

1 **PROGNOSTIC SIGNIFICANCE OF *TERT* PROMOTER AND** 2 ***BRAF* MUTATIONS IN TIR-4 AND TIR-5 THYROID CYTOLOGY**

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33 **ABSTRACT**

34 **Objective:** Follicular-derived thyroid cancers generally have a good prognosis, but in a minority of
35 cases they have an aggressive behavior and develop distant metastases, with an increase in the
36 associated mortality. None of the prognostic markers currently available prior to surgery can
37 identify such cases. **Methods:** *TERT* promoter and *BRAF* gene mutations were examined in a series
38 of 436 consecutive TIR-4 and TIR-5 nodes referred for surgery. Follow-up (median: 59 months,
39 range: 7-293 months) was available for 384/423 patients with malignant nodes. **Results:** *TERT*
40 promoter and *BRAF* mutations were detected in 20/436 (4.6%), and 257/434 thyroid nodules
41 (59.2%), respectively. At the end of the follow-up, 318/384 patients (82.8%) had an excellent
42 outcome, 48/384 (12.5%) had indeterminate response or biochemical persistence, 18/384 (4.7%)
43 had a structural persistence or died from thyroid cancer. *TERT* promoter mutations correlated with
44 older age ($p < 0.0001$), larger tumor size ($p = 0.0002$), oxyntic and aggressive PTC variants ($p = 0.01$),
45 higher tumor stages ($p < 0.0001$), distant metastases (< 0.0001) and disease outcome ($p < 0.0001$). At
46 multivariate analysis, *TERT* promoter mutation was not an independent predictor of disease
47 outcome. *TERT* promoter mutations (OR 40.58; 95% CI 3.06 to 539.04), and N1b lymph node
48 metastases (OR 40.16, 95% CI 3.48 to 463.04) were independent predictors of distant metastases.
49 *BRAF* mutation did not predict the outcome, and it correlated with a lower incidence of distant
50 metastases ($p = 0.0201$). **Conclusions:** *TERT* promoter mutation proved an independent predictor of
51 distant metastases, giving clinicians the chance to identify many of the patients who warranted more
52 aggressive initial treatment and closer follow-up.

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57 INTRODUCTION

58 Follicular-derived thyroid cancer (FDTC) is the most common endocrine cancer (1), and it is being
59 diagnosed more and more frequently, possibly due to the increasing use of neck ultrasound for
60 thyroid diseases and other unrelated conditions (2). The prognosis for FDTC is usually good, the
61 10-year survival rate ranging between 85% and 93% (1). There is a tendency to treat it using less
62 invasive surgical procedures, and less radioiodine, with a weaker ^{131}I activity (3). From 7% to 20%
63 of FDTC recur or persist, however, especially if initial surgery is not radical (3, 4), and patients who
64 require additional treatments and intensive follow-up may experience a higher morbidity and worse
65 quality of life. The 5-year survival rate in cases of poorly-differentiated thyroid carcinoma (PDTC),
66 and in patients with distant metastases is also significantly worse, at 72% and 30-50%, respectively
67 (5). Distant metastases are not very common, occurring in only 2-5% of cases, but they have a
68 significant impact on patient outcome and quality of life (6). Unlike other cancers, in the case of
69 FDTC, metastatic disease is amenable to treatment (providing the primary tumor has been
70 completely removed) because it may respond to RAI therapy (3).

71 In the light of the above considerations, it is time to adjust surgical and radioiodine strategies to the
72 individual risk of disease persistence or recurrence, distant metastases, and death. This involves
73 identifying the minority of patients with aggressive FDTC who warrant a more aggressive treatment
74 and closer follow-up (2). Unfortunately, good prognostic indicators - available before surgery, or
75 already at the time of a patient's diagnosis - are still lacking.

76 Fine-needle aspiration (FNA) cytology has an essential role in the diagnosis of thyroid nodules, and
77 the value of the molecular markers obtained thereby has been widely investigated, especially for
78 indeterminate cytologies (3). The significance of BRAF mutation as a prognostic molecular marker
79 has also been investigated in numerous studies (7). According to some reports, BRAF mutations
80 appear to be associated with large tumor size (8, 9), extension beyond the thyroid (8, 9), advanced
81 stage at diagnosis (8, 10), and lymph node involvement (9, 11). How *BRAF* mutations correlate

82 with outcome is a more complicated issue, however. A systematic meta-analysis found a
83 significantly higher independent recurrence rate in *BRAF V600E* mutated than in *BRAF* wild-type
84 tumors (11), but it is hard to say whether the *BRAF* mutation was an independent risk factor, or
85 whether said higher recurrence rate was due to aggressive clinicopathological features associated
86 with the mutational status (3). *BRAF* mutation was found unassociated with any presence of distant
87 metastases in most studies (12, 13, 14). Sancisi *et al* even found that distant metastases developed
88 less frequently in *BRAF*-mutated than in wild-type tumors (15). Melo *et al* confirmed as much from
89 the molecular standpoint, finding *BRAF* mutation less often in distant metastases than in their paired
90 primary tumors (16). Assessing *BRAF* mutation in isolation is therefore not enough for proper risk
91 stratification (3).

92 Telomerase reactivation or re-expression is a hallmark of cancer and allows unlimited proliferation.
93 Somatic mutations in the promoter region of telomerase reverse transcriptase (*TERT*) have been
94 found in a large proportion of human tumors (16), including FDTC (17). In particular, the rates of
95 *TERT* promoter mutation in thyroid specimens reportedly range from 7% (18, 19) to 23% (20) in
96 PTC, from 11.4% (17) to 32% (21) in FTC (with higher rates in aggressive cancers), from 29% (19)
97 to 43% (18) in PDTC, and from 33% (19) to 51% in ATC (20). These mutations occur -124 and -
98 146 base-pairs away from the *TERT* translation start site [1,295,228 C>T (C228T) and 1,295,250
99 C>T (C250T)] (18). They increase *TERT* promoter activity, giving rise to new consensus sites for
100 transcription factors. The literature has consistently demonstrated an association between *TERT*
101 promoter mutation and older-aged patients, larger tumors, distant metastases, and advanced stage at
102 diagnosis (18, 19). On the other hand, *TERT* mutations do not seem to be associated with lymph
103 node metastases (18, 19, 22), and an association with extrathyroidal extension and vascular invasion
104 has emerged in many, but not all reports (18, 19, 22). More importantly, *TERT* promoter mutations
105 seem to independently predict patient mortality (19), and disease-free survival (18, 19, 23), and this
106 makes them seem promising as a way to identify tumors with more aggressive anatomopathological

107 features and a worse prognosis. All the above-mentioned studies analyzed the *TERT* promoter in
108 cancer tissue that became available after surgery, however. Its prognostic value in FNA from
109 thyroid nodes prior to surgery remains unknown as yet, and the question is challenging, partly
110 because *TERT* promoter mutations are often subclonal in thyroid cancer tissue (19). The aim of the
111 present study was thus to elucidate the prognostic value of *TERT* promoter mutations in a large,
112 single-center, consecutive series of cytologically malignant or suspect thyroid nodules.

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114 MATERIAL AND METHODS

115 The study involved 436 samples found malignant or suspect on FNA cytology, obtained from
116 thyroid nodules in 436 consecutive adult patients referred for surgical excision. Molecular analysis
117 for somatic *TERT* promoter mutations was performed retrospectively in all patients. *BRAF* analysis
118 was performed as well for 434 patients. All studies were conducted in accordance with the
119 guidelines of the Declaration of Helsinki. The present study was approved by our local ethical
120 committee (Azienda Ospedaliera di Padova, approval code number: AOP1303), and all patients
121 gave their written informed consent to the use of their thyroid cytology findings for research
122 purposes. In the present series, the decision regarding the extent of initial surgery, considering total
123 thyroidectomy and prophylactic neck compartment dissection, was based on patients' clinical
124 status, and the surgeons' and patients' preferences: 434/436 patients (99.5%) underwent total
125 thyroidectomy, 1/436 (0.2%) had a lobectomy, and 1 (0.2%) had no surgery due to a diagnosis of
126 anaplastic thyroid carcinoma. All 436 cases collected were classified according to the SIAPEC 2014
127 consensus statement (24). ¹³¹I remnant ablation was performed in 387 patients (median dose: 100
128 mCi; range: 30-200 mCi). Histological diagnostics and staging were done according to the TNM
129 classification, considering both the 7th (25), and the 8th (26) editions, and on the grounds of the first
130 whole-body scan after ¹³¹I remnant ablation. All patients with a negative whole-body scan outside
131 the thyroid bed, negative thyroid ultrasound (US), and undetectable thyroglobulin (Tg) with

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132 negative thyroglobulin autoantibodies after therapy underwent rhTSH-stimulated Tg assessment 12
133 months after remnant ablation, according to standard procedures. Then patients were routinely
134 followed up every 6 or 12 months. Additional Tg assays, FNA cytology, or 18F-FDG PET were
135 performed, depending on patients' clinical features, or when persistent disease was suspected.
136 Further ^{131}I and/or surgical treatments, and/or external radiotherapy, and/or tyrosine kinase inhibitor
137 treatment were administered if further disease was confirmed. Patient outcome was classified as a
138 "biochemically incomplete or structurally incomplete response", "indeterminate" or an "excellent
139 response", according to the American Thyroid Association (3) guidelines for patients undergoing
140 remnant ablation, and according to the criteria proposed by Momesso *et al.* (27) for patients not
141 receiving ^{131}I treatment. The median patient follow-up was 59 months (range: 7-293 months);
142 39/423 (9.2%) patients with malignant disease were lost to follow-up.

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144 ***BRAF* and *TERT* mutation analysis**

145 DNA was isolated from FNA samples using the QIAamp DNA Micro kit (Qiagen, Italy) according
146 to the manufacturer's protocol. *BRAF* (NM_004333.4) exon 15 and *TERT* proximal promoter
147 (NM_198253.2) status was assessed by direct sequencing. The primers and PCR reaction protocol
148 have been described elsewhere (28).

149

150 **Statistical analysis**

151 The Kolmogorov-Smirnov test was used to assess the normal distribution of each variable. Based
152 on a 3.5-fold difference of adverse outcome in the two groups of patients (*TERT* promoter mutated
153 versus *TERT* promoter not mutated) and considering a mean frequency of *TERT* promoter mutation
154 around 10% in FDTC, as it comes from histological studies, a sample size of at least 341 patients
155 was calculated ($\alpha=0.05$, $\beta=0.2$). The Mann-Whitney test and the Kruskal-Wallis test for

156 nonparametric data were used to correlate age at diagnosis and cancer size with final outcome and
157 mutational status, where appropriate. Categorical variables (gender, extrathyroidal extension,
158 multifocality, vascular invasion, lymph node metastases, distant metastases, PTC histological
159 variant, stage at diagnosis) were compared with outcome and mutational status using the chi-square
160 test. Disease-free survival data were analyzed with the Kaplan-Meier method; multivariate analyses
161 of factors affecting metastases and outcome were conducted using logistic regression. A p-value
162 <0.05 was considered statistically significant.

163

164 **RESULTS**

165 **Patients**

166 Of the 436 patients included in our study, 335 (76.8%) were female and 101 (23.2%) were male.
167 The patients were a mean 47.8 ± 13.6 years old (median 47 years). There were 129/436 patients
168 (29.6%) classified as TIR-4, and 307/436 (70.4%) as TIR-5. Among 436 fine-needle aspirates, 423
169 (97%) were classified as malignant on histopathological review. In detail, the histological
170 classification of the malignant nodules was as follows: 282/423 classical variant of papillary thyroid
171 carcinoma (CV-PTC), 26/423 follicular variant of PTC (FV-PTC), 33/423 oxyphilic variant of PTC
172 (VO-PTC), 70/423 aggressive variants of PTC, 7/423 follicular thyroid carcinoma (FTC), 2/423
173 poorly-differentiated thyroid carcinoma (PDTC), 2/423 anaplastic thyroid carcinoma (ATC) and 1
174 medullary thyroid carcinoma (MTC). All benign histologies (11/13 follicular adenomas and 2/13
175 hyperplastic nodules) were scored as TIR-4 at cytological examination. The size of the malignant
176 nodules ranged from 5 to 60 mm (median 14 mm), and 100/436 (22.9%) were microcarcinomas
177 (largest diameter ≤ 10 mm). Prior to surgery 14/85 (16.5%) of microcarcinomas were N1b.
178 According to the 7th edition of the TNM, 313/423 patients (73.9%) with malignant disease were
179 classified in stage I, 44/423 (10.5%) in stage II, 47/423 (11.1%) in stage III, and 19/423 (4.5%) in

180 stage IV at diagnosis. All patients were re-classified according to the 8th edition of the TNM as
181 follows: 356/423 (84.2%) in stage I, 60/423 (14.2%) in stage II, 1/423 (0.2%) in stage III, and 6/423
182 (1.4%) in stage IV. Eleven (2.6%) of the 423 patients with a malignant histology had metastatic
183 disease. Considering only the cases of FDTC, our series was classified according to the American
184 Thyroid Association (ATA) guidelines of 2009 for the initial stratification of patients' cancer
185 recurrence risk, as modified in 2015 (3): 135/422 (32%) were low risk; 264/422 (65.6%) were
186 intermediate risk; and 23/422 (5.5%) were high risk.

187 At the end of the follow-up, 318/384 patients (82.8%) had an excellent outcome, 37/384 (9.6%) had
188 an indeterminate response, and 29/384 (7.6%) had biochemically or structurally persistent disease,
189 or had died of their thyroid cancer (in 4/384 cases, 1% of patients, 2 of them with ATC and 2 with
190 PTC), while another 2 patients had died of other causes. For the purposes of our study, patient
191 outcome was classified as: (i) excellent 318/384 (82.8%); or (ii) indeterminate response and
192 biochemically persistent disease (48/384, 12.5%) (iii) structurally persistent disease and death due
193 to thyroid cancer (18/384, 4.7%).

194 Primary tumor size ($p=0.001$), extrathyroidal extension ($p=0.0007$), vascular invasion ($p=0.0029$),
195 lymph node involvement ($p=0.0002$) - with N1b carrying a higher risk than N1a ($p<0.0001$),
196 distant metastases ($p<0.0001$), advanced stage at diagnosis (according to both the 7th and the 8th
197 editions of the TNM, $p<0.0001$), and *TERT* promoter mutation ($p<0.0001$) all correlated
198 significantly with the risk of persistent/recurrent disease or disease-related death (Table 1). At
199 multivariate analysis, only cancer size (OR 1.0459, 95% CI 1.0006 to 1.0932), N1b lymph node
200 metastases (OR 11.7323, 95% CI 2.8167 to 48.8681), and distant metastases (OR 10.5559, 95% CI
201 1.5767 to 70.6692) predicted persistent disease (i.e. a structurally incomplete response and disease-
202 related death).

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205 **BRAF mutation testing**

206 *BRAF* mutations were detected in 257/434 thyroid nodules (59.2%). The classic c.1799T>A
207 (p.V600E) mutation was found in 256 cases, and a c.1801A>G mutation (p.K601E) in one. Fifty-
208 four (21%) of the 257 patients carrying a *BRAF* mutation had a TIR-4 cytology, and 203 /257 (79%)
209 had a malignant cytology; they all proved malignant on final pathology review. The results of the
210 univariate analysis are summarized in Table 2. *BRAF* mutation correlated with minimal
211 extrathyroidal extension (p=0.0174), multifocality (p=0.0392), the PTC histological variant (the
212 mutation being more prevalent in the classical and aggressive variants, p<0.0001), and cancer size
213 (the mutation being more frequent in small tumors with a median size of 13 mm in *BRAF*-mutated
214 tumors as opposed to 15 mm in *BRAF* wild-type tumors, p=0.03). Sixty-three (63.3%) of the 99
215 microcarcinomas carried a *BRAF* mutation. *BRAF* mutations correlated inversely with distant
216 metastases: they were found in 3/11 patients (27.2%) with distant metastases, and in 254/410
217 (61.9%) of those without them (p=0.021). *BRAF* mutation status also correlated with a lower
218 incidence of second treatments (p=0.0425), while it was not associated with disease outcome at the
219 end of the follow-up.

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221 ***TERT* promoter mutation testing**

222 *TERT* promoter mutations were detected in 20/436 (4.6%) of cytologies. Nineteen of these 20
223 patients carried a C228T somatic *TERT* promoter mutation, and one had a C250T mutation. There
224 was no overlap between the C228T and C250T mutations, the former being more prevalent than the
225 latter. Eleven (55%) of the 20 patients also carried a *BRAF* mutation. Seven (35%) of the 20
226 patients carrying a *TERT* promoter mutation had a TIR-4 cytology, while 13 (65%) had a malignant
227 cytology. The histological and clinical characteristics of the patients with *TERT* promoter mutations
228 are given in Table 3. *TERT* promoter mutations were detected in 17/411 of the patients with PTC, in
229 1/7 of those with FTC, and in (1/2), of those with PDTC and ATC (1/2). The results of the
230 univariate analysis are summarized in Table 2. Following ATA Guidelines, patients with *TERT*

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231 promoter mutations were assigned to the following ATA risk categories: 4/20 (20%) were ATA low
232 risk; 12/20 (60%) were intermediate risk; and 4/20 (20%) were high risk. *TERT* promoter mutations
233 correlated with older age at diagnosis (median 68.5 years vs 46 years, $p<0.0001$), larger-sized
234 primary tumors (25 mm vs 14 mm, $p=0.0002$, with microcarcinomas all negative for *TERT*
235 promoter mutations), the PTC histological variant (the mutation being more prevalent in the oxyntic
236 and aggressive variants, $p=0.0079$), advanced stage at diagnosis ($p<0.0001$), and distant metastases
237 ($p<0.0001$). Extrathyroidal extension ($p=0.542$), multifocality ($p=0.523$), vascular invasion
238 ($p=0.315$), and lymph node metastases (0.954) did not correlate with *TERT* promoter mutation.
239 When outcome was analyzed, the thyroid disease was structurally persistent, or was the cause of
240 death in 5/19 (26.3%) *TERT* promoter-mutated cancers as opposed to 13 (3.6%) of the 365 *TERT*
241 promoter wild-type tumors ($p<0.0001$). *TERT* promoter status was not an independent risk factor
242 for disease persistence (structurally incomplete response and disease-related death) at multivariate
243 analysis, however. Interestingly, the frequency of *TERT* promoter mutation increased with
244 worsening outcomes: mutations were present in 11/318 patients (3.5%) with an excellent response,
245 in 3/48 (6.3%) with a biochemically persistent disease or indeterminate response, in 3/14 (21.4%)
246 with structurally incomplete response, and in 4/11 patients (36.4%) with distant metastases, and 2/4
247 (50%) patients who died. In addition, 6 (31.6%) of 19 patients with *TERT* promoter mutations
248 required further treatment during their follow-up as opposed to 40/386 (10.4%) of the wild-type
249 cases ($p=0.045$).

250

251 **Distant metastases**

252 When distant metastases were considered, older age at diagnosis ($p=0.0487$), larger tumor size
253 ($p=0.0015$), extrathyroidal extension ($p=0.0120$), lymph node involvement (both N0 versus N1, and
254 N0+N1a versus N1b; $p=0.0117$ and $p=0.0001$, respectively), and *TERT* promoter mutation
255 ($p<0.0001$) all correlated with M1 status (Table 4). On the other hand, *BRAF*-mutated tumors

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256 developed distant metastases less frequently than wild-type tumors ($p=0.0201$). Intriguingly, only
257 *TERT* promoter mutation (OR 40.58; 95% CI 3.06 to 539.04), and N1b (versus N0 and N1a) (OR
258 40.16, 95% CI 3.48 to 463.04) correlated independently with distant metastases at multivariate
259 analysis. To be more precise as regards lymph node involvement, simply dichotomizing this
260 variable as present or absent (N0 versus N1a and N1b) was unable to independently predict the
261 presence of distant metastases at multivariate analysis.

262

263 **TERT promoter and BRAF testing**

264 The frequency of combined *BRAF* and *TERT* promoter mutations was also analyzed: 170/436
265 patients (38.9%) carried no mutations; 246/436 (56.4%) had *BRAF* mutations; 9/436 (2.1%) had
266 *TERT* promoter mutations; and 11/436 (2.5%) had both. The results are summarized in Table 2. The
267 most interesting finding that emerged from this analysis regards the advanced age at diagnosis of
268 patients carrying both mutations, who were significantly older (median 69 years) than patients with
269 single mutations (46.5 and 60 years, respectively, for *BRAF* and *TERT* promoter mutations), or no
270 mutations (45.5 years); $p < 0.0001$.

271

272 **DISCUSSION**

273 This is the first study, to our knowledge, on the frequency of *TERT* promoter mutations in a
274 large series of suspect or frankly malignant thyroid cytologies. The first interesting finding that
275 emerged concerns the overall frequency of *TERT* promoter mutations in this setting, which was
276 only around 5%. The overall rate of *TERT* mutations on histologically differentiated thyroid cancer
277 specimens reportedly ranges from 7% to 23% (18-21), and the particularly low rate documented in
278 our series may have several explanations. One important factor to consider is the subclonality of
279 such mutations, which makes them more challenging to ascertain on cytological than on histological

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280 specimens because genotyping on aspirates may not be representative of whole lesions. Another
281 possible reason lies in the characteristics of our cytological series (obtained prior to surgery), which
282 included a considerable proportion of microcarcinomas (22.9%, all negative for *TERT* promoter
283 mutation), and low-risk cancers (32%), with a consequently low proportion of metastatic diseases.
284 Taking all these concerns into account makes investigating the prognostic value of *TERT* promoter
285 mutation even more intriguing. *TERT* promoter mutations were also found to correlate with older
286 age, larger tumors, distant metastases, advanced tumor stage, persistent disease during the follow-
287 up, and a higher frequency of second treatments (Table 2). The close relationship between *TERT*
288 promoter mutations and the presence of distant metastases is particularly noteworthy from a clinical
289 point of view, as this molecular marker emerged as an independent predictor of distant metastases at
290 multivariate analysis. The association between *TERT* promoter mutation in surgical specimens and
291 metastatic thyroid disease has already been extensively described (6), but our study is the first to
292 demonstrate that this applies when *TERT* promoter mutation is analyzed before any surgery as well.
293 In such a presurgical setting, *TERT* promoter mutation correlated with higher rates of second
294 treatments, and with persistent disease at the end of the follow-up, confirming the data obtained
295 after surgery in the literature (19). Disease persistence also correlated with extrathyroidal extension,
296 vascular invasion, lymph node metastases, distant metastases, and advanced stage, but none of these
297 variables (except for *TERT* promoter mutations and N1b) can be known prior to surgery. Hence the
298 considerable potential of *TERT* promoter analysis as a prognostic molecular marker. The correlation
299 with outcome was lost at multivariate analysis, however, when only cancer size, laterocervical
300 lymph node involvement and distant metastases, but not *TERT* promoter mutation, were
301 independent predictors of persistent disease. It is also worth noting that the rate of *TERT* promoter
302 mutations rose with tumor aggressiveness (and dropped in patients with a good prognosis).
303 Together with the association with older age and larger tumor size, this would suggest that *TERT*
304 promoter mutation is a later genetic event in tumor carcinogenesis, giving tumors a more aggressive
305 potential.

306 In short, the most important added value emerging from our study is that, like N1b status,
307 *TERT* promoter mutations found at cytology on malignant and suspect thyroid nodules
308 independently predict distant metastases. The presence of lateral neck compartment lymph node
309 metastases is generally known before surgery, and orients the choice of initial surgical approach:
310 according to recent recommendations (recommendation 35 in the 2015 ATA Guidelines (3)), a
311 more conservative surgical strategy is feasible in patients with clinical N0 disease. *TERT* promoter
312 mutation testing could be particularly useful in patients without any clinically-evident lymph node
313 involvement and with primary tumors less than 4 cm in size: given its association with distant
314 metastases, a mutated *TERT* would promptly make such patients candidates for total thyroidectomy
315 followed by ¹³¹I administration.

316 In these times of personalized surgical management and treatment, knowing of a factor that
317 predicts metastases already at the time of a thyroid malignancy's initial diagnosis would be
318 particularly useful for identifying the small subset of aggressive thyroid cancers that warrant more
319 extensive surgery, higher doses of ¹³¹I, and a closer follow-up.

320 A limitation of the present study concerns its retrospective nature, and the low frequency of
321 *TERT* promoter mutations (5%) in our consecutive series could limit its usefulness in clinical
322 practice. Further data, also from high-risk and preferably prospective series, may help to clarify the
323 cost-effectiveness of *TERT* mutation testing as a presurgical marker of distant metastases. On the
324 other hand, the subclonality of *TERT* promoter mutations could result in a low frequency of this
325 finding even in high-risk series. *TERT* promoter mutations were found more frequently in
326 aggressive and oxyntic (or oncocytic) variants of PTC than in other variants, and we can offer no
327 definitive explanation for this. The oncocytic features of thyroid cells stem from the accumulation
328 of altered mitochondria in the cytoplasm, but the pathogenesis of oncocytic thyroid tumors has yet
329 to be fully elucidated (29). There is plenty of evidence to suggest that oncocytic tumors follow a
330 different genetic pathway from their non-oncocytic counterparts (30, 31, 32). The clinical behavior
331 of this subtype is still controversial, however: it resembled that of typical PTC in many series (29),

332 while some authors reported a more aggressive behavior, with higher rates of cancer recurrence and
333 mortality (33, 34).

334 *BRAF* mutations *per se* do not seem to be equally useful as a prognostic factor before surgery. In
335 our consecutive series, they did not correlate with persistent disease, while they correlated inversely
336 with distant metastases (Table 4) and the need for second treatments. This picture is in line with the
337 results of other studies (15, 16, 22). It may be that *BRAF* mutations are early events in thyroid
338 carcinogenesis. In fact, they were found in 63.3% of the microcarcinomas in our series (roughly the
339 same proportion as the overall frequency of *BRAF* mutations), and they did not give cancer cells a
340 greater metastatic potential. *BRAF* mutations could only predict the presence of minimal
341 extrathyroidal extension and multifocality. In 55% of the nodules with *TERT* promoter mutations
342 there were *BRAF* mutations too, confirming the association reported in the literature. As for the
343 features of cancers involving both mutations, the combination of a *BRAF* mutation with a *TERT*
344 promoter mutation did not make the cancer more aggressive than a *TERT* promoter mutation alone.
345 Here again, our findings are in line with those coming from other series (19), and from a recent
346 meta-analysis (6). These results should be considered with caution, however, given the small
347 number of patients carrying both mutations. It is worth noting the association between older age and
348 the presence of both mutations. Previous studies have also shown that the cancer-related mutational
349 burden in solid tissue (be it malignant or benign) (35, 36) increases with age, and is one of the
350 hallmarks of senescence.

351 In conclusion, *TERT* promoter mutations identified on FNA cytology prior to surgery were
352 found to correlate with aggressive phenotypes, although this mutation was not an independent
353 predictor of disease outcome. Even in the cytological setting, *TERT* promoter mutation analysis was
354 able to identify 36.4% of the patients with distant metastases and was thus an independent predictor
355 of M1 status. It could therefore be used as a marker for risk stratification purposes, and to guide a
356 patient's surgical and radioiodine treatment. A possible weakness of such an approach lies in the

357 relatively low frequency of *TERT* promoter mutations, which was only around 5% in our series.
358 Obtaining further data from higher-risk series may help to clarify its cost-effectiveness as a pre-
359 surgical marker of distant metastases.

360

361 **Declaration of interests:** Simona Censi, Susi Barollo, Elisabetta Grespan, Sara Watutantrige-
362 Fernando, Jacopo Manso, Maurizio Iacobone, Eric Casal Ide, Francesca Galuppini, Ambrogio
363 Fassina, Gianmaria Pennelli, Loris Bertazza, Federica Vianello and Caterina Mian declare that none
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	Total	Structurally persistent disease and death from thyroid cancer	Indeterminate response and biochemically persistent disease	Excellent response	P-Value
<i>n</i> /total <i>n</i> (%)		18/384 (4.7%)	48/384 (12.5%)	318/384 (82.8%)	
Gender					0.889
M	90/384 (23.4%)	4/18(22.2%)	10/48 (20.8%)	76/318 (23.9%)	
F	294/384 (76.6%)	14/18 (77.8%)	38/48 (79.2%)	242/318 (76.1%)	
Median years	47	49	46	47	0.483
Median tumor size mm	14	30	15	14	0.001
Extrathyroidal extension					0.0007
Yes	207/358 (57.8%)	13/14 (92.9%)	33/44 (75%)	161/300 (53.7%)	
No	151/358 (42.2%)	1/14 (7.1%)	11/44 (25%)	139/300 (46.3%)	
Multifocality					0.218
Yes	212/383 (55.4%)	12/17 (70.6%)	30/48 (62.5%)	170/318 (53.5%)	
No	171/383 (44.6%)	5/17 (29.4%)	18/48 (37.5%)	148/318 (46.5%)	
Vascular invasion					0.0029
Yes	130/203 (64%)	11/11 (100%)	22/27 (81.5%)	97/165 (58.8%)	
No	73/203 (36%)	0/11 (0%)	5/27 (18.5%)	68/165 (41.2%)	
PTC histological variants					0.8073
CV	254/373 (68.1%)	8/15 (53.3%)	32/46 (69.6%)	214/312 (68.6%)	
FV	23/373 (6.2%)	1/15 (6.7%)	2/46 (4.3%)	20/312 (6.4%)	
OV	30/373 (8.0%)	1/15 (6.7%)	4/46 (8.7%)	25/312 (8.0%)	
Other, aggressive	66/373 (17.7%)	5/15 (33.3%)	8/46 (17.4%)	53/312 (17%)	
Lymph node metastases					0.0002
Yes	166/334 (49.7%)	14/16 (87.5%)	28/41 (68.3%)	124/277 (44.8%)	
No	168/334 (50.3%)	2/16 (12.5%)	13/41 (31.7%)	153/277 (55.2%)	
Lymph node metastases					<0.0001
N0	168/334 (50.3%)	2/16 (12.5%)	13/41 (31.7%)	153/277 (55.2%)	
N1a	100/334 (29.9%)	2/16 (12.5%)	15/41 (36.6%)	83/277 (30%)	
N1b	66/334 (19.8%)	12/16 (75.0%)	13/41 (31.7%)	41/277 (14.8%)	
Distant metastases					<0.0001
Yes	11/384 (2.9%)	7/18 (38.9%)	3/48 (6.2%)	1/318 (0.3%)	
No	373/384 (97.1%)	11/18 (61.1%)	45/48 (93.7%)	317/318 (99.7%)	
TNM stage 7th edition					<0.0001

	I	283/384 (73.7%)	6/18 (33.3%)	36/48 (75%)	241/318 (75.8%)	
	II	39/384 (10.2%)	7/18 (38.9%)	6/48 (12.5%)	26/318 (8.2%)	
	III	45/384 (11.7%)	0/18 (0%)	3/48 (6.2%)	42/318 (13.2%)	
	IV	17/384 (4.4%)	5/18 (27.8%)	3/48 (6.2%)	9/318 (2.8%)	
TNM stage 8th edition						<0.0001
	I	325/384 (84.6%)	8/18 (44.4%)	37/48 (77.1%)	280/318 (88.1%)	
	II	53/384 (13.8%)	7/18 (38.9%)	10/48 (20.8%)	36/318 (11.3%)	
	III	1/384 (0.3%)	0/18 (0%)	0/48 (0%)	1/318 (0.3%)	
	IV	5/384 (1.3%)	3/18 (16.7%)	1/48 (2.1%)	1/318 (0.3%)	
TERT promoter mutation						<0.0001
	Yes	19/384	5/18 (27.8%)	3/48 (93.7%)	11/318 (3.5%)	
	No	365/384	13/18 (72.2%)	45/48 (6.2%)	307/318 (96.5%)	
BRAF mutation						0.5347
	Yes	237/382 (62%)	9/18 (50%)	31/48 (64.6%)	197/316 (62.3%)	
	No	145/382 (38%)	9/18 (50%)	17/48 (35.4%)	119/316 (37.7%)	

Table 1: Correlation between structural incomplete response and thyroid cancer related death versus biochemical incomplete response and indeterminate response versus excellent response and clinicopathological features of PTC and molecular status (univariate analysis).

Notes: CV-PTC: classical variant of papillary thyroid carcinoma; FV-PTC: follicular variant of papillary thyroid carcinoma; VO-PTC: oxyphilic variant of papillary thyroid carcinoma.

	Total	BRAF mutated	BRAF wild type	P-Value	TERT promoter mutated	TERT promoter wild-type	P-Value	BRAF and TERT promoter mutated	BRAF and TERT promoter wild-type	P-Value
Gender				0.778			0.732			0.966
M	100/434 (23%)	58/100 (58%)	42/100 (42%)		4/101 (4%)	97/101 (96%)		2/101 (2%)	41/101 (40.6%)	
F	334/434 (77%)	199/334 (59.6%)	135/334 (40.4%)		16/335 (4.8)	319/335 (95.2)		9/225 (2.7%)	129/335 (38.5%)	
Median age, years	47	47	46	0.878	68.5	46	<0.0001	69	45.5	<0.001
Median tumor size, mm	14	13	15	0.03	25	14	0.0002	17	15	<0.0001
Extrathyroidal extension				0.0174			0.542			0.04
Yes	220/392 (56.1%)	145/220 (65.9%)	72/220 (34.1%)		9/222 (4.1%)	213/222 (95.9%)		7/222 (3.2%)	75/222 (33.8%)	
No	172/392 (43.9%)	93/172 (54.1%)	79/172 (45.9%)		5/172 (2.9%)	167/172 (97.1%)		1/172 (0.6%)	75/172 (43.6%)	
Multifocality				0.0392			0.523			0.04
Yes	230/420 (54.8%)	151/230 (65.7%)	79/230 (34.3%)		9/230 (3.9%)	221/230 (96.1%)		4/230 (1.7%)	74/230 (32.2%)	
No	190/420 (45.2%)	106/190 (55.7%)	84/190 (44.3%)		10/192 (5.2%)	182/192 (94.8%)		7/192 (3.6%)	83/192 (43.2%)	
Vascular invasion				0.8495			0.315			0.47
Yes	137/223 (61.4%)	83/137 (60.5%)	54/137 (39.5%)		7/139 (5.0%)	132/139 (95%)		4/139 (2.9%)	53/139 (38.1%)	
No	86/223 (38.6%)	51/86 (59.3%)	35/86 (40.7%)		2/86 (2.3%)	84/86 (97.7%)		0/86 (0%)	33/86 (38.4%)	
Histological variants				<0.0001			0.0079			<0.001
CV	281/409 (68.7%)	186/281 (66.2%)	95/281 (33.8%)		7/282 (2.5%)	275/282 (97.5%)		5/357 (1.4%)	93/282 (33%)	
FV	26/409 (6.4%)	5/26 (19.2%)	21/26 (80.8%)		0/26 (0%)	26/26 (100%)		5/59 (8.5%)	21/26 (80.8%)	
OV	32/409 (7.8%)	18/32 (56.3%)	14/32 (43.7%)		4/33 (12.1%)	29/33 (87.9%)		0/1 (0%)	14/33 (42.2%)	
AggrV	70/409 (17.1%)	48/70 (68.6%)	22/70 (31.4%)		6/70 (8.6%)	64/70 (91.4%)		1/6 (16.7%)	20/70 (28.6%)	
Lymph node metastases				0.485			0.954			0.859
Yes	173/363 (47.7%)	104/173 (60.1%)	69/173 (39.9%)		7/173 (4.0%)	166/173 (96%)		3/173 (1.7%)	65/173 (37.6%)	
No	190/363 (52.3%)	121/190 (63.6%)	69/190 (36.4%)		8/192 (4.2%)	184/192 (95.8%)		5/192 (2.6%)	68/192 (35.4%)	
Lymph node metastases				0.1325			0.6182			0.422
N0	190/363 (52.3%)	121/190 (63.7%)	69/190 (36.3%)		8/192 (4.2%)	184/192 (95.8%)		5/192 (2.6%)	68/192 (35.4%)	
N1a	105/363 (28.9%)	69/105 (65.7%)	36/105 (34.3%)		3/105 (2.9%)	102/105 (97.1%)		2/105 (1.9%)	35/105 (33.3%)	
N1b	68/363 (18.7%)	35/68 (51.5%)	33/68 (48.5%)		4/68 (5.9%)	64/68 (94.1%)		1/68 (1.5%)	30/68 (44.1%)	
Distant metastases				0.0201			<0.0001			<0.0001
Yes	11/421 (2.6%)	3/11 (27.2%)	8/11 (72.8)		4/11 (36.4%)	7/11 (63.6%)		2/11 (18.2%)	6/11 (54.5%)	
No	410/421 (97.4%)	254/410 (61.9%)	156/410 (38.1)		16/412 (3.8%)	396/412 (96.2%)		9/412 (2.2%)	151/412 (36.7%)	
TNM stage (8 th edition)				0.0533			<0.0001			
I	355/421 (84.3%)	216/355 (60.8%)	139/355 (39.2%)		9/357 (2.5%)	348/357 (97.5%)		5/357 (1.4%)	137/357 (38.4%)	
II	59/421 (14%)	40/59 (67.8%)	19/59 (32.2%)		8/59 (13.6%)	51/59 (%)		5/59 (8.5%)	16/59 (27.1%)	
III	1/421 (0.2%)	0/1 (0%)	1/1 (100%)		1/1 (100%)	0/1 (%)		0/1 (0%)	0/1 (0%)	
IV	6/421 (1.4%)	1/6 (16.7%)	5/6 (83.3%)		2/6 (33.3%)	4/6 66.7(%)		1/6 (16.7%)	4/6 (66.7%)	
Outcome				0.5347			<0.0001			<0.0001
Excellent response	318/384 (82.8%)	197/316 (62.3%)	119/316 (37.7%)		11/318 (3.5%)	307/318 (96.5%)		7/318 (2.2%)	117/318 (36.8%)	
Indeterminate response and biochemically persistent disease	48/384, (12.5%)	31/48 (64.6%)	17/48 (35.4%)		3/48 (93.7%)	45/48 (6.2%)		3/48 (6.2%)	17/48 (35.4%)	
Structurally persistent disease and death from	18/384, (4.7%)	9/18 (50%)	9/18 (50%)		5/18 (27.8%)	13/18 (72.2%)		1/18 (5.6%)	5/18 (27.8%)	

	thyroid cancer									
	Second treatment				0.0425			0.045		0.0076
	Yes	46/403 (11.4%)	22/46 (47.8%)	24/46 (52.2%)		6/46 (13.0%)	40/46 (87.0%)		3/46 (6.5%)	21/46 (45.7%)
	No	357/403 (88.6%)	226/357 (63.3%)	130/355 (36.7%)		13/359 (3.6%)	346/359 (96.4%)		8/359 (2.2%)	128/359 (45.7%)

Table 2: correlation between TERT promoter and BRAF mutations, alone or combined and clinicopathological features and final outcome (univariate analysis).

Notes: CV-PTC: classical variant of papillary thyroid carcinoma; FV-PTC: follicular variant of papillary thyroid carcinoma; VO-PTC: oxyphilic variant of papillary thyroid carcinoma.

<i>Pz</i>	<i>TERT mutation</i>	<i>Age/Sex</i>	<i>BRAF mutation</i>	<i>Histology</i>	<i>Cancer size (mm)</i>	<i>T</i>	<i>N</i>	<i>M</i>	<i>¹³¹I ablation/dose (mCi)</i>	<i>Other treatments</i>	<i>FU (months)</i>	<i>Outcome</i>
<i>1</i>	<i>C228T</i>	<i>75/F</i>	<i>No</i>	<i>PTC-TC</i>	<i>48</i>	<i>3</i>	<i>N1b</i>	<i>M1</i>	<i>Yes/150</i>	<i>Yes/¹³¹I</i>	<i>28</i>	<i>Death</i>
<i>2</i>	<i>C228T</i>	<i>60/M</i>	<i>No</i>	<i>PTC-CV</i>	<i>55</i>	<i>4</i>	<i>N1b</i>	<i>M0</i>	<i>Yes/150</i>	<i>No</i>	<i>91</i>	<i>Excellent</i>
<i>3</i>	<i>C228T</i>	<i>76/F</i>	<i>Yes</i>	<i>PTC-CV</i>	<i>60</i>	<i>3</i>	<i>Nx</i>	<i>M0</i>	<i>Yes/100</i>	<i>No</i>	<i>108</i>	<i>Excellent</i>
<i>4</i>	<i>C250T</i>	<i>65/F</i>	<i>No</i>	<i>PTC-OV</i>	<i>22</i>	<i>2</i>	<i>N1a</i>	<i>M0</i>	<i>Yes/150</i>	<i>No</i>	<i>81</i>	<i>Excellent</i>
<i>5</i>	<i>C225T</i>	<i>44/M</i>	<i>No</i>	<i>PTC-CV</i>	<i>28</i>	<i>2</i>	<i>Nx</i>	<i>M0</i>	<i>Yes/100</i>	<i>No</i>	<i>89</i>	<i>Excellent</i>
<i>6</i>	<i>C225T</i>	<i>69/F</i>	<i>Yes</i>	<i>PTC-OV</i>	<i>28</i>	<i>2</i>	<i>N0</i>	<i>M1</i>	<i>Yes/200</i>	<i>Yes/RTE</i>	<i>88</i>	<i>Biochemical incomplete response</i>
<i>7</i>	<i>C228T</i>	<i>69/F</i>	<i>Yes</i>	<i>PTC-TC</i>	<i>13</i>	<i>1</i>	<i>N0</i>	<i>M0</i>	<i>Yes/150</i>	<i>No</i>	<i>87</i>	<i>Excellent</i>
<i>8</i>	<i>C228T</i>	<i>48/F</i>	<i>No</i>	<i>PTC-Ho</i>	<i>24</i>	<i>2</i>	<i>N1b</i>	<i>M0</i>	<i>Yes/150</i>	<i>Yes/131I</i>	<i>54</i>	<i>Structural incomplete</i>
<i>9</i>	<i>C228T</i>	<i>60/F</i>	<i>Yes</i>	<i>PTC-OV</i>	<i>38</i>	<i>2</i>	<i>N1a</i>	<i>M0</i>	<i>Yes/100</i>	<i>No</i>	<i>91</i>	<i>Indeterminate</i>
<i>10</i>	<i>C228T</i>	<i>56/F</i>	<i>Yes</i>	<i>PTV-OV</i>	<i>12</i>	<i>1</i>	<i>N0</i>	<i>M0</i>	<i>Yes/150</i>	<i>No</i>	<i>111</i>	<i>Excellent</i>
<i>11</i>	<i>C228T</i>	<i>80/F</i>	<i>Yes</i>	<i>PTC-CV</i>	<i>19</i>	<i>1</i>	<i>Nx</i>	<i>M0</i>	<i>Yes/100</i>	<i>No</i>	<i>35</i>	<i>Excellent</i>
<i>12</i>	<i>C228T</i>	<i>48/F</i>	<i>No</i>	<i>PTC-CV</i>	<i>nd</i>	<i>1</i>	<i>N0</i>	<i>M0</i>	<i>No</i>	<i>na</i>	<i>na</i>	<i>na</i>
<i>13</i>	<i>C228T</i>	<i>54/F</i>	<i>No</i>	<i>ATC</i>	<i>na</i>	<i>na</i>	<i>na</i>	<i>M1</i>	<i>No</i>	<i>RTE and TKI</i>	<i>19</i>	<i>Death</i>
<i>14</i>	<i>C228T</i>	<i>81/F</i>	<i>Yes</i>	<i>PTC-TC</i>	<i>14</i>	<i>1</i>	<i>No</i>	<i>M0</i>	<i>No</i>	<i>No</i>	<i>19</i>	<i>Excellent</i>
<i>15</i>	<i>C228T</i>	<i>92/F</i>	<i>No</i>	<i>FTC</i>	<i>43</i>	<i>3</i>	<i>No</i>	<i>Mo</i>	<i>No</i>	<i>No</i>	<i>58</i>	<i>Structural incomplete</i>
<i>16</i>	<i>C228T</i>	<i>69/F</i>	<i>Yes</i>	<i>PTC-CV</i>	<i>15</i>	<i>1</i>	<i>Nx</i>	<i>M0</i>	<i>Yes/100</i>	<i>Yes/laterocervical surgery and RTE</i>	<i>167</i>	<i>Biochemical incomplete</i>

17	<i>C228T</i>	<i>75/M</i>	<i>Yes</i>	<i>PTC-TC</i>	<i>34</i>	<i>2</i>	<i>N1a</i>	<i>M0</i>	<i>Yes/100</i>	<i>No</i>	<i>54</i>	<i>Excellent</i>
18	<i>C228T</i>	<i>72/F</i>	<i>Yes</i>	<i>PTC-CV</i>	<i>15</i>	<i>1</i>	<i>N0</i>	<i>M0</i>	<i>No</i>	<i>No</i>	<i>44</i>	<i>Excellent</i>
19	<i>C228T</i>	<i>50/M</i>	<i>Yes</i>	<i>PTC-TC</i>	<i>17</i>	<i>4</i>	<i>N1b</i>	<i>M1</i>	<i>Yes/150</i>	<i>RTE and TKI</i>	<i>10</i>	<i>Structural incomplete</i>
20	<i>C228T</i>	<i>68/F</i>	<i>No</i>	<i>PDTC</i>	<i>25</i>	<i>2</i>	<i>N0</i>	<i>M0</i>	<i>Yes/100</i>	<i>No</i>	<i>43</i>	<i>Excellent</i>

Table 3: Clinicopathological characteristics of *TERT* promoter-mutated patients. Abbreviations: ATC: anaplastic thyroid carcinoma; F: female; FTC: follicular thyroid carcinoma; M: male; PDTC: poorly differentiated thyroid cancer; pz: patient; PTC-CV: classical variant of papillary thyroid carcinoma; PTC-Ho: hobnail variant of papillary thyroid carcinoma; PTC-OV: oxyntic variant of papillary thyroid carcinoma; PTC-TC: tall cell variant of papillary thyroid carcinoma; RTE: external radio therapy, TKI: tirosin kinase inhibitors.

	Total	M1	M0	P-Value
Gender				0.718
M	96/423 (22.7%)	2/96 (2.1%)	94/96 (97.9%)	
F	327/423 (77.3%)	9/327 (2.8%)	318/327 (97.2%)	
Median Age, years	47	54	46	0.0487
Median Tumor size, mm	14	28	14	0.0015
Extrathyroidal extension				0.0120
Yes	222/394 (56.3%)	8/222 (3.6%)	214/222 (96.4%)	
No	172/394 (43.7%)	172/172 (100%)	0/172 (0%)	
Multifocality				0.3198
Yes	230/422 (54.5%)	7/230 (3%)	223/230 (97%)	
No	192/422 (45.5%)	3/192 (1.6%)	189/192 (98.4%)	
Vascular invasion				0.5838
Yes	139/225 (61.8%)	3/139 (2.2%)	136/139 (97.8%)	
No	86/225 (38.2%)	1/86 (1.2%)	85/86 (98.8%)	
PTC histological variants				0.502
CV	282/411 (6.6%)	5/282 (1.8%)	277/282 (98.2%)	
FV	26/411 (6.3%)	0/26 (0%)	26/26 (100%)	
OV	33/411 (8.0%)	1/33 (3%)	32/33 (97%)	
Other, aggressive	70/411 (17.0%)	3/70 (4.3%)	67/70 (95.7%)	
Lymph node metastases				0.0117
N0	192/365 (52.6%)	1/192 (0.5%)	191/192 (99.5%)	
N1a and N1b	173/365 (47.4%)	8/173 (4.6%)	165/173 (95.4%)	
Lymph node metastases				0.0001
N0	192/365 (52.6%)	1/192 (0.5%)	191/192 (99.5%)	
N1a	105/365 (28.8%)	1/105 (1%)	104/105 (99%)	
N1b	68/365 (52.6%)	7/68 (10.3%)	61/68 (89.7%)	
TERT promoter mutation				<0.0001
Yes	20/423 (4.7%)	4/20 (20%)	16/20 (80%)	
No	403/423 (95.3%)	7/403 (1.7%)	396/403 (98.3%)	
BRAF mutation				0.0201
Yes	257/421 (61%)	3/257 (1.2%)	254/257 (98.8%)	
No	164/421 (39%)	8/164 (4.9%)	156/164 (95.1%)	

Table 4: Correlation between metastatic disease and clinicopathological and molecular features (univariate analysis).

Notes: CV-PTC: classical variant of papillary thyroid carcinoma; FV-PTC: follicular variant of papillary thyroid carcinoma; VO-PTC: oxyphilic variant of papillary thyroid carcinoma.