

A Girl with Diabetes and Severe Combined Immunodeficiency from Adenosine Deaminase Deficiency

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ABSTRACT

We present a girl with severe combined immunodeficiency (SCID) from adenosine deaminase (ADA) deficiency who developed insulin dependent diabetes mellitus (IDDM). This combination of features has not been previously reported. Because HLA typing (DQbeta-57 Asp/Asp and DQalpha-52 Ser/Ser) showed no alleles usually associated with IDDM, and ICA were repeatedly negative even after treatment with PEG-ADA and gene transplant, hypotheses on the pathogenesis of diabetes mellitus in this patient are discussed.

KEYWORDS

insulin dependent diabetes mellitus, severe combined immunodeficiency, adenosine deaminase deficiency

INTRODUCTION

Hereditary adenosine deaminase (ADA) deficiency is a rare disease accounting for 20-30% of all cases of severe combined immunodeficiency (SCID) /1,2/. Large quantities of toxic metabolites, resulting

from enzyme block, lead to nearly complete destruction of lymphocytes. Affected children usually die before 2 years of age.

Management of the disease has so far utilized bone marrow transplantation, administration of polyethylene glycol ADA (PEG-ADA), and gene therapy approaches /3-5/. Here we report new data on a patient, previously described /6/, affected by ADA deficiency and diabetes mellitus.

PATIENT REPORT

The patient is a girl born in March 1989. Family history is vague because she was adopted. A sibling died from respiratory disease at the age of 1 year. The patient suffered from recurrent respiratory tract infections, oral candidiasis and episodic diarrhea from the age of 6 months. Severe itching and eczema first appeared at the age of one year. Anti-gliadin antibodies (AGA) of the IgA isotype were present. Intestinal biopsy failed to show microscopic patterns compatible with celiac disease.

Diagnosis of SCID from ADA deficiency was made when the patient was 20 months old. The purine nucleotide phosphorylase (PNP) activity was normal (38.1 units/gHb), while complete absence of ADA activity was found both in erythrocytes and in lymphocytes. One month later strong hyperglycemia (800 mg/dl) and severe ketoacidosis (pH 7.17, BE -17) appeared. For this reason insulin treatment was started. At the present time the insulin regimen is

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0.8 IU/kg/day, divided into three doses. Mean HbA_{1c} during the last year of treatment was 6.2 ± 0.5%.

Treatment with PEG-ADA (30 IU/kg/week) resulted in dramatic clinical and immunological improvement (Table 1) /6/. However, after two years of treatment a progressive worsening of the immunological status was noted. Thus, even in absence of anti PEG-ADA antibodies and of clinical signs of immunodeficiency, gene therapy was initiated in February 1993. For this purpose bone marrow cells and peripheral blood leukocytes infected with recombinant retrovirus containing the human ADA gene were transplanted into the patient. During gene therapy, antithyroglobulin and antimicrosomal antibodies were detected. (The details of the gene therapy are reported separately.)

Antibodies against mucosal epithelium of the stomach and against mumps virus, toxoplasma, rubeola and cytomegalovirus remained absent. ICA were repeatedly negative even after treatment with PEG-ADA and gene transplant. The patient was typed for HLA. The serological typing was A1, A26(10); B5, B40; DR14(w6), DR15 (2); DRw52d; DQ1. Further typing for HLA DQB1 and DQA1 loci, using new methods /7,8/ revealed: DQB1* 00531/DQA1* 0101, DQB1* 0601/DQA1* 0103.

Both DQB1 alleles contained an Asp residue in position 57 of the DQ beta chain. Both DQA1 alleles contained a Ser residue in position 52 of the DQ alpha chain. The above DQB1 and DQA1 alleles are strongly associated with resistance to IDDM /7,8/.

DISCUSSION

The difficulty in this patient is to establish the pathogenesis of IDDM. Type I diabetes is an autoimmune disease frequently associated with other autoimmune conditions /9/, but the severe immunodeficiency in our patient makes it difficult to ascertain whether diabetes is of autoimmune origin.

The number of peripheral blood T-lymphocytes in our patient was markedly lower than normal. On the other hand the number of B-lymphocytes was normal, but their function was compromised. This can be seen by the high levels of non-specific and low levels of specific immunoglobulins (anti A and

anti B isohemagglutinins, anti-polio, anti-diphtheria and anti-tetanus antibodies) despite the O Rh positive blood group of the patient and vaccinations against poliomyelitis, diphtheria and tetanus she had received. A non-specific production of immunoglobulins may explain the AGA IgA found at diagnosis with normal intestinal biopsy. AGA IgA disappeared after treatment for immunodeficiency.

If we hypothesise that the IDDM in our patient is of autoimmune origin, then lack of ICA may be due to scant production of specific immunoglobulins. The fact that ICA negativity persisted even after treatment with PEG-ADA and gene transplant seems to exclude immunologic memory to beta-cells, although 20-30% of patients with type I diabetes mellitus fail to exhibit ICA /10/.

At diagnosis the patient presented with low levels of CD8+ and CD3+ and a high percentage of activated T-cells (CD3+ DR+, CD3+ CD25+). The latter finding has not previously been reported in ADA deficiency. The reason for low levels of CD8+ is unknown. Unbalanced equilibrium between CD4 and CD8 positive cells may favor humoral versus cell-mediated response and predispose to a higher frequency of autoantibodies. A low CD8+ count has been reported in a 12 year-old girl with partial ADA deficiency and Hashimoto's thyroiditis /11/.

Another finding compatible with the autoimmune origin of diabetes in our patient is the similarity with diabetes mellitus in BB rats. These animals present severe immune deficiency, low CD3+ and CD8+ lymphocyte count, autoreactive T clones coupled with thymic and bone marrow anomalies, hypereosinophilia and eosinophile infiltrates in the pancreatic islets even before the onset of diabetes /12/. In thymocytes from immunodeficient diabetic BB rats, there has been a recent demonstration of a deficiency of purine nucleoside phosphorylase activity, an enzyme along the same ADA metabolic pathway /13/.

Regarding the possibility of a non-autoimmune pathogenesis, it should be remembered that pathologic changes in non-lymphatic organs have been reported in patients with ADA derangement /14,15/, although direct damage of beta cells from low levels of ADA has not been reported.

A non-autoimmune pathogenesis of diabetes mellitus in our patient may be postulated on the basis of the HLA-DQ genotype strongly associated

TABLE 1

	Time from the beginning of therapy			Normal values
	Basal	2 mo	17 mo	
Lymphocytes / μ l	707	1638	2728	1200 - 7800
Eosinophils / μ l	4040	189		180 -360
Lymphocyte subpopulations (%)				
CD3	44.6	59.0	80	69.1 \pm 14.4
CD4	37.0	51.3	56	43.4 \pm 8.8
CD8	2.1	14.6	17	23.8 \pm 7.7
CD19	17.0	7.0	8	6.8 \pm 3.5
CD20	1.1	8.8		6.0 \pm 3.0
DR	43.0	12.0		12.0 \pm 5
CD25	38.0	11.4		4.0 \pm 0.6
Serum immunoglobulins (mg/dl)				
IgG	1680	1200		462 - 1710
IgA	127	116		27 - 273
IgM	194	110		62 - 257
IgE	4500	1581		< 29,5
Isohaemagglutinins				
Anti A	1:2	1:2		1:8 - 1:512
Anti B	1:2	1:16		1:8 - 1:512
ICA				
ICA	neg	neg	neg	
Anti - thyreoglobulin	neg	neg	pos	
Anti - microsomes	neg	neg	pos	

with resistance to, rather than susceptibility to, IDDM /16/, and because of the absence of ICA even after recovery from immune deficit. Moreover, the data from linkage between MODY, as expressed in the RW pedigree, and the polymorphic locus associated with the ADA gene on chromosome 20 /17,18/ makes it more difficult to interpret the pathogenesis of diabetes in this patient.

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