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# ON THE MAXIMAL OPERATOR OF A GENERAL ORNSTEIN–UHLENBECK SEMIGROUP

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ABSTRACT. If  $Q$  is a real, symmetric and positive definite  $n \times n$  matrix, and  $B$  a real  $n \times n$  matrix whose eigenvalues have negative real parts, we consider the Ornstein–Uhlenbeck semigroup on  $\mathbb{R}^n$  with covariance  $Q$  and drift matrix  $B$ . Our main result is that the associated maximal operator is of weak type  $(1, 1)$  with respect to the invariant measure. The proof has a geometric gist and hinges on the “forbidden zones method” previously introduced by the third author. For large values of the time parameter, we also prove a refinement of this result, in the spirit of a conjecture due to Talagrand.

## 1. INTRODUCTION

Let  $Q$  be a real, symmetric and positive definite  $n \times n$  matrix, and  $B$  a real  $n \times n$  matrix whose eigenvalues have negative real parts; here  $n \geq 1$ . We first introduce the covariance matrices

$$Q_t = \int_0^t e^{sB} Q e^{sB^*} ds, \quad t \in (0, +\infty]. \quad (1.1)$$

Observe that both  $Q_t$  and  $Q_\infty$  are well defined, symmetric and positive definite. Then we define the family of normalized Gaussian measures in  $\mathbb{R}^n$

$$d\gamma_t(x) = (2\pi)^{-\frac{n}{2}} (\det Q_t)^{-\frac{1}{2}} e^{-\frac{1}{2}\langle Q_t^{-1}x, x \rangle} dx, \quad t \in (0, +\infty].$$

On the space  $\mathcal{C}_b(\mathbb{R}^n)$  of bounded continuous functions, we consider the Ornstein–Uhlenbeck semigroup  $(\mathcal{H}_t)_{t>0}$ , explicitly given by Kolmogorov’s formula

$$\mathcal{H}_t f(x) = \int f(e^{tB}x - y) d\gamma_t(y), \quad x \in \mathbb{R}^n. \quad (1.2)$$

The Gaussian measure  $\gamma_\infty$  is the unique invariant measure of the semigroup  $\mathcal{H}_t$ . We are interested in the maximal operator defined as

$$\mathcal{H}_* f(x) = \sup_{t>0} |\mathcal{H}_t f(x)|.$$

Under the above assumptions for  $B$  and  $Q$ , our main result will be the following.

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**Theorem 1.1.** *The Ornstein–Uhlenbeck maximal operator  $\mathcal{H}_*$  is of weak type  $(1, 1)$  with respect to the invariant measure  $\gamma_\infty$ , with an operator quasinorm that depends only on the dimension and the matrices  $Q$  and  $B$ .*

In other words, the inequality

$$\gamma_\infty\{x \in \mathbb{R}^n : \mathcal{H}_*f(x) > \alpha\} \leq \frac{C}{\alpha} \|f\|_{L^1(\gamma_\infty)}, \quad \alpha > 0, \quad (1.3)$$

holds for all functions  $f \in L^1(\gamma_\infty)$ , with  $C = C(n, Q, B)$ .

The history of  $\mathcal{H}_*$  is quite long and started with the first attempts to prove that  $\mathcal{H}_*$  maps the  $L^p$  space into  $L^p$ . When  $(\mathcal{H}_t)_{t>0}$  is symmetric, i.e., when each operator  $\mathcal{H}_t$  is self-adjoint on  $L^2(\gamma_\infty)$ , then  $\mathcal{H}_*$  is bounded on  $L^p(\gamma_\infty)$  for  $1 < p \leq \infty$ , as a consequence of the general Littlewood–Paley–Stein theory for symmetric semigroups of contractions on  $L^p$  spaces [17, Ch. III].

It is easy to see that the maximal operator is unbounded on  $L^1(\gamma_\infty)$ . This led, about fifty years ago, to the study of the weak type  $(1, 1)$  of  $\mathcal{H}_*$ . The first positive result is due to B. Muckenhoupt [14], who proved an estimate like (1.3) in the one-dimensional case with  $Q = I$  and  $B = -I$ . The analogous question in the higher-dimensional case was an open problem until 1983, when the third author [16] proved the weak type  $(1, 1)$  in any finite dimension. Other proofs are due to Menárguez, Pérez and Soria [12] (see also [11, 15]) and to García-Cuerva, Mauceri, Meda, Sjögren and Torrea [8]. Moreover, a different proof of the weak type  $(1, 1)$  of  $\mathcal{H}_*$ , based on a covering lemma halfway between covering results by Besicovitch and Wiener, was given by Aimar, Forzani and Scotto [1].

In [4] the present authors recently considered a normal Ornstein–Uhlenbeck semigroup in  $\mathbb{R}^n$ , that is, we assumed that  $\mathcal{H}_t$  is for each  $t > 0$  a normal operator on  $L^2(\gamma_\infty)$ . Under this extra assumption, we proved that the associated maximal operator is of weak type  $(1, 1)$  with respect to the invariant measure  $\gamma_\infty$ . This extends some earlier work in the non-symmetric framework by Mauceri and Noselli [10], who proved some ten years ago that, if  $Q = I$  and  $B = \lambda(R - I)$  for some positive  $\lambda$  and a real skew-symmetric matrix  $R$  generating a periodic group, then the maximal operator  $\mathcal{H}_*$  is of weak type  $(1, 1)$ .

In this paper we go beyond the hypothesis of normality, which underlies the results in [4] and [10]. In Theorem 1.1 we prove the estimate (1.3) under only the aforementioned spectral assumptions on  $B$  and  $Q$ . The proof has a geometric core and strongly relies on the *ad hoc* technique developed by the third author in [16].

Since the maximal operator  $\mathcal{H}_*$  is trivially bounded from  $L^\infty$  to  $L^\infty$ , we obtain by interpolation the following corollary.

**Corollary 1.2.** *The Ornstein–Uhlenbeck maximal operator  $\mathcal{H}_*$  is bounded on  $L^p(\gamma_\infty)$  for all  $p > 1$ .*

This result improves Theorem 4.2 in [10], where the  $L^p$  boundedness of  $\mathcal{H}_*$  is proved for all  $p > 1$  in the normal framework and under the additional assumption that the infinitesimal generator of  $(\mathcal{H}_t)_{t>0}$  is a sectorial operator of angle less than  $\pi/2$ .

A question related to the Ornstein–Uhlenbeck semigroup and the weak type  $(1, 1)$  inequality was recently addressed by Ball, Barthe, Bednorz, Oleszkiewicz and Wolff [2]. Inspired by a conjecture formulated by Talagrand in a slightly different context [18], they conjectured the following, in the standard case  $Q = I$  and  $B = -I$ : For each fixed  $t > 0$ , there exists a function  $\psi_t = \psi_t(\alpha)$ , satisfying

$$\lim_{\alpha \rightarrow +\infty} \psi_t(\alpha) = 0$$

and

$$\gamma_\infty \{x \in \mathbb{R}^n : |\mathcal{H}_t f(x)| > \alpha\} \leq C \frac{\psi_t(\alpha)}{\alpha} \quad (1.4)$$

for all large  $\alpha > 0$  and all  $f \in L^1(\gamma_\infty)$  such that  $\|f\|_{L^1(\gamma_\infty)} = 1$ . In [2] this conjecture is proved with  $\psi_t(\alpha) = C(t)/\sqrt{\log \alpha}$  in dimension 1 and with  $\psi_t(\alpha) = C(n, t) \log \log \alpha / \sqrt{\log \alpha}$  as  $n > 1$ ; in the latter case the constant tends to  $\infty$  with the dimension. Then Eldan and Lee [6] improved the result in [2] for  $n > 1$ , proving (1.4) with  $\psi_t(\alpha) = C(t) (\log \log \alpha)^4 / \sqrt{\log \alpha}$ , where the constant  $C(t)$  is independent of the dimension. Finally Lehec [9], revisiting the argument in [6], proved the conjecture in any dimension with  $\psi_t(\alpha) = C(t)/\sqrt{\log \alpha}$ , which turns out to be sharp. All the results in [2, 6, 9] are established for  $Q = I$  and  $B = -I$ .

In analogy with these results, we prove in Proposition 6.1 that the maximal operator with  $t$  large, associated to a general Ornstein–Uhlenbeck semigroup, satisfies

$$\gamma_\infty \left\{ x \in \mathbb{R}^n : \sup_{t>1} |\mathcal{H}_t f(x)| > \alpha \right\} \leq C \frac{\psi(\alpha)}{\alpha} \quad (1.5)$$

for  $\alpha > 0$  large and for all normalized functions  $f \in L^1(\gamma_\infty)$ . Here  $\psi(\alpha) = 1/\sqrt{\log \alpha}$  and  $C = C(n, Q, B)$ , and this estimate is shown to be sharp. It cannot be extended to  $\mathcal{H}_*$ , since the maximal operator corresponding to small values of  $t$  only satisfies an inequality with  $\psi(\alpha) = 1$ .

In this paper we focus our attention on the Ornstein–Uhlenbeck maximal function in  $\mathbb{R}^n$ . In view of possible applications to stochastic analysis and to SPDE's, it would be very interesting to investigate the case of the infinite-dimensional Ornstein–Uhlenbeck maximal operator as well (see [5, 19, 3] for an introduction to the infinite-dimensional setting). The Riesz transforms associated to a general Ornstein–Uhlenbeck semigroup in  $\mathbb{R}^n$  will be considered in a forthcoming paper.

The scheme of the paper is as follows. In Section 2 we introduce the Mehler kernel  $K_t(x, u)$ , that is, the integral kernel of  $\mathcal{H}_t$ . Some estimates for the norm and the determinant of  $Q_t$  and related matrices are provided in Section 3. As a consequence, we obtain precise bounds for the Mehler kernel. In Section 4 we consider the relevant geometric features of the problem; in particular, we introduce in Subsection 4.1 a system of polar-like coordinates. We also express Lebesgue measure in terms of these coordinates. Sections 5, 6, 7 and 8 are devoted to the proof of Theorem 1.1. First, Section 5 introduces some preliminary simplifications of the proof; in particular, we reduce most of the problem to an ellipsoidal annulus. In Section 6 we consider the supremum in the definition of the maximal operator taken only over  $t > 1$  and prove the sharpened version (1.5) of (1.3). Section 7 is devoted to the case of small  $t$  under

an additional local condition. Finally, in Section 8 we treat the remaining case and conclude the proof of Theorem 1.1, by proving the estimate (1.3) for small  $t$  under a global assumption.

In the following, we use the “variable constant convention”, according to which the symbols  $c > 0$  and  $C < \infty$  will denote constants which are not necessarily equal at different occurrences. They all depend only on the dimension and on  $Q$  and  $B$ . For any two nonnegative quantities  $a$  and  $b$  we write  $a \lesssim b$  instead of  $a \leq Cb$  and  $a \gtrsim b$  instead of  $a \geq cb$ . The symbol  $a \simeq b$  means that both  $a \lesssim b$  and  $a \gtrsim b$  hold.

By  $\mathbb{N}$  we mean the set of all nonnegative integers. If  $A$  is an  $n \times n$  matrix, we write  $\|A\|$  for its operator norm on  $\mathbb{R}^n$  with the Euclidean norm  $|\cdot|$ .

## 2. THE MEHLER KERNEL

For  $t > 0$ , the difference

$$Q_\infty - Q_t = \int_t^\infty e^{sB} Q e^{sB^*} ds \quad (2.1)$$

is a symmetric and strictly positive definite matrix. So is the matrix

$$Q_t^{-1} - Q_\infty^{-1} = Q_t^{-1}(Q_\infty - Q_t)Q_\infty^{-1}, \quad (2.2)$$

and we can define

$$D_t = (Q_t^{-1} - Q_\infty^{-1})^{-1} Q_t^{-1} e^{tB}. \quad (2.3)$$

Then formula (1.2), the definition of the Gaussian measure and some elementary computations yield

$$\begin{aligned} \mathcal{H}_t f(x) &= (2\pi)^{-\frac{n}{2}} (\det Q_t)^{-\frac{1}{2}} \int f(e^{tB}x - y) \exp \left[ -\frac{1}{2} \langle Q_t^{-1} y, y \rangle \right] dy \\ &= (2\pi)^{-\frac{n}{2}} (\det Q_t)^{-\frac{1}{2}} \int f(u) \exp \left[ -\frac{1}{2} \langle Q_t^{-1} (e^{tB}x - u), e^{tB}x - u \rangle \right] du \\ &= \left( \frac{\det Q_\infty}{\det Q_t} \right)^{\frac{1}{2}} \exp \left[ -\frac{1}{2} \langle Q_t^{-1} e^{tB}x, e^{tB}x \rangle \right] \\ &\quad \times \exp \left[ -\frac{1}{2} \langle Q_t^{-1} e^{tB}x, (Q_\infty^{-1} - Q_t^{-1})^{-1} Q_t^{-1} e^{tB}x \rangle \right] \\ &\quad \times \int f(u) \exp \left[ \frac{1}{2} \langle (Q_\infty^{-1} - Q_t^{-1})(u - D_t x), u - D_t x \rangle \right] d\gamma_\infty(u), \end{aligned}$$

that is,

$$\begin{aligned} \mathcal{H}_t^{Q,B} f(x) &= \left( \frac{\det Q_\infty}{\det Q_t} \right)^{1/2} \exp \left[ \frac{1}{2} \langle Q_t^{-1} e^{tB}x, D_t x - e^{tB}x \rangle \right] \\ &\quad \times \int f(u) \exp \left[ \frac{1}{2} \langle (Q_\infty^{-1} - Q_t^{-1})(u - D_t x), u - D_t x \rangle \right] d\gamma_\infty(u), \end{aligned} \quad (2.4)$$

where we repeatedly used the fact that  $Q_\infty^{-1} - Q_t^{-1}$  is symmetric. We now express the matrix  $D_t$  in various ways.

**Lemma 2.1.** *For all  $x \in \mathbb{R}^n$  and  $t > 0$  we have*

- (i)  $D_t = Q_\infty e^{-tB^*} Q_\infty^{-1}$ ;
- (ii)  $D_t = e^{tB} + Q_t e^{-tB^*} Q_\infty^{-1}$ .

*Proof.* (i) Formulae (2.1) and (1.1) imply

$$Q_\infty - Q_t = e^{tB} Q_\infty e^{tB^*} \quad (2.5)$$

(see also [13, formula (2.1)]). From (2.3) and (2.2) it follows that

$$D_t = Q_\infty (Q_\infty - Q_t)^{-1} e^{tB},$$

and combining this with (2.5) we arrive at (i).

(ii) Multiplying (2.5) by  $e^{-tB^*} Q_\infty^{-1}$  from the right, we obtain

$$Q_\infty e^{-tB^*} Q_\infty^{-1} - Q_t e^{-tB^*} Q_\infty^{-1} = e^{tB},$$

and (ii) now follows from (i). □

By means of (i) in this lemma, we can define  $D_t$  for all  $t \in \mathbb{R}$ , and they will form a one-parameter group of matrices.

Now (ii) in Lemma 2.1 yields

$$\langle Q_t^{-1} e^{tB} x, D_t x - e^{tB} x \rangle = \langle Q_t^{-1} e^{tB} x, Q_t e^{-tB^*} Q_\infty^{-1} x \rangle = \langle Q_\infty^{-1} x, x \rangle.$$

Thus (2.4) may be rewritten as

$$\mathcal{H}_t f(x) = \int K_t(x, u) f(u) d\gamma_\infty(u),$$

where  $K_t$  denotes the Mehler kernel, given by

$$\begin{aligned} K_t(x, u) &= \left( \frac{\det Q_\infty}{\det Q_t} \right)^{1/2} \exp(R(x)) \\ &\quad \times \exp \left[ -\frac{1}{2} \langle (Q_t^{-1} - Q_\infty^{-1})(u - D_t x), u - D_t x \rangle \right] \end{aligned} \quad (2.6)$$

for  $x, u \in \mathbb{R}^n$ . Here we introduced the quadratic form

$$R(x) = \frac{1}{2} \langle Q_\infty^{-1} x, x \rangle, \quad x \in \mathbb{R}^n.$$

### 3. SOME AUXILIARY RESULTS

In this section we collect some preliminary bounds, which will be essential ingredients in the proof of the weak type (1, 1) for the maximal operator  $\mathcal{H}_*$ .

**Lemma 3.1.** *For  $s > 0$  the matrices  $D_s$  and  $D_{-s} = D_s^{-1}$  satisfy*

$$\|D_s\| \lesssim e^{Cs} \quad \text{and} \quad \|D_{-s}\| \lesssim e^{-Cs}. \quad (3.1)$$

*Proof.* First we prove estimates for  $\|e^{sB^*}\|$  and  $\|e^{-sB^*}\|$ . They can be obtained by means of a Jordan decomposition of  $sB^*$ , that is, writing  $sB^*$  as the sum of a complex diagonal matrix and a triangular, nilpotent matrix, and these two terms will commute. Another possibility is to use standard theory of strongly continuous semigroups, see [7, Theorem 3.14 and Theorem 5.5 in Chapter 1]. Both arguments rely on the fact that the eigenvalues of  $B$  have negative real parts. The result will be

$$\|e^{-sB^*}\| \lesssim e^{Cs} \quad \text{and} \quad \|e^{sB^*}\| \lesssim e^{-cs}, \quad s > 0. \quad (3.2)$$

Finally, (3.2) implies (3.1) for  $D_s = Q_\infty e^{-sB^*} Q_\infty^{-1}$  and  $D_{-s} = Q_\infty e^{sB^*} Q_\infty^{-1}$ .  $\square$

In the following lemma, we collect estimates of some basic quantities related to the matrices  $Q_t$ .

**Lemma 3.2.** *For all  $t > 0$  we have*

- (i)  $\det Q_t \simeq (\min(1, t))^n$ ;
- (ii)  $\|Q_t^{-1}\| \simeq (\min(1, t))^{-1}$ ;
- (iii)  $\|Q_\infty - Q_t\| \lesssim e^{-ct}$ ;
- (iv)  $\|Q_t^{-1} - Q_\infty^{-1}\| \lesssim t^{-1} e^{-ct}$ ;
- (v)  $\|(Q_t^{-1} - Q_\infty^{-1})^{-1/2}\| \lesssim t^{1/2} e^{Ct}$ .

*Proof.* (i) and (ii) Using (3.2), we see that for each  $t > 0$  and for all  $v \in \mathbb{R}^n$

$$\begin{aligned} \langle Q_t v, v \rangle &= \left\langle \int_0^t e^{sB} Q e^{sB^*} v ds, v \right\rangle = \int_0^t \langle Q^{1/2} e^{sB^*} v, Q^{1/2} e^{sB^*} v \rangle ds \\ &= \int_0^t |Q^{1/2} e^{sB^*} v|^2 ds \simeq \int_0^t |e^{sB^*} v|^2 ds \\ &\lesssim \int_0^t e^{-cs} ds |v|^2 \simeq \min(1, t) |v|^2. \end{aligned}$$

Since  $\|(e^{sB^*})^{-1}\| = \|e^{-sB^*}\| \lesssim e^{Cs}$ , there is also a lower estimate

$$\int_0^t |e^{sB^*} v|^2 ds \gtrsim \int_0^t e^{-Cs} ds |v|^2 \simeq \min(1, t) |v|^2.$$

Thus any eigenvalue of  $Q_t$  has order of magnitude  $\min(1, t)$ , and (i) and (ii) follow.

(iii) From the definition of  $Q_t$  and (3.2), we get

$$\|Q_\infty - Q_t\| = \left\| \int_t^\infty e^{sB} Q e^{sB^*} ds \right\| \lesssim e^{-ct}.$$

(iv) Using now (ii) and (iii), we have

$$\begin{aligned} \|Q_t^{-1} - Q_\infty^{-1}\| &= \|Q_t^{-1}(Q_\infty - Q_t)Q_\infty^{-1}\| \lesssim \|Q_t^{-1}\| \|Q_\infty - Q_t\| \\ &\lesssim (\min(1, t))^{-1} e^{-ct} \lesssim t^{-1} e^{-ct}. \end{aligned}$$

(v) Since  $\|A^{1/2}\| = \|A\|^{1/2}$  for any symmetric positive definite matrix  $A$ , we consider  $(Q_t^{-1} - Q_\infty^{-1})^{-1}$ , which can be rewritten as

$$(Q_t^{-1} - Q_\infty^{-1})^{-1} = (Q_\infty^{-1}(Q_\infty - Q_t)Q_t^{-1})^{-1} = Q_t(Q_\infty - Q_t)^{-1}Q_\infty. \quad (3.3)$$

It follows from (2.5) that  $(Q_\infty - Q_t)^{-1} = e^{-tB^*} Q_\infty^{-1} e^{-tB}$ , so that

$$\|(Q_\infty - Q_t)^{-1}\| \lesssim e^{Ct},$$

as a consequence of (3.2). Inserting this and the simple estimate  $\|Q_t\| \lesssim t$  in (3.3), we obtain  $\|(Q_t^{-1} - Q_\infty^{-1})^{-1}\| \lesssim te^{Ct}$ , and (v) follows.  $\square$

**Proposition 3.3.** *For  $t \geq 1$  and  $w \in \mathbb{R}^n$ , we have*

$$\langle (Q_t^{-1} - Q_\infty^{-1})D_t w, D_t w \rangle \simeq |w|^2.$$

*Proof.* By (2.3) and Lemma 2.1 (i) we have

$$\begin{aligned} \langle (Q_t^{-1} - Q_\infty^{-1})D_t w, D_t w \rangle &= \langle Q_t^{-1} e^{tB} w, Q_\infty e^{-tB^*} Q_\infty^{-1} w \rangle \\ &= \langle Q_\infty Q_t^{-1} e^{tB} w, e^{-tB^*} Q_\infty^{-1} w \rangle. \end{aligned}$$

Since  $Q_\infty Q_t^{-1} = I + (Q_\infty - Q_t)Q_t^{-1}$ , this leads to

$$\begin{aligned} \langle (Q_t^{-1} - Q_\infty^{-1})D_t w, D_t w \rangle &= \langle e^{tB} w, e^{-tB^*} Q_\infty^{-1} w \rangle + \langle (Q_\infty - Q_t)Q_t^{-1} e^{tB} w, e^{-tB^*} Q_\infty^{-1} w \rangle \\ &= \langle Q_\infty^{-1} w, w \rangle + \langle e^{-tB} (Q_\infty - Q_t)Q_t^{-1} e^{tB} w, Q_\infty^{-1} w \rangle. \end{aligned}$$

Using (2.1) and the definition of  $Q_\infty$ , we observe that the last term here can be written as

$$\begin{aligned} &\left\langle \int_t^\infty e^{(s-t)B} Q e^{(s-t)B^*} ds e^{tB^*} Q_t^{-1} e^{tB} w, Q_\infty^{-1} w \right\rangle \\ &= \langle Q_\infty e^{tB^*} Q_t^{-1} e^{tB} w, Q_\infty^{-1} w \rangle \\ &= \langle e^{tB^*} Q_t^{-1} e^{tB} w, w \rangle \\ &= |Q_t^{-1/2} e^{tB} w|^2. \end{aligned}$$

Since  $|Q_t^{-1/2} e^{tB} w|^2 \lesssim e^{-ct}|w|^2$  for  $t \geq 1$ , the claim of the proposition follows if  $t$  is large enough. In the opposite case  $1 < t < C$ , we apply Lemma 3.2 (v) to conclude that

$$\langle (Q_t^{-1} - Q_\infty^{-1})D_t w, D_t w \rangle \gtrsim e^{-Ct} |D_t w|^2 \sim |w|^2.$$

The converse inequality is clear, and the claim follows again.  $\square$

We can now write the estimates for the kernel  $K_t$  which we will use later. If  $t > 1$ , we combine (2.6) with Proposition 3.3 and write  $u - D_t x = D_t(D_{-t} u - x)$ . Because of Lemma 3.2 (i), the result will be

$$\begin{aligned} \exp(R(x)) \exp(-C |D_{-t} u - x|^2) \\ \lesssim K_t(x, u) \lesssim \exp(R(x)) \exp(-c |D_{-t} u - x|^2), \quad t > 1. \end{aligned} \quad (3.4)$$

For  $t \leq 1$  we use Lemma 3.2 (v) to see that

$$\langle (Q_t^{-1} - Q_\infty^{-1})(u - D_t x), u - D_t x \rangle = |(Q_t^{-1} - Q_\infty^{-1})^{1/2}(u - D_t x)|^2 \gtrsim t^{-1} |u - D_t x|^2,$$



Then (2.6) and Lemma 3.2 (i) imply

$$K_t(x, u) \lesssim \frac{\exp(R(x))}{t^{n/2}} \exp\left(-c \frac{|u - D_t x|^2}{t}\right), \quad t \leq 1. \quad (3.5)$$

#### 4. GEOMETRIC ASPECTS OF THE PROBLEM

**4.1. A system of adapted polar coordinates.** We first need a technical lemma.

**Lemma 4.1.** *For all  $x$  in  $\mathbb{R}^n$  and  $s \in \mathbb{R}$ , we have*

$$\langle B^* Q_\infty^{-1} x, x \rangle = -\frac{1}{2} |Q^{1/2} Q_\infty^{-1} x|^2; \quad (4.1)$$

$$\frac{\partial}{\partial s} D_s x = -Q_\infty B^* Q_\infty^{-1} D_s x = -Q_\infty e^{-sB^*} B^* Q_\infty^{-1} x; \quad (4.2)$$

$$\frac{\partial}{\partial s} R(D_s x) = \frac{1}{2} |Q^{1/2} Q_\infty^{-1} D_s x|^2 \simeq |D_s x|^2. \quad (4.3)$$

*Proof.* To prove (4.1), we use the definition of  $Q_\infty$  to write for any  $z \in \mathbb{R}^n$

$$\begin{aligned} \langle B^* z, Q_\infty z \rangle &= \int_0^\infty \langle B^* z, e^{sB} Q e^{sB^*} z \rangle ds \\ &= \int_0^\infty \langle e^{sB^*} B^* z, Q e^{sB^*} z \rangle ds \\ &= \frac{1}{2} \int_0^\infty \frac{d}{ds} \langle e^{sB^*} z, Q e^{sB^*} z \rangle ds \\ &= -\frac{1}{2} |Q^{1/2} z|^2. \end{aligned}$$

Setting  $z = Q_\infty^{-1} x$ , we get (4.1).

Further, (4.2) easily follows if we observe that

$$\frac{\partial}{\partial s} D_s x = \frac{\partial}{\partial s} (Q_\infty e^{-sB^*} Q_\infty^{-1} x) = -Q_\infty B^* Q_\infty^{-1} Q_\infty e^{-sB^*} Q_\infty^{-1} x = -Q_\infty B^* Q_\infty^{-1} D_s x.$$

Finally, we get by means of (4.2) and (4.1)

$$\begin{aligned} \frac{\partial}{\partial s} R(D_s x) &= \frac{1}{2} \frac{\partial}{\partial s} \langle Q_\infty^{-1/2} D_s x, Q_\infty^{-1/2} D_s x \rangle \\ &= -\langle Q_\infty^{-1/2} Q_\infty B^* Q_\infty^{-1} D_s x, Q_\infty^{-1/2} D_s x \rangle \\ &= \frac{1}{2} |Q^{1/2} Q_\infty^{-1} D_s x|^2, \end{aligned}$$

and (4.3) is verified. □

Fix now  $\beta > 0$  and consider the ellipsoid

$$E_\beta = \{x \in \mathbb{R}^n : R(x) = \beta\}.$$

As a consequence of (4.3), the map  $s \mapsto R(D_s z)$  is strictly increasing for each  $0 \neq z \in \mathbb{R}^n$ . Hence any  $x \in \mathbb{R}^n$ ,  $x \neq 0$ , can be written uniquely as

$$x = D_s \tilde{x}, \quad (4.4)$$

for some  $\tilde{x} \in E_\beta$  and  $s \in \mathbb{R}$ . We consider  $s$  and  $\tilde{x}$  as the polar coordinates of  $x$ . Our estimates in what follows will be uniform in  $\beta$ .

Next, we write Lebesgue measure in terms of these polar coordinates. A normal vector to the surface  $E_\beta$  at the point  $\tilde{x} \in E_\beta$  is  $\mathbf{N}(\tilde{x}) = Q_\infty^{-1}\tilde{x}$ , and the tangent hyperplane at  $\tilde{x}$  is  $\mathbf{N}(\tilde{x})^\perp$ . For  $s > 0$  the tangent hyperplane of the surface  $D_s E_\beta = \{D_s \tilde{x} : \tilde{x} \in E_\beta\}$  at the point  $D_s \tilde{x}$  is  $D_s(\mathbf{N}(\tilde{x})^\perp)$ , and a normal to  $D_s E_\beta$  at the same point is  $w = (D_s^{-1})^*(\mathbf{N}(\tilde{x})) = D_{-s}^* Q_\infty^{-1} \tilde{x} = Q_\infty^{-1} e^{sB} \tilde{x}$ .

The scalar product of  $w$  and the tangent of the curve  $s \mapsto D_s \tilde{x}$  at the point  $D_s \tilde{x}$  is, because of (4.2) and (4.1),

$$\begin{aligned} & \left\langle \frac{\partial}{\partial s} D_s \tilde{x}, w \right\rangle \\ &= -\langle Q_\infty e^{-sB^*} B^* Q_\infty^{-1} \tilde{x}, Q_\infty^{-1} e^{sB} \tilde{x} \rangle = -\langle B^* Q_\infty^{-1} \tilde{x}, \tilde{x} \rangle = \frac{1}{2} |Q^{1/2} Q_\infty^{-1} \tilde{x}|^2 > 0. \end{aligned} \quad (4.5)$$

Thus the curve  $s \mapsto D_s \tilde{x}$  is transversal to each surface  $D_s E_\beta$ . Let  $dS_s$  denote the area measure of  $D_s E_\beta$ . Then Lebesgue measure is given in terms of our polar coordinates by

$$dx = H(s, \tilde{x}) dS_s(D_s \tilde{x}) ds, \quad (4.6)$$

where

$$H(s, \tilde{x}) = \left\langle \frac{\partial}{\partial s} D_s \tilde{x}, \frac{w}{|w|} \right\rangle = \frac{|Q^{1/2} Q_\infty^{-1} \tilde{x}|^2}{2 |Q_\infty^{-1} e^{sB} \tilde{x}|}.$$

To see how  $dS_s$  varies with  $s$ , we take a continuous function  $\varphi = \varphi(\tilde{x})$  on  $E_\beta$  and extend it to  $\mathbb{R}^n \setminus \{0\}$  by writing  $\varphi(D_s \tilde{x}) = \varphi(\tilde{x})$ . For any  $t > 0$  and small  $\varepsilon > 0$ , we define the shell

$$\Omega_{t,\varepsilon} = \{D_s \tilde{x} : t < s < t + \varepsilon, \tilde{x} \in E_\beta\}.$$

Then  $\Omega_{t,\varepsilon}$  is the image under  $D_t$  of  $\Omega_{0,\varepsilon}$ , and the Jacobian of this map is  $\det D_t = e^{-t \operatorname{tr} B}$ . Thus

$$\int_{\Omega_{t,\varepsilon}} \varphi(x) dx = e^{-t \operatorname{tr} B} \int_{\Omega_{0,\varepsilon}} \varphi(D_t x) dx,$$

which we can rewrite as

$$\begin{aligned} & \int_{t < s < t + \varepsilon} \int_{\tilde{x} \in E_\beta} \varphi(\tilde{x}) H(s, \tilde{x}) dS_s(D_s \tilde{x}) ds \\ &= e^{-t \operatorname{tr} B} \int_{0 < s < \varepsilon} \int_{\tilde{x} \in E_\beta} \varphi(\tilde{x}) H(s, \tilde{x}) dS_s(D_s \tilde{x}) ds. \end{aligned}$$

Now we divide by  $\varepsilon$  and let  $\varepsilon \rightarrow 0$ , getting

$$\int_{E_\beta} \varphi(\tilde{x}) H(t, \tilde{x}) dS_t(D_t \tilde{x}) = e^{-t \operatorname{tr} B} \int_{E_\beta} \varphi(\tilde{x}) H(0, \tilde{x}) dS_0(\tilde{x}).$$

Since this holds for any  $\varphi$ , it follows that

$$dS_t(D_t \tilde{x}) = e^{-t \operatorname{tr} B} \frac{H(0, \tilde{x})}{H(t, \tilde{x})} dS_0(\tilde{x}).$$

Together with (4.6), this implies the following result.

**Proposition 4.2.** *The Lebesgue measure in  $\mathbb{R}^n$  is given in terms of polar coordinates  $(t, \tilde{x})$  by*

$$dx = e^{-t \operatorname{tr} B} \frac{|Q^{1/2} Q_\infty^{-1} \tilde{x}|^2}{2 |Q_\infty^{-1} \tilde{x}|} dS_0(\tilde{x}) dt.$$

We also need estimates of the distance between two points in terms of the polar coordinates.

**Lemma 4.3.** *Fix  $\beta > 0$ . Let  $x^{(0)}, x^{(1)} \in \mathbb{R}^n \setminus \{0\}$  and assume  $R(x^{(0)}) > \beta/2$ . Write*

$$x^{(0)} = D_{s^{(0)}}(\tilde{x}^{(0)}) \quad \text{and} \quad x^{(1)} = D_{s^{(1)}}(\tilde{x}^{(1)})$$

*with  $s^{(0)}, s^{(1)} \in \mathbb{R}$  and  $\tilde{x}^{(0)}, \tilde{x}^{(1)} \in E_\beta$ .*

(i) *Then*

$$|x^{(0)} - x^{(1)}| \gtrsim c |\tilde{x}^{(0)} - \tilde{x}^{(1)}|. \quad (4.7)$$

(ii) *If also  $s^{(1)} \geq 0$ , then*

$$|x^{(0)} - x^{(1)}| \gtrsim c \sqrt{\beta} |s^{(0)} - s^{(1)}|. \quad (4.8)$$

*Proof.* Let  $\Gamma : [0, 1] \rightarrow \mathbb{R}^n \setminus \{0\}$  be a differentiable curve with  $\Gamma(0) = x^{(0)}$  and  $\Gamma(1) = x^{(1)}$ . It suffices to bound the length of any such curve from below by the right-hand sides of (4.7) and (4.8).

For each  $\tau \in [0, 1]$ , we write

$$\Gamma(\tau) = D_{s(\tau)} \tilde{x}(\tau),$$

with  $\tilde{x}(\tau) \in E_\beta$  and  $\tilde{x}(i) = \tilde{x}^{(i)}$ ,  $s(i) = s^{(i)}$  for  $i = 0, 1$ . Thus

$$\Gamma'(\tau) = -s'(\tau) \frac{\partial}{\partial s} D_s \Big|_{s=s(\tau)} \tilde{x}(\tau) + D_{s(\tau)} \tilde{x}'(\tau).$$

The group property of  $D_s$  implies that

$$\frac{\partial}{\partial s} D_s \Big|_{s=s(\tau)} = D_{s(\tau)} \frac{\partial}{\partial s} D_s \Big|_{s=0},$$

and so

$$\Gamma'(\tau) = D_{s(\tau)} v,$$

with

$$v = -s'(\tau) \frac{\partial}{\partial s} D_s \Big|_{s=0} \tilde{x}(\tau) + \tilde{x}'(\tau).$$

The vector  $\tilde{x}'(\tau)$  is tangent to  $E_\beta$  and so orthogonal to  $\mathbf{N}(\tilde{x})$ . Then (4.5) (with  $s = 0$ ) and the triangle inequality on the unit sphere imply that the angle between  $\frac{\partial}{\partial s} D_s \Big|_{s=0} \tilde{x}(\tau)$  and  $\tilde{x}'(\tau)$  is larger than some positive constant. It follows that

$$|v|^2 \gtrsim |s'(\tau)|^2 \left| \frac{\partial}{\partial s} D_s \Big|_{s=0} \tilde{x}(\tau) \right|^2 + |\tilde{x}'(\tau)|^2 \gtrsim |s'(\tau)|^2 \beta + |\tilde{x}'(\tau)|^2, \quad (4.10)$$

where we also used the fact that, by (4.2),

$$\left| \frac{\partial}{\partial s} D_s \Big|_{s=0} \tilde{x}(\tau) \right| \simeq |\tilde{x}(\tau)| \simeq \sqrt{\beta}.$$

Since

$$|v| = |D_{-s(\tau)}\Gamma'(\tau)| \leq \|D_{-s(\tau)}\| |\Gamma'(\tau)| \lesssim e^{-C \min(s(\tau), 0)} |\Gamma'(\tau)|$$

because of Lemma 3.1, we obtain from (4.10)

$$|\Gamma'(\tau)| \gtrsim e^{C \min(s(\tau), 0)} (\sqrt{\beta} |s'(\tau)| + |\tilde{x}'(\tau)|). \quad (4.11)$$

Next, we derive a lower bound for  $s(0)$ ; assume first that  $s(0) < 0$ . The assumption  $R(x^{(0)}) > \beta/2$  implies, together with Lemma 3.1,

$$\beta/2 \leq R(D_{s(0)} \tilde{x}^{(0)}) \lesssim |D_{s(0)} \tilde{x}^{(0)}|^2 \lesssim e^{c s(0)} |\tilde{x}^{(0)}|^2 \simeq e^{c s(0)} \beta.$$

It follows that

$$s(0) > -\tilde{s},$$

for some  $\tilde{s}$  with  $0 < \tilde{s} < C$ , and this obviously holds also without the assumption  $s(0) < 0$ .

Assume now that  $s(\tau) > -2\tilde{s}$  for all  $\tau \in [0, 1]$ . Then (4.11) implies

$$|\Gamma'(\tau)| \gtrsim \sqrt{\beta} |s'(\tau)|$$

and

$$|\Gamma'(\tau)| \gtrsim |\tilde{x}'(\tau)|.$$

Integrating these estimates with respect to  $\tau$  in  $[0, 1]$ , we immediately see that the length of  $\Gamma$  is bounded below by the right-hand sides of (4.7) and (4.8).

If instead  $s(\tau) \leq -2\tilde{s}$  for some  $\tau \in [0, 1]$ , we can proceed as in the proof of Lemma 4.2 in [4]. More precisely, since the image  $s([0, 1])$  contains the interval  $[-2\tilde{s}, \max(s(0), s(1))]$ , we can find a closed subinterval  $I$  of  $[0, 1]$  whose image  $s(I)$  is exactly the interval  $[-2\tilde{s}, \max(s(0), s(1))]$ . Thus we may control the length of  $\Gamma$ , in the light of (4.11), by

$$\int_0^1 |\Gamma'(\tau)| d\tau \geq \int_I |\Gamma'(\tau)| d\tau \gtrsim \sqrt{\beta} \int_I |s'(\tau)| d\tau \geq \sqrt{\beta} (\max(s(0), s(1)) + 2\tilde{s}).$$

Here

$$\sqrt{\beta} (\max(s(0), s(1)) + 2\tilde{s}) \gtrsim \sqrt{\beta} \gtrsim \text{diam } E_\beta \geq |\tilde{x}^{(0)} - \tilde{x}^{(1)}|,$$

and (4.7) follows. Under the additional hypotheses of (b), we have

$$\max(s(0), s(1)) + 2\tilde{s} \geq |s(0) - s(1)|,$$

which implies (4.8).  $\square$

**4.2. The Gaussian measure of a tube.** We fix a large  $\beta > 0$ . Define for  $x^{(1)} \in E_\beta$  and  $a > 0$  the set

$$\Omega = \{x \in E_\beta : |x - x^{(1)}| < a\}.$$

This is a spherical cap of the ellipsoid  $E_\beta$ , centered at  $x^{(1)}$ . Observe that  $|x| \simeq \sqrt{\beta}$  for  $x \in \Omega$ , and that the area of  $\Omega$  is  $|\Omega| \simeq \min(a^{n-1}, \beta^{(n-1)/2})$ . Then consider the tube

$$Z = \{D_s \tilde{x} : s \geq 0, \tilde{x} \in \Omega\}. \quad (4.12)$$

**Lemma 4.4.** *There exists a constant  $C$  such that  $\beta > C$  implies that the Gaussian measure of the tube  $Z$  fulfills*

$$\gamma_\infty(Z) \lesssim \frac{a^{n-1}}{\sqrt{\beta}} e^{-\beta}.$$

*Proof.* Proposition 4.2 yields, since  $H(0, \tilde{x}) \simeq |\tilde{x}| \simeq \sqrt{\beta}$ ,

$$\gamma_\infty(Z) \simeq \int_0^\infty e^{-s \operatorname{tr} B} e^{-R(D_s \tilde{x})} \int_\Omega H(0, \tilde{x}) dS(\tilde{x}) ds \lesssim \sqrt{\beta} a^{n-1} \int_0^\infty e^{-s \operatorname{tr} B} e^{-R(D_s \tilde{x})} ds.$$

By (4.3) we have

$$R(D_s \tilde{x}) - R(\tilde{x}) \simeq \int_0^s |D_{s'} \tilde{x}|^2 ds' \gtrsim s |\tilde{x}|^2 \simeq s\beta,$$

which implies

$$\gamma_\infty(Z) \lesssim \sqrt{\beta} a^{n-1} e^{-\beta} \int_0^\infty e^{-s \operatorname{tr} B} e^{-cs\beta} ds.$$

Assuming  $\beta$  large enough, one has  $c\beta > -2 \operatorname{tr} B$ , and then the last integral is finite and no larger than  $C/\beta$ . The lemma follows.  $\square$

## 5. SOME SIMPLIFICATIONS

In this section, we introduce some preliminary simplifications and reductions in the proof of (1.3), i.e., of Theorem 1.1.

(1) We may assume that  $f$  is nonnegative and normalized in the sense that

$$\|f\|_{L^1(\gamma_\infty)} = 1,$$

since this involves no loss of generality.

(2) We may assume that our fixed  $\alpha$  is large,  $\alpha > C$ , since otherwise (1.3) is trivial.

(3) In many cases, we may restrict  $x$  in (1.3) to the ellipsoidal annulus

$$\mathcal{E} = \left\{ x \in \mathbb{R}^n : \frac{1}{2} \log \alpha \leq R(x) \leq 2 \log \alpha \right\}.$$

To begin with, we can always forget the unbounded component of the complement of  $\mathcal{E}$ , since

$$\gamma_\infty\{x \in \mathbb{R}^n : R(x) > 2 \log \alpha\} \quad (5.1)$$

$$\lesssim \int_{R(x) > 2 \log \alpha} \exp(-R(x)) dx \lesssim (2 \log \alpha)^{(n-2)/2} \exp(-2 \log \alpha) \lesssim \frac{1}{\alpha}.$$

(4) When  $t > 1$ , we may forget also the inner region where  $R(x) < \frac{1}{2} \log \alpha$ . Indeed, from (3.4) we get, if  $(x, u) \in \mathbb{R}^n \times \mathbb{R}^n$  with  $R(x) < \frac{1}{2} \log \alpha$ ,

$$K_t(x, u) \lesssim e^{R(x)} < \sqrt{\alpha} \leq \alpha,$$

since  $\alpha$  is large. In other words, for any  $(x, u) \in \mathbb{R}^n \times \mathbb{R}^n$

$$R(x) < \frac{1}{2} \log \alpha \quad \Rightarrow \quad K_t(x, u) \lesssim \alpha, \quad (5.2)$$

for all  $t > 1$ .

Replacing  $\alpha$  by  $C\alpha$  for some  $C$ , we see from (5.1) and (5.2) that we can assume  $x \in \mathcal{E}$  in the proof of (1.3), when the supremum of the maximal operator is taken only over  $t > 1$ .

Before introducing the last simplification, we need to define a global region

$$G = \left\{ (x, u) \in \mathbb{R}^n \times \mathbb{R}^n : |x - u| > \frac{1}{1 + |x|} \right\}$$

and a local region

$$L = \left\{ (x, u) \in \mathbb{R}^n \times \mathbb{R}^n : |x - u| \leq \frac{1}{1 + |x|} \right\}.$$

(5) When  $t \leq 1$  and  $(x, u) \in G$ , we shall see that (5.2) is still valid, and it is again enough to consider  $x \in \mathcal{E}$ .

To prove this, we need a lemma which will also be useful later.

**Lemma 5.1.** *If  $(x, u) \in G$  and  $0 < t \leq 1$ , then*

$$\frac{1}{(1 + |x|)^2} \lesssim t^2 |x|^2 + |u - D_t x|^2.$$

*Proof.* From the definition of  $G$  we have

$$\begin{aligned} \frac{1}{1 + |x|} &\leq |x - u| \\ &\lesssim |x - D_t x| + |D_t x - u| \\ &= |Q_\infty(Q_\infty^{-1}x - e^{-tB^*}Q_\infty^{-1}x)| + |u - D_t x| \\ &\lesssim |(I - e^{-tB^*})Q_\infty^{-1}x| + |u - D_t x| \\ &\lesssim t|x| + |u - D_t x|. \end{aligned}$$

The lemma follows. □

To verify now (5.2) in the global region with  $t \leq 1$ , we recall from (3.5) that

$$K_t(x, u) \lesssim \frac{e^{R(x)}}{t^{n/2}} \exp\left(-c \frac{|u - D_t x|^2}{t}\right).$$

It follows from Lemma 5.1 that

$$t^2 \gtrsim \frac{1}{(1+|x|)^4} \quad \text{or} \quad \frac{|u - D_t x|^2}{t} \gtrsim \frac{1}{(1+|x|)^2 t}.$$

The first inequality here implies that

$$K_t(x, u) \lesssim e^{R(x)} (1+|x|)^n \lesssim e^{2R(x)},$$

and (5.2) follows. If the second inequality holds, we have

$$K_t(x, u) \lesssim \frac{e^{R(x)}}{t^{n/2}} \exp\left(-\frac{c}{(1+|x|)^2 t}\right) \lesssim e^{R(x)} (1+|x|)^n,$$

and we get the same estimate. Thus (5.2) is verified.

Finally, let

$$\mathcal{H}_*^G f(x) = \sup_{0 < t \leq 1} \left| \int K_t(x, u) \chi_G(x, u) f(u) d\gamma_\infty(u) \right|,$$

and

$$\mathcal{H}_*^L f(x) = \sup_{0 < t \leq 1} \left| \int K_t(x, u) \chi_L(x, u) f(u) d\gamma_\infty(u) \right|.$$

## 6. THE CASE OF LARGE $t$

In this section, we consider the supremum in the definition of the maximal operator taken only over  $t > 1$ , and we prove (1.5).

**Proposition 6.1.** *For all functions  $f \in L^1(\gamma_\infty)$  such that  $\|f\|_{L^1(\gamma_\infty)} = 1$ ,*

$$\gamma_\infty \left\{ x : \sup_{t > 1} |\mathcal{H}_t f(x)| > \alpha \right\} \lesssim \frac{1}{\alpha \sqrt{\log \alpha}}, \quad \alpha > 2. \quad (6.1)$$

*In particular, the maximal operator*

$$\sup_{t > 1} |\mathcal{H}_t f(x)|$$

*is of weak type  $(1, 1)$  with respect to the invariant measure  $\gamma_\infty$ .*

*Proof.* We can assume that  $f \geq 0$ . Looking at the arguments in Section 5, items (3) and (4), we see that it suffices to consider points  $x \in \mathcal{E}$ . For both  $x$  and  $u$  we use the coordinates introduced in (4.4) with  $\beta = \log \alpha$ , that is,

$$x = D_s \tilde{x}, \quad u = D_{s'} \tilde{u},$$

where  $\tilde{x}, \tilde{u} \in E_{\log \alpha}$  and  $s, s' \in \mathbb{R}$ .

From (3.4) we have

$$K_t(x, u) \lesssim \exp(R(x)) \exp(-c |D_{-t} u - x|^2)$$

for  $t > 1$  and  $x, u \in \mathbb{R}^n$ . Since  $x \in \mathcal{E}$  and  $D_{-t} u = D_{-t} D_{s'} \tilde{u} = D_{s'-t} \tilde{u}$ , we can apply Lemma 4.3 (i), getting

$$|D_{-t} u - x| \gtrsim |\tilde{x} - \tilde{u}|,$$

so that

$$\int K_t(x, u) f(u) d\gamma_\infty(u) \lesssim \exp(R(D_s \tilde{x})) \int \exp(-c|\tilde{x} - \tilde{u}|^2) f(u) d\gamma_\infty(u).$$

In view of (4.3), the right-hand side here is strictly increasing in  $s$ , and therefore the inequality

$$\exp(R(D_s \tilde{x})) \int \exp(-c|\tilde{x} - \tilde{u}|^2) f(u) d\gamma_\infty(u) > \alpha \quad (6.2)$$

holds if and only if  $s > s_\alpha(\tilde{x})$  for some function  $\tilde{x} \mapsto s_\alpha(\tilde{x})$ , with equality for  $s = s_\alpha(\tilde{x})$ . Since  $\alpha > 2$  and  $\|f\|_{L^1(\gamma_\infty)} = 1$ , it follows that  $s_\alpha(\tilde{x}) > 0$ .

For some  $C$ , the set of points  $x \in \mathcal{E}$  where the supremum in (6.1) is larger than  $C\alpha$  is contained in the set  $\mathcal{A}(\alpha)$  of points  $D_s \tilde{x} \in \mathcal{E}$  fulfilling (6.2). We use Proposition 4.2 to estimate the  $\gamma_\infty$  measure of this set. Observe that  $H(0, \tilde{x}) \simeq |\tilde{x}| \simeq \sqrt{\log \alpha}$  and that  $D_s \tilde{x} \in \mathcal{E}$  implies  $s \lesssim 1$ , so that also  $e^{-s \operatorname{tr} B} \lesssim 1$ . We get

$$\begin{aligned} \gamma_\infty(\mathcal{A}(\alpha) \cap \mathcal{E}) &= \int_{\mathcal{A}(\alpha) \cap \mathcal{E}} e^{-R(x)} dx \\ &\lesssim \sqrt{\log \alpha} \int_{E_{\log \alpha}} \int_{s_\alpha(\tilde{x})}^C e^{-R(D_s \tilde{x})} dS(\tilde{x}) ds \\ &\lesssim \sqrt{\log \alpha} \int_{E_{\log \alpha}} \int_{s_\alpha(\tilde{x})}^{+\infty} \exp(-R(D_{s_\alpha(\tilde{x})} \tilde{x}) - c \log \alpha (s - s_\alpha(\tilde{x}))) ds dS(\tilde{x}), \end{aligned}$$

where the last inequality follows from (4.3), since  $|D_s \tilde{x}|^2 \gtrsim |\tilde{x}|^2 \simeq \log \alpha$ . Integrating in  $s$ , we obtain

$$\gamma_\infty(\mathcal{A}(\alpha) \cap \mathcal{E}) \lesssim \frac{1}{\sqrt{\log \alpha}} \int_{E_{\log \alpha}} \exp(-R(D_{s_\alpha(\tilde{x})} \tilde{x})) dS(\tilde{x}).$$

Now combine this estimate with the case of equality in (6.2) and change the order of integration, to get

$$\begin{aligned} \gamma_\infty(\mathcal{A}(\alpha) \cap \mathcal{E}) &\lesssim \frac{1}{\alpha \sqrt{\log \alpha}} \int \int_{E_{\log \alpha}} \exp(-c|\tilde{x} - \tilde{u}|^2) dS(\tilde{x}) f(u) d\gamma_\infty(u) \\ &\lesssim \frac{1}{\alpha \sqrt{\log \alpha}} \int f(u) d\gamma_\infty(u), \end{aligned}$$

which proves Proposition 6.1.  $\square$

Finally, in analogy with [9], we show that the factor  $1/\sqrt{\log \alpha}$  in (6.1) is sharp.

**Proposition 6.2.** *For any  $t > 1$  and any large  $\alpha$ , there exists a function  $f$ , normalized in  $L^1(\gamma_\infty)$  and such that*

$$\gamma_\infty \{x : |\mathcal{H}_t f(x)| > \alpha\} \simeq \frac{1}{\alpha \sqrt{\log \alpha}}.$$

*Proof.* Take a point  $z$  with  $R(z) = \log \alpha$ , and let  $f$  be (an approximation of) a Dirac measure at the point  $u = D_t z$ . Then, as a consequence of (3.4),  $K_t(x, u) \simeq$



$\exp(R(x))$  in the ball  $B(D_{-t}u, 1) = B(z, 1)$ . We then have  $\mathcal{H}_t f(x) = K_t(x, u) \gtrsim \alpha$  in the set  $\mathcal{B} = \{x \in B(z, 1) : R(x) > R(z)\}$ , whose measure is

$$\gamma_\infty(\mathcal{B}) \simeq e^{-R(z)} \frac{1}{\sqrt{R(z)}} = \frac{1}{\alpha \sqrt{\log \alpha}}.$$

□

## 7. THE LOCAL CASE FOR SMALL $t$

**Proposition 7.1.** *If  $(x, u) \in L$  and  $0 < t \leq 1$ , then*

$$|K_t(x, u)| \lesssim \frac{\exp(R(x))}{t^{n/2}} \exp\left(-c \frac{|u-x|^2}{t}\right).$$

*Proof.* In view of (3.5), it is enough to show that

$$\frac{|u - D_t x|^2}{t} \geq \frac{|u - x|^2}{t} - C. \quad (7.1)$$

We write

$$\begin{aligned} |u - D_t x|^2 &= |u - x + x - D_t x|^2 = |u - x|^2 + 2\langle u - x, x - D_t x \rangle + |x - D_t x|^2 \\ &\geq |u - x|^2 - 2|u - x| |x - D_t x|. \end{aligned}$$

But

$$|u - x| |x - D_t x| = |u - x| |Q_\infty(I - e^{-tB^*})Q_\infty^{-1}x| \lesssim |u - x| t |x| \leq t$$

since  $(x, u) \in L$ , and (7.1) follows. □

**Proposition 7.2.** *The maximal operator  $\mathcal{H}_*^L$  is of weak type  $(1, 1)$  with respect to the invariant measure  $\gamma_\infty$ .*

*Proof.* The proof is standard, since Proposition 7.1 implies

$$\mathcal{H}_*^L f(x) \lesssim \sup_{0 < t \leq 1} \frac{\exp(R(x))}{t^{n/2}} \int \exp\left(-c \frac{|x-u|^2}{t}\right) \chi_L(x, u) f(u) d\gamma_\infty(u).$$

The supremum here defines an operator of weak type  $(1, 1)$  with respect to the Lebesgue measure in  $\mathbb{R}^n$ . From this the proposition follows, cf. [8, Section 3]. □

## 8. THE GLOBAL CASE FOR SMALL $t$

In this section, we conclude the proof of Theorem 1.1.

**Proposition 8.1.** *The maximal operator  $\mathcal{H}_*^G$  is of weak type  $(1, 1)$  with respect to the invariant measure  $\gamma_\infty$ .*

*Proof.* For  $m \in \mathbb{N}$  and  $0 < t \leq 1$ , we introduce regions  $\mathcal{S}_t^m$ . If  $m > 0$ , we let

$$\mathcal{S}_t^m = \left\{ (x, u) \in G : 2^{m-1}\sqrt{t} < |u - D_t x| \leq 2^m\sqrt{t} \right\}.$$

If  $m = 0$ , we replace the condition  $2^{m-1}\sqrt{t} < |u - D_t x| \leq 2^m\sqrt{t}$  by  $|u - D_t x| \leq \sqrt{t}$ . Note that for any fixed  $t \in (0, 1]$  these sets form a partition of  $G$ .

In the set  $\mathcal{S}_t^m$  we have, because of (3.5),

$$K_t(x, u) \lesssim \frac{\exp(R(x))}{t^{n/2}} \exp(-c2^{2m}).$$

Then setting

$$\mathcal{K}_t^m(x, u) = \frac{\exp(R(x))}{t^{n/2}} \chi_{\mathcal{S}_t^m}(x, u), \quad (8.1)$$

one has, for all  $(x, u) \in G$  and  $0 < t < 1$ ,

$$K_t(x, u) \lesssim \sum_{m=0}^{\infty} \exp(-c2^{2m}) \mathcal{K}_t^m(x, u).$$

Hence, it suffices to prove that for  $m = 0, 1, \dots$  and  $f \geq 0$  normalized in  $L^1(\gamma_\infty)$

$$\gamma_\infty \left\{ x \in \mathcal{E} : \sup_{0 < t \leq 1} \int \mathcal{K}_t^m(x, u) f(u) d\gamma_\infty(u) > \alpha \right\} \lesssim \frac{2^{Cm}}{\alpha}, \quad (8.2)$$

for large  $\alpha$ , since this will allow summing in  $m$  in the space  $L^{1, \infty}$ .

Fix  $m \in \mathbb{N}$ . Then  $(x, u) \in \mathcal{S}_t^m$ ,  $t \in (0, 1]$  implies  $|u - D_t x| \leq 2^m\sqrt{t}$ . Now Lemma 5.1 leads to

$$1 \lesssim (1 + |x|)^4 t^2 + (1 + |x|)^2 2^{2m} t \leq ((1 + |x|)^2 2^{2m} t)^2 + (1 + |x|)^2 2^{2m} t.$$

Consequently,

$$(1 + |x|)^2 2^{2m} t \gtrsim 1 \quad (8.3)$$

as soon as there exists a point  $u$  with  $\mathcal{K}_t^m(x, u) \neq 0$ , and then  $t \geq \varepsilon > 0$  for some  $\varepsilon = \varepsilon(\alpha, m) > 0$ . Hence the supremum in (8.2) can as well be taken over  $\varepsilon \leq t \leq 1$ , and this supremum is a continuous function of  $x \in \mathcal{E}$ .

To prove (8.2), the idea, which goes back to [16], is to construct a finite sequence of pairwise disjoint balls  $(\mathcal{B}^{(\ell)})_{\ell=1}^{\ell_0}$  in  $\mathbb{R}^n$  and a finite sequence of sets  $(\mathcal{Z}^{(\ell)})_{\ell=1}^{\ell_0}$  in  $\mathbb{R}^n$ , called forbidden zones. These zones will together cover the level set in (8.2). We will show that

$$\left\{ x \in \mathcal{E} : \sup_{\varepsilon \leq t \leq 1} \int \mathcal{K}_t^m(x, u) f(u) d\gamma_\infty(u) \geq \alpha \right\} \subset \bigcup_{\ell=1}^{\ell_0} \mathcal{Z}^{(\ell)}, \quad (8.4)$$

and that for each  $\ell$

$$\gamma_\infty(\mathcal{Z}^{(\ell)}) \lesssim \frac{2^{Cm}}{\alpha} \int_{\mathcal{B}^{(\ell)}} f(u) d\gamma_\infty(u). \quad (8.5)$$

Since the  $\mathcal{B}^{(\ell)}$  will be pairwise disjoint, we could then conclude

$$\gamma_\infty\left(\bigcup_{\ell=1}^{\ell_0} \mathcal{Z}^{(\ell)}\right) \lesssim \frac{2^{Cm}}{\alpha} \sum_{\ell=1}^{\ell_0} \int_{\mathcal{B}^{(\ell)}} f(u) d\gamma_\infty(u) \lesssim \frac{2^{Cm}}{\alpha}.$$

This would imply (8.2) and so complete the proof of Proposition 8.1.

The sets  $\mathcal{B}^{(\ell)}$  and  $\mathcal{Z}^{(\ell)}$  will be introduced by means of a sequence of points  $x^{(\ell)}$ ,  $\ell = 1, \dots, \ell_0$ , which we define by recursion. To find the first point  $x^{(1)}$ , consider the minimum of the quadratic form  $R(x)$  in the compact set

$$\mathcal{A}_1(\alpha) = \left\{ x \in \mathcal{E} : \sup_{\varepsilon \leq t \leq 1} \int \mathcal{K}_t^m(x, u) f(u) d\gamma_\infty \geq \alpha \right\}.$$

Should this set be empty, (8.2) is immediate. By continuity, this minimum is attained at some point  $x^{(1)}$  of the set.

We now describe the recursion to construct  $x^{(\ell)}$  for  $\ell \geq 2$ . Like  $x^{(1)}$ , these points will satisfy

$$\sup_{\varepsilon \leq t \leq 1} \int \mathcal{K}_t^m(x^{(\ell)}, u) f(u) d\gamma_\infty \geq \alpha.$$

Once an  $x^{(\ell)}$ ,  $\ell \geq 1$ , is defined, we can thus by continuity choose  $t_\ell \in [\varepsilon, 1]$  such that

$$\int \mathcal{K}_{t_\ell}^m(x^{(\ell)}, u) f(u) d\gamma_\infty \geq \alpha. \quad (8.6)$$

Using this  $t_\ell$ , we associate with  $x^{(\ell)}$  the tube

$$\mathcal{Z}^{(\ell)} = \{ D_s \eta \in \mathbb{R}^n : s \geq 0, R(\eta) = R(x^{(\ell)}), |\eta - x^{(\ell)}| < A 2^{3m} \sqrt{t_\ell} \},$$

Here the constant  $A > 0$  is to be determined, depending only on  $n, Q$  and  $B$ .

All the  $x^{(\ell)}$  will be minimizing points. To avoid having them too close to one another, we will not allow  $x^{(\ell)}$  to be in any  $\mathcal{Z}^{(\ell')}$  with  $\ell' < \ell$ . More precisely, assuming  $x^{(1)}, \dots, x^{(\ell)}$  already defined, we will choose  $x^{(\ell+1)}$  as a minimizing point of  $R(x)$  in the set

$$\mathcal{A}_{\ell+1}(\alpha) = \left\{ x \in \mathcal{E} \setminus \bigcup_{\ell'=1}^{\ell} \mathcal{Z}^{(\ell')} : \sup_{\varepsilon \leq t \leq 1} \int \mathcal{K}_t^m(x, u) f(u) d\gamma_\infty(u) \geq \alpha \right\}, \quad (8.7)$$

provided this set is nonempty. But if  $\mathcal{A}_{\ell+1}(\alpha)$  is empty, the process stops with  $\ell_0 = \ell$  and (8.4) follows. We will soon see that this actually occurs for some  $\ell$ .

Now assume that  $\mathcal{A}_{\ell+1}(\alpha) \neq \emptyset$ . In order to assure that a minimizing point exists, we must verify that  $\mathcal{A}_{\ell+1}(\alpha)$  is closed and thus compact, although the  $\mathcal{Z}^{(\ell')}$  are not open. To do so, observe that for  $1 \leq \ell' \leq \ell$ , the minimizing property of  $x^{(\ell')}$  means that there is no point in  $\mathcal{A}_{\ell'}(\alpha)$  with  $R(x) < R(x^{(\ell')})$ . Thus we have the inclusions

$$\mathcal{A}_{\ell+1}(\alpha) \subset \mathcal{A}_{\ell'}(\alpha) \subset \left\{ x : R(x) \geq R(x^{(\ell')}) \right\}, \quad 1 \leq \ell' \leq \ell.$$

It follows that

$$\mathcal{A}_{\ell+1}(\alpha) = \mathcal{A}_{\ell+1}(\alpha) \cap \bigcap_{1 \leq \ell' \leq \ell} \left\{ x : R(x) \geq R(x^{(\ell')}) \right\} =$$

$$\bigcap_{\ell'=1}^{\ell} \left\{ x \in \mathcal{E} \setminus \mathcal{Z}^{(\ell')} : R(x) \geq R(x^{(\ell')}), \sup_{\varepsilon \leq t \leq 1} \int \mathcal{K}_t^m(x, u) f(u) d\gamma_{\infty}(u) \geq \alpha \right\}.$$

The sets  $\{x \in \mathcal{E} \setminus \mathcal{Z}^{(\ell')} : R(x) \geq R(x^{(\ell')})\}$  are closed in view of the choice of  $\mathcal{Z}^{(\ell')}$ . This makes  $\mathcal{A}_{\ell+1}(\alpha)$  compact, and a minimizing point  $x^{(\ell+1)}$  can be chosen. Thus the recursion is well defined.

We observe that (8.3) applies to  $t_{\ell}$  and  $x^{(\ell)}$ , so that

$$|x^{(\ell)}|^2 2^{2m} t_{\ell} \gtrsim 1. \quad (8.8)$$

Further, we define balls

$$\mathcal{B}^{(\ell)} = \{u \in \mathbb{R}^n : |u - D_{t_{\ell}} x^{(\ell)}| \leq 2^m \sqrt{t_{\ell}}\}.$$

Because of (8.1) and the definitions of  $\mathcal{K}_t^m$  and  $\mathcal{S}_t^m$ , the inequality (8.6) implies

$$\alpha \leq \frac{\exp(R(x^{(\ell)}))}{t_{\ell}^{n/2}} \int_{\mathcal{B}^{(\ell)}} f(u) d\gamma_{\infty}(u). \quad (8.9)$$

We now verify that the sets  $\mathcal{B}^{(\ell)}$  and  $\mathcal{Z}^{(\ell)}$  have the required properties. The proof follows the lines of the proof of Lemma 6.2 in [4], with only slight modifications.

**Lemma 8.2.** *The collection of balls  $\mathcal{B}^{(\ell)}$  is pairwise disjoint.*

*Proof.* Two balls  $\mathcal{B}^{(\ell)}$  and  $\mathcal{B}^{(\ell')}$  with  $\ell < \ell'$  will be disjoint if

$$|D_{t_{\ell}} x^{(\ell)} - D_{t_{\ell'}} x^{(\ell')}| > 2^m (\sqrt{t_{\ell}} + \sqrt{t_{\ell'}}). \quad (8.10)$$

By means of the coordinates from Subsection 4.1 with  $\beta = R(x^{(\ell)})$ , we write

$$x^{(\ell')} = D_s \tilde{x}^{(\ell')}$$

for some  $\tilde{x}^{(\ell')}$  with  $R(\tilde{x}^{(\ell')}) = R(x^{(\ell)})$  and some  $s \in \mathbb{R}$ . Note that  $s \geq 0$ , because  $R(x^{(\ell')}) \geq R(x^{(\ell)})$ . Since  $x^{(\ell')}$  does not belong to the forbidden zone  $\mathcal{Z}^{(\ell)}$ , we must have

$$|\tilde{x}^{(\ell')} - x^{(\ell)}| \geq A 2^{3m} \sqrt{t_{\ell}}. \quad (8.11)$$

We first assume that  $t_{\ell'} \geq M 2^{4m} t_{\ell}$ , for some  $M \geq 2$  to be chosen. Lemma 4.3 (ii) implies

$$|D_{t_{\ell}} x^{(\ell)} - D_{t_{\ell'}} x^{(\ell')}| = |D_{t_{\ell}} x^{(\ell)} - D_{t_{\ell'}+s} \tilde{x}^{(\ell')}| \gtrsim |x^{(\ell)}| (t_{\ell'} + s - t_{\ell}) \gtrsim |x^{(\ell)}| t_{\ell'}.$$

Using our assumption and then (8.8), we get

$$|x^{(\ell)}| t_{\ell'} \gtrsim |x^{(\ell)}| \sqrt{M} 2^{2m} \sqrt{t_{\ell}} \sqrt{t_{\ell'}} \gtrsim \sqrt{M} 2^m \sqrt{t_{\ell'}} \simeq \sqrt{M} 2^m (\sqrt{t_{\ell'}} + \sqrt{t_{\ell}}).$$

Fixing  $M$  suitably large, we obtain (8.10) from the last two formulae.

It remains to consider the case when  $t_{\ell'} < M 2^{4m} t_{\ell}$ . Then

$$\sqrt{t_{\ell}} > \frac{2^{-2m-1}}{\sqrt{M}} (\sqrt{t_{\ell'}} + \sqrt{t_{\ell}}).$$

Applying this to (8.11), we obtain (8.10) by choosing  $A$  so that  $A/\sqrt{M}$  is large enough.  $\square$

We next verify that the sequence  $(x^{(\ell)})$  is finite. For  $\ell < \ell'$ , we have (8.11), as in the preceding proof. Then Lemma 4.3 (i) implies

$$|x^{(\ell')} - x^{(\ell)}| \gtrsim A 2^{3m} \sqrt{t_\ell}.$$

Since  $t_\ell \geq \varepsilon$ , we see that the distance  $|x^{(\ell')} - x^{(\ell)}|$  is bounded below by a positive constant. But all the  $x^{(\ell)}$  are contained in the bounded set  $\mathcal{E}$ , so they are finite in number. Thus the set considered in (8.7) must be empty for some  $\ell$ , and the recursion stops. This implies (8.4).

We finally prove (8.5). Observe that the forbidden zone  $\mathcal{Z}^{(\ell)}$  is a tube as defined in (4.12), with  $a = A 2^{3m} \sqrt{t_\ell}$  and  $\beta = R(x^{(\ell)})$ . This value of  $\beta$  is large since  $x^{(\ell)} \in \mathcal{E}$ , and thus we can apply Lemma 4.4 to obtain

$$\gamma_\infty(\mathcal{Z}^{(\ell)}) \lesssim \frac{(A 2^{3m} \sqrt{t_\ell})^{n-1}}{\sqrt{R(x^{(\ell)})}} \exp(-R(x^{(\ell)})).$$

We bound the exponential here by means of (8.9) and observe that  $R(x^{(\ell)}) \sim |x^{(\ell)}|^2$ , getting

$$\gamma_\infty(\mathcal{Z}^{(\ell)}) \lesssim \frac{1}{\alpha |x^{(\ell)}| \sqrt{t_\ell}} (A 2^{3m})^{n-1} \int_{\mathcal{B}^{(\ell)}} f(u) d\gamma_\infty(u).$$

As a consequence of (8.8), we obtain

$$\gamma_\infty(\mathcal{Z}^{(\ell)}) \lesssim \frac{2^m}{\alpha} (A 2^{3m})^{n-1} \int_{\mathcal{B}^{(\ell)}} f(u) d\gamma_\infty(u) \lesssim \frac{2^{Cm}}{\alpha} \int_{\mathcal{B}^{(\ell)}} f(u) d\gamma_\infty(u),$$

proving (8.5). This concludes the proof of Proposition 8.1.  $\square$

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