

1 **Mussels facilitate the sinking of microplastics to bottom sediments and**  
2 **their subsequent uptake by detritus-feeders**

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11

12 **Abstract**

13 Microplastics (MP) are omnipresent contaminants in the oceans, however little is known  
14 about the MP transfer between marine compartments and species. Three connected  
15 laboratory experiments using the filter-feeding mussel *Mytilus galloprovincialis* and the  
16 omnivorous polychaete *Hediste diversicolor* were conducted. As results, mussels  
17 significantly removed MP from the water column by incorporating them into biodeposits.  
18 This effect was particularly evident for the smallest MP fraction (=41 µm) whose deposition  
19 from the water column to the bottom was enhanced by the action of mussels. The  
20 incorporation of MP into faecal pellets increased the particles' sinking velocity by about 3-4  
21 orders of magnitude. Conversely, the MP presence significantly decreased the  
22 depositional velocities of faecal pellets. The MP incorporation into mussels' biodeposits  
23 also more than doubled the amount of MP uptaken by *H. diversicolor*. These findings  
24 allowed the conclusion that detrital pathways could be a transfer route of MP across  
25 marine compartments and food webs, also affecting the distribution of MP in the sediments

26

27 **Key words:** Microplastics; Transfer; Vertical flux; Mussels; Biodeposits; Food webs

28

29 **Capsule:** Mussels' biodeposits facilitate MP transfer from the water column to benthic  
30 detritus-feeding polychaetes.

31

## 32 **1. Introduction**

33 Although no consensus exists on the definition of MP (Frias and Nash 2019), microplastics  
34 are commonly identified as plastic particles below 5 mm in size (hereafter MP) (Arthur et  
35 al., 2009) including: i) those particles industrially manufactured in very small sizes (Primary  
36 MP), and ii) those that originate from the physical, biological or chemical degradation (e.g.  
37 ultraviolet radiation, wind or water erosion, microorganisms) of larger pieces of plastic  
38 waste released into the environment (Secondary MP) (Carbery et al., 2018). MP are  
39 omnipresent and pervasive contaminants, which have been recorded in a variety of  
40 aquatic systems (Ivleva et al., 2017). Despite the global interest on this topic there is  
41 limited understanding about the distributions of MP in the environment, their sources and  
42 sinks, the physical and biological transport mechanisms, and the associated hazards  
43 (Katija et al., 2017).

44 Research has reported the ingestion of MP by aquatic biota across multiple levels of the  
45 trophic chain (Ivleva et al., 2017), and its direct trophic transfer from prey to predators (  
46 Chagnon et al., 2018; Farrell and Nelson, 2013; Nelms et al., 2018), with also a potential  
47 risk of accumulation of associated chemical contaminants across the food web (Carbery et  
48 al., 2018; Diepens and Koelmans, 2018; Teuten et al., 2009). The average number of MP  
49 found in each organism, however, is usually low (< 1 MP/organism), particularly in  
50 invertebrate species (Carbery et al., 2018; Desforges et al., 2015; Devriese et al., 2015;  
51 Neves et al., 2015; Piarulli et al., 2020; Van Cauwenberghe and Janssen, 2014). This low  
52 MP content could be related to little retention in organisms due to egestion (Le Guen et

53 al., 2020; Piarulli et al., 2019, 2020; Ward et al., 2019). Therefore, direct MP trophic  
54 transfer via predator-prey interactions could be relatively limited compared to the so far  
55 largely underestimated alternative pathway via organic-rich marine detritus accumulated at  
56 the seafloor (Clark et al., 2016; Au et al., 2017).

57 Biogenic aggregates such as marine snow, phytodetritus and faecal matter are ubiquitous  
58 and abundant in the marine system (Turner, 2015) and act as a biological pump for the  
59 vertical transport of carbon and nutrients from the water surface to the seafloor (Fowler  
60 and Knauer, 1986; Turner and Holmes, 2011). The incorporation of MP in biogenic  
61 aggregates was first proposed by Moore (2008) and Teuten et al. (2009). More recently  
62 Porter et al. (2018) hypothesised that biogenic aggregation could increase the sinking  
63 rates of buoyant MP, and enhance their bioavailability to benthic organisms. At the same  
64 time, MP could also significantly alter the sinking rates of biogenic aggregates (Cole et al.,  
65 2016) affecting the transfer of particulate organic matter (POM) from the water column to  
66 the seafloor (Wieczorek et al., 2019). The ecological relevance and generality of these  
67 processes, as well as the role played by specific physical-chemical properties of the MP  
68 (e.g. size and density) is yet to be empirically explored. Further, most work has focused on  
69 planktonic species, while the relevance of biogenic aggregates produced by benthic  
70 species has been largely ignored.

71 In the present study, we explored the role of filter-feeding benthic bivalves in transferring  
72 MP from the water column to the sediments and facilitating the subsequent uptake by  
73 benthic detritivores. Bivalves have high filtration rates, and capture natural and  
74 anthropogenic particles of a wide range of sizes, but have also developed selection  
75 mechanisms to eliminate those particles not constituting an energy source (Galimany et  
76 al., 2011; Ward and Shumway, 2004). As such they largely contribute to the flux of organic  
77 matter from the water surface to the benthic compartment through their continuous

78 conversion of seston into faeces and pseudofaeces supporting a biodeposition-based food  
79 web (Zúñiga et al., 2014).

80 We conducted laboratory experiments mimicking as much as possible real environmental  
81 condition and using as model organisms the filter-feeding mussel *Mytilus galloprovincialis*  
82 and the omnivorous polychaete *Hediste diversicolor*.

83 *M. galloprovincialis* is a dominant component of the marine benthos, endemic to and  
84 widely distributed in the Mediterranean Sea (Barsotti and Meluzzi, 1968). It is very  
85 common in harbours and open waters, and often a dominant inhabitant on intertidal and  
86 shallow subtidal hard substrates, both natural and artificial (Bacchiocchi and Airoidi, 2003).  
87 It is also largely cultured for human consumption, using specialized floating rafts, buoys  
88 and lines, which serve as recruitment surface for juveniles (Carl et al., 2012). Previous  
89 exposure studies on the congeneric blue mussel *M. edulis* showed that nano (1 - 100 nm)  
90 or very small (1 - 5  $\mu\text{m}$ ) MP can be metabolized, and in some cases also accumulated, at  
91 tissue and cell levels (Browne et al., 2008; Von Moos et al., 2012). Conversely, larger MP  
92 particles ( $\geq 6 \mu\text{m}$ ) are often rapidly (ranging from minutes to few hours) excreted via  
93 faeces and pseudofaeces (Fernández and Albentosa, 2019; Gonçalves et al., 2019). This  
94 fast uptake/egestion of MP can facilitate the transfer of MP to the seafloor and to the  
95 associated benthic detritus-feeders.

96 *H. diversicolor* is one of the most common polychaetes in the northern hemisphere  
97 sedimentary environments and is often used as indicator species for a variety of  
98 contaminants (Giangrande et al., 2005). This species has been described as carnivore  
99 and/or scavenger and detritus-feeder (Riisgird, 1989). Its multiple and various feeding  
100 strategies make *H. diversicolor* a key player in structuring soft-bottom communities (Rönn  
101 et al., 1988), and a potential recipient of MP through various trophic pathways. Studies  
102 have shown that mussel biodeposits constitute a high-quality food source for this  
103 polychaetes, with potential application in integrated aquaculture (Jansen et al., 2019) for

104 mitigation of adverse effects on benthic environments in connection with mussel-farming  
105 (Bergström et al., 2019). Furthermore, polychaetes are prey items to a variety of other  
106 organisms representing a potential transfer route of MP and associated chemical  
107 contaminants to higher trophic levels.

108 The objectives of this study were: i) to evaluate whether mussels can affect the vertical  
109 transport, sinking rate and accumulation of MP onto the seafloor through their  
110 incorporation in faeces and pseudofaeces (cumulatively referred in the text as  
111 biodeposits); ii) to compare whether the mussel-mediated transfer varies in relation to the  
112 size and chemical composition of MP; (iii) to test whether the MP incorporation into  
113 biodeposits produced by mussels can increase their subsequent ingestion by *H.*  
114 *diversicolor*, thereby facilitating their transfer across the food web through detrital  
115 pathways. We hypothesised that such mechanisms could have a greater magnitude of  
116 effect on small sized and/or low density MP compared to large sized and/or high density  
117 MP, as reported from planktonic species (Cole et al., 2016; Porter et al., 2018; Wieczorek  
118 et al., 2019).

119

## 120 **2. Materials and methods**

### 121 **2.1 Specimens collection and preparation**

122 All the experiments were conducted during June and July 2018. Before the start of each  
123 experiment, specimens of the mussel *M. galloprovincialis* were collected from the artificial  
124 jetties, seawalls or floating pontoons at the marina in Ravenna, Italy (44°29'32.6"N,  
125 12°17'15.2"E, see Airoidi et al. (2016) for a detailed description of the sampling site). The  
126 mussels were collected with a stainless steel wall-scraper and transported to the  
127 laboratory in a cool container within 30 minutes. Individuals 4-7 cm in size (shell length  
128 mean  $\pm$  SE: 5.6  $\pm$  0.1 cm) were selected to mimic as much as possible natural adult  
129 mussels populations that can be found in the field. Each mussel was then, scrubbed and

130 rinsed to remove any epibiota and possible adhering MP. The mussels were depurated for  
131 24 hours in aerated aquaria filled with artificial seawater without adding any source of  
132 food. This was done to allow the mussels to egest any of previously ingested MP and to  
133 adapt to experimental conditions (Van Cauwenberghe et al., 2015; Ward et al., 2019).

134 To isolate the active effects of live mussels on the MP vertical transfer from any potential  
135 physical influence of the shells (Kolandhasamy et al., 2018) that may affect the sinking of  
136 MP as free particles empty mussel shells were used as controls. These were collected  
137 from an intertidal area in close proximity to the mussels' sampling site. The shells were  
138 carefully rinsed with Milli-Q water and scrubbed to remove any external MP, following  
139 which valves were partially joined together using professional water- proof glue, creating  
140 the physical shape of live mussels.

141 Unlike mussels, it was difficult to unequivocally identify and collect in the field enough *H.*  
142 *diversicolor* polychaetes of similar size and ontogenetic state. Therefore, we bought  
143 commercial specimens of *H. diversicolor* from an aquaculture facility in Venice lagoon,  
144 Italy (LESCACHEPESCA SRL, <http://www.lescachepesca.eu>). The polychaetes were  
145 transferred to the laboratory and were kept in depuration for 24 hours (Hentschel, 1998;  
146 Van Cauwenberghe et al., 2015) in aerated aquaria with filtered seawater to remove any  
147 potential contamination from previously ingested or externally attached MP. The seawater  
148 used in all the experiments was collected from the marina in Ravenna and filtered through  
149 nylon filters (20 µm mesh, Ø: 47 mm, PLASTOK®) to remove any MP or natural particulate  
150 matter > 20 µm.

151

## 152 **2.2 Effects of mussels on MP vertical transfer**

153 The contribution of mussels to the vertical transfer of MP of different sizes through  
154 biodeposition processes was tested by using an experimental set up consisting of 16  
155 rectangular aquaria (5 L vol; 200 x 200 x 400 mm), randomly assigned (n= 4, Figure 1) to

156 an orthogonal treatment combination of mussels vs. empty shells and exposure to  
157 MP<sub>SMALL</sub> (41 µm) vs MP<sub>LARGE</sub> (129 µm). This set-up allowed to compare the vertical fluxes  
158 of MP in the presence of live mussels (which could incorporate MP into their biodeposits)  
159 to the deposition of sinking free particles in the absence of filtering mussels.

160 Aquaria were maintained at a constant temperature of 25°C, and portable aerators were  
161 used to aerate the water and generate a steady mixing effect. We used separate groups of  
162 either 10 individuals of *M. galloprovincialis* or 10 'double-valve' control shells, suspended  
163 with a net 15 cm below the water surface in mussels or control aquaria, respectively  
164 (Figure 1). This set up mimicked realistic environmental conditions of the Mediterranean  
165 sea, where *M. galloprovincialis* grows naturally on a variety of shallow floating substrates  
166 or is farmed using floating structures (Zúñiga et al., 2014).

167 For the MP treatments commercially available polyamide (PA) MP fragments  
168 (Environmental Tracing Systems, UK) (Table S1 in Supplementary Information) were  
169 used. The MP dimensional range was chosen to favour the egestion of the particles by  
170 mussels (Ward et al., 2019) and to use a size detectable range in field samples. The two  
171 synthetic particles' sizes were easily recognisable as they were of different colours (pink  
172 for MP<sub>SMALL</sub> and white for MP<sub>LARGE</sub>) and fluorescence (red fluorescence for MP<sub>SMALL</sub> and  
173 blue fluorescence for MP<sub>LARGE</sub>). Fragments were used, as opposed to the commonly used  
174 spheres, due to the higher prevalence of this MP morphology in the marine environment  
175 (Suaria et al., 2016). PA was chosen as polymer because it is slightly denser than the  
176 seawater (1.15 g cm<sup>-3</sup>), thus less susceptible to resuspension after deposition than lower  
177 density polymers but not so dense as to immediately fall to the bottom, being therefore  
178 available for filtration by mussels. Before use, each MP amount to be added to the aquaria  
179 was individually preconditioned into 50 ml falcon tubes containing pre-filtered seawater  
180 and incubated for 48 h at room temperature (20°C) with a natural light regime to  
181 encourage a natural biofilm formation as described by Wiczorek et al. (2019). The biofilm

182 formation can affect the MP superficial physical-chemical properties of MP facilitating their  
183 ingestion and sink due to enhanced density (Rummel et al., 2017), therefore the biofilm  
184 formation was encouraged to mimic as much as possible the environmental MP conditions  
185 and dynamics.

186 The tubes were manually shaken just prior to addition to the respective treatment aquaria  
187 to resuspend all MP particles. A mass concentration of  $0.2 \text{ mg L}^{-1}$  (corresponding to 1 mg  
188 of MP per aquarium) was used for both size classes of MP, corresponding to  $\sim 600 \text{ MP L}^{-1}$   
189 for the small class, and  $\sim 300 \text{ MP L}^{-1}$  for the large class. These concentrations are in the  
190 range of those reported from highly polluted coastal waters ( Collignon et al., 2012; Doyle  
191 et al., 2011; Goldstein and Goodwin, 2013; Lattin et al., 2004; Moore et al., 2001).

192 After 48 h of exposure to MP, the aquaria aeration was stopped, the mussels or control  
193 empty shells were removed, and suspended and deposited MP were quantified. The  
194 aquarium water (supernatant) was slowly pumped out with a portable pump for liquids (D-  
195 mail ®, IT), filtered ( $20 \mu\text{m}$  mesh;  $\varnothing$ : 9 cm; PLASTOK) using vacuum filtration, and the  
196 filter used for determining the residual suspended MP fraction. The final 10 mm of water,  
197 with any sediment material including biodeposits, was filtered separately to quantify the  
198 deposited MP fraction. The removed alive mussels were immediately inspected at the  
199 microscope to evaluate the potential adherence of MP on the shells, frozen at  $-20^\circ\text{C}$ , and  
200 a random subsample of 5 individuals from each aquarium ( $n=8$  aquaria with alive mussels,  
201  $n=40$  total number of mussels) was processed to quantify the MP potentially retained in  
202 the soft tissue after ingestion. Each mussel was washed with Milli-Q water to remove any  
203 external particle, dissected to separate the soft tissue from the shell and weighed (wet  
204 weigh) before being digested enzymatically in 100 ml glass beakers, following the protocol  
205 described by Piarulli et al. (2019). Briefly, after 24 h incubation in 10 ml of 25 % SDS  
206 (SIGMA – ALDRICH ®) at  $50^\circ\text{C}$ , 5 mL of lipase and 5 ml of protease/amylase (Biozym F  
207 and Biozym SE respectively; Spinnrad®, Bad Segeberg, Germany) were added. All



208 samples were gently and manually shaken, incubated at room temperature for 96 h,  
209 followed by vacuum filtration (20  $\mu\text{m}$  mesh,  $\varnothing$ : 9 cm, PLASTOK®).  
210 The filters of each MP fraction (retained in mussels tissue, suspended in the supernatant,  
211 and deposited) were positioned in covered glass petri dishes and dried at room  
212 temperature in a glass dryer for 1 week. MP were easily recognised and quantified due to  
213 their distinctive colour and fluorescence. MP counts of the dried filters were firstly  
214 performed under a Stereomicroscope (WILD M8, Leica microsystems) at 50X  
215 magnification, and subsequently validated with also a UV light source ( $\lambda$  365 nm)  
216 (Montserrat et al., 2009) placed to the same microscope in the dark. MP counts were then  
217 expressed in distinct units based on the nature of their respective fraction: the ingested as  
218  $\text{MP ind}^{-1}$ , the suspended as  $\text{MP L}^{-1}$  and the deposited as  $\text{MP cm}^{-2}$ .  
219 The effect of mussels on the amount of MP in the deposited and suspended fractions was  
220 tested separately for the two MP sizes, due to the different initial particle concentrations for  
221 the small and large size classes. A Student's t-test was used after checking for normality  
222 and homogeneity with Shapiro–Wilk and Bartlett's tests respectively and  $\log(x+1)$  data  
223 transformation if required to meet the assumption for parametric statistics (Table S3 in  
224 Supplementary Information). Statistical analyses were performed with R studio (v.  
225 0.99.903, R Core Team, 2016), and significance was set at p-value < 0.05. Data were  
226 reported as mean  $\pm$  standard error (SE).

227

### 228 **2.3 Effects of MP incorporation on sinking rates of mussels' faecal pellets**

229 We tested how the incorporation of MP (of different sizes and densities) into faecal pellets  
230 (hereafter FP) affects the sinking rates of FP through the water column. Three different  
231 polymer types and sizes of MP were used: 41  $\mu\text{m}$  PA fragments ( $\text{PA}_{\text{SMALL}}$ ), 129  $\mu\text{m}$  PA  
232 fragments ( $\text{PA}_{\text{LARGE}}$ ), and polypropylene (PP) fragments of a median gran size of 127  $\mu\text{m}$   
233 (Table S1, Supplementary Information), where PP has a lower density ( $0.92 \text{ g cm}^{-3}$ )

234 compared to PA. The PP fragments were produced by milling PP pellets (Goodfellow  
235 Cambridge Ltd. UK) with a pin mill (Alpine C160, Messer group GmbH, DE) into irregular  
236 fragments that were subsequently sieved with decreasing mesh size (from 500 to 100).  
237 Mussels' FP incorporating different MP types (FP with 1 MP were selected) were obtained  
238 by using 3 groups of 10 mussels in 3 separate aquaria. Each group was exposed to  
239 contamination from only one type of the 3 tested MP (concentration  $0.2 \text{ mg L}^{-1}$ ), as  
240 described in section 2.2. A fourth set of mussels was maintained in filtered seawater in a  
241 separate aquarium without MP to produce MP-uncontaminated FP. After 48 h of exposure,  
242 FP were removed individually using a Pasteur pipet, and inspected under a  
243 stereomicroscope microscope (WILD M8, Leica microsystems) to check for their integrity  
244 and for the presence of incorporated MP. MP used in the experiment were recognised due  
245 to their distinctive colour and/or fluorescence. Twenty integer FP were selected for each of  
246 the 4 treatments ( $PA_{SMALL}$ ,  $PA_{LARGE}$ , PP and no MP). FP were photographed using a  
247 mounted camera (Motic BTWB, USA) and images were analysed using imageJ software  
248 (Schneider et al., 2012) to determine dimensions and to calculate the equivalent cylindrical  
249 volumes and density (Table S2 in Supplementary Information) of each faecal pellet using  
250 the Stoke's law modified for use with cylindrical shapes (Komar et al., 1981).  
251 The sinking rates of the 4 FP treatments were assessed adapting the established method  
252 originally developed by Smayda et al. (1969) to measure the sinking rates of zooplankton  
253 FP. The FP were individually transferred with a Pasteur pipet to a 2 L measuring cylinder  
254 filled with  $20 \mu\text{m}$  filtered seawater ( $25 \text{ }^\circ\text{C}$ , 35 psu). FP were let to sink for the first 10 cm to  
255 achieve a constant velocity, and then their descent speed was measured over the  
256 remaining 10 cm.  
257 Differences in the sinking rates of the 4 groups of FP were tested using one-way ANOVA  
258 ( $n=20$  replicated FP per treatment). The data were  $\log(x+1)$  transformed to meet the  
259 criteria for parametric statistics checked with Shapiro and Bartlett's tests (Table S4 in

260 Supplementary Information). Tukey post-hoc test was used for pairwise comparison of the  
261 4 groups.

262 The measured sinking rates of the MP incorporated into the FP were further compared  
263 with their theoretical sinking rates when free in the water column. Free MP were too small  
264 to enable the visual measurement of their sinking rates, therefore their velocity was  
265 estimated by using Stoke's law as described by Bach et al. (2012) and Porter et al. (2018),  
266 taking into account the physical properties (sizes and densities, Table S1 in  
267 Supplementary Information) of the three different MP types ( $PA_{SMALL}$ ,  $PA_{LARGE}$ , and PP) as  
268 well as the water temperature and salinity.

269

#### 270 **2.4 Transfer of MP from mussels to polychaetes**

271 To examine whether MP enriched biodeposits produced by mussels can facilitate the  
272 uptake of MP by detritivorous polychaetes, a modified version of the previous experimental  
273 set-up (described in section 2.2) was used (Figure 2). Eight aquaria containing 5 L of  
274 filtered seawater and a 20 mm bottom layer of sand were maintained at 25 °C. Four of the  
275 aquaria contained groups of 10 *M. galloprovincialis* and the other four contained groups of  
276 10 control empty shells. Based on observations from the previous experiments regarding  
277 size selectivity of MP by mussels,  $MP_{SMALL}$  fragments (41  $\mu\text{m}$ ; conc. 0.2  $\text{mg L}^{-1}$ ) were  
278 chosen as the size class, and prepared in the same manner as described in session 2.2 to  
279 establish a biofilm formation prior to use.

280 Following 48 hours of MP exposure, all mussels and control shell groups were removed  
281 and replaced by groups of *H. diversicolor* (n=5 per group). After 24 hours, the polychaetes  
282 were transferred to aerated 500 ml beakers filled with 0.2  $\mu\text{m}$  pre-filtered artificial seawater  
283 for 8 hours to allow the elimination of ingested material, based on the results by Bock and  
284 Miller (1999) the depuration time of polychaetes was kept shorter (8 h) than 12 h to avoid  
285 the re-ingestion of the previously egested MP. The MP retention in polychaetes soft tissue

286 has been estimated to be about 0.5 % (Van Cauwenberghe et al., 2015), therefore the MP  
287 egested by polychaetes was considered the most representative indirect measure of the  
288 MP uptake (Löder and Gerdts, 2015).

289 Once depurated, polychaetes were removed from the beakers and the depuration water  
290 was filtered (mesh size: 20  $\mu\text{m}$ ,  $\text{\O}$ : 9 cm, PLASTOK®). The filters were dried at room  
291 temperature in covered glass petri dishes placed in a glass dryer, and inspected for MP  
292 presence under the stereomicroscope. Each group of polychaetes was considered as a  
293 single population unit; thereby MP data were expressed as total number of particles per  
294 aquarium. Differences in the amount of uptaken (and egested) MP by polychaetes in the  
295 presence or absence of mussels and their biodeposits were compared using a t-test  
296 (Table S7 in Supplementary Information). Before the analysis, data were checked for  
297 normality and homogeneity. No data transformation was needed.

298

### 299 **3. Results**

#### 300 **3.1 Effects of mussels on MP vertical transfer**

301 After 48 h, the  $\text{MP}_{\text{SMALL}}$  in live mussel treatments showed a significant (t-test p-  
302 value=0.006, Table S3 in Supplementary Information) increase (about 15%) in deposited  
303 MP compared to control treatments (Figure 3c, Table S4 in Supplementary Information),  
304 while no significant (t-test p-value=0.92, Table S3 in Supplementary Information)  
305 differences were detected for  $\text{MP}_{\text{LARGE}}$  (Figure 3d Table S4 in Supplementary Information).  
306 Suspended MP (Figure 3a and b) was significantly (t-test p-values=0.03 and 0.0004, Table  
307 S3 in Supplementary Information) less at the end of the exposure time in live mussel  
308 treatments than in controls, for both MP sizes (Table S4 in Supplementary Information).  
309 Occurrence of MP in mussels' soft tissue was observed only in 15 % (2 individuals with 1  
310 MP and 1 with 3 MP) and 20 % (4 individuals with 1 MP each) of the analysed mussels  
311 exposed to  $\text{MP}_{\text{SMALL}}$  and  $\text{MP}_{\text{LARGE}}$ , respectively (Table S4 in Supplementary Information).

312 No MP were found adhering on the shells on alive mussels or control treatments.

313

### 314 **3.2 Effects of MP incorporation in mussels' faecal pellets**

315 Incorporation in mussels' FP (Figure 4a) accelerated MP sinking rates by over 3 orders of  
316 magnitude, compared to the calculated theoretical sinking rates for free MP particles in  
317 water, irrespective of MP sizes and/or polymer type (Tables S1 and S2 in Supplementary  
318 Information). Averaged ( $\pm$  1SE) sinking rates of FP contaminated with PA<sub>SMALL</sub>, PA<sub>LARGE</sub>  
319 and PP were  $422 \pm 61$ ,  $393 \pm 34$  and  $352 \pm 35$  m day<sup>-1</sup>, respectively, while theoretical sinking  
320 rates of the associated reference free particles were 0.003, 0.03 and 0.03 m day<sup>-1</sup>,  
321 respectively.

322 All FP contaminated by MP exhibited significantly (pairwise Tukey's post-hoc test p-values  
323 < 0.0001) lower sinking rates compared to uncontaminated FP (Tables S6 and S7 in  
324 Supplementary Information). This effect was more pronounced with increasing size and  
325 decreasing density of the MP (Figure 4b). However, those differences were quantitatively  
326 limited and not statistically significant (Table S7 in Supplementary Information).

327

### 328 **3.3 Transfer of MP from mussels to polychaetes**

329 After 24 hours, polychaetes exposed to biodeposits in the live mussel treatments ingested  
330 significantly more MP (40 %, t-test p-value=0.03, Table S8 in Supplementary Information)  
331 than those exposed to free sinking MP in the empty shell controls. On average, the  
332 population of polychaetes exposed to the live mussel treatments ingested  $57 \pm 9$  MP per  
333 unit, while those from the control treatments ingested  $24 \pm 6$  MP per unit (Figure 5).

334

## 335 **4. Discussion**

336 Approximately half of the MP introduced to the marine environment is buoyant, and tends  
337 to stay in suspension in the water column (Kooi et al., 2016). This study showed that

338 mussels facilitated the deposition of MP (particularly for MP<sub>SMALL</sub>) from the water column to  
339 the bottom by incorporating the MP into biodepositis that resulted in enhanced sinking  
340 velocity with respect to free MP. Further, detritus-feeding polychaetes exposed to MP in  
341 biodeposits ingested more MP compared to polychaetes exposed to free sinking particles.  
342 The mussel-mediated vertical transfer was evident in both the supernatant and at the  
343 bottom for MP<sub>SMALL</sub> (41 µm), which were 15 % more abundant at the bottom of treatments  
344 containing live mussels compared to those with control empty shells. This is consistent  
345 with the known particle size selection range for mussels, which tends to be more effective  
346 for particles smaller than 50 µm (Defosseze and Hawkins, 1997; Ward and Shumway,  
347 2004). The effect of mussels on the MP vertical transfer was also partially observed for  
348 MP<sub>LARGE</sub> (129 µm), but only at the level of the supernatant, while at the bottom the  
349 quantities of MP<sub>LARGE</sub> were similar between units with alive mussel and controls with empty  
350 shells, therefore suggesting that mussels have a sequestering effect also on MP<sub>LARGE</sub> but  
351 this effect is too small and to be clearly quantified at the bottom. This is ascribable to two  
352 main reasons: i) MP<sub>LARGE</sub> tend to sink fast as free particles due to their large weight ii) the  
353 particles' capture efficiency by mussels decreases with increasing particles' size (Ward  
354 and Shumway, 2004; Ward et al., 2019).

355 Further, the selection of particles by bivalves, however, does not only depend on the size  
356 but also on the shape and chemical composition. Indeed, Ward et al., (2019) showed that  
357 fibres larger that 500 µm can also be ingested, therefore, it is likely that mussels could also  
358 affect the vertical transfer of MP<sub>LARGE</sub> of different shapes than those tested in this study.

359 Ultimately, most MP, including low density polymers, are likely to reach the seafloor (Van  
360 Cauwenberghe et al., 2015), as demonstrated by the high levels of MP contamination  
361 recorded in sediments ( Lorenz et al., 2019;Vianello et al., 2013). However, biogenic  
362 aggregation in biodeposits by mussels or other bivalves present as stable population in  
363 coastal environments or extensively farmed could result in fine-scale heterogeneity of MP

364 distribution in marine sediments, creating concentrated hot-spots of small and highly  
365 bioavailable MP. To our knowledge so far this possible biologically-mediated small-scale  
366 heterogeneity in MP distribution at the sediment level has never been explored. If proved,  
367 it would have important implications both for the ecology of benthic systems and for the  
368 management of MP in the sediments.

369 Consistently with the findings by Porter et al. (2018), the measurements of MP sinking  
370 rates showed that all the MP incorporated into FP sank 3 - 4 orders of magnitude faster  
371 than the same MP as free particles. Although our sinking rates calculations were made in  
372 a static experimental system, thereby not fully representing natural conditions, the  
373 magnitude of the differences suggests that also under environmental conditions, where  
374 oceanographic attenuation (e.g. resuspension) as well as other factors that can alter the  
375 MP density (e.g. biofouling) may occur, MP incorporation into FP would decidedly change  
376 their fate in the water column.

377 In turn, the incorporation of MP significantly decreased the sinking rates of FP irrespective  
378 of polymer type and/or particle size, similarly to what observed by Long et al. (2015) who  
379 estimated the effects of MP presence in phytoplankton aggregates. Given the central role  
380 that bivalves' faecal matter has in mediating the flux of nutrients and carbon cycling across  
381 benthic and pelagic systems (Hewitt et al., 2001; Robert et al., 2013), the observed  
382 decelerated sinking rates of FP caused by the presence of MP is of concern. There is a  
383 potential for the lowering of nutrient regeneration and availability in the benthic  
384 compartment, with unknown consequences at the community and ecosystem levels.  
385 Wieczorek et al. (2019) also observed a longer persistency in the water column of MP-  
386 contaminated FP from salps and suggested that MP presence could lower the efficiency of  
387 the biologic pump, enhancing water turbidity due to the fragmentation of faecal matter by  
388 bacterial activity, with the consequent release of CO<sub>2</sub> directly into the water column. These  
389 effects deserve particular attention as bivalve aquaculture is increasing worldwide

390 (Wijsman et al., 2019).

391 The experiment focusing on the subsequent transfer of MP to detritus-feeders, showed  
392 that the incorporation into biodeposits significantly enhanced MP uptake by polychaetes,  
393 indicating that MP incorporation into biodeposits can be a pathway for the transfer of MP  
394 between species with different feeding modes and placed at different trophic levels.

395 *H. diversicolor*, known for its adaptable feeding mode, including detritivory, ingested more  
396 than twice of MP when exposed to mussels' biodeposits containing egested MP. This  
397 difference does not simply reflect a larger availability of MP in the bottom sediments due to  
398 the accelerated sinking but also a qualitative effect. Indeed, the first experiment showed  
399 that mussels increased MP abundance by only 15 % compared to controls, while  
400 polychaetes ingested 41 % more MP in the presence of mussels. Faeces and  
401 pseudofaeces are nutritious (Johannes and Satomi, 1966) and readily consumed by a  
402 variety of suspension- and deposit-feeding organisms (Tenore, 1988), thereby aggregation  
403 in biodeposits makes MP more bioavailable, facilitating their transfer to consumers. It is  
404 likely that ingestion and egestion could also structurally and/or chemically change the MP,  
405 for example via fragmentation up to the nanoscale (Dawson et al., 2018) or modification of  
406 the biofilm community (Kesy et al., 2016), making the MP more suitable for ingestion.

407 It has been observed that nanoplastics (particularly those between 40 and 50 nm) can  
408 irreversibly accumulate in cells and tissues of organisms (Koelmans et al., 2015) with  
409 significant potential for direct trophic transfer. Conversely, our experiments with MP  $\geq$  20  
410  $\mu\text{m}$ , which is within the size range detectable in field samples, indicate very fast MP  
411 ingestion-egestion rates both by mussels and polychaetes, and very little retention in the  
412 soft tissue (< 20% contaminated mussels) consistently with previously reported values by  
413 Ward et al. (2019) for *M. edulis*, Piarulli et al., 2020 for various invertebrate species  
414 including *M. galloprovincialis* and Mazurais et al. (2015) for fish larvae. This evidence  
415 allows the conclusion that direct trophic transfer of MP  $\geq$  20  $\mu\text{m}$  from contaminated prey to



416 predators could be less relevant than previously hypothesised. It, however, does not  
417 exclude the existence of a potential chemical risk of transfer of hazardous substances  
418 associated to MP, such as persistent organic pollutants and/or plastic additives (e.g.  
419 phthalates). These pollutants can be adsorbed by plastics from the seawater (Rios et al.,  
420 2010), and possibly released after uptake by organisms and accumulated in cells and  
421 tissue, with a potential for transfer via predator-prey interactions, bioaccumulation at upper  
422 trophic levels (Batel et al., 2016) and severe physiological effects (Batel et al., 2018;  
423 Pittura et al., 2018). The direct quantification of ingestion-egestion rates of MP and  
424 associated contaminants is currently operationally challenging (Lanctôt et al., 2018) and  
425 developing cost-effective methods to quantify the real integrated impact over time of MP  
426 on organisms at environmental concentrations is a research priority.

427

## 428 **5. Conclusion**

429 Our 3 connected experiments empirically demonstrated that the incorporation in mussel  
430 biodeposits not only accelerates the vertical transport and deposition of MP (particularly  
431 those < 50 µm) to the sediments, making MP less available to pelagic and mesopelagic  
432 species in natural environments, but also significantly increases MP bioavailability and  
433 subsequent uptake by benthic detritivores. Thereby, MP incorporation into faecal matter  
434 can constitute a pathway for the transfer of MP across marine compartments and species.  
435 Further, the presence of MP decelerates the vertical flux of contaminated faecal pellets  
436 and the magnitude of the effect increases with increasing size and decreasing density of  
437 the MP. This highlights a potential risk for MP to unbalance the flux of nutrients from the  
438 water surface to the seafloor. Further work is urged to characterise the relevant spatial and  
439 temporal scales of these processes, and the so far largely unexplored consequences at  
440 the ecosystem level.

441

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452

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458

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