

## Opinion Paper

Laura Sciacovelli\*, Sandra Secchiero, Andrea Padoan and Mario Plebani

# External quality assessment programs in the context of ISO 15189 accreditation

<https://doi.org/10.1515/cclm-2017-1179>

Received December 17, 2017; accepted April 4, 2018; previously published online May 23, 2018

**Abstract:** Effective management of clinical laboratories participating in external quality assessment schemes (EQAS) is of fundamental importance in ensuring reliable analytical results. The International Standard ISO 15189:2012 requires participation in interlaboratory comparison [e.g. external quality assessment (EQA)] for all tests provided by an individual laboratory. If EQAS is not commercially available, alternative approaches should be identified, although clinical laboratories may find it challenging to choose the EQAS that comply with the international standards and approved guidelines. Great competence is therefore required, as well as knowledge of the characteristics and key elements affecting the reliability of an EQAS, and the analytical quality specifications stated in approved documents. Another skill of fundamental importance is the ability to identify an alternative approach when the available EQAS are inadequate or missing. Yet the choice of the right EQA program alone does not guarantee its effectiveness. In fact, the fundamental steps of analysis of the information provided in EQA reports and the ability to identify improvement actions to be undertaken call for the involvement of all laboratory staff playing a role in the specific activity. The aim of this paper was to describe the critical aspects that EQA providers and laboratory professionals

should control in order to guarantee effective EQAS management and compliance with ISO 15189 accreditation requirements.

**Keywords:** external quality assessment; harmonization; interlaboratory comparison; ISO 15189; ISO 17043; quality.

## Introduction

In laboratory medicine, external quality assessment (EQA) plays a crucial role in the harmonization and standardization processes by ensuring the evaluation and monitoring of the comparability of test results across different laboratories and over time [1–4]. The purpose of EQA programs includes (a) the evaluation of laboratory performance for specific tests and its continuous monitoring, (b) the identification of interlaboratory differences, (c) the evaluation of method/diagnostic system performances, (d) the degree of comparability between methods/diagnostic systems and (e) the monitoring of the success of harmonization/standardization efforts for improving results comparability [5]. Moreover, if recognized reference laboratories identify the assigned value through an approved reference measurement procedure (RMP), EQA information can highlight the metrological traceability of methods/diagnostic systems. Many providers of external quality assessment schemes (EQAS) also supply information to the laboratory on postanalytical aspects (e.g. comparability between measurement units or between reference ranges/decisional limits) when such data are required, reporting them using the same procedure that is used for issuing patient results (same measurement units included in the medical report). EQA providers can evaluate pre-analytical aspects by means of dedicated surveys because control materials call for a preanalytical treatment that is not the one used for patient samples [6–15]. The reliability of the information provided in EQA reports is closely related to a proven commutability of the control materials adopted with a consequent avoidance that differences due to matrix effects are attributed to differences between methods/diagnostic systems.

---

\*Corresponding author: **Laura Sciacovelli**, Department of Laboratory Medicine, University Hospital, Via Giustiniani, 2, 35128 Padova, Italy; and Centre of Biomedical Research, University Hospital, Padova, Italy, Phone +39 049 8214492, E-mail: [laura.sciacovelli@aopd.veneto.it](mailto:laura.sciacovelli@aopd.veneto.it), <http://orcid.org/0000-0003-3156-1399>

**Sandra Secchiero:** Centre of Biomedical Research, University Hospital, Padova, Italy

**Andrea Padoan:** Department of Laboratory Medicine, University Hospital, Padova, Italy. <http://orcid.org/0000-0003-1284-7885>

**Mario Plebani:** Department of Laboratory Medicine, University Hospital, Padova, Italy; and Centre of Biomedical Research, University Hospital, Padova, Italy.

<http://orcid.org/0000-0002-0270-1711>

In recent years, several publications dealing with quality assurance in laboratory medicine have stressed the importance of EQA programs and their correct management in order to provide objective evidence of the acceptability and reliability of examination results [16–19]. Nevertheless, the management of EQAS still remains an open question for laboratory professionals for reasons reported in Table 1 [20, 21].

A process of harmonization is needed in order to make participation in EQAS effective and to guarantee the congruity of EQAS information provided by different providers.

The aim of the present study was to describe the critical aspects that EQA providers and laboratory professionals should control in order to assure the effective management of EQAS and compliance with ISO 15189 accreditation.

## International Standard ISO 15189 and EQA

In section 5.6 (Ensuring Quality of Examination Results), the International Standard for the Accreditation of Medical Laboratories, ISO 15189:2012 [22], reports the requirements to be fulfilled in order to guarantee the correct management of procedures performed for internal quality control (IQC), the interlaboratory comparison programs (e.g. EQAS and proficiency testing) and the comparability of examination results. Moreover, it focuses on the need to implement appropriate assurance procedures to monitor pre- and postanalytical processes, such as the establishment of quality indicators (QIs) (section 4.14.7). Currently, IQC, EQAS and QIs are considered essential tools for medical laboratories in evaluating and monitoring their performance.

Specific EQA requirements, which are specified in ISO 15189 and can be considered the roadmap for implementing reliable procedures [22], are as follows:

- “*the participation in the interlaboratory comparison programmes appropriate to the examination and interpretation of examination results*” and, when they are not commercially available, the establishment of alternative approaches using appropriate materials (“*such materials may include: certified reference materials; samples previously examined; material from cell or tissue repositories; exchange of samples with other laboratories; control materials that are tested daily in interlaboratory comparison programmes*”);
- participation in interlaboratory comparison programmes that: (a) “*substantially fulfils the relevant requirements of ISO/IEC 17043 [23]*”; (b) “*provides clinically relevant challenges that mimic patient samples and have the effect of checking the entire examination process, including pre-examination procedures, and post-examination procedures, where possible*”;
- establishment of “*a documented procedure..... that includes defined responsibilities and instructions for participation, and any performance criteria that differ from the criteria used in the interlaboratory comparison programme*”;
- reviewing and discussing performance in EQAS with relevant staff and, when predetermined performance criteria are not fulfilled, implementing and recording corrective actions, and monitoring their effectiveness. The returned results are to be evaluated for trends that indicate potential nonconformities and preventive action to undertake;
- ethical conduct “*using the same procedures as those used for patient samples. ...not communicate with other participants in the interlaboratory comparison programme about sample data until after the date for submission of the data..... and using confirmatory*

**Table 1:** Current problems experienced by laboratory professionals in selecting EQAS.

- 
- Numerous national and international schemes are commercially available for the same measurand, and often their characteristics are not well defined or precise, nor are conflicts of interest always stated
  - For some measurands, EQAS are unavailable because only a few laboratories perform these specific tests (rare/esoteric or new tests) – or the characteristics of these measurands (e.g. peculiarity of the matrix) preclude preparation of control samples
  - The commutability of control samples is not stated
  - The typology of information described in the report, issued by different providers, often differs even for the same typology of test, creating confusion and misinterpretation
  - The reporting of wrong information due to an incorrect treatment of result processing and performance evaluation – e.g. erroneous: definition of result peer group (by diagnostic system, method, no group), identification of outlier values, choice of statistical approach (parametric, non-parametric), identification of assigned value (value obtained by reference procedure; consensus value, etc.) and definition of analytical performance specifications
  - Difficulty in communication with the EQA provider
-

*examinations before submission of the data*” and not overdoing samples evaluated in different days.

Although the standard calls for all tests provided by the laboratory to undergo EQAS, this is difficult to achieve in some cases as mentioned above. The implementation of alternative procedures to “*provide objective evidence for determining the acceptability of examination results*” requires a professional competence with in-depth knowledge of measurand peculiarities, examination procedures and the purpose of the test and the impact of results on patient outcome.

## External quality assessment schemes: weaknesses

Currently, EQA providers worldwide provide a report for each survey proposed, the aim being to inform each participating laboratory about its analytical performance, the performance of methods/diagnostics systems used and the comparability of results through the analysis of the statistical data of different methods/diagnostic systems. Moreover, some authors call to evaluate the analytical performance in the EQA report, not only in relation to the total error (TE) but also in terms of bias and imprecision to better address the investigation of error causes [24].

In order to guarantee the provision of reliable information, EQA providers must design schemes complying with approved guidelines and recommendations as well as with international standards [18, 25–29]. Awareness must be raised of the commutability of control samples, an important characteristic, in order to avoid any misinterpretation. In particular, commutability can affect the procedure for data processing and identification of the assigned value, the choice of analytical performance specifications (APS) and the evaluation of metrological traceability degree of analytical examination procedures to RMP.

However, it can be difficult for EQA providers to find commutable control samples for all tests included in the schemes, in addition to the increased workload incurred, and the costs. Any failure to achieve or define commutability for one or more measurands, or for a specific examination procedure, must be kept in mind when choosing results processing, identifying an assigned value and performance specifications. If the degree of commutability differs from one diagnostic system to another (same reagent, calibrator and instrument) and all are based on the same method (same methodological/technological principle, e.g. nephelometric, turbidimetric), the results should be processed as diagnostic system-related rather

than method-related, or independently by any group (all results), in order to prevent erroneous evaluations being made on comparing statistical data from different groups [consensus value, interlaboratory variability, CV%, standard deviation (SD)]. Moreover, the evaluation of laboratory performances based on a diagnostic system-related consensus value, rather than a method-related consensus value, ensures that unsatisfactory performances, due to commutability problems, are not inappropriately assigned to laboratory procedures. When the assigned value is obtained with an RMP (reference value), the score between laboratory result and reference value can be incorrectly attributed to a different degree of metrological traceability of the examination procedure used rather than to the RMP. Whenever the reference value is not utilized, no considerations can be made concerning the metrological traceability order of the laboratory method/diagnostic system.

Further important items are statistical approach (parametric or non-parametric) for data processing, the use of mean or median as a consensus value and the estimation of assigned value uncertainty, which is an ISO 17043:2010 requirement.

The uncertainty of assigned value is a requirement of the ISO 17043:2010, and EQA providers “*should have criteria for the acceptability of an assigned value in terms of its uncertainty... that have to be based on a goal to limit the effect that uncertainty in the assigned value has on evaluation, i.e. the criteria limit, the probability of having a participant receive an unacceptable evaluation because of the uncertainty in the assigned value*” [23].

As yet, the “management” of the uncertainty of assigned values (UAV) in relation to performance evaluation has received little attention: if uncertainty is taken into consideration, how can the score between the laboratory result and the assigned value be calculated, and how can the APS be applied? However, the UAV in EQAS reports provides laboratories with useful information for the estimating measurement uncertainty (UM) of examination procedures (requirement of ISO 15189). The UAV, in fact, represents the uncertainty of the bias that is included in the formula for calculating the UM [30].

The choice of APS depends on the scope of the schemes and the aspect of analytical quality to be evaluated (TE, bias, imprecision); consequently, they depend on the target-setting procedure used. Schemes with an educational scope usually have more stringent limits than those with a regulatory scope, and because the consensus value is the most frequently used assigned value and laboratories make one determination, the aspect assessed is generally TE [29]. Figure 1 shows an example of how the laboratory can identify the causes of unsatisfactory performance if it is

**A** Satisfactory laboratory procedures (*desirable*) and metrological traceability of diagnostic system (*optimum*)

Analyte: HbA <sub>1c</sub>		Diagnostic systems: Menarini 8180				
Sample	Laboratory result	n	Assigned value (uncertainty)	Score	Performance	
(Range with uncertainty)						
B-16-05	42.0 mmol/mol	31	Target value	42.3 (0.7) mmol/mol (41.6–43.0)	–18 (24 → –59)	Optimum (Opt → Des)
			Consensus value	43.0 (0.3) mmol/mol (42.7–43.3)	–59 (–41 → –77)	Desirable (Opt → Des)
B-16-06	57.0 mmol/mol	34	Target value	57.9 (0.9) mmol/mol (57.0–58.8)	–39 (0 → –78)	Optimum (Opt → Des)
			Consensus value	59.0 (0.6) mmol/mol (58.4–59.6)	–86 (–59 → –112)	Desirable (Des → Accep)

**B** Unsatisfactory laboratory procedures and metrological traceability of diagnostic system (*unacceptable*)

Analyte: HbA <sub>1c</sub>		Diagnostic systems: Eurogenetics Tosoh G7				
Sample	Laboratory result	n	Assigned value (uncertainty)	Score	Performance	
(Range with uncertainty)						
B-16-05	49.0 mmol/mol	24	Target value	42.3 (0.7) mmol/mol (41.6–43.0)	402 (451 → 354)	Unacceptable (Unac → Unac)
			Consensus value	44.0 (0.9) mmol/mol (43.1–44.9)	288 (347 → 232)	Unacceptable (Unac → Unac)
B-16-06	66.0 mmol/mol	25	Target value	57.9 (0.9) mmol/mol (57.0–58.8)	355 (400 → 311)	Unacceptable (Unac → Unac)
			Consensus value	60.0 (1.1) mmol/mol (58.9–61.1)	254 (306 → 203)	Unacceptable (Unac → Unac)

**C** Satisfactory laboratory procedures (*desirable*) and unsatisfactory metrological traceability of diagnostic system (*unacceptable*)

Analyte: HbA <sub>1c</sub>		Diagnostic systems: Eurogenetics Tosoh G8				
Sample	Laboratory result	n	Assigned value (uncertainty)	Score	Performance	
(Range with uncertainty)						
B-16-05	45.0 mmol/mol	24	Target value	42.3 (0.7) mmol/mol (41.6–43.0)	162 (207 → 118)	Unacceptable (Unac → Accep)
			Consensus value	44.0 (0.9) mmol/mol (43.1–44.9)	58 (112 → 5.6)	Desirable (Accep → Opt)
B-16-06	62.0 mmol/mol	25	Target value	57.9 (0.9) mmol/mol (57.0–58.8)	180 (223 → 138)	Unacceptable (Unac → Accep)
			Consensus value	60.0 (1.1) mmol/mol (58.9–61.1)	85 (134 → 37)	Desirable (Accep → Opt)

**Figure 1:** Example of information reported in the EQA report of EQAS for glycated hemoglobin managed by the Centre of Biomedical Research (Padova, Italy).

The target value has been assigned in fourfold by five approved IFCC network laboratories with IFCC Reference Measurement Procedure (IFCC RMP). Consensus value is the median after elimination of values outside  $\pm$ SDrobust (SDrobust = 75th–25th percentile/1.349). Expanded uncertainty of target and consensus value has been calculated at  $k=2$ , according to ISO 13528:2015.

evaluated on the basis of both reference (target) value and the diagnostic system-related consensus value. Moreover, the example given highlights the way in which laboratory performance can change if the uncertainty value is added to, or subtracted from, an assigned value. The data reported in Figure 1 are results from three laboratories participating in the EQAS for glycated hemoglobin (HbA<sub>1c</sub>) managed by the Centre of Biomedical Research (Padova, Italy) where control materials are fresh whole blood samples (commutable samples) and the APS used was chosen following clinical recommendations. Three performance limits are calculated on the basis of Fraser's formula: optimum (Opt), desirable (Des) and acceptable (Accep) [31, 32]. The target value is assigned in fourfold by five approved IFCC network laboratories with IFCC RMP, and expanded uncertainty is reported at  $k=2$ . The consensus value is the median after the elimination of values outside  $\pm 3SD$  ( $SD=75^{\text{th}}-25^{\text{th}}$  percentile/1.349), and the expanded uncertainty at  $k=2$  related to consensus value is calculated according to the ISO 13528:2015 [33]. The performance is obtained by comparing the score percentage of each result with the APS. The score percentage is calculated according to the formula:  $([\text{laboratory result} - AV]/AV \times APS) 100 \times 100$ , where AV is the assigned value. When the score percentage is from 0 to  $\pm 50$ , the performance is Optimum (Opt), from +50 to +100 or from -50 to -100, *desirable* (Des), from +100 to +150 or from -100 to -150, *acceptable* (Accep) and superior to +150, or inferior to -150 *Unacceptable* (Unac).

The criteria for defining APS, which are now well established, were first recognized in the Conference of the European Federation of Clinical Chemistry and Laboratory Medicine (EFLM) on definition of APS, held in Milan in 2014 [34], but they should be chosen on the basis of the impact that the performance in question has on patient management. A different criterion should therefore be selected for each measurand. Experiences have shown that the most practical specifications to use are those based on biological variation and state-of-the-art criteria because clinical data are not always available [35–37]. However, in the interests of encouraging laboratories to achieve quality improvements, it should be borne in mind that, when the limits based on biological variation are too restrictive (high percentage of laboratories with poor performances) or too wide (high percentage of laboratories with good performance), they should be replaced with other limits that reflect the state of the art (e.g. multiples or under-multiples of those derived from Fraser's formula, so that no more than 25% of the results of laboratories considered have an unacceptable level) [20]. This also applies to situations in which current technology allows the use of more restrictive goals, but the analysis of advantages

to patient management does not justify the effort to maintain such a high level of quality.

Although the criterion suggested by ISO 15189 for the choice of a reliable EQAS is the accreditation of the EQAS provider in compliance with the ISO 17043 [23], this standard reports the requirements, but it does not specify which criteria and procedures the EQA providers are to follow. Consequently, several providers, both nationally and internationally, design their schemes on the basis of different choices, producing different information in each EQAS report.

The freedom to choose different criteria and procedures has given rise to differences between schemes managed by different providers. Calling for EQAS harmonization irrespective of location and choice of provider is the key to assuring reliability of information given in EQAS reports.

## Medical laboratories: competence is needed

Due to lack of harmonization between EQAS, a laboratory participating in EQAS managed by two different providers for the same measurand may receive a non-comparable assessment of its performance. Laboratory professionals are therefore obliged to analyze all characteristics of available EQAS other than evidence of ISO 17043 accreditation (as required by ISO 15189). Different guidelines and recommendations, available in literature from several years, define the appropriate quality specifications (e.g. scheme characteristics, information to be provided in the participant report, provision of advice and education, independence and ethical conduct) to assure the suitability of an EQAS [38, 39]. The competence of laboratory professionals, which is crucial to attaining these ends, should include not only the knowledge of the characteristics affecting the reliability of EQAS and APS stated in approved documents but also the pragmatism needed to identify an alternative whenever the available EQAS are inadequate. The choice of the "right" EQAS does not, *per se*, guarantee its effectiveness [18]. In fact, both the fundamental steps of the analysis of information provided in EQA reports and the identification of improvement actions to be undertaken call for the involvement of all laboratory staff with a role in the specific activity. The individual working in a specific process can identify critical activities, all possible causes of errors, decide upon any adequate corrective actions required and implement the containment factors to obviate any recurrence of the error identified [40].

Another task required by ISO 15189 is the above-reported identification of alternative approaches when EQAS is unavailable. The possible approaches suggested in ISO 15189 are often difficult to follow due to the stability of sample matrix, the shortage of volume or the low frequency of the test request (“*sample previously examined*”), the difficulty in obtaining certified reference material for some tests in addition to related high costs (“*certified reference materials, material from cell or tissue repositories*”), the distance between laboratories that perform the rare/esoteric tests and the identification of bias acceptability between results determined on similar or different instrumentations (“*exchange of samples with other laboratories*”) and the lack of IQC managed in inter-laboratory programs for these types of tests (“*control materials that are tested daily in interlaboratory programmes*”). A pragmatic approach should be used in order to guarantee the confidence of results, and where no approach suggested by ISO 15189 is possible, a clinical audit could be undertaken to investigate the satisfaction of physicians concerning the compliance of results with their clinical purpose.

The competence evaluation of operators on the basis of EQA performance is a practice sometimes used, but it can be questionable when it is not clearly defined how the human factor affects the performance, especially for automated analytical procedures. Otherwise, the evaluation of professional competence through EQA performances is highly effective when the laboratory result is expressed as an interpretative comment (e.g. morphological evaluation of peripheral blood cells). The participation in EQAS should involve each and every professional who issues interpretative comments, as occurs for patient samples, in order to evaluate not only the degree of professional competence but also the congruity between comments formulated by different professionals [41, 42].

## Pathway towards harmonization

ISO 15189 accreditation emphasizes the importance of laboratory professionals’ aware participation in EQAS, calling for their competence and the achievement of performance improvement by means of a structured process planned and implemented on the basis of an appropriate root cause analysis and the implementation of corrective actions by all staff involved in the specific activities. In fact, although criteria and procedures on the implementation of suitable EQAS are available, it is recognized that it is not always possible to comply with them for all laboratory tests. Moreover, numerous EQAS providers are present on

the market, proposing schemes based on designs, criteria and procedures that vary greatly.

Efforts for harmonization must be planned and must involve all stakeholders: EQAS providers and laboratory professionals, accreditation auditors and in vitro diagnostic (IVD) manufacturers. Moreover, the European Organization for External Quality Assurance providers in Laboratory Medicine (EQALM) has an important role in highlighting relevant issues for discussion in scientific meeting or working groups [www.eqalm.org].

The process of harmonization should start in defining if the quality specifications for schemes with educational scope have to be different or equal to those with regulatory scope. However, for educational schemes harmonization is supposedly easier to achieve, and for regulatory schemes the different peculiarities of national institutions make this difficult. As it is widely recognized that laboratory performances depend on all phases of the total testing process, not only on the intra-analytical phase, it should be considered whether the opportunity “to judge” the accuracy of laboratory results on the basis of the PT is best, or if it would be better to judge on the basis of an accreditation process such as the ISO 15189 [22].

EQA providers, working together to guarantee the harmonization of information provided and facilitate the choice of laboratories, should at least

- define the more suitable quality specifications to be implemented and universally adopted, in relation to each measurand;
- support laboratories in the identification of alternative approaches to follow when EQAS are unavailable;
- identify the information to describe in the reports that guarantee the comprehensibility of the causes of unacceptable performance, in particular when they are due to laboratory problems or inadequate performance of the examination procedure used.

Moreover, the collaboration between EQA providers allows the use of high-quality control samples and the verification of their commutability, and attains a more statistically significant level of data processing, thus reducing inherent costs. A further advantage is the potential to implement schemes for analytes for which an individual EQA organizer does not have enough participants to justify setting up a scheme, promoting quicker coverage of more analytes.

The choice of the providers concerning the more suitable quality specifications to be adopted has to be based on considerations of the test purpose in order to guarantee that the performance assessment best reflects the impact on test interpretation.

Laboratory professionals should strive to develop a well-structured system for the EQAS management that includes, for example, a laboratory operating procedure (SOP), checklists, and specific QIs. An SOP helps to identify the more appropriate EQAS on the basis of scheme characteristics, to maintain congruent behavior between different operators, to carry out all needed steps to achieve effective findings and to avoid the risk of the error underestimation. All operators follow the same criteria and procedures and pursue the quality objectives seeking the same

**External Quality Assessment Schemes (EQAS): identification of problems and errors**

Name of EQAS:..... EQA provider.....  
 Sample:..... Date of sample testing: .....  
 Analyte:..... Survey (number-year): .....  
 Performance unsatisfactory: score observed.....  
 Performance acceptable but worsening: score observed .....

**INVESTIGATION OF UNSATISFACTORY PERFORMANCE CAUSES**

***Problems of control material transportation***

Have control materials been received in suitable condition?  YES  NO  
 - If not, describe reason for unsuitability: .....  
 - If not, and no replacement required, describe reason:.....

***Clerical activities associates with the test***

- Result not communicated
- Delay in samples determination
- Results reported for wrong sample
- Transcription error
- Incorrect units reported
- Failure to convert result to reporting units requested
- Misplaced decimal point
- Incorrect method selected
- Failure to communicate method change
- Results reported for wrong analyte
- Data entry error
- Test tubes mislabeled
- Other problems .....

***Technical problems***

- Wrong sample tested
- Inadequate mixing of sample
- Result incorrectly interpreted
- Error in reconstitution of lyophilized samples
- Inappropriate handling of sample
- Pipette not appropriately calibrated
- Incorrect instrument calibration
- Instrument error message misinterpreted
- Failure to add reagent or sample to tests system
- Calculation error
- Dilution or pipetting error
- Testing delayed
- Failure to act on inappropriate IQC results
- Failure to observe instrumentation problems
- Equipment not appropriately maintained
- Written procedures not followed
- Other technical problems.....

***Methodological problems***

- Method not validated
- Method inaccurate
- Method imprecise
- Method lacks sensitivity and/or specificity
- Method subjected to interference not indicated
- Inappropriate incubation conditions
- Erroneous calibrator value
- Carry-over from previous sample
- Procedures described inadequately
- Reagents and calibrators inappropriately stored
- Expired reagents and calibrators
- Inappropriate IQC materials
- Limits on IQC charts too wide
- IQC materials not at relevant analyte concentrations
- Inadequate number of IQC materials
- Lack of validation rules for IQC results
- Inadequate validation rules for IQC results
- Standardization of diagnostic system inadequate/Lack of standardization of diagnostic system
- Water supply problems
- Method affected by temperature in lab
- Other methodological problems .....

***Equipments problems***

- Planned maintenance not performed
- Detection system error
- Insufficient aspiration of sample
- Obstruction of instrument tube
- Electrical interference
- Instrument software error
- Other equipment problems .....

***Organizational problems***

- Communication flows of information inadequate

**Figure 2:** Example of checklist for identification of causes of unsatisfactory performance in EQAS.

- |   |   |
|---|---|
| <input type="checkbox"/> Staff not qualified to perform task                | <b><u>EOAS problems</u></b>   |
| <input type="checkbox"/> Staff training for performing task inadequate      | <input type="checkbox"/> EQA materials inadequate                       |
| <input type="checkbox"/> Supervision unavailable                            | <input type="checkbox"/> Data processing inappropriate                  |
| <input type="checkbox"/> Lack of organizational awareness or prioritization | <input type="checkbox"/> Criteria for performance evaluation inadequate |
| <input type="checkbox"/> Other organizational problems.....                 | <input type="checkbox"/> EQA worksheet difficult to understand          |

ATTACHMENTS (report the documents as objective evidence):.....

**ACTIONS TO UNDERTAKE**

<i>Actions (identify with: CA = corrective actions; PA = preventive actions; IA = Improvement actions)</i>	<i>Responsibility</i>	<i>Expected implementation date</i>	<i>Effective implementation date</i>
<b>Signature of process owner</b> .....			<b>Date:</b> .....
<b>Signature of operator responsible for action implementation</b> .....			<b>Date:</b> .....
<b>Signature of Quality Manager</b> .....			<b>Date:</b> .....

**ASSESSMENT OF EFFECTIVENESS OF THE ACTIONS UNDERTAKEN**

<i>Findings of assessment</i>	<i>Responsibility</i>	<i>Expected implementation date</i>	<i>Effective implementation date</i>
<b>Signature of process owner</b> .....			<b>Date:</b> .....
<b>Signature of person responsible for assessment</b> .....			<b>Date:</b> .....
<b>Signature of Quality Manager</b> .....			<b>Date:</b> .....

Figure 2 (continued)

goals. Moreover, supervision by a designated senior professional to validate the improvement actions and define the intervention priorities guarantees that this activity is integrated in the entire quality assurance system.

Specific checklists, useful tools for remembering all possible causes of error for analysis, guarantee the collection of all evidence necessary to demonstrate, and obviate, the causes of error. Figure 2 gives an example of a checklist used for identifying unsatisfactory performance in our laboratory since 2016. It reports some items proposed by other authors, demonstrating the validity of this approach for the root cause analysis [19]. The checklists should also be used when the performance, satisfactory and unsatisfactory, demonstrates a worsening in at least the last two surveys in order to prevent the occurrence of unacceptable performance. For all EQA results, the laboratory should evaluate the distribution of the scores. For example, if all results are above or below the assigned value of the acceptable range, a calibration problem may be present.

The suitability of the SOPs used for the internal management of EQAS should, furthermore, be monitored by specific QIs that, periodically evaluated during the year, allow the identification of the improvement needs of the

procedures in place. Table 2 reports QIs proposed by the Working Group “Laboratory Errors and Patient Safety” (WG-LEPS) of the International Federation of Clinical Chemistry and Laboratory Medicine (IFCC), together with the results collected in the last few years [43]. A well-constructed EQA management plan will allow the laboratory to meet quality and accreditation requirements and to verify the measurement processes associated with the purpose of tests at a minimum of expense.

ISO 15189 accreditation auditors should be able to understand the choices made by laboratories and evaluate the competence of professionals in the management of EQA procedures. High competence is also required to the ISO 17043 accreditation auditors to evaluate the characteristics, performance specifications and information of schemes designed by EQA providers. The IVD manufacturers must support laboratories and EQA providers by providing high-quality products and reliable technical information (e.g. metrological traceability).

The activities of all stakeholders must be coordinated by the scientific societies and international federations that have the task of promoting the preparation of guidelines and recommendations that help, on the one hand,



**Table 2:** Quality indicators concerning EQAS management included in Model of Quality indicators proposed by IFCC WG-LEPS.

Indicator	Year	Percentile			
		25th	50th	75th	
Percentage of: number of tests without EQA-PT control/total number of tests in the menu	Intra-EQA	2014	14.82	31.82	47.31
		2015	15.28	24.93	34.40
		2016	13.04	24.62	45.07
Percentage of: number of unacceptable performances in EQAS-PT Schemes, per year/total number of performances in EQA Schemes, per year	Intra-Unac	2014	0.77	2.54	4.62
		2015	1.89	2.40	3.13
		2016	2.48	2.61	3.82
Percentage of: number of unacceptable performance in EQAS-PT Schemes per year occurring to previously treated cause/total number of unacceptable treated cause/total number of unacceptable performances	Intra-PPP	2014	0	0	10.36
		2015	0	0	3.17
		2016	0	0	3.26

Data collected between years 2014 and 2016.

laboratories to carry out suitable procedures to manage the EQAS and, on the other hand, the EQA providers to design reliability schemes on the basis of the same characteristics and performance specifications. Moreover, they should support the divulgation of the approved documents and the training of all the stakeholders.

## Conclusions

Medical laboratories have long used EQA procedures, but continuous progress made in laboratory medicine calls for constant development and change in EQA design. As a logical evolution in quality management, EQA organizers must arrange their schemes according to quality specifications in order to constantly encourage improvement to higher standards, thus striving to meet laboratory and clinical needs.

There is an urgent need to harmonize the criteria and procedures used by different EQAS providers in order to guarantee the suitability of information provided to laboratories and facilitate them in report interpretation; in particular, guidelines that describe a structured approach to carry out EQA procedures should be issued when it is not possible to comply with the quality specifications suggested by approved documents [21, 44]. The process of harmonization is not easy and requires considerable efforts to share and continuously update choices on the basis of increasingly better quality criteria. Initiatives designed to coordinate harmonization activities

at an international level are welcome, but only a closer cooperation between scientific and professional organizations, laboratory professionals and IVD manufacturers, will allow us to achieve a greater interchangeability and comparability of laboratory information. This is a duty and an ethical mandate for laboratory professionals and their scientific organizations [2].

**Author contributions:** All the authors have accepted responsibility for the entire content of this submitted manuscript and approved submission.

**Research funding:** None declared.

**Employment or leadership:** None declared.

**Honorarium:** None declared.

**Competing interests:** The funding organization(s) played no role in the study design; in the collection, analysis, and interpretation of data; in the writing of the report; or in the decision to submit the report for publication.

## References

1. Plebani M. Harmonization in laboratory medicine: the complete picture. *Clin Chem Lab Med* 2013;51:741–51.
2. Plebani M. Harmonization in laboratory medicine: more than clinical chemistry? *Clin Chem Lab Med* 2018;56:1579–86.
3. Ceriotti F. The role of external quality assessment schemes in monitoring and improving the standardization process. *Clin Chim Acta* 2014;432:77–81.
4. Jones GR. The role of EQA in harmonization in laboratory medicine – a global effort. *Biochem Med (Zagreb)* 2017;27:23–9.

5. Cobbaert C, Weykamp C, Franck P, de Jonge R, Kuypers A, Steigstra H, et al. Systematic monitoring of standardization and harmonization status with commutable EQA-sample-Five year experience from the Netherlands. *Clin Chim Acta* 2012;414:234–40.
6. Vasikaran S, Sikaris K, Kilpatrick E, French J, Badrick T, Osypiw J, et al. IFCC WG harmonization of quality assessment of interpretative comments. Assuring the quality of interpretative comments in clinical chemistry. *Clin Chem Lab Med* 2016;54:1901–11.
7. Secchiero S, Sciacovelli L, Giurato E, Bonvicini P, Plebani M. External quality assessment scheme: tentative trial on pre-analytical phase. Part I. *Clin Chem Lab Med* 1999;37:S296.
8. Secchiero S, Sciacovelli L, Giurato E, Bonvicini P, Plebani M. External quality assessment scheme: tentative trial on pre-analytical phase. Part II. *Clin Chem Lab Med* 1999;37:S282.
9. Secchiero S, Sciacovelli L, Bonvicini P, Siviero A, Plebani M. EQA programs for biomedical research center: (tentative) trial on the post-analytical phase. *Clin Chem Lab Med* 1999;37:S282.
10. Sandberg S, Thue G. External quality assurance of test requesting and test interpretation. *Accredit Qual Assur* 1999;4:414–5.
11. Vasikaran SD, Penberthy L, Gill J, Scott S, Sikaris KA. Review of a pilot quality-assessment program for interpretative comments. *Ann Clin Biochem* 2002;39:250–60.
12. Sciacovelli L, Zardo L, Secchiero S, Zaninotto M, Plebani M. Interpretative comments and reference ranges in EQA programs as a tool for improving laboratory appropriateness and effectiveness. *Clin Chim Acta* 2003;333:209–19.
13. Lim EM, Vasikaran SD, Gill J, Calleja J, Hickman PE, Beilby J, et al. A discussion of cases in the 2001 RCPA-AQAP chemical pathology case reports comments program. *Pathology* 2003;35:145–50.
14. Lim EM, Sikaris KA, Gill J, Calleja J, Hickman PE, Beilby J, et al. Quality assessment of interpretative commenting in clinical chemistry. *Clin Chem* 2004;50:632–7.
15. Kristensen GB, Aakre KM, Kristoffersen AH, Sandberg S. How to conduct external quality assessment schemes for the pre-analytical phase? *Biochem Med (Zagreb)* 2014;24:114–22.
16. Plebani M. Appropriateness in programs for continuous quality improvement in clinical laboratories. *Clin Chim Acta* 2003;333:131–9.
17. Sciacovelli L, Secchiero S, Zardo L, Zaninotto M, Plebani M. External quality assessment: an effective tool for Clinical Governance in laboratory medicine. *Clin Chem Lab Med* 2006;44:740–9.
18. James D, Armes D, Lopez B, Still R, Simpson W, Twomey P. External quality assessment: best practice. *J Clin Pathol* 2014;67:651–5.
19. Kristensen GB, Meijer P. Interpretation of EQA results and EQA-based trouble shooting. *Biochem Med (Zagreb)* 2017;27:49–62.
20. Sciacovelli L, Zardo L, Secchiero S, Plebani M. Quality specifications in EQA Schemes: from theory to practice. *Clin Chim Acta* 2004;346:87–97.
21. Jones GR. Analytical performance specifications for EQA schemes – need for harmonization. *Clin Chem Lab Med* 2015;53:919–24.
22. International Organization for Standardization (ISO). Medical laboratories – particular requirements for quality and competence. ISO 15189:2012.
23. International Organization for Standardization (ISO). Conformity assessment – general requirements for proficiency testing. ISO 17043:2010.
24. Thelen MH, Jansen RT, Weykamp CW, Steigstra H, Meijer R, Cobbaert CM. Expressing analytical performance from multi-sample evaluation in laboratory EQA. *Clin Chem Lab Med* 2017;55:1509–16.
25. International Federation of Clinical Chemistry (IFCC). Fundamental for external quality assessment (EQA). 1997.
26. International Laboratory Accreditation Cooperation (ILAC). Guidelines for the requirements for the competence of providers of proficiency testing schemes. Silverwater, NSW, Australia: ILAC-G13, 2000.
27. World Health Organization (WHO). External Quality Assessment of Transfusion Laboratory Practice. Guidelines on Establishing an EQA Scheme in Blood Group Serology. Geneva: World Health Organization, 2004.
28. Clinical and Laboratory Standards Institute (CLSI). Design of Molecular Proficiency Testing/External Quality Assessment. Approved Guideline, 2nd ed. MM14-A2. 2013.
29. Jones GR, Albaredo S, Kessler D, MacKenzie F, Mammen J, Pedersen M, et al. Analytical specifications for external quality assessment – definitions and descriptions. *Clin Chem Lab Med* 2017;55:949–55.
30. Padoan A, Antonelli G, Aita A, Sciacovelli L, Plebani M. An approach for estimating measurement uncertainty in medical laboratories using data from long-term quality control and external quality assessment schemes. *Clin Chem Lab Med* 2017;55:1696–701.
31. Fraser CG, Hyltoft Petersen P, Libeer JC, Ricos C. Proposals for setting generally applicable quality goals solely based on biology. *Ann Clin Biochem* 1997;34:8–12.
32. Braga F, Panteghini M. Standardization and analytical goals for glycosylated hemoglobin measurement. *Clin Chem Lab Med* 2013;51:1719–26.
33. International Organization for Standardization (ISO). Statistical methods for use in proficiency testing by interlaboratory comparison. ISO 13528:2015.
34. Sandberg S, Fraser CG, Horvarth AR, Jansen R, Jones GR, Oosterhuis W, et al. Defining analytical performance specifications: consensus statement from the 1<sup>st</sup> strategic conference of the European Federation of Clinical Chemistry and Laboratory Medicine. *Clin Chem Lab Med* 2015;53:833–5.
35. Sciacovelli L, Secchiero S, Zardo L, Plebani M. External quality assessment schemes: need for recognised requirements. *Clin Chim Acta* 2001;309:183–99.
36. Carobene A, Franzini C, Ceriotti F. Comparison of the results from two different external quality assessment schemes supports the utility of robust quality. Specifications. *Clin Chem Lab Med* 2011;49:1143–9.
37. Haeckel R, Wosniok W, Kratochvila J, Carobene A. A pragmatic proposal for permissible limits in external quality assessment schemes with a compromise between biological variation and the state of the art. *Clin Chem Lab Med* 2012;50:833–9.
38. Clinical and Laboratory Standards Institute (CLSI). Using Proficiency Testing to improve Clinical Laboratory – Approved Guideline, 2nd ed. GP27-A2. 2007.
39. Clinical and Laboratory Standards Institute (CLSI). Assessment of laboratory tests when proficiency testing is not available. Approved Guideline, 2nd ed. GP29-A2. 2008.

40. Plebani M, Sciacovelli L, Aita A, Padoan A, Chiozza ML. Quality indicators to detect pre-analytical errors in laboratory testing. *Clin Chim Acta* 2014;432:44–8.
41. Sciacovelli L, Aita A, Padoan A, Antonelli G, Plebani M. ISO 15189 Accreditation and competence: a new opportunity for laboratory medicine. *J Lab Precis Med* 2017;2:79.
42. Plebani M, Sciacovelli L. ISO 15189: navigation between quality management and patient safety. *J Med Biochem* 2017;36:225–30.
43. Sciacovelli L, Lippi G, Sumarac Z, West J, Garcia Del Pino Castro I, Furtado Vieira K, et al. Quality indicators in laboratory medicine: the status of the progress of IFCC Working Group “Laboratory Errors and Patient Safety” project. *Clin Chem Lab Med* 2017;55:348–57.
44. Plebani M. Appropriateness in programs for continuous quality improvement in clinical laboratories. *Clin Chim Acta* 2003;333:131–9.