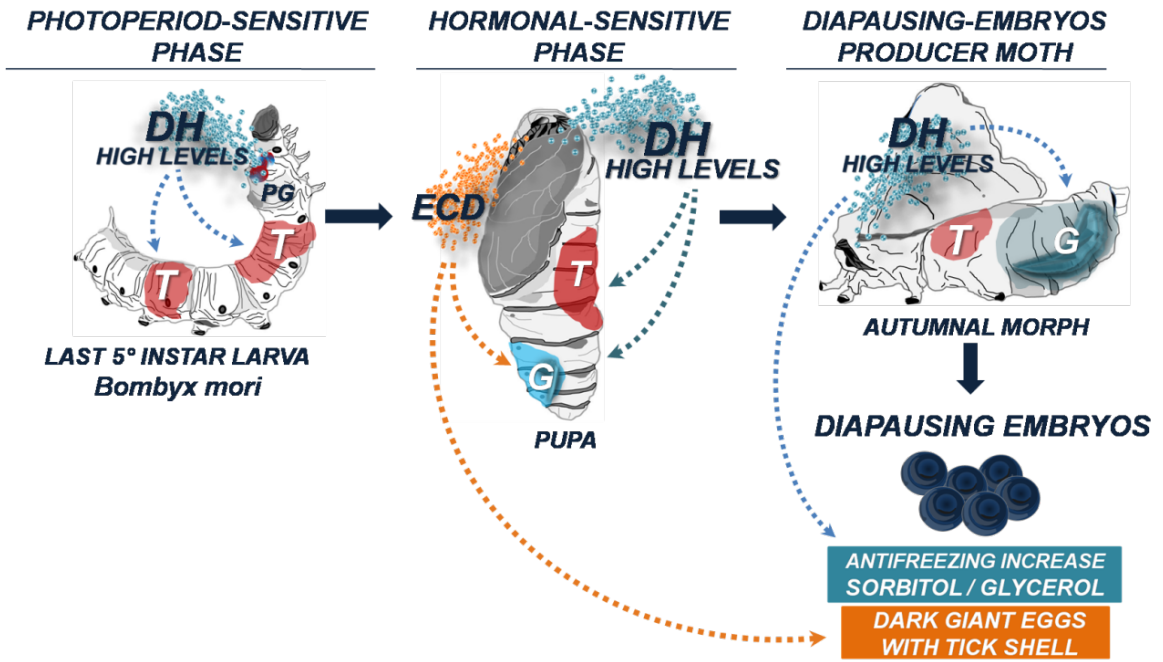


Figure 5. Hormonal control of diapause-bound seasonal morphs in *Orgyia thyellina*

Top. Photoperiodic experience of the 4th/5th instar larvae modulates the appearance of seasonal morphs in relation to diapause. A - Developing *Macropterus* moth develops from a larva reared under long days (top). Diapausing *Brachypterus* morphs develop under short days (bottom); B - Pale *Macropterus* (left) and dark *Brachypterus* pupae (right); C - nondiapausing (from *Macropterus* morph, left) and diapausing (from *Brachypterus*) eggs. D - image C under higher magnification. From Kimura and Masaki (1977) and Saunders et al. (2002).

Middle. Model of hormonal control of diapause. Diapausing *Brachypterus* pupae are the hormonal sensitive stage, in which high levels of Diapause Hormone (DH) induce diapausing embryos. Once eclosed, *Brachypterus* moth maintains high levels of DH and lays diapausing embryos, which exhibit enhanced cryoprotecting potential. Dormant embryos are darker, heavier, and thicker than developing ones.

Bottom. Effects of the misregulation of DH on embryonic diapause. Eggs laid just after oviposition (day 0, A-D), 8 days since laying (E-H), and embryos (I-L). *Macropterus* moths lay developing embryos, when reared under long days (LD) during larval life (A, E, I). Conversely, *Brachypterus* moths reared under short days (SD) lay diapausing embryos (B, F, J). Injection of DH into *Macropterus* moth induces the production of diapausing embryos (C, G, K), instead of the developing ones. On the contrary, injection of anti-DH induces *Brachypterus* moths to lay developing eggs (D, H, L). The white arrow and arrowhead indicate diapause and nondiapause eggs, respectively. The black arrows and arrowheads indicate telson and cephalic lobes, respectively. Scale bar = 5 mm. Reproduced from Uehara et al. (2011).

HORMONAL-SENSITIVE STAGE

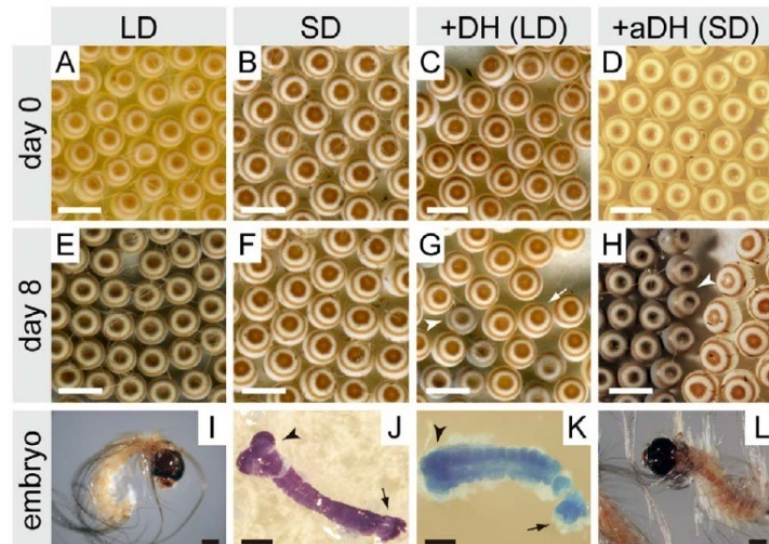
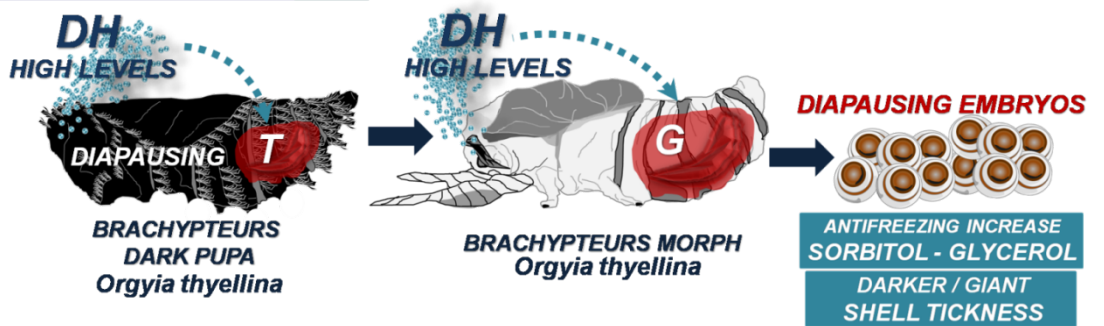


Figure 6. Hormonal control of polyphenism in *Bombyx mori*

Top. High levels of Diapause Hormone (DH) induce the development of autumn morph, by signaling in Imaginal Wing Discs (ImD). The autumn moths exhibit brown scales on the wings.

Bottom. Seasonal morphs (autumn and spring) of *B. mori*. Dorsal sides of male (upper) and female (lower) adults of autumn (left) and spring (right) morphs. From Tsurumaki et al. (1999).

FIGURE 6

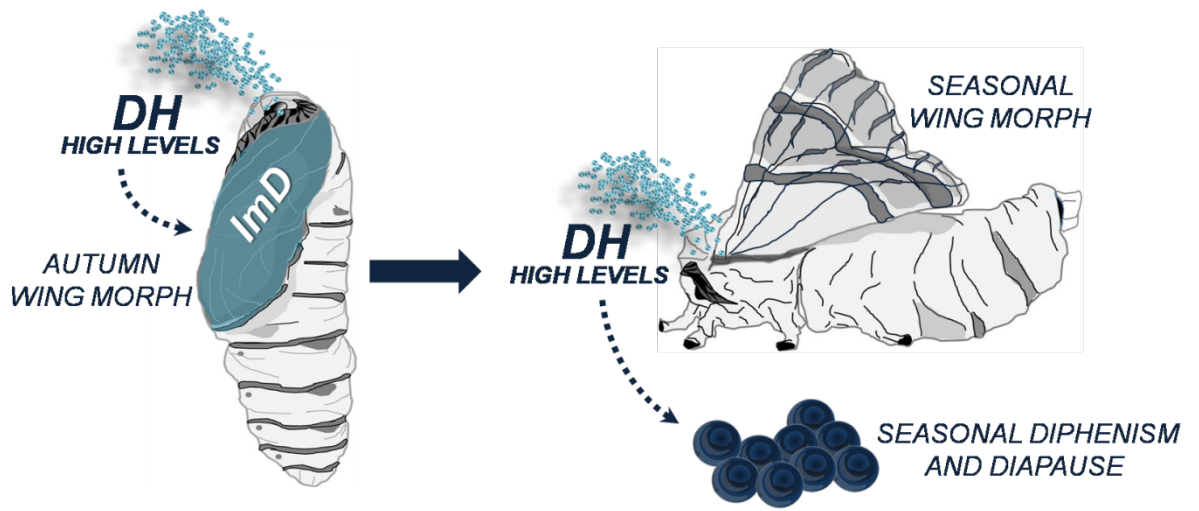


Figure 7. PTTH peaks stimulate ECD pulses and drive the developmental transitions in normal development

Top. Prothoracicotropic hormone (PTTH) and Ecdysone (ECD) pulses in *Bombyx mori* haemolymph, as model for holometabolous insects. Values are a composite of determinations. PTTH (in blue) secreted from specialized neurons of the brain (B, enlarged in picture) signals in the Prothoracic gland (P, enlarged in picture) to stimulate the production and the release of ECD, which acts in the target organs (T, in red) to initiate developmental transitions. Last 5th larval instar and pupa are shown. ECD increases synchronously to PTTH pulses through development, with exception of day 1 of pupal life (light blue area) during which ECD rises in delay respect to PTTH. The molecular nature of this delay is still unknown (Smith and Rybczynski 2012). Reproduced from Smith and Rybczynski (2012).

Bottom. Disruption of the correct timing of ECD signaling during pupal life causes growth aberrations in *D. melanogaster*. The ubiquitous knock down of *Cyp18a1* (*da>Cyp18a1-RNAi*), which encodes for the enzyme Cyp18a1 catalyzes the inactivation of 20E during the prepupal to pupal transition, prolongs the prepupal pulse of ECD. The *da>Cyp18a1-RNAi* animals fail to move the air bubble (white arrowheads) on the anterior pole during prepupal life and exhibit defects in head eversion (yellow arrowhead in the control *da>*), resulting in the cryptocephalic or microcephalic phenotypes (white arrows). The *da>Cyp18a1-RNAi* pupae resemble the phenotype of *Ftz-f1¹⁷/Df* mutants, which are deficient of the ECD-responsive nuclear receptor β Ftz-f1. The third pair of legs (red arrows) are malformed in the *da>Cyp18a1-RNAi* animals (fe, femur; ti, tibia; ta, tarsus). From Rewitz et al. (2009).

Figure 8. The failure of PTTH/ECD cascade induces pupal diapause in *Manduca sexta*

Top. Model of hormonal control of pupal diapause in *Manduca sexta*. The photoperiodic induction of diapause occurs as early as 1st larval instar upon perception of autumnal short days. Diapausing last 5th instar larvae exhibit normal temporal profiles of both Ecdysone (ECD, in red) and Prothoracicotropic hormone (PTTH, in blue), but they metamorphose into diapausing pupae. In diapausing pupae, PTTH fall down and the ECD pulse is not elicited any more blocking the metamorphic progression and triggering dormancy. After an established period of chilling, dormant pupae can resume development once exposed to optimal environmental conditions. PTTH and ECD pulses are resumed and the development progresses without reporting growth defects. (B, brain; PG, Prothoracic Gland; Ts, target cells).

Bottom. Haemolymph ecdysteroid titers in *M. sexta* during the last 5th larval instar and during the pupal life, of diapausing (red arrowheads) and non-diapausing (dark blue arrowheads) animals. During the last 5th larval instar (left), there are no differences between diapausing (red) and non-diapausing (dark blue) animals (W, wandering stage; A, apolysis; E, pupal ecdysis). During the pupal stage (right), diapausing animals exhibit low levels of 20-Hydroxy-Ecdysone (20E) compared to non diapausing ones. Each data point represents Mean \pm SD of 4 to 8 animals. Modified from Saunders et al. 2002.

DIAPAUSE TRAJECTORY FAILURE OF PTTH/ECD CASCADE INDUCES PUPAL DIAPAUSE

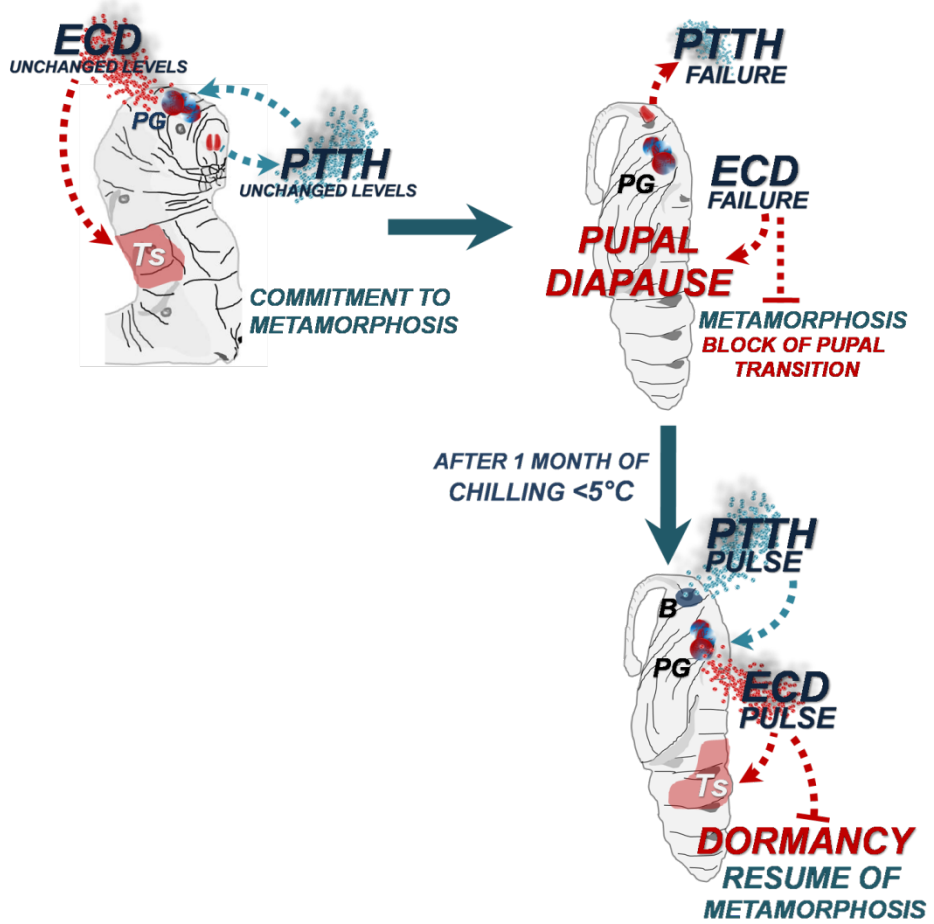


Figure 9. Hormonal control of seasonal polyphenism linked to diapause in *Araschnia levana*.

Top. Ecdysone-induced morphs in *A. levana*. Normal spring *levana* (left), summer *prorsa* (right) and intermediate (middle) forms are shown. The intermediate morphs develop depending on the timing of Ecdysone injections into presumptive spring form pupae.

Middle. Model of pupal diapause in *A. levana*. In short days of autumn, the last larval instar develops into a dark diapausing pupa (diapause trajectory) carrying numerous tubercles, upon failure of the pupal Ecdysone (ECD) signaling. After a period of chilling, the dormant pupa breaks diapause and resumes growth by eliciting a pulse of ECD, which is delayed along the pupal life because of dormancy. This “delayed” pupal pulse of ECD induces pupae to develop into *levana* morphs, which have orange/dark wings with black spots.

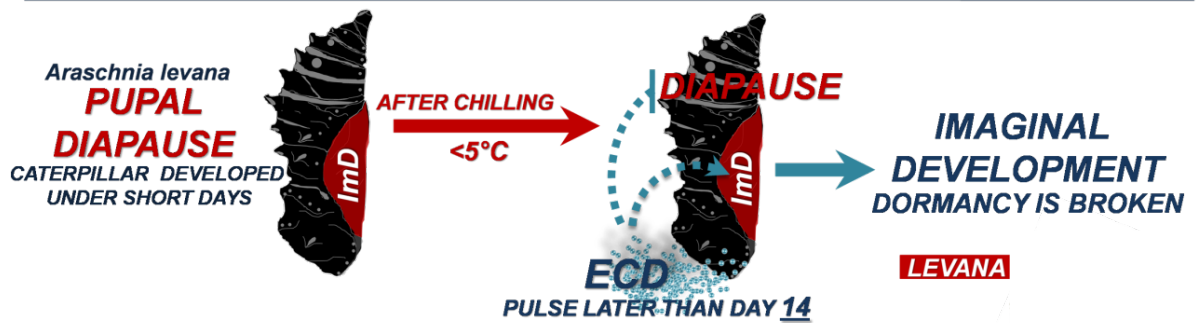
Bottom. Conversely, the light pigmented non-diapausing pupae (development trajectory) elicits a precocious pulse of ECD which induces the progression through metamorphosis. Hence, the developing pupa ecloses as *prorsa* butterfly morph with white and black wings.

Images of the wings are modified from Nijhout (2010, 2003).

PUPAL DIAPAUSE AND SEASONAL MORPHS *Araschnia levana*

DIAPAUSE TRAJECTORY

PUPA ENTERS DIAPAUSE AND THE PULSE OF ECD DELAYS



DEVELOPMENT TRAJECTORY

PUPA METAMORPHOSES AND THE PULSE OF ECD DOES NOT DELAY

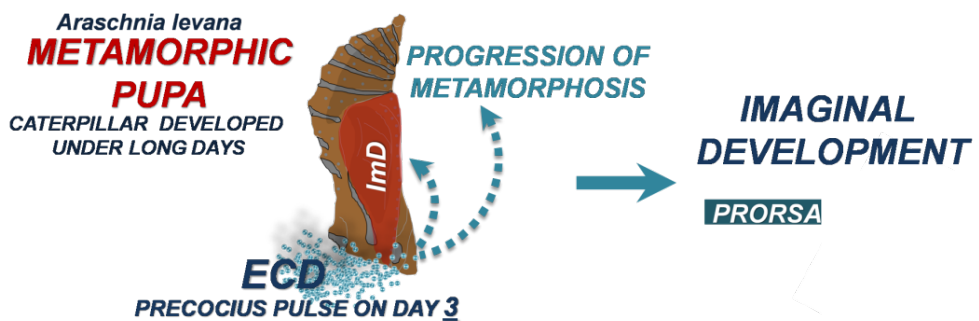


Figure 10. Hormonal control of polyphenism linked to diapause in the swallowtail butterfly, *Papilio xuthus*.

Top. Model of pupal diapause in *P. xuthus*. In short days of autumn, the last larval instar develops into green diapausing pupa (diapause trajectory), upon failure of the pupal Ecdysone (ECD) signaling. After a period of chilling, the dormant pupa breaks diapause and resumes growth by eliciting a pulse of ECD, which is delayed along the pupal life because of dormancy. This “delayed” pupal pulse of ECD induces pupae to develop into the spring butterfly morphs.

Bottom. Conversely, the brown pigmented non-diapausing pupae (development trajectory) progress through metamorphosis, upon pulse of ECD. Hence, the developing pupae eclose as summer forms.

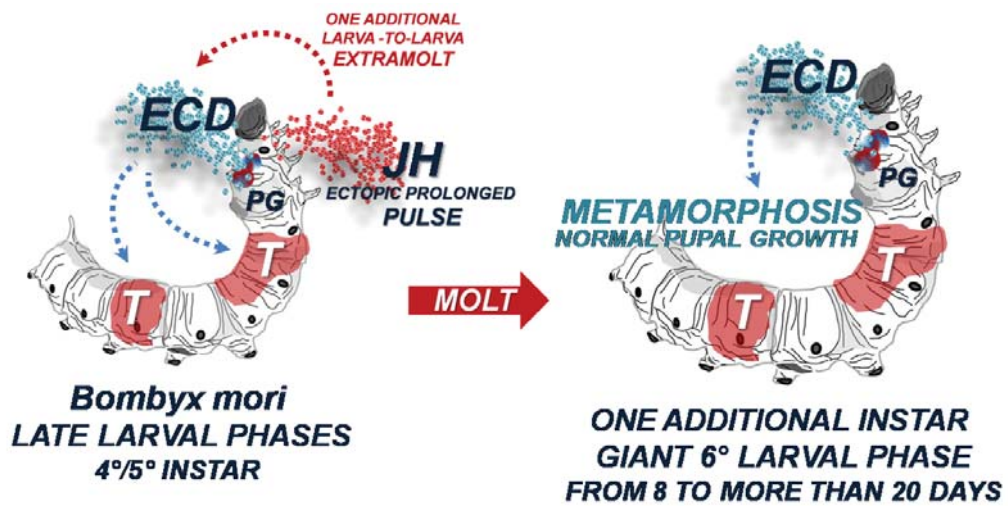
Images of the wings are modified from <http://www.jpmoth.org>

Figure 11. Juvenile hormone controls the nature of moults

Top. Extramolt induction by an ectopic and prolonged pulse of Juvenile Hormone (JH). The ectopic JH pulse at the end of the 5th larval instar of *Bombyx mori* induces an additional molt to a perfect and giant 6th larval instar, which exhibits the endocrine profile typical of the last instar. In the 5th instar larvae, the prolonged pulse of JH drives the molting action of ECD to commit a larva-to-larva moult rather than the onset of metamorphosis, resulting in a perfect additional molt. The giant 6th larvae metamorphose normally after additional 8-20 days of larval life.

Bottom. The loss of JH induces a precocious metamorphosis in *Bombyx mori*. The *mod* mutants (control, *ET14* and *UAS-CYP15C1* animals) are lacking of CYP15C1 (an enzyme involved in JH biosynthesis) and they start precociously metamorphosis resulting in small pupae (left) and moths (right). However, the transgenic expression of *CYP15C1* (*ET14>UAS-CYP15C1*) rescues the phenotype of *mod* mutants, resulting in normal pupae and moths. From Daimon et al. (2012).

JH INCREASE INDUCES PERFECT EXTRAMOLTS AND DELAYED METAMORPHOSIS



JH DECREASE INDUCES PRECOCIOUS METAMORPHOSIS

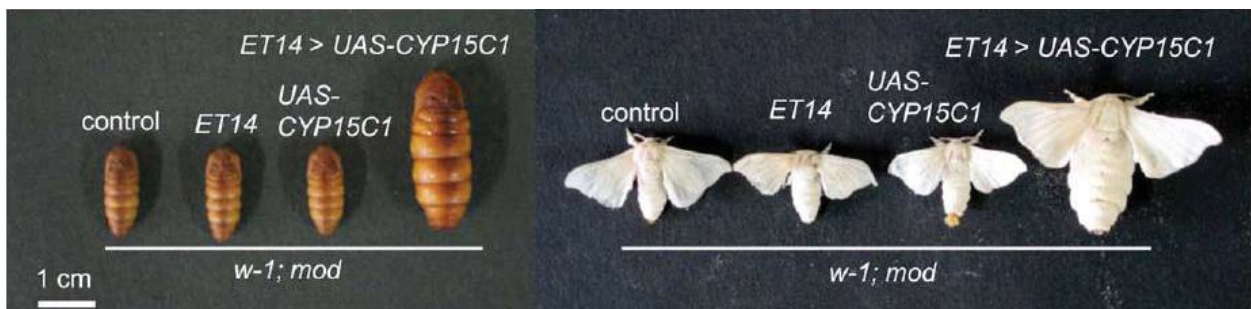
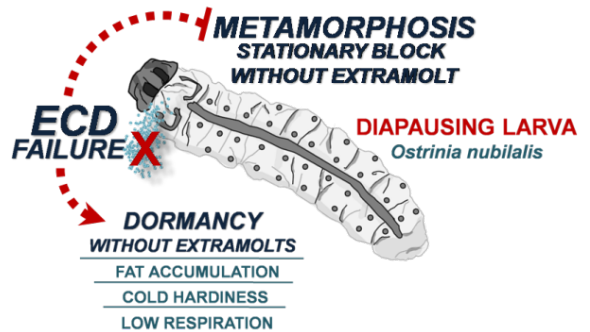


Figure 12. Endocrine control of two types of larval diapause

Top. Hormonal control of larval diapause in *Ostrinia nubilalis*. Haemolymph ecdysteroid titers during the last larval stage in pre-diapausing (red arrowhead, closed squares) and non-diapausing (dark blue arrowhead, closed circles) larvae (each data point represents mean \pm SEM of 3 to 5 biological replicates). The last larval instar triggers diapause upon Ecdysone (ECD) failure which prevents the progression to the metamorphic moult without causing additional extra-molts. Modified from Saunders et al. (2002) and Bean and Beck (1983).

Bottom. Larval diapause in *Sesamia nonagriodes*. Juvenile hormone (JH) levels in haemolymph in diapausing (Diap, red arrowhead) and non-diapausing (Non-diap, dark blue arrowhead) larvae. Numbers following the letters L and d indicate instar stage and age in days, respectively. Mean \pm SD values are represented. The levels of JH remain high in diapausing animals through all extra-molt periods, whereas they fall down at day 6 of the last 6th larval instar of non-diapausing animals which metamorphose. The last larval instar enters diapause by eliciting a prolonged pulse of Juvenile Hormone (JH) which drives the molting action of Ecdysone (ECD) to induce additional larva-to-larva molts and to arrest the onset of metamorphosis. Modified from Eizaguirre et al. (2005).

ECD FAILURE DURING LARVAL DIAPAUSE IN *Ostrinia nubilalis*



LARVAL DIAPAUSE IN *Sesamia nonagrioides* PROLONGED PULSES OF JH INDUCE EXTRAMOLTS

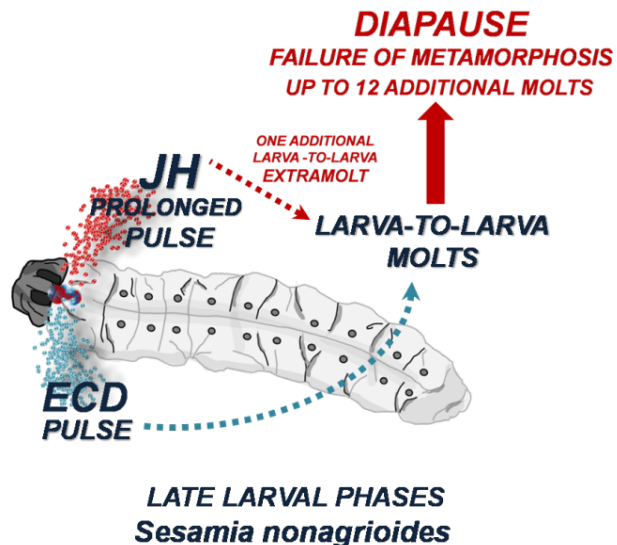


Figure 13. Hormonal control of larval diapause in *Diatraea grandiosella*

Top. Haemolymph Juvenile Hormone (JH) levels related to the onset of diapause and rate of post-diapause pupation. Levels of JH are high in pre-diapause spotted larvae (white arrowhead) and in the following diapausing *immaculate* ones (red arrowhead). Diapause is broken and pupation starts only when JH falls down. The time of ecdysis from the spotted morph to the *immaculate* one is about 50 days. Modified from Saunders et al. (2002).

Middle. Model of diapause induction. The spotted larva at the last instar enter dormancy under high levels of JH which drive the molting action of Ecdysone (ECD) to induce larva-to-larva molt rather than the metamorphic one. The dormant *immaculate* morph develops from the spotted larva and it exhibits enhanced cold resistance, increased fat accumulation, and low respiration rate. *Immaculate* larvae fail to initiate metamorphosis.

Bottom. Model of diapause termination. The drop of JH arrests diapause and allows the ECD pulse to initiate normally metamorphosis by inducing a larva-to-pupa molt. Hence, the *immaculate* larvae metamorphose normally, without reporting developmental aberrations.

FIGURE 13

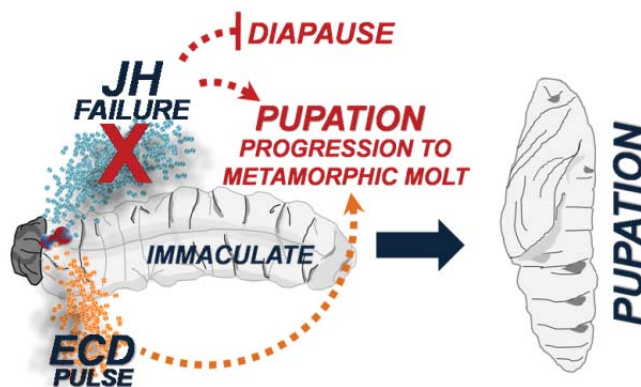
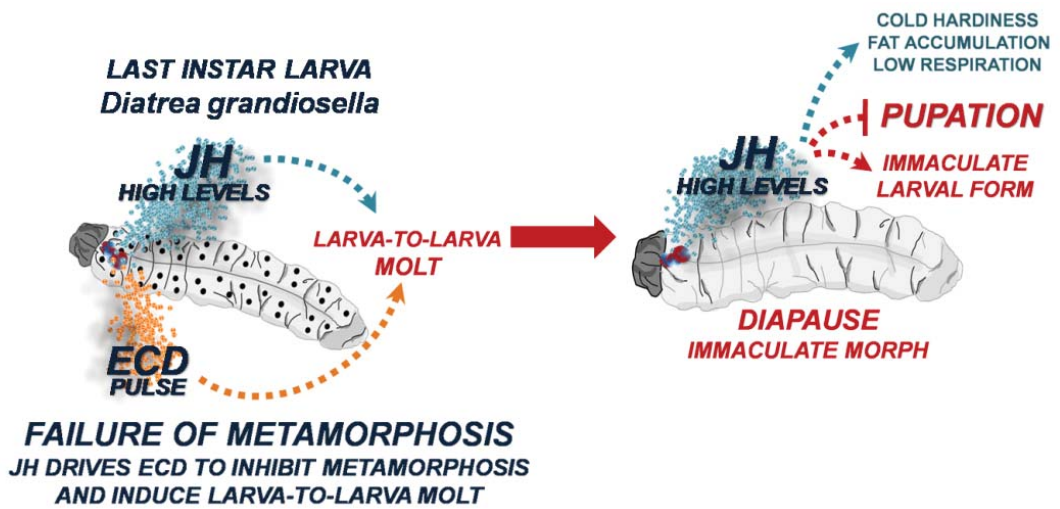
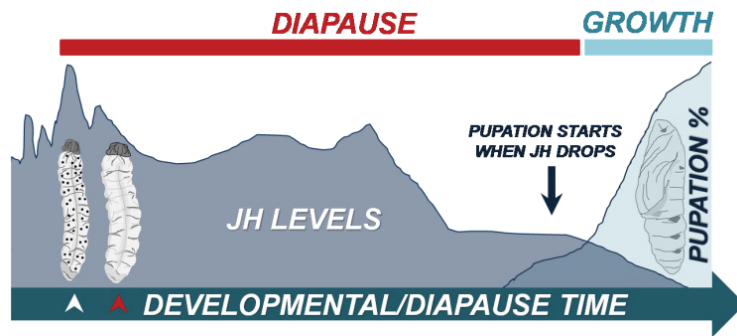


Figure 14. Imaginal (adult) diapause of *Drosophila melanogaster* is linked to modifications of larval development

Diapause is strictly linked to modifications of larval development in *D. melanogaster*. In North America, natural populations of the fruit fly exhibit a latitudinal cline in diapause and larval traits. Larvae of northern latitudes exhibit a delayed developmental time (due to the slowdown of larval growth rate and the onset of metamorphosis) and develop as adult triggering a strong diapause response in relation to slow aging and low early-life fecundity. The opposite pattern occurs in flies of southern latitudes. These variations represent the genetic adaptation to different environments and might be the results of the genetic and functional link between holometabolous phases, controlled by unknown growth factors. Image of adult *D. melanogaster* is modified from <http://carriearnold.wordpress.com>

Figure 15. Insulin/IGFs (IIS) signaling pathway of *Drosophila melanogaster*

Top. An expression time course of *dilp1to6* genes along holometabolous phases of *D.melanogaster*. The grey area inside each graph represents the pupal stage (non-feeding period of development). The *dilp2* and *dilp5* genes are strongly expressed during all holometabolous phases (the profiles are emphasized by the light blue/grey area). For each profile, fold changes are calculated relative to the minimal level. No cross-quantification is provided between the different *dilp* genes. Mean \pm SD. From Slaidina et al. (2009).

Bottom. The canonical Insulin/IGFs signaling cascade (on left). The DILPs (INSULIN-LIKE PROTEINS or INSULIN/IGFs FACTORS, in red) bind and activate the single Insulin/IGFs Receptor (INR, a Receptor Tyrosine Kinase) in the extracellular surface of the target cells. INR activates its receptor substrates, CHICO and SH2B, which, in turn, activate the canonical PI3K cascade. CHICO and SH2B act synergistically to induce a full responsiveness to the DILPs. The final step of the pathway is the activation of the AKT kinase which inhibits the nuclear translocation of the transcription factor FoxO (Forkhead box-O) and prevents the activation of stress/antigrowth FoxO-responsive genes. In the larva phases (on right), DILP2/5 are secreted by the Median Neurosecretory Cells (Ms, in red) via the Neurohaemal glands complex (Ns), which includes the Prothoracic glands, the Corpus Cardium, and the Corpora Allata. These neural DILPs signal in the larval target cells (Ts) promoting the acceleration of both developmental time and growth rate, and the increase of larval metabolism rate. The larval phases have all the potential to modulate the developmental time and prepare the cold acclimatation (see text for details).

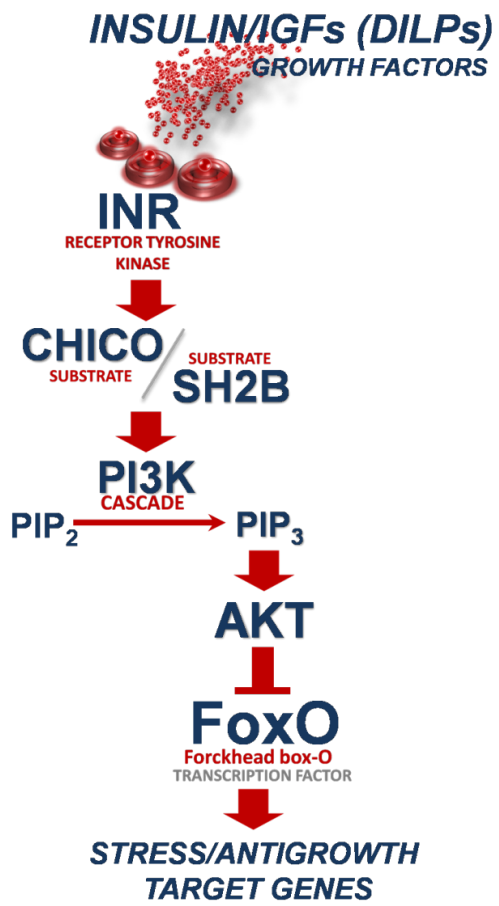


Figure 16. Misregulating gene functions with the yeast-derived *Gal4/UAS* binary system

A fly carrying a *driver-Gal4* transgene is crossed with one carrying a *UAS-target* sequence transgene. The progeny of the cross carries both transgenes. The enhancer of a specific gene (driver) controls both temporal and spatial pattern of expression of *Gal4* gene (blue areas). Once *Gal4* gene is expressed, GAL4 binds the Upstream Activator Sequence (UAS) to activate the transcription of the target sequence (red areas), so that the expression of this last changes along space and time depending on the enhancer. Thanks to the *Gal4/UAS* system, it is possible to increase the dosage of target genes (overexpression), induce RNA interference (RNAi) for the silencing of target genes, and express pro-apoptotic genes to cause the genetic ablation of specific subset of cells. Image of the adult fly is modified from <http://carriearnold.wordpress.com>.

Figure 17. Disruption of Insulin/IGFs signaling induces diapause

Effects of the disruption of IIS on diapause response at 12°C under LD16:8 (long days) after 11 days since eclosion. The proportion of diapausing females (diapause incidence) is shown in percentage. Both *InR^{hyp}* and *chico^{hyp}* hypomorphic homozygous mutants increase diapause incidence compared with their controls (*Co-InR^{hyp}* and *Co-chico^{hyp}*, respectively). The Gal4 drivers express in MNCs neurons but they differ in their temporal expression: the *dilp2>* expresses Gal4 specifically since late third larval instar, and the *dilp3>* since the end of larval life. The MNCs-lacking flies (*dilp2>hid,rpr* and *dilp3>hid,rpr*) exhibit high levels of diapause respect to controls (*dilp2>+* and *+>hid,rpr* and *dilp3>+*). All multiple *dilp1-5^{-/-}* and *dilp2-3,5^{-/-}* knockouts are dormant compared to *white¹¹¹⁸* and transgenic (*+>hid,rpr* and *dilp2>+*) controls. Reducing *dilp2* and *dilp5* signaling (*dilp2^{-/-}* and *dilp5^{-/-}* knockouts or *dilp2>dilp2-RNAi* and *dilp2>dilp5-RNAi*) increase moderately diapause without resembling the phenotype of multiple knockouts. The *dilp6^{-/-}* knockouts do not increase diapause incidence although they are defective for about 20% in body weight.

Red bars represent the key experiments. The arrowheads on the bar represent the homozygous *Is-tim/Is-tim* (red arrowhead) and the heterozygous *Is-tim/s-tim* (dark blue arrowhead) genotypes. The absence of arrowhead indicates the homozygous *s-tim/s-tim* genotype. Mean \pm SD of 5 biological replies (at least 60 females for each) are shown. Numbers inside the bars represent the total number of dissected flies. ** = ($p < 0.001$).

FIGURE 17

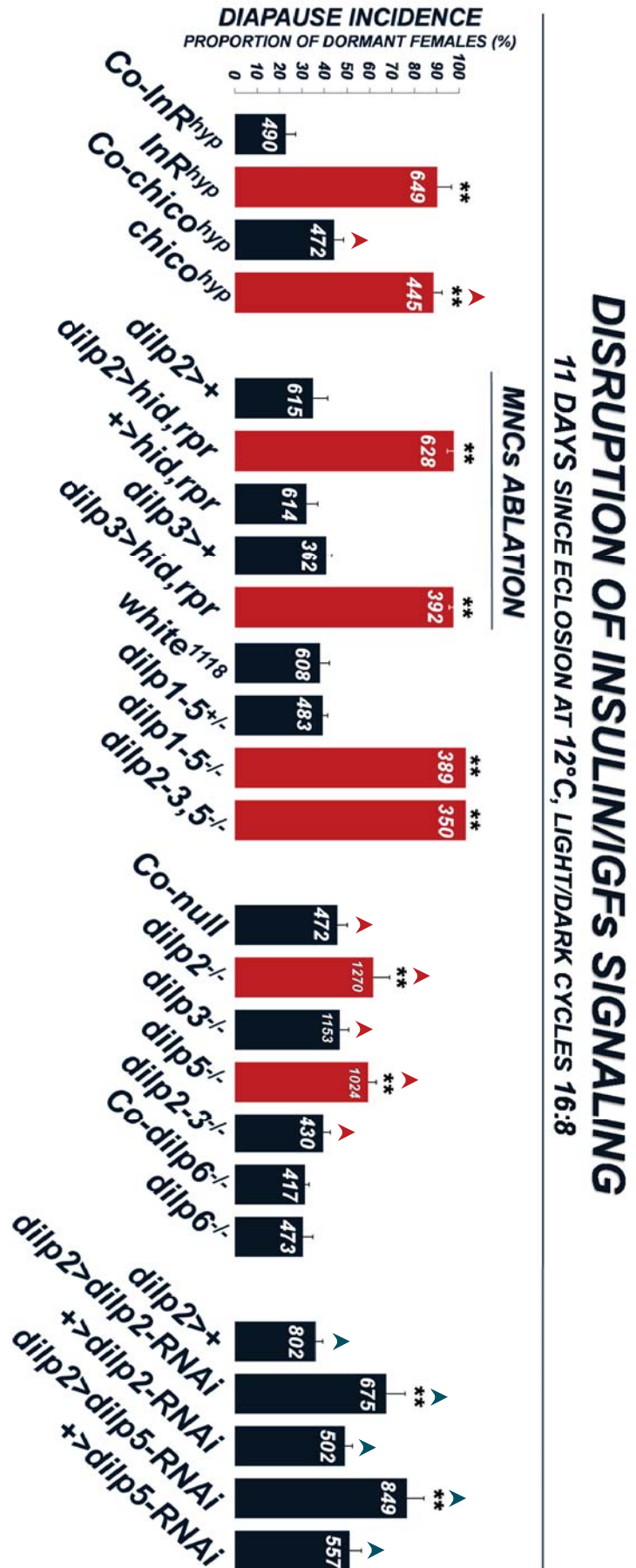


Figure 18. Gain of function of *dilp2/5* genes antagonizes diapause

Top. Effects of the increase of Insulin/IGFs signaling on diapause response at 12°C under LD8:16 (short days) after 11 days since eclosion. The *Gal4* drivers express in MNCs neurons but they differ in their temporal expression: the *dilp2-gal4* line (*dilp2>*) expresses *Gal4* specifically in MNCs since late third larval instar, and the *dilp2(p)>* since early larval life. Overexpression of *dilp2* (*dilp2>dilp2* and *dilp2(p)>dilp2*) or *dilp5* (*dilp2>dilp5* and *dilp2(p)>dilp5*) decreases strongly diapause incidence, as compared with the controls (*dilp2>+* and *dilp2(p)>+* and *+>dilp2* and *+>dilp5*). The MNCs-lacking and *dilp1-5^{-/-}* flies are dormant. Ectopic overexpression of *dilp2* (*c929>dilp2*) or *dilp5* (*c929>dilp5*) in all neuroendocrine cells since early larval life strongly decreases diapause incidence, compared to controls (*c929>+*). Red bars represent the key experiments. All the lines were homozygous for *s-tim* allele. Mean \pm SD of 5 biological replicates (at least 60 females for each) are shown. Numbers inside the bars represent the total number of dissected flies. ** = ($p < 0.001$).

Bottom. Effects of *dilp2/5* genes misregulation on gonads maturation of non-diapausing flies reared at the same conditions as above. A representative example is shown for each genotype. The *dilp2*-gain (*dilp2>dilp2*) and *dilp5*-gain (*dilp2>dilp5*) non-diapausing females have fully grown ovaries, compared to non-diapausing controls (*dilp2>+*) which exhibit few early vitellogenic egg-chambers inside the gonads. The gonads of both MNCs-lacking flies (*dilp2>hid,rpr*) and *dilp2-3,5^{-/-}* knockouts are completely atrophic (DIAP, diapausing). Numbers I and II indicate the two gonads. White bar is 0.2mm. Red arrowhead indicates the vitellogenic egg chambers.

FIGURE 18

OVEREXPRESSION OF *dilp2/5* GENES
11 DAYS SINCE ECLOSION AT 12°C, LIGHT/DARK CYCLES 8:16

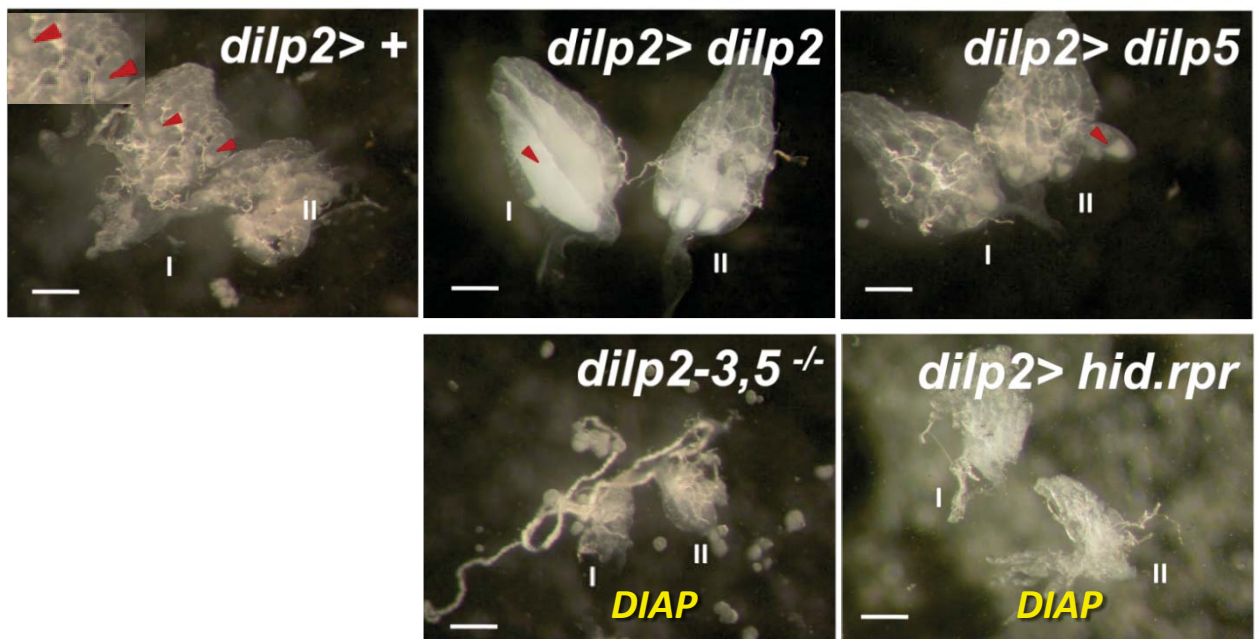
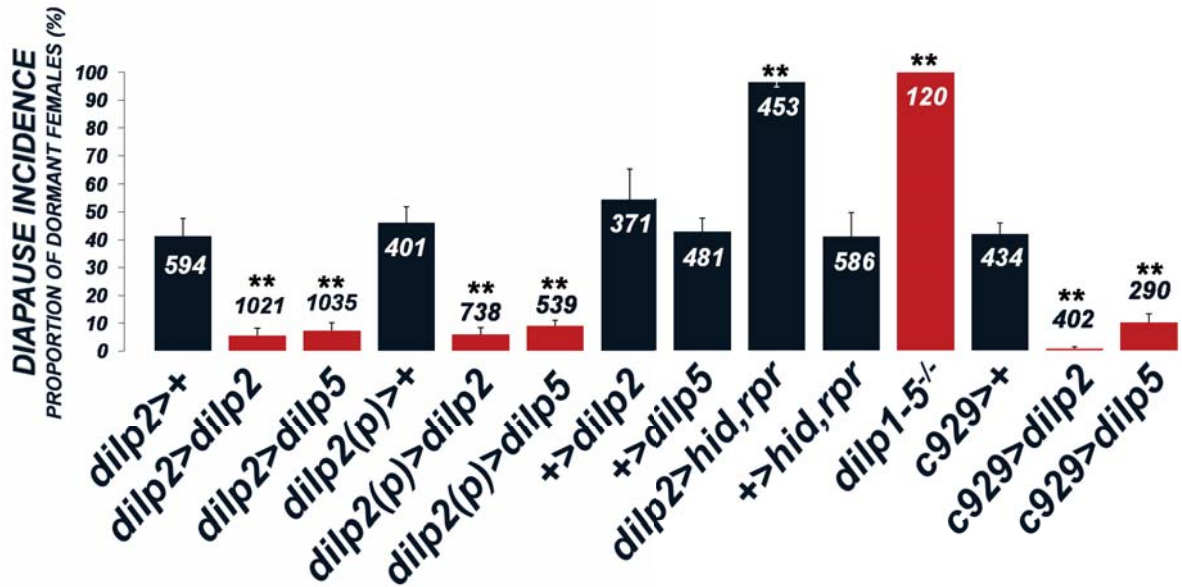


Figure 19. DILP2/5-mediated reactivation of post diapause growth

Reactivation of diapausing flies by transfer for 5 days to 12°C, 15°C, 19°C, and 22°C under LD16:8, after a period of 11 days at 12°C under LD16:8. Despite the *white*¹¹¹⁸ controls and the *dilp2/5* gained flies (*dilp2(p)>dilp2* and *dilp2(p)>dilp5*), the *dilp1-5*^{-/-} knockouts fail to break dormancy at both 15°C and 19°C resuming the growth only at 22°C. The *dilp2(p)-gal4* line (*dilp2(p)>*) expresses *Gal4* specifically in MNCs since early larval life. Red bars represent the key experiments. All the lines were homozygous for *s-tim* allele. Mean ± SD of 4 or 5 biological replicates (over 60 females for each reply) are shown. Numbers inside the bars represent the total number of dissected flies. ** = (p<0.001).

FIGURE 19

REACTIVATION OF GROWTH

11 DAYS SINCE ECLOSION AT 12°C, LIGHT/DARK CYCLES 16:8
AND 5 DAYS AT DIFFERENT TEMPERATURES

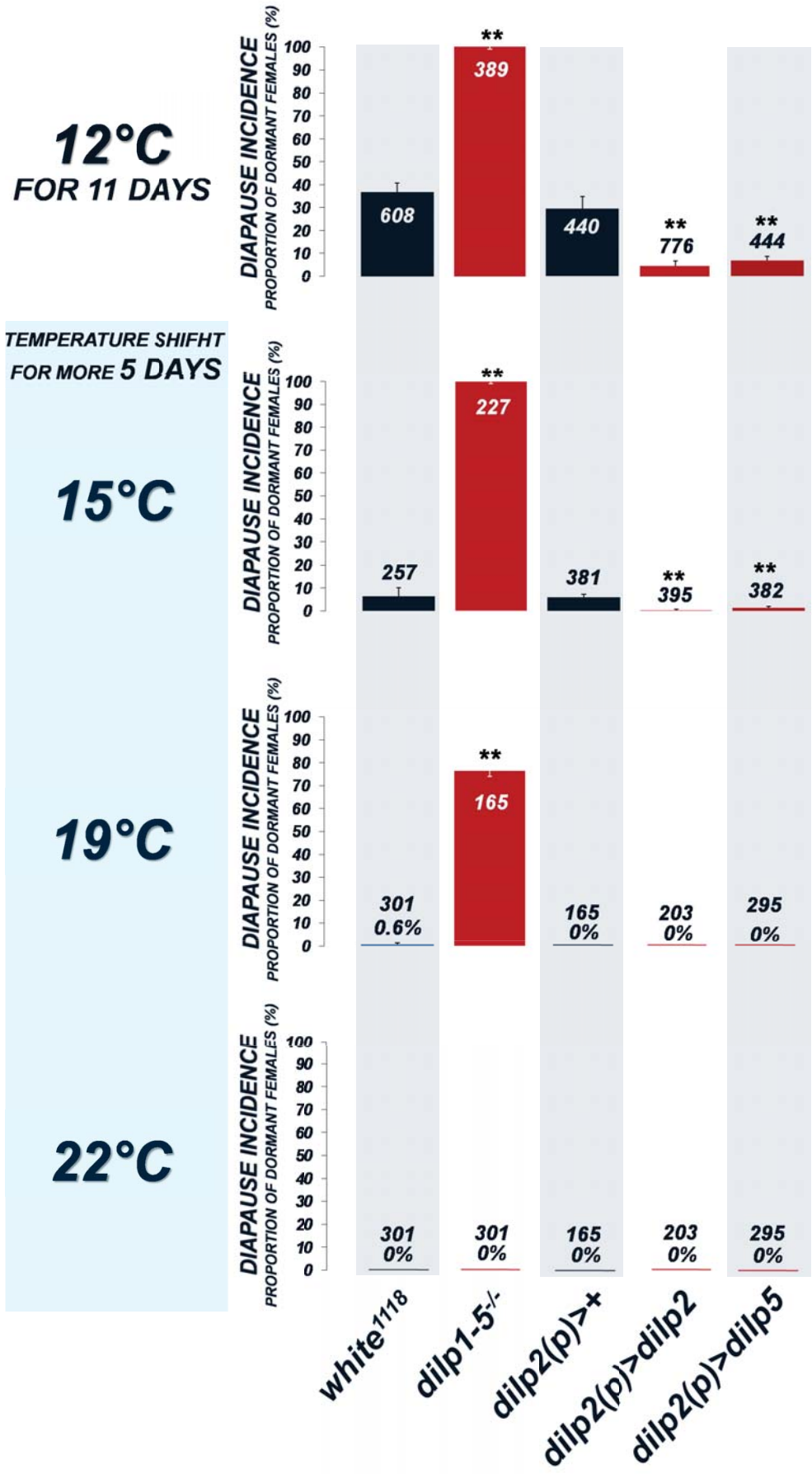


FIGURE 19

REACTIVATION OF GROWTH

11 DAYS SINCE ECLOSION AT 12°C, LIGHT/DARK CYCLES 16:8
AND 5 MORE DAYS AT UNCHANGED CONDITIONS

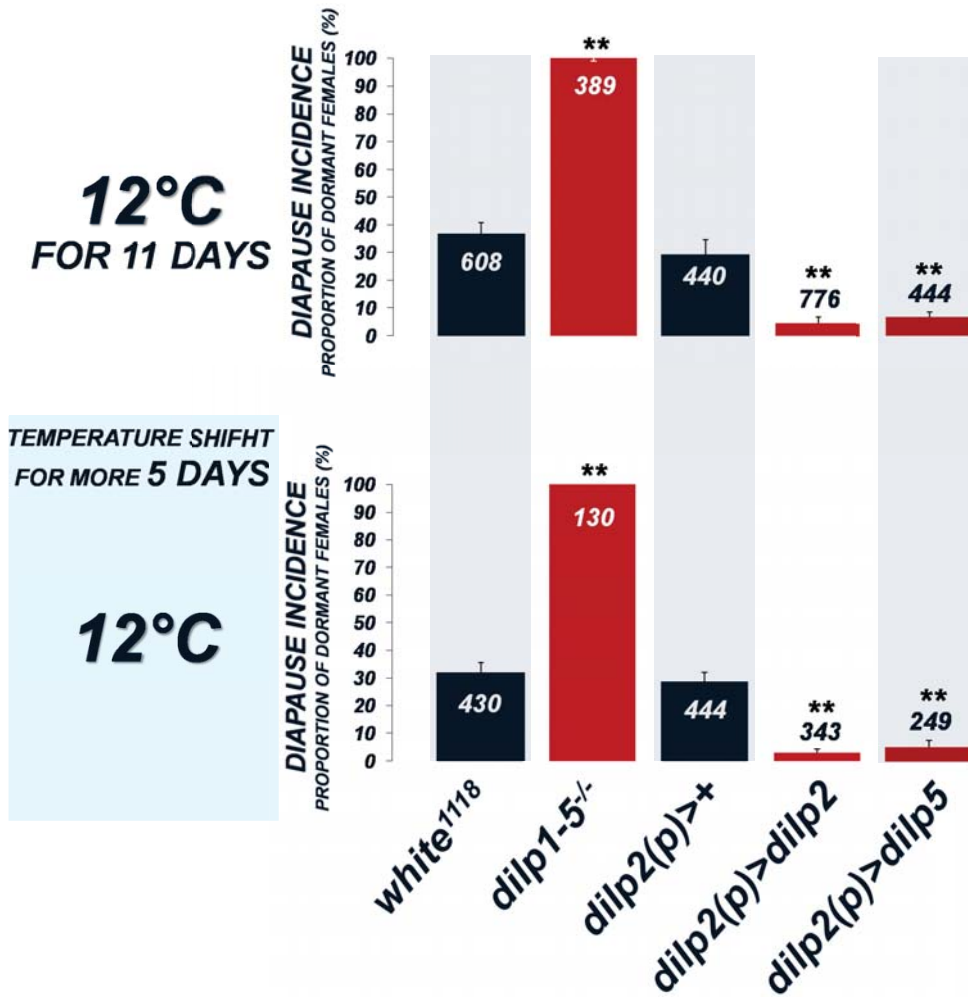


Figure 20. DILP2/5-mediated reactivation of post diapause growth

Effects of the loss of *dilp2/5* genes on gonads maturation of non-diapausing *dilp1-5^{-/-}* flies shown in Figure 19. A representative example is shown for each genotype. The gonads of both *dilp1-5^{-/-}* and *dilp2-3,5^{-/-}* mutants are completely atrophic (DIAP, diapausing) after a shift for 5 days at 12°C. After 5 days of shift to 22°C, the *dilp1-5^{-/-}* mutants break completely diapause but rescue moderately the ovarian maturation (3 representative examples are shown). A full ovarian growth in *dilp1-5^{-/-}* and *dilp2-3,5^{-/-}* mutants appears after 11 days of shift to 22°C. Numbers I and II indicate the two gonads. White bar is 0.2mm. Red arrowheads indicate the vitellogenic egg chambers.

FIGURE 20

LOSS OF *dilp2/5* GENES AND OVARIAN GROWTH UPON SHIFTING FROM 12°C, LD16:8 FOR 11 DAYS TO NEW TEMPERATURE AT LD16:8

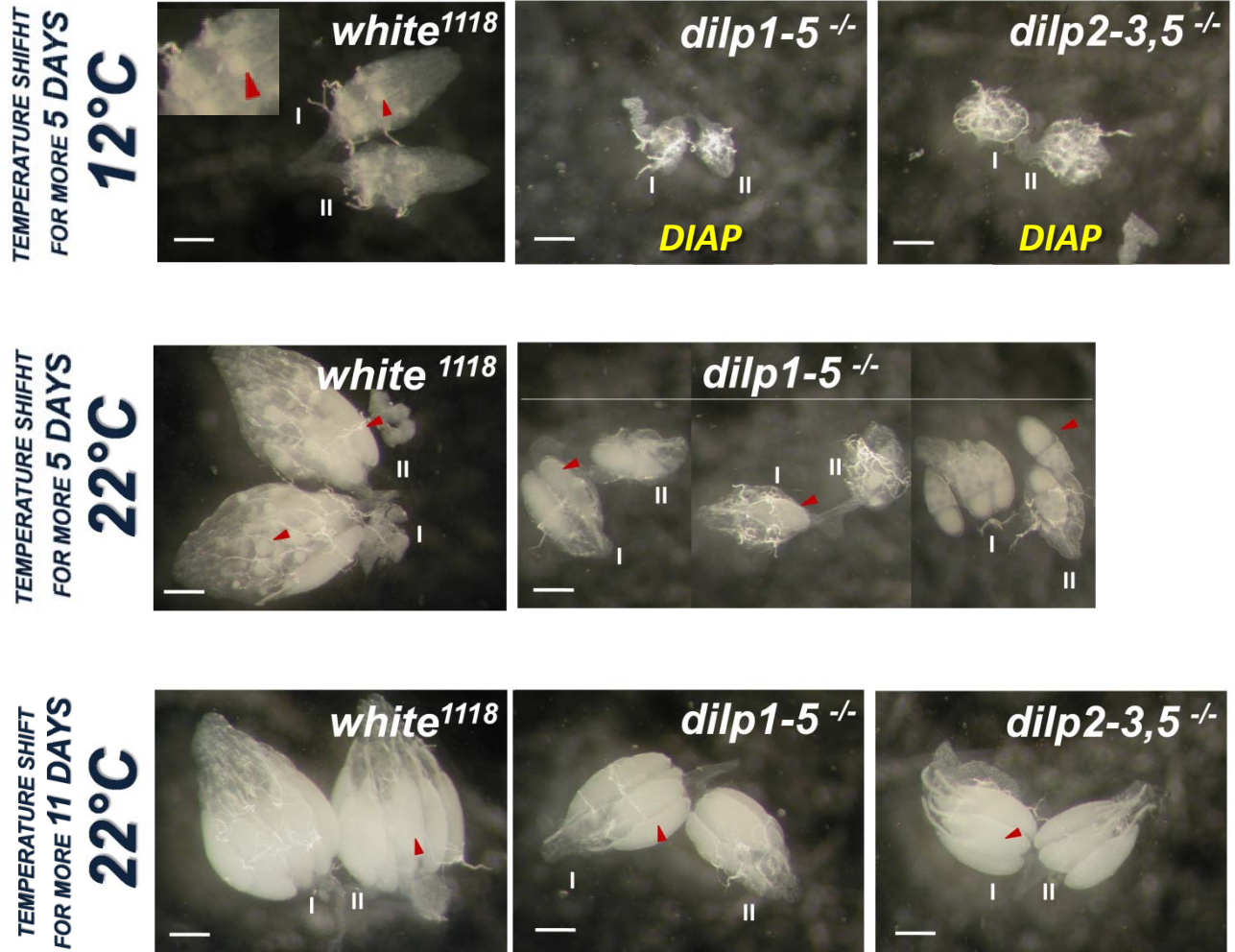


Figure 21. Gain of *dilp2/5* induces a prompt activation of growth, without causing heterochronic effects.

Prompt activation of growth in “diapausing” flies reared for 5 days in diapause-inducing (LD8:16, 12°C) or in diapause-breaking (LD16:8, 12°C) conditions. After 5 days in diapause-breaking (LD16:8, 12°C) conditions, *dilp1-5^{-/-}*, *dilp2-3,5^{-/-}* and MNCs-lacking (*dilp2>hid,rpr*) flies fail to activate growth maintaining high levels of diapause as compared to *white¹¹¹⁸* and *dilp2>+* controls, respectively. Despite the *dilp2(p)>+* control, *dilp2/5* gained flies (*dilp2(p)>dilp2* and *dilp2(p)>dilp5*) promptly activate growth. The *dilp2(p)-gal4* line (*dilp2(p)>*) expresses *Gal4* specifically in MNCs since early larval life. With respect to *dilp1-5^{-/-}* and *dilp2-3,5^{-/-}* knockouts, both single *dilp2^{-/-}* and *dilp5^{-/-}* mutants weakly activate growth. Despite the *dilp2(p)>+* control, *dilp2/5* gained flies (*dilp2(p)>dilp2* and *dilp2(p)>dilp5*) promptly activate gonads growth after 3 and 5 days since eclosion, although reared in diapause-inducing conditions (LD8:16 at 12°C). After 5 days in the same conditions, both *dilp1-5^{-/-}* and MNCs-lacking (*dilp2>hid,rpr*) flies fail to activate growth maintaining high levels of diapause as compared to *white¹¹¹⁸* and *dilp2>+* controls, respectively. After 5 hours since eclosion at 22°C, newly eclosed females of all genotypes exhibit immature (“diapause-like”) gonads. Numbers inside the grey area represent the percentage and the total number of females carrying immature gonads. The “NOT DETERMINED” tag indicates strains for which the assay in those conditions was considered meaningless. Red bars represent the key experiments. The red arrowhead on the bar represents the homozygous *ls-tim* genotype whereas the absence of arrowhead indicate the homozygous *s-tim* genotype. Mean \pm SD of 4 or 5 biological replicates (at least 60 females for each) are shown. Numbers inside bars represent the total number of dissected flies. ** = ($p < 0.001$). Red ** tag represents $p < 0.001$ obtained by comparison with the *dilp1-5^{-/-}* and *dilp2-3,5^{-/-}* multiple knockouts.

FIGURE 21

PROMPT ACTIVATION OF GROWTH
DISSECTION AT DIFFERENT DAYS SINCE ECLOSION AT 12°C

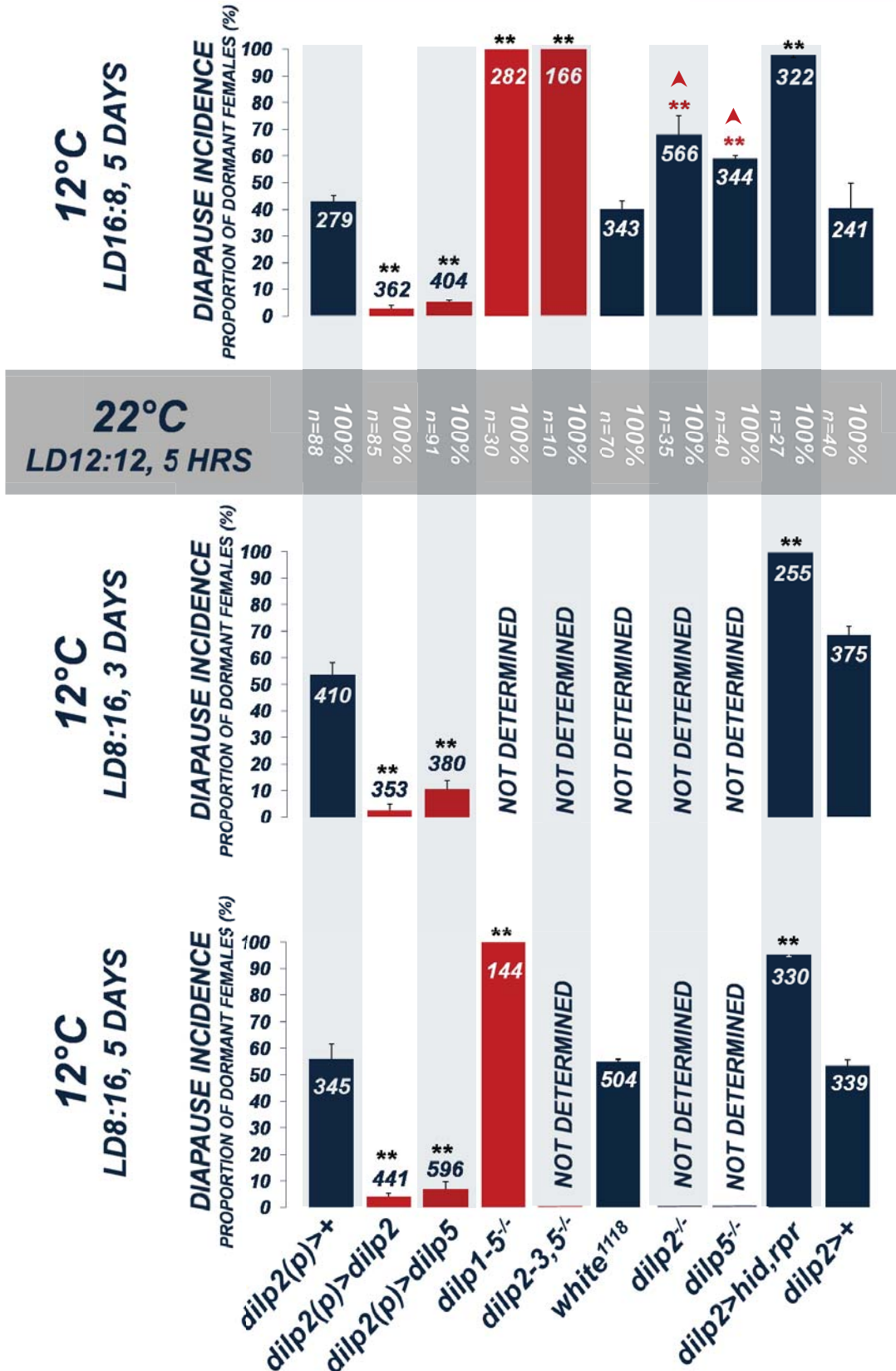
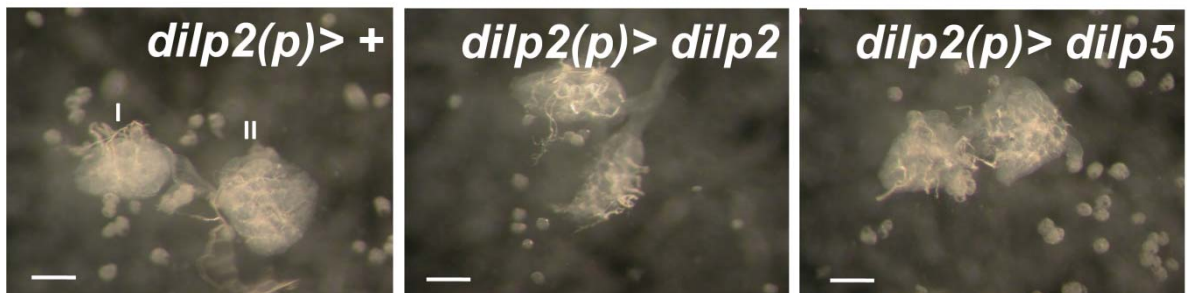


Figure 22. Gain of *dilp2/5* induces a prompt activation of growth, without causing heterochronic effects.

Effects of the gain of *dilp2/5* genes in MNCs on gonads maturation of non-diapausing flies shown in Figure 21. A representative example is shown for each genotype. Numbers I and II indicate the two gonads. White bar is 0.2mm. Red arrowheads indicate the vitellogenic egg chambers. After 5 hours since eclosion at 22°C under LD12:12, all newly eclosed flies exhibit atrophic and immature gonads independently on the genotype. After 5 days in diapause-inducing conditions (LD8:16 at 12°C), *dilp2-gain* (*dilp2(p)>dilp2*) and *dilp5-gain* (*dilp2(p)>dilp5*) flies exhibit fully grown ovaries, with respect *dilp2>+* controls which exhibit only early vitellogenesis.

**EFFECT OF *dilp2/5* GENES ON OVARIAN GROWTH
<5 HRS SINCE ECLOSION**

IN DIAPAUSING CONDITIONS 12°C, LD8:16



**EFFECT OF *dilp2/5* GENES ON OVARIAN GROWTH
5 DAYS SINCE ECLOSION**

IN DIAPAUSING CONDITIONS 12°C, LD8:16

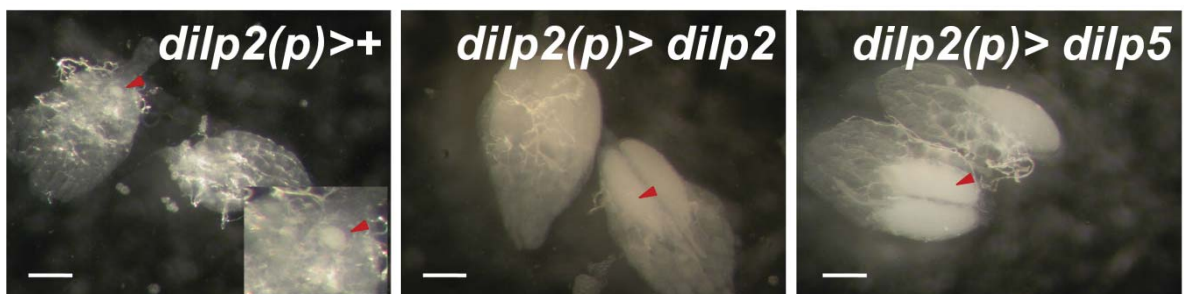


Figure 23. Up-regulation of *dilp2/5* genes in diapausing flies

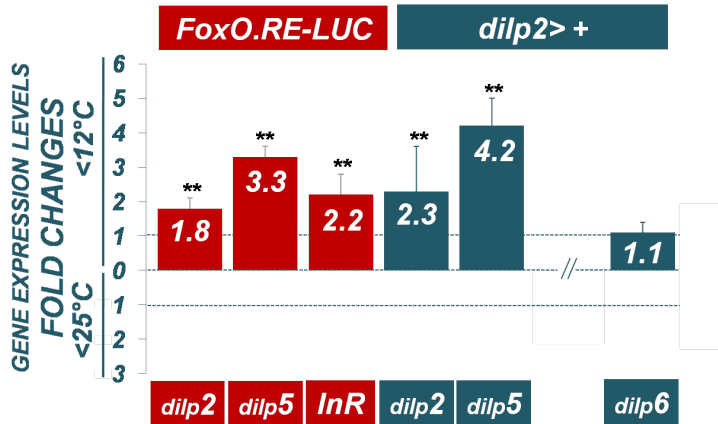
Expression levels of *dilp* genes at 12°C and 25°C, under LD8:16. The “up-bar” represents the up-regulation of the gene at 12°C (<12°C) whereas the “down-bar” represents the downregulation of the gene at 12°C (<25°C). Final normalized expression levels (E) are presented as fold changes ($E_{12^{\circ}\text{C}}/E_{25^{\circ}\text{C}}$ when $E_{12^{\circ}\text{C}} > E_{25^{\circ}\text{C}}$ or $E_{25^{\circ}\text{C}}/E_{12^{\circ}\text{C}}$ when $E_{25^{\circ}\text{C}} > E_{12^{\circ}\text{C}}$). The point at which the expression levels of the two batches are identical is set to 1. Mean \pm SD are shown. Numbers inside the bars represent the average fold change. ** = ($p < 0.01$).

Top. qPCR performed from mRNA extracted from 30 full bodies of females. Five biological replicates were performed. Each gene analyzed is indicated on the bottom of the graph. Analysis performed in two different genotypes: the *FoxO.RE-Luciferase* (in red) and the *dilp2>+* (in blue) genotypes. In both genotypes, expression levels of *dilp2* and *dilp5* genes are increased at 12°C. Levels of *dilp6* are unchanged in *dilp2>+* flies. *InR* gene is overexpressed in *FoxO.RE-Luciferase* flies.

Bottom. qPCR performed from mRNA extracted from 50 isolated heads of *dilp2>+* females. Five biological replicates were performed. Each gene analyzed is indicated on the bottom of the graph. Analysis performed in two different genotypes: the *FoxO.RE-Luciferase* (in red) and the *dilp2>+* (in blue) genotypes. Expression levels of *dilp2*, *dilp3* and *dilp5* genes are increased at 12°C.

GENE EXPRESSION LEVELS IN FEMALE FULL BODY

11 DAYS SINCE ECLOSION AT 12°C or 25°C, LIGHT/DARK CYCLES 8:16



GENE EXPRESSION LEVELS IN ISOLATED HEADS

11 DAYS SINCE ECLOSION AT 12°C or 25°C, LIGHT/DARK CYCLES 8:16

***dilp2>+* FEMALES**

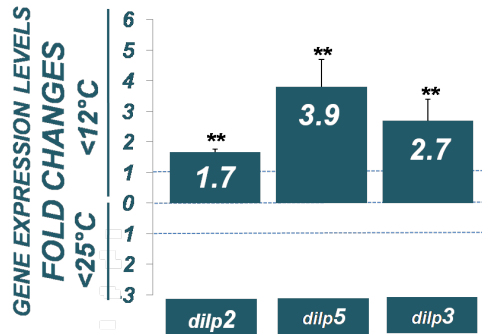


Figure 24. FoxO-responsive reporter gene reveals a diapause-specific profile of IIS

Top. Model of activity of the FoxO-responsive reporter gene, *FoxO.RE-Luciferase*. Transgenic flies carry a firefly *Luciferase* transgene fused to 8 consecutive *FoxO-responsive elements (FREs)*, which transcribe *Luciferase* gene upon FoxO activation. FoxO is activated upon failure of Insulin/IGFs signaling. The levels of Luciferase are a reverse marker of Insulin/IGFs signaling.

Bottom. Levels of Luciferase at 12°C and 25°C, under LD8:16. The “up-vertical bar” represents the up-regulation of *Luciferase* at 12°C (<12°C) whereas the “down-vertical bar” represents the down-regulation of *Luciferase* at 12°C (<25°C). Final normalized levels of Luciferase (L) are presented as fold changes ($L_{12^{\circ}\text{C}}/L_{25^{\circ}\text{C}}$ when $L_{12^{\circ}\text{C}} > L_{25^{\circ}\text{C}}$ or $L_{25^{\circ}\text{C}}/L_{12^{\circ}\text{C}}$ when $L_{25^{\circ}\text{C}} > L_{12^{\circ}\text{C}}$). The point at which the Luciferase levels of the two batches are identical is set to 1. Mean \pm SD are shown. Numbers inside the bars represent the average fold change, those inside the parenthesis indicate the number of biological replicates. The body region analyzed is indicated at the bottom of each column in the graph. ** = ($p < 0.01$).

FoxO.Res-Luciferase REPORTER GENE
11 DAYS SINCE ECLOSION, LIGHT/DARK CYCLES 8:16

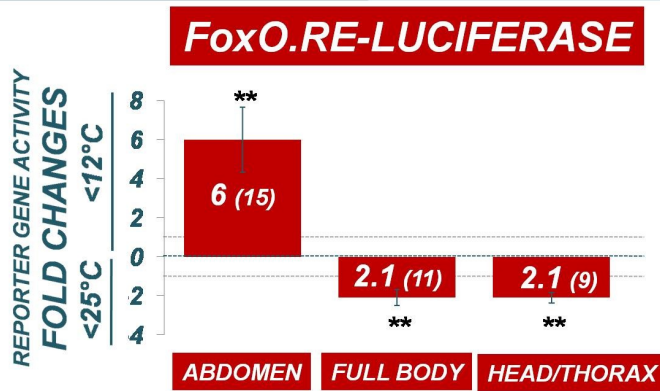


Figure 25. The misregulation of MNCs release of DILPs modulates diapause

Top. Effects of misregulation of MNCs release on diapause response at 12°C under LD16:8 (long days) after 5 and 11 days since eclosion. The *Gal4* drivers express in MNCs neurons but they differ in their temporal expression: the *dilp2-gal4* line (*dilp2>*) expresses *Gal4* specifically since late third larval instar, and the *dilp2(p)>* since the early larval life. Overexpression of the *Na⁺Ch Sodium Channel* (*dilp2>Na⁺Ch* and *dilp2(p)>Na⁺Ch*) inhibit promptly diapause after 5 and 11 days since eclosion, as compared with the controls (*dilp2>+* and *dilp2(p)>+* and *+>Na⁺Ch*). Conversely, the overexpression of *K⁺Ch Potassium Channel* (*dilp2(p)>K⁺Ch*) increases diapause incidence, as compared with the negative controls (*dilp2(p)>Neg-K⁺Ch*) and the transgenic controls (*dilp2(p)>+* and *+>K⁺Ch* and *+>Neg-K⁺Ch*), albeit the exposure to “diapause-breaking” photoperiod. The “NOT DETERMINED” tag indicates strains for which the assay in those conditions was meaningless. Red bars represent the key strains. All the lines were homozygous for *s-tim* allele. Mean ± SD of more than 5 biological replicates (at least 60 females for each) are shown. Numbers inside the bars represent the total number of dissected flies. ** = (p<0.001).

Middle. Effects of the misregulation of MNCs release on gonads maturation of non-diapausing flies shown on top. A representative example is shown for each genotype. The I and II indicates the two gonads. White bar is 0.2mm. Red arrowheads indicate the vitellogenic egg chambers. Note that the gonads of *dilp2(p)>K⁺Ch* flies are completely atrophic (DIAP, diapausing).

Bottom. Effects of misregulation of MNCs release on diapause response at 12°C under LD8:16 (short days) after 5 and 11 days since eclosion. Overexpression of the *Na⁺Ch Sodium Channel* (*dilp2>Na⁺Ch* and *dilp2(p)>Na⁺Ch*) inhibits promptly diapause after 5 and 11 days since eclosion, as compared to the controls (*dilp2>+* and *dilp2(p)>+* and *+>Na⁺Ch*), albeit the exposure to “diapause-inducing” photoperiod. Conversely, the overexpression of *K⁺Ch Potassium Channel* (*dilp2(p)>K⁺Ch*) induces diapause at high levels, as compared with the negative controls (*dilp2(p)>Neg-K⁺Ch*) and the transgenic controls (*dilp2(p)>+* and *+>K⁺Ch* and *+>Neg-K⁺Ch*).

FIGURE 25

MISREGULATION OF MNCs RELEASE

12°C, LIGHT/DARK CYCLES 16:8

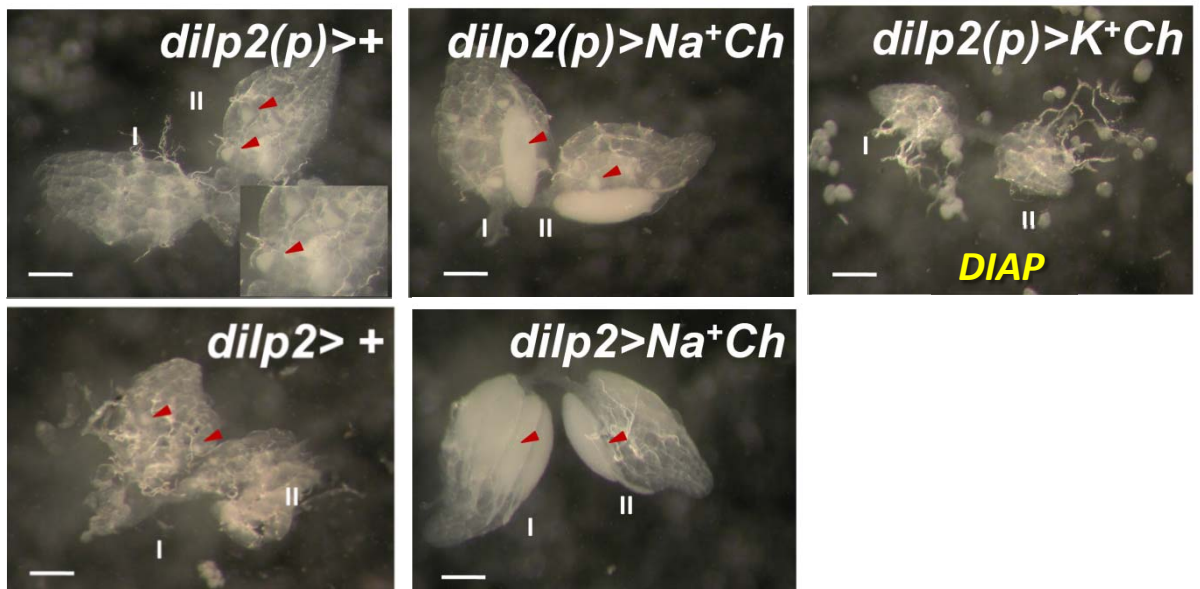
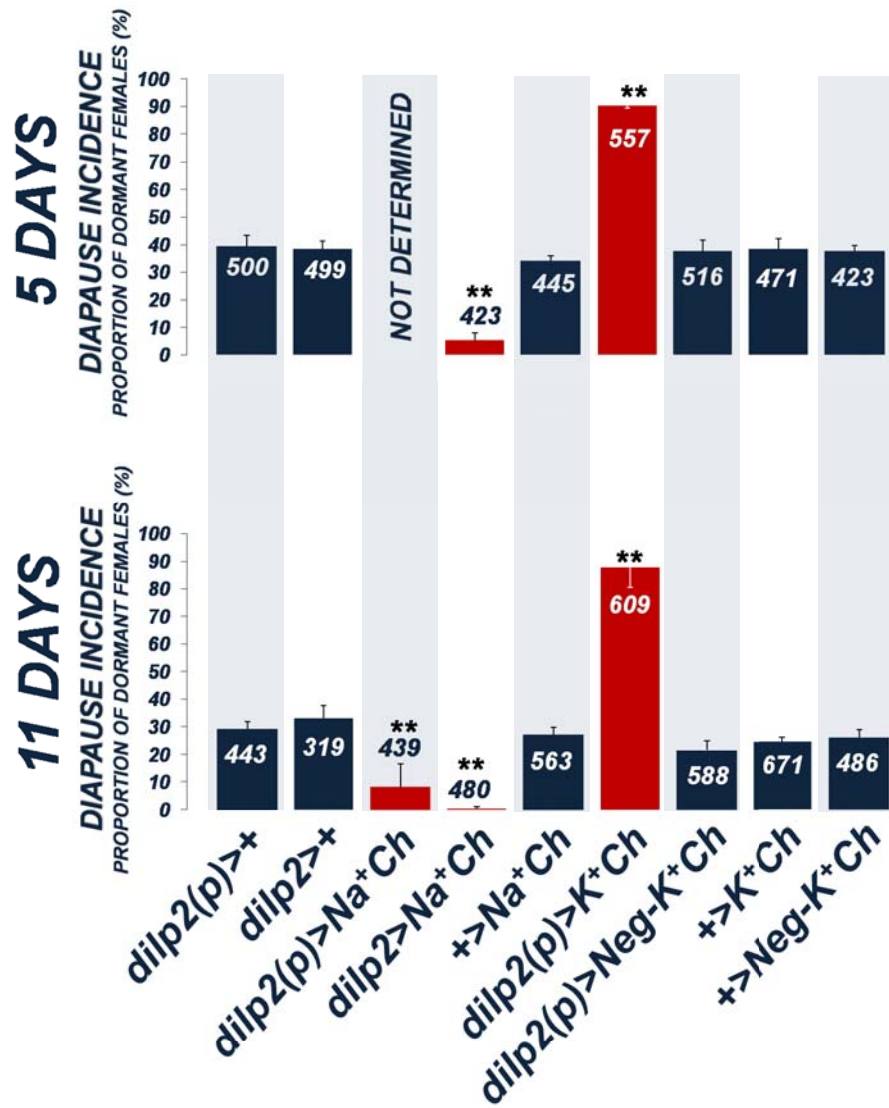


FIGURE 25

MISREGULATION OF MNCs RELEASE

12°C, LIGHT/DARK CYCLES 8:16

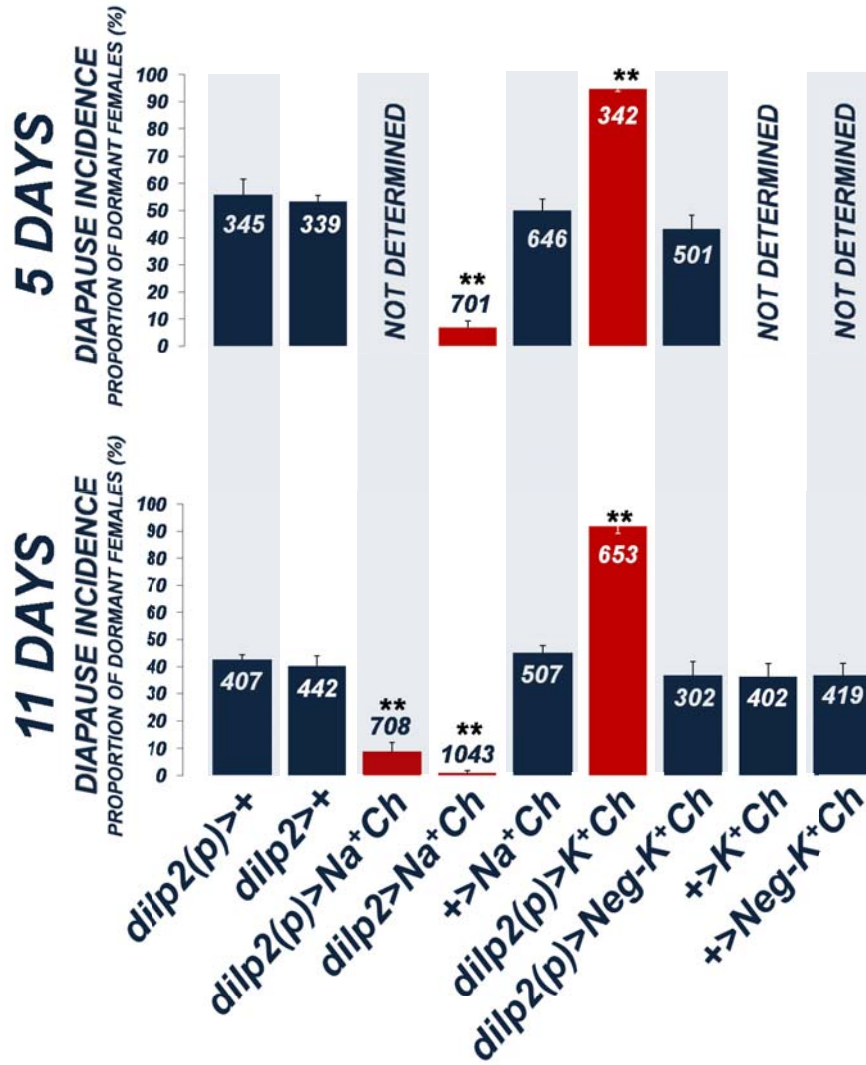


Figure 26. Haemolymphatic increase of DILP2/5 antagonizes diapause

Top. Effects of ectopic overexpression of *dilp2/5* genes on diapause at 12°C under LD8:16 (short days) after 5 or 11 days since eclosion. Overexpression was induced in organs which release growth-factor protein into haemolymph. The *Akh>* driver expresses specifically in CC cells since the early larval life, the *DJ634>* expresses in adult fat body cells, and the *hmgcr(11)>* drives specifically in CA cells since early larval life. Overexpression of *dilp2* and *dilp5* genes decreases strongly diapause incidence, albeit the exposure to “diapause-inducing” photoperiod. Red bars represent the key experiments. The dark blue arrowhead on the bar represent the heterozygous *Is-tim/s-tim* whereas the absence of arrowheads indicates the homozygous *s-tim* genotype. Mean \pm SD of 5 biological replicates (at least 60 females for each) are shown. Numbers inside the bars represent the total number of dissected flies. ** = ($p < 0.001$).

Bottom. Effects of ectopic expression of *dilp2/5* genes in *Corpora Cardiacia* cells on gonads maturation of non-diapausing flies shown on top. A representative example is shown for each genotype. The I and II indicates the two gonads. White bar is 0.2mm. Red arrowheads indicate the vitellogenic egg chambers. Noteworthy, gonads of *Akh>dilp2* and *Akh>dilp5* flies exhibit fully grown ovaries, as compared to the control *Akh>+*.

FIGURE 26

ECTOPIC OVEREXPRESSION

5 or 11 DAYS SINCE ECLOSION AT 12°C, LIGHT/DARK CYCLES 8:16

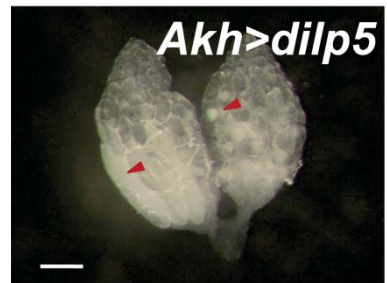
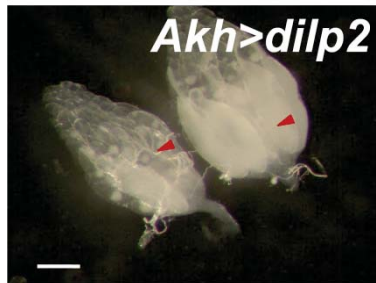
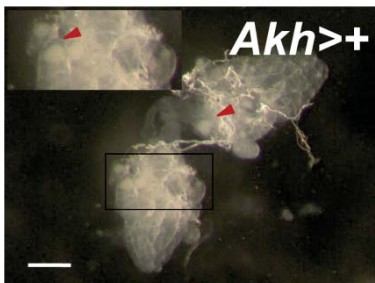
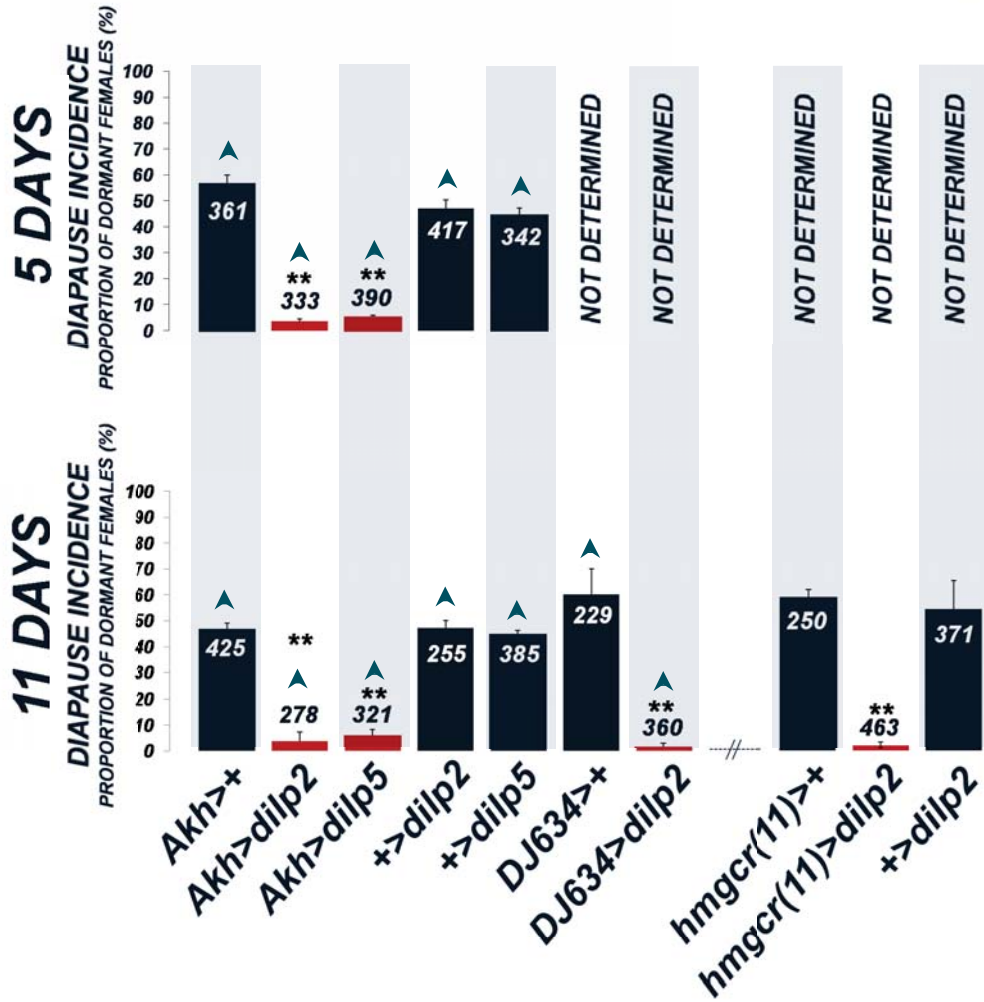


Figure 27. Misregulation of IIS-responsiveness in MNCs and CA affects diapause

All lines are homozygous for *s-tim* variant. Mean \pm SD of 5 biological replicates (at least 60 females for each) are shown. Numbers inside the bars represent the total number of dissected flies. ** = ($p < 0.001$).

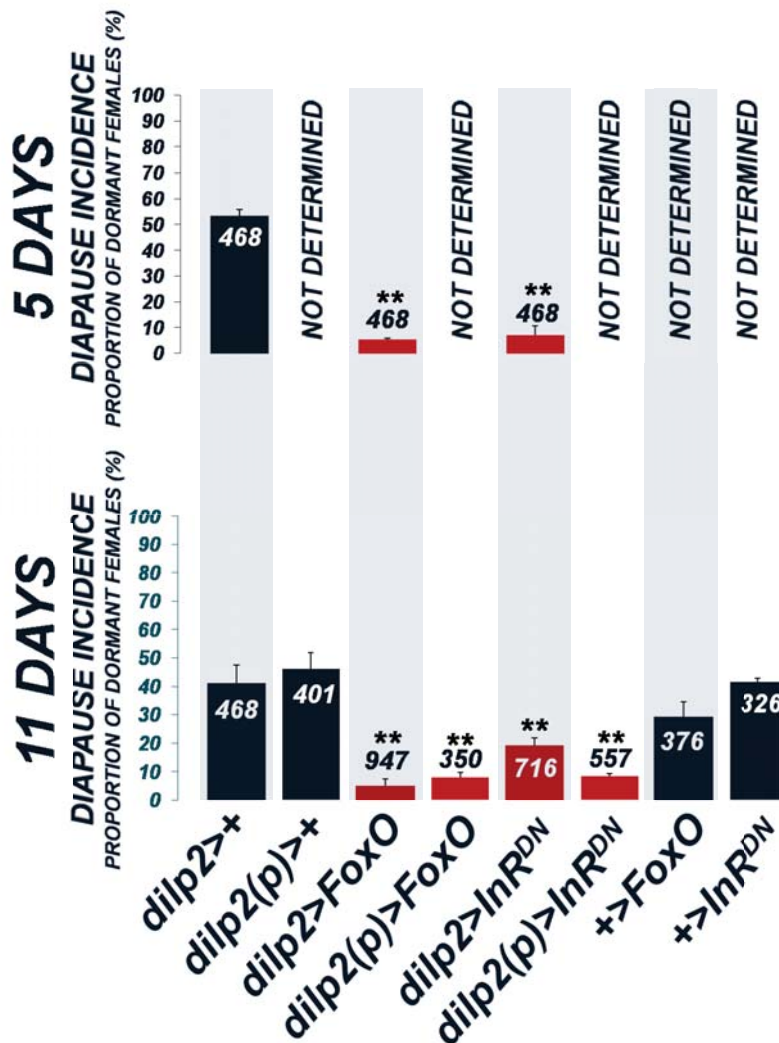
Top. IIS feedback is active during diapause. Effects of *INR* loss or *FoxO* overexpression in MNCs on diapause at 12°C under LD8:16 (short days) after 5 or 11 days since eclosion. *FoxO* overexpression (*dilp2>FoxO* and *dilp2(p)>FoxO*) or *INR*-loss (*dilp2>InR^{DN}* and *dilp2(p)>InR^{DN}*) decreases diapause incidence, as compared with the controls.

Bottom. IIS is hierarchically upstream of JH signaling. The *Aug21>*, *hmgcr(11)>*, and *hmgcr(3)>* drivers expresses in CA but they differ in their temporal expression. The *INR* loss (*Aug21> InR^{DN}* and *hmgcr(11)> InR^{DN}*) and *FoxO*-overexpression (*Aug21>FoxO* and *hmgcr(3)> FoxO*) induces a strong diapause response, as compared with the controls, in spite of the exposure at 12°C and a “diapause-breaking” photoperiod (LD16:8) for 11 days.

FIGURE 27

MISREGULATION OF IIS FEEDBACKS

5 or 11 DAYS SINCE ECLOSION AT 12°C, LIGHT/DARK CYCLES 8:16



MISREGULATION OF IIS IN CA

11 DAYS SINCE ECLOSION AT 12°C, LIGHT/DARK CYCLES 16:8

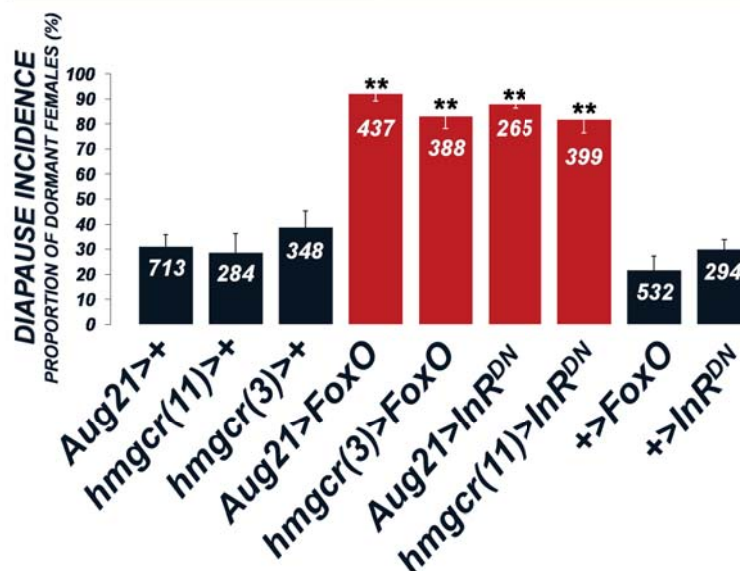


Figure 28. Final model: *dilp2/5* genes link diapause to modifications of holometabolous growth

DILP2/5 act as developmental/growth hormones. Genetic modifications reducing *dilp2/5* dosage or DILP2/5 signaling cause the slowdown of both developmental time and larval growth rate, and enhance the environmental sensitivity of developmental system (potential for diapause inducibility). In perturbing environment (grey area), DILP2/5 decrease below signaling threshold leading FoxO free to override and inducing imaginal diapause (reversible polyphenism). Modifications increasing DILP2/5 signaling accelerate developmental time and reduce developmental plasticity by preventing the fall down of such signaling under threshold. High levels of DILP2/5 buffer the perturbing effects and make the flies unable to induce the diapausing switch (loss of diapause inducibility). The image of adult female is modified by <http://carriearnold.wordpress.com>.

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