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XXIX CICLE

**CLINICAL AND HEMODYNAMIC RESULTS AFTER TRANSCATHETER  
AORTIC VALVE IMPLANTATION (TAVI): EARLY AND LATE (10-YEAR)  
FOLLOW-UP**

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*Alla mia famiglia*

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## ABSTRACT

### Backgrounds

Transcatheter aortic valve implantation (TAVI) has become the treatment of choice in patients with severe symptomatic aortic stenosis (AS) considered inoperable or at high surgical risk. More recently, TAVI has been performed also to lower risk patients based on the Heart Team decision. Few studies have studied interaction between surgical risk categories and outcomes.

### Aim of the study

To analyze safety and efficacy (VARC-2 defined) TAVI treated patients as function of different preoperative risk. To assess independent predictors of death.

### Methods

Four-hundred-eighty-two patients who underwent TAVI in our center between 2007 and 2017 were included in the study. According to Society of Thoracic Surgeons (STS) score and to other parameters, all the patients were retrospectively stratified into 4 groups: prohibitive (contraindications to aortic valve replacement,  $n = 124$ ), high (STS  $> 8$ ,  $n = 131$ ), intermediate ( $4 \leq \text{STS} \leq 8$ ,  $n = 112$ ) and low (STS  $< 4$ ,  $n = 115$ ) risk. Early, 1-year and long-term outcomes have been evaluated in those 4 groups according the VARC 2 criteria.

### Results

The TAVI procedure resulted to be safe because of low mortality rate throughout all risk groups. The lowest 30-days mortality rate was observed in low and prohibitive-risk patients ( $p=0.048$ ). In the low risk group, in-hospital mortality was 0%. The results were similar at 1-year of follow-up, with a mortality rate of 6% and 7% in low- and prohibitive-risk patients vs 21% and 19% in intermediate- and high-risk groups, ( $p<0.008$ ). At 5-year of follow-up the mortality rate was 52% and it appeared to be lower only in low-risk patients at long-term follow-up. Independent predictors of mortality were pre-procedural congestive heart failure (CHF), neoplastic disease, pre-procedural-creatinine, post-procedural major or life threatening bleeding and post-procedural acute kidney injury (AKI). Implanted prosthesis performed well with stable hemodynamic results over time and rare dysfunction (2.1%).

## **Conclusions**

In our study population, TAVI was safe and effective, with low rates of mortality and adverse events regardless of the surgical risk. At longer follow-up mortality rate was significantly lower in low-risk patients. Pre-procedural CHF, neoplastic diseases, pre-procedural creatinine, post-procedural severe bleedings and post-procedural AKI were independent predictors of mortality. Transcatheter heart valves (THV) performance after the procedure was excellent and stable over time with low rate of late prosthesis dysfunction. Further studies should be addressed to confirm the promising long-term results among low-risk patients and the long-term durability of THV.

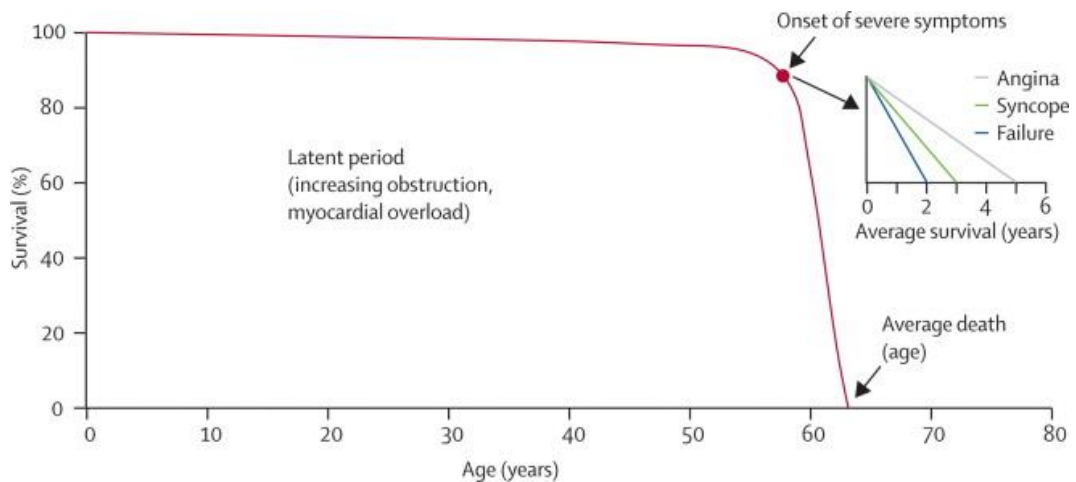
## INTRODUCTION

### AORTIC VALVE STENOSIS

Aortic valve Stenosis (AS) is usually caused by cups calcifications without commissural fusion. Consequently, valvular motion and effective area decrease and leads to blood flow obstruction, trans-valvular pressure gradient and left ventricular (LV) hypertrophy. The evolution of AS is slow, but when symptoms appear the progression is rapid towards death if left untreated (1,2). AS occurrence increases with age; and 2% of the overall population is affected after 65 years old. Moreover, one third of them shows echocardiographic signs of leaflet calcifications (3,4). AS is the most common primary valve disease leading to surgery or catheter intervention in Europe and North America, with a growing prevalence due to the population ageing (5-7).

### Natural History

As reported by Ross and Braunwald (1), patient outcome is similar to overall population until symptoms occur. Clinical manifestations generally develop when the aortic valve area (AVA) decreases to less than 1 cm<sup>2</sup> and are associated with a severe worsening of survival (Figure 1)



**Figure 1. Natural history of aortic stenosis without treatment (1)**

The three principal symptoms of AS are angina, syncope, and dyspnea (or congestive heart failure (CHF)). (8-11)

*Angina* is usually the earliest symptom and is associated to a mean survival of 4 to 5 years. Angina is present in around 50-70% of the patients with AS. Because of LV hypertrophy and end-diastolic pressure rise, myocardial perfusion decreases, especially at the level of the sub-endocardium, and this discrepancy causes angina.

When the patient suffers for *syncope*, survival is typically less than 3 years. Syncope is due to the reduced blood flow through the stenotic valve that causes decreased cerebral perfusion. Furthermore, peripheral vasodilatation during exercise may worsen this condition since cardiac output cannot be modified.

Patients with *dyspnea* and *CHF*, in keeping with their associated left ventricular dysfunction, have a mean survival of 1 to 2 years. CHF is the presenting symptom in nearly one third of the patients. Dyspnea is the consequence of the reduced capacity of the heart to increase



the stroke volume in response to an increased metabolic demand. It can be also a consequence of the diastolic dysfunction (12).

### **Stages of AS**

Medical and interventional approaches to the management of patients with AS mainly depend on the disease's cause and staging. The classification of AS stages (13) is reported in Table 1 according to 2014 American College of Cardiology/American Heart Association guidelines (ACC/AHA). The stages of AS range from patients at risk of AS (stage A) or with progressive hemodynamic obstruction (stage B) to severe asymptomatic (stage C) and symptomatic AS (stage D). Each of these stages considers valve anatomy, valve hemodynamics, the consequences of valve obstruction on the left ventricle, as well as by patient symptoms.

Hemodynamic AS severity is best characterized by the transaortic maximum velocity (or mean pressure gradient) when the transaortic volume flow rate is normal. However, some patients have low transaortic volume flow due to LV systolic dysfunction with reduced stroke volume. This low-flow AS subgroups requires a distinct approach compared to the majority of AS with high gradient and normal flow (14).

The definition of severe AS is based on natural history studies of medically treated patients, in which prognosis is poor when peak aortic valve velocity is  $>4.0$  m/sec, or mean aortic valve gradient is  $>40$  mmHg.

**Table 1. Stages of AS** (Nishimura, RA et al. 2014 AHA/ACC Valvular Heart Disease Guideline)

Stage	Definition	Valve Anatomy	Valve Hemodynamics	Hemodynamic Consequences	Symptoms
<b>A</b>	<b>At risk of AS</b>	. Bicuspid aortic valve (or other congenital valve anomaly) . Aortic valve sclerosis	Aortic Vmax <2 m/s	None	None
<b>B</b>	<b>Progressive AS</b>	. Mild-to-moderate leaflet calcification with some reduction in systolic motion . Rheumatic valve changes with commissural fusion	. Mild AS: Aortic Vmax 2.0–2.9 m/s or mean $\Delta P$ <20 mm Hg . Moderate AS: Aortic Vmax 3.0–3.9 m/s or	. Early LV diastolic dysfunction may be present . Normal LVEF	None
<b>C: Asymptomatic severe AS</b>					
<b>C1</b>	<b>Asymptomatic severe AS</b>	Severe leaflet calcification or congenital stenosis with severely reduced leaflet opening	. Aortic Vmax $\geq 4$ m/s or mean $\Delta P \geq 40$ mm Hg . AVA typically is $\leq 1.0$ cm <sup>2</sup> (or AVAi $\leq 0.6$ cm <sup>2</sup> /m <sup>2</sup> ) . Very severe AS is an aortic Vmax $\geq 5$ m/s or mean $\Delta P \geq 60$ mm Hg	. LV diastolic dysfunction . Mild LV hypertrophy . Normal LVEF	None: Exercise testing is reasonable to confirm symptom status
<b>C2</b>	<b>Asymptomatic severe AS with LV Dysfunction</b>	Severe leaflet calcification or congenital stenosis with severely reduced leaflet opening	. Aortic Vmax $\geq 4$ m/s or mean $\Delta P \geq 40$ mm Hg . AVA typically $\leq 1.0$ cm <sup>2</sup> (or AVAi $\leq 0.6$ cm <sup>2</sup> /m <sup>2</sup> )	LVEF <50%	None
<b>D: Symptomatic severe AS</b>					
<b>D1</b>	<b>Symptomatic severe high-gradient AS</b>	Severe leaflet calcification or congenital stenosis with severely reduced leaflet opening	. Aortic Vmax $\geq 4$ m/s or mean $\Delta P \geq 40$ mm Hg . AVA typically $\leq 1.0$ cm <sup>2</sup> (or AVAi $\leq 0.6$ cm <sup>2</sup> /m <sup>2</sup> ) but may be larger with mixed AS/AR	. LV diastolic dysfunction . LV hypertrophy . Pulmonary hypertension may be present	. Exertional: dyspnea or decreased exercise tolerance, or angina or syncope
<b>D2</b>	<b>Symptomatic severe low-flow/low-gradient AS with reduced LVEF</b>	Severe leaflet calcification with severely reduced leaflet motion	. Aortic Vmax $\geq 4$ m/s or mean $\Delta P \geq 40$ mm Hg . AVA typically $\leq 1.0$ cm <sup>2</sup> (or AVAi $\leq 0.6$ cm <sup>2</sup> /m <sup>2</sup> ) but may be larger with mixed AS/AR	. LV diastolic dysfunction . LV hypertrophy . LVEF <50%	. HF . Angina . Syncope or presyncope
<b>D3</b>	<b>Symptomatic severe low-gradient AS with normal LVEF or paradoxical low-flow severe AS</b>	Severe leaflet calcification with severely reduced leaflet motion	. AVA $\leq 1.0$ cm <sup>2</sup> with aortic Vmax <4 m/s or mean $\Delta P$ <40 mm Hg . Indexed AVA $\leq 0.6$ cm <sup>2</sup> /m <sup>2</sup> . Stroke volume index <35 mL/m <sup>2</sup> . Measured when patient is normotensive (systolic BP <140 mmHg)	. Increased LV	. HF

In case of low flow, AS may be severe with lower valve velocities and gradients, and AVA should be calculated. The prognosis of patients with AS is poorer when AVA is  $<1.0 \text{ cm}^2$ . At normal flow rates, AVA  $<0.8 \text{ cm}^2$  generally correlates with a mean gradient  $>40 \text{ mmHg}$ . However, symptomatic patients with calcification and AVA between  $0.8 \text{ cm}^2$  and  $1.0 \text{ cm}^2$  should be closely evaluated to determine whether they would benefit from intervention (15).

Meticulous attention to detail is mandatory when assessing aortic valve hemodynamics, either with Doppler echocardiography or cardiac catheterization, and the inherent variability of the measurements and calculations should always be considered in clinical-decision making.

## **Management**

In the past, medical therapy with or without Balloon Aortic Valvuloplasty (BAV) was the only treatment options for inoperable patients with an average survival of 2–3 years after the symptoms onset (16). Over the last decade, transcatheter aortic valve implantation (TAVI) become the treatment of choice for inoperable patients and the preferred alternative for high-risk patients with severe AS.

From Cribier's first implantation in 2002 (17), more then 100 000 TAVI procedures have been performed worldwide. Nevertheless, surgical aortic valve replacement (SAVR), first reported in 1960 by Harken, remains the gold standard for patients at low operative risk because of excellent long-term outcomes and low perioperative risk. (18-20).

The technical advances in new transcatheter heart valves (THV) significantly improved TAVI safety and efficacy. The excellent TAVI results observed in recently published randomized controlled trials and multiple international prospective registries (21-24) have broadened the indications for TAVI to intermediate-risk patients as an alternative (class I, LoE B) to SAVR (19). This suggest that TAVI might become a valuable treatment option also for a large number of lower (intermediate- to low-) risk patients, representing over 80% of the subjects currently undergoing SAVR (25).

In clinical practice and in randomized trials, the risk scores used to judge patient's indication to TAVI have been inherited from surgery. The Society of Thoracic Surgeons predicted risk for mortality (STS) (26) and the logistic European System for Cardiac Operative Risk Evaluation (EuroSCORE) I and II (27, 28) are the most widely used scores in North America and Europe, respectively. Patients are usually considered at high-risk when STS score >8 or logistic EuroSCORE >20, at intermediate-risk when STS score is 4–8% and logistic EuroSCORE is 10–20, at low-risk when STS score is <4 and logistic EuroSCORE is <10. However, while these risk models correctly predicted SAVR outcomes (29, 30), they significantly overestimated TAVI mortality. The difference between predicted and observed mortality of surgical scores applied to TAVI was related to many confounders, including the fact that general anesthesia was often not needed in TAVI, and as a consequence most variables present in the surgical scores had a lesser influence on TAVI outcomes. Of note, several new TAVI risk models (31-36) had been developed, but none was routinely used nor is included in ongoing trials, mostly because of their complexity, poor accuracy and entry bias in regard to patient inclusion, that preclude broad generalization (35). Accordingly, guidelines acknowledge the imperfect nature of surgical risk scores and recommend that the decision

to perform TAVI should be made on the basis of multidisciplinary Heart Team evaluation (13,19). In other words, risk scores should never be a substitute for clinical judgment and the participation of patients and their families in to the decision. It is well documented that age remains one the most important reasons for surgical refusal (37), and referral to TAVI. To this regard, in the STS registry, SAVR patients had a mean age of 67 years and a mean STS of 1.8% (only 6.2% patients had an STS >8%), and there was a clear correlation between STS value and age. On the other hand, the common thread across TAVI trials and registries remained the older age, regardless of risk score. Indeed, despite the absence of an absolute age cut-off in the inclusion criteria for most studies, TAVI patients in all major recent and ongoing trials are still predominantly octogenarians. This implies that 'lower-risk' does not necessarily mean 'younger'. The relative lack of major comorbidities illustrates the common entity of entry bias in previous and ongoing trials comparing SAVR with TAVI, in which patients had to be considered eligible for both procedures in order to be included (for instance, in the PARTNER trial, less than one-third of the screened patients were eventually enrolled) (38). This is illustrated by the demographics of patients in clinical practice at large, in which the indication for TAVI is not simply based on surgical scores, as shown by the fact that almost 2/3 of patients included in contemporary European registries are at intermediate and even low surgical risk. Accordingly, in the STS/ACC Transcatheter Valve Therapy Registry TAVI patients have a mean STS score of 6.7%, and almost 70% of them are  $\geq 80$  years of age (39).

The recommendations for choice of intervention for AS apply to both surgical AVR and TAVI. The decision should be based on a patient's individual risk–benefit analysis including cardiac

and extracardiac characteristics, risk of surgery assessed by the Heart Team in addition to scores, and TAVI feasibility according to local experience and outcome.

Data on TAVI are still very limited for patients <75 years of age and for surgical low-risk patients, for whom SAVR remains the reference method. It has to be emphasized that younger patients presented more bicuspid valves that worsen TAVI results and were usually excluded from trials. In addition, THV durability is still lacking.

In elderly patients at increased surgical risk, available mortality data from trials and registries showed TAVI was superior to medical therapy in extreme-risk patients (40), non-inferior or superior to surgery in high-risk patients (41-44), and non-inferior to surgery and even superior when transfemoral access is possible in intermediate-risk patients (25,45-48). In the two large studies on intermediate risk, the mean age of patients were 82 and 80 years (46,48), the mean STS scores were 5.8% and 4.5%,(48) and several cases were considered frail. Thus, results are valid only for comparable patient groups. Overall, rates of vascular complications, pacemaker implantation and paravalvular regurgitation were significantly higher for TAVI and depended on the device (47-48). On the other hand, severe bleeding, acute kidney injury (AKI) and new-onset atrial fibrillation were significantly more frequent with surgery, whereas no differences were observed in cerebrovascular events.(47-48) The favorable results of TAVI had been reproduced in multiple large-scale, nationwide registries supporting the generalizability of outcomes observed in randomized controlled trials. This favors the use of TAVI over surgery in elderly patients at increased surgical risk.

However, overall, Heart Team should make the final decision between SAVR and TAVI (including the choice of access route) after careful individual evaluation (19,49).

The 2017 ACC/AHA guidelines flow chart is reported figure 2 (49).

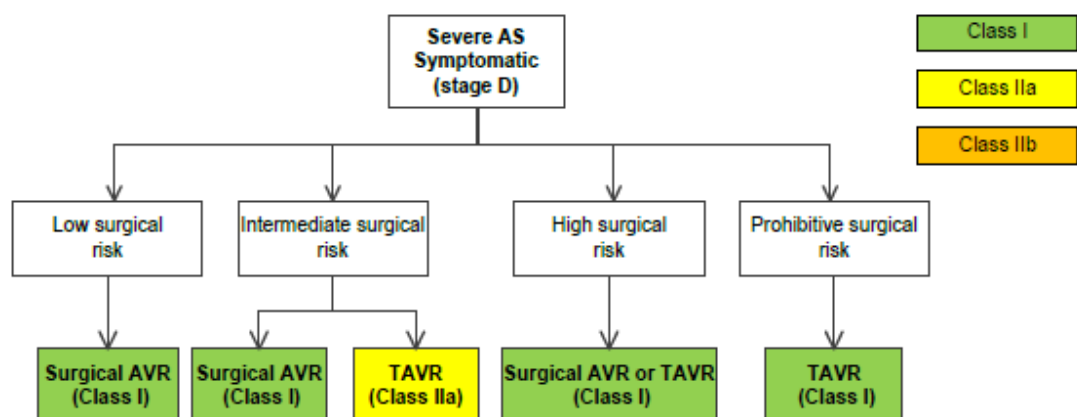


Figure 2. Choice of intervention in severe AS symptomatic patients according to ACC/AHA 2017 guideline.

## **AIM OF THE STUDY**

### **General assessment:**

First, to analyze early, 1-year and long-term outcomes of TAVI procedure in a single monocentric series.

Second, to compare the outcomes of different surgical risk classes.

Third, to assess the independent predictors of mortality.

Fourth, to observed durability of prosthesis with time and type of dysfunction.



## METHODS

### Study population

Between June 2007 and February 2017, all patients affected by severe symptomatic AS or aortic bio-prosthesis dysfunction treated with TAVI at our Institution were collected in a prospective monocentric registry named PUREVALVE (Padua University Revalving Experience).)

All patients underwent complete screening in order to evaluate the eligibility to TAVI and to choose the most appropriate vascular access and device. Blood tests, chest radiography, electrocardiogram, coronary angiography, multislice computed tomography (CT) scan of aortic root, ascending and abdominal aorta, and iliac-femoral axis, doppler ultrasound evaluation of carotid and vertebral arteries and pulmonary function investigation were performed.

Heart Team, composed by a clinical and interventional cardiologist, a cardiac surgeon and an anesthetist, performed the final choice on the best treatment strategy. Furthermore, the patients and their families were informed for the final decision on the best treatment option. Patients without clinical and echocardiographic 30-day follow-up were excluded by the analysis, while patients died during the procedure or hospitalization were considered.

The study population was retrospectively divided in four risk groups (low, intermediate, high and prohibitive) according to STS score and to other main features. Table 2 reported a combination of STS risk, frailty, major organ system dysfunction, and procedure-specific impediments for better risk assessment as reported in 2014 and 2017 AHA/ACC guidelines

(13,49). The prohibitive risk class included patients with almost one of these characteristics: 1-year mortality risk higher than 50%, specific contraindications of surgical intervention or more than three organ system disorders (28). The low-risk class included patients with a STS score inferior to 4%, the patients with intermediate risk class had a STS score between 4-8% and the high-risk group included patients with a STS score of more than 8%.

**Table 2. Risk classes stratification according AHA/ACC 2014/2017 guideline.**

	Low risk (must meet all criteria in this column)	Intermediate risk (any 1 criterion in this column)	High risk (any 1 criterion in this column)	Prohibitive risk (any 1 criterion in this column)
STS PROM*	<4%	4%-8%	>8%	Predicted risk with surgery of death or major morbidity (all-cause)
Frailty†	None	1 Index (mild)	≥2 Indices (moderate to severe)	>50% at 1 y
	AND	OR	OR	OR
Major organ system compromise not to be improved postoperatively‡	None	1 Organ system	No more than 2 organ systems	≥3 Organ systems
	AND	OR	OR	OR
Procedure-specific impediment§	None	Possible procedure-specific impediment	Possible procedure-specific impediment	Severe procedure-specific impediment

The assessment of the patient's frailty evaluating independence in feeding, bathing, dressing, transferring, toileting, and urinary continence and independence in ambulation was used.

Major organ system compromise included:

- *Cardiac*: severe LV systolic or diastolic dysfunction or right ventricular (RV) dysfunction.
- *Chronic Kidney Disease* stage 3 or worse
- *Pulmonary* dysfunction with FEV1 <50% or DLCO2 <50% of predicted
- *Central Neurologic System dysfunction*: dementia, Alzheimer's disease, Parkinson's disease, stroke with persistent physical limitation

- *Gastro-intestinal dysfunction*: Crohn's disease, ulcerative colitis, nutritional impairment, or serum albumin <3.0
- *Cancer*: active malignancy
- *Liver*: any history of cirrhosis, variceal bleeding, or elevated INR in the absence of anticoagulant therapy.

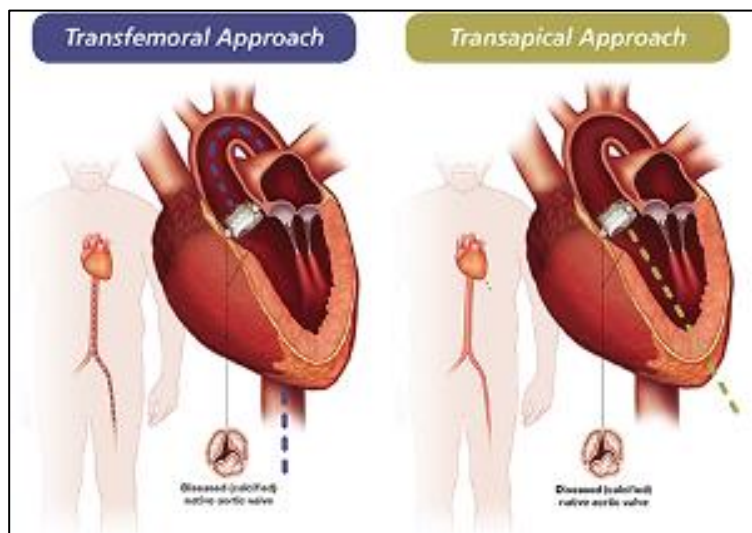
The procedure's specific impediments were tracheostomy, heavily calcified ascending aorta, chest malformation, arterial coronary graft adherent to posterior chest wall, or radiation damage. Table 3 were reported similar characteristics to evaluate in the choice of procedure, in according to 2017 ECC/EACTS guidelines (19)

**Table 3. Aspects to be considered by the Heart Team for the decision between SAVR and TAVI in patients at increased surgical risk**

	Favours TAVI	Favours SAVR
<b>Anatomical and technical aspects</b>		
Favourable access for transfemoral TAVI	+	
Unfavourable access (any) for TAVI		+
Sequelae of chest radiation	+	
Porcelain aorta	+	
Presence of intact coronary bypass grafts at risk when sternotomy is performed	+	
Expected patient–prosthesis mismatch	+	
Severe chest deformation or scoliosis	+	
Short distance between coronary ostia and aortic valve annulus		+
Size of aortic valve annulus out of range for TAVI		+
Aortic root morphology unfavourable for TAVI		+
Valve morphology (bicuspid, degree of calcification, calcification pattern) unfavourable for TAVI		+
Presence of thrombi in aorta or LV		+

## TAVI procedure

The procedure was performed in a standard catheterization laboratory. Different approaches were used on the basis of the patients's characteristics. Retrograde *transfemoral access* (TF) usually represented the first choice because less invasive. *Transapical* approach (TA) was usually performed under general anaesthesia and endotracheal intubation. An anterolateral minithoracotomy (usually fifth or sixth intercostal space) was performed. Two circular purse-string sutures were placed on the cardiac apex. The procedure started with an apical puncture. At the end of procedure, the apical puncture site could be safely secured by tying the purse-string sutures (50).



**Figure 3. Transfemoral (TF) and transapical (TA) approaches**

For both approaches, a supra-aortic angiogram was performed to evaluate the presence and degree of aortic regurgitation. A 5-F sheath was placed in the right radial artery and a pigtail advanced (51) in the ascending aorta for hemodynamic monitoring and landmark aortic angiography. Transvenous temporary pacing was placed in the RV. For the TF retrograde approach, the native aortic valve was crossed with a straight 0.035-inch guide wire using an

Amplatz Left-2 coronary catheter advanced to the ascending aorta. The transvalvular gradient was measured and AVA calculated. BAV could be performed before valve implantation. The valve crimped into his catheter, was introduced on the same guide-wire by retrograde approach until the native aortic valve. The supra-aortic angiogram and native valve calcifications were used as anatomical landmarks for valve placement. Hemodynamic improvement was measured immediately afterwards, and a supra-aortic angiogram was performed in absence of renal insufficiency to assess the presence, location, and degree of aortic regurgitation and the patency of coronary arteries, as well as to rule out complications, such as aortic dissection.

Heparin at a dose of 100 IU/kg body weight was administered to yield an activated clotting time of 250-300 seconds throughout the procedure. After the procedure, heparin was neutralized by protamine. Patients were pre-medicated with aspirin and clopidogrel.

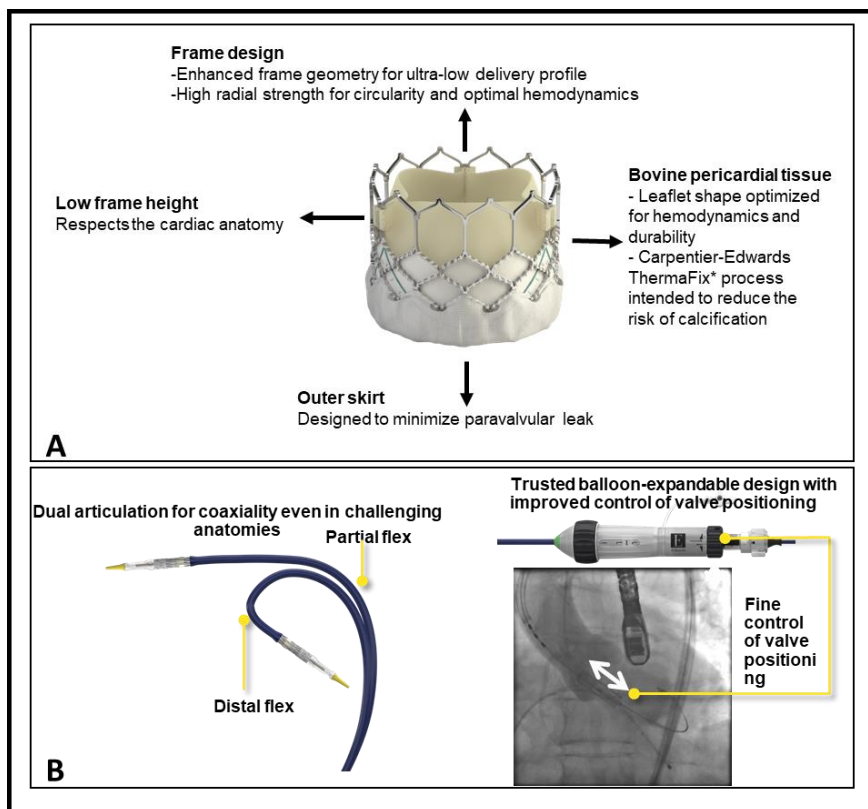
### **TAVI prosthesis**

The ideal aortic valve prosthesis should be durable, with optimal hemodynamic performance and able to reduce the current major complications of TAVI procedure, in particular vascular complications (not infrequent with the transfemoral access route), paravalvular leaks, stroke and atrioventricular block requiring a permanent pacemaker. Indeed, TAVI registries and trials showed that major vascular complications are strong predictors of morbidity and early-mortality after TAVI. In addition, moderate and severe paravalvular leak has been associated with increased morbidity and mortality (52-54). Even if inconsistency is present in literature regarding the impact of pacemaker implantation on subsequent outcomes, also this complications seems to have an impact on subsequent outcomes after TAVI (55,56).

In our patients, different devices were used (old and new-generation of valves):



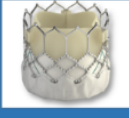
### **Edwards Lifesciences Sapien, Sapien XT and Sapien 3 THV**

The family of Edwards Sapien valve are the balloon expandable prosthesis whose leaflets are made of bovine pericardium mounted on a chrome-cobalt stent. The SAPIEN 3™ (S3) (Edwards Lifesciences, Irvine, CA, USA) is the last of Edwards family's trans-catheter heart valves (THV) (Figura 4A). This device incorporates a number of new and enhanced features intended to reduce the risk of vascular injury and paravalvular regurgitation, and to facilitate rapid and accurate positioning and implantation. The SAPIEN 3 valve incorporates a cobalt chromium stent, bovine pericardial leaflets, and both an inner and new outer polyethylene terephthalate (PET) sealing cuff. The delivery system (Commander; Edwards Lifesciences, Irvine, CA, USA) incorporates an active three-dimensional coaxial positioning (Figura 4B) (53).



**Figure 4. The SAPIEN 3 valve; B: delivery system**

The 20-23 and 26 mm S3 THV are compatible with a 14 Fr expandable sheath (eSheath; Edwards Lifesciences), while the 29 mm S3 is compatible with a 16Fr expandable sheath. The low diameter of the sheath reduces the stress on the access vessel by transiently expanding as the crimped THV passes through the sheath and then recoiling to a lower profile (Figure 5). This may reduce the potential for arterial injury during introduction, and may extend the eligibility to TAVI for some patients previously considered unsuitable for the femoral approach due to small vessels.

	 SAPIEN 26 mm	 SAPIEN XT 26 mm	 SAPIEN 3 26 mm
Crimped Profile	8.3 mm	8.3 mm	8.3 mm
Frame height (expanded)	16,1 mm	17,2 mm	20 mm
Frame height (crimped)	18,1 mm	20,1 mm	28 mm
Frame shortening (deployment)	2 mm	2,9 mm	8 mm
Sheath Profile (internal diameter unexpanded)	24 Fr	18 Fr	14Fr
Sheath Profile (outdiameter unexpanded)	-	7,2 mm	6 mm
Sheath Profile (outdiameter expanded)	-	8,9 mm	8 mm
Indicated vessel size	7 mm	6,5 mm	6 mm

**Figure 5. Edwards Sapien prosthesis family.**

The external “skirt” (outer PET sealing) in the lower portion of the valve and a more accurate positioning of the valve due to the renovated delivery system should ensure a good sealing, thus preventing the occurrence of paravalvular leaks. The increased length of the S3 (20 mm compared to 17 mm of SAPIEN XT) will augment the need of permanent pacemaker due to an increased area of contact with the interventricular septum. Theoretically, a decreased need for oversizing due to the presence of the sealing cuff and a more accurate positioning with a more predictable final valve implantation depth could reduce this risk.

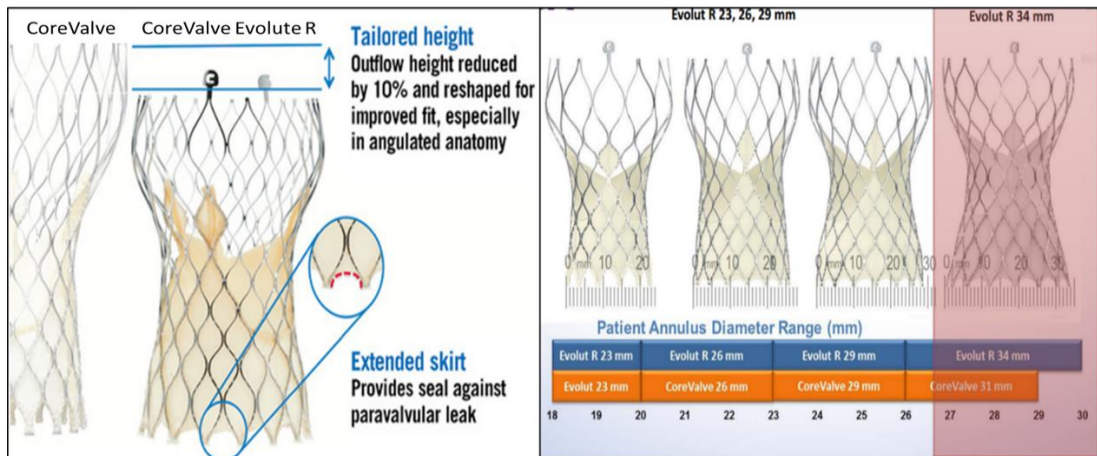
The data on S3 confirmed the advantage of the this valve compared with previous Edwards valves (SAPIEN and SAPIEN XT) in terms of prevention of vascular complications and of moderate-severe paravalvular leaks, but showed an increase in the need of a permanent pacemaker post-TAVI (57). Data on an increased need of permanent pacemakers are not conclusive. In fact, a study conducted in patients treated in Padua with S3 showed that a low final valve implantation depth is the strongest predictor of subsequent AV conduction defects, rather than the valve itself (57, 58).

### **CoreValve Family**

The Medtronic CoreValve (CV), with leaflets made from porcine pericardium sutured into a self-expanding nitinol frame, was the first commercially available self-expanding TAVI system. The US Pivotal Trial showed excellent long-term outcomes after CV implantation in patients classified as high-risk for surgical aortic valve replacement (59). Despite the generally low TAVI complication rates for such high-risk patient collective, several important and prognosis relevant issues including paravalvular leaks (60), access site bleeding (61) or valve dislocation during deployment limited the procedural success of first generation



prosthesis. To tackle these issues, the Evolut R (EVR) with the EnVeo R delivery catheter was introduced in 2014. This second generation prosthesis allows repositioning after implantation, has a lower delivery profile and has an extended sealing skirt to reduce the incidence of paravalvular leaks (Figure 6)



**Figure 6. Corevalve prosthesis and size.**

Compared to the traditional Medtronic CoreValve prosthesis (left side), new features of the Medtronic Evolut R™ (right side) include a new design of the nitinol frame with a lower height and an extended sealing skirt.

### **Symetis Acurate Neo Aortic Valve**

The ACURATE neo Aortic Valve (Symetis, Lausanne, Switzerland) (Figure 7) with Transfemoral and Transapical Delivery Systems, is a self-expanding, supra-annular valve, offering an intuitive procedure, predictable release, stable positioning, and had demonstrated excellent clinical outcomes.

The most important difference to other self-expanding platforms was the top-down deployment with minimal protrusion of the stent towards the left ventricular outflow tract.

In addition, the supra-annularly placed porcine leaflets provide very low gradients and the pericardial skirt acted very effectively to seal against paravalvular leaks.

The TAVI TF 1000 Registry (62) (Symetis ACURATE neo™ Valve Implantation using TransFemoral Access) was a post-market registry, including 1000 patients treated between October 2014 and April 2016. The results confirmed long-term safety, clinical efficacy and valve performance of the ACURATE neo Transfemoral TAVI System in all-comers, high-risk TAVI Population. Excellent procedural success, survival, and NYHA development.

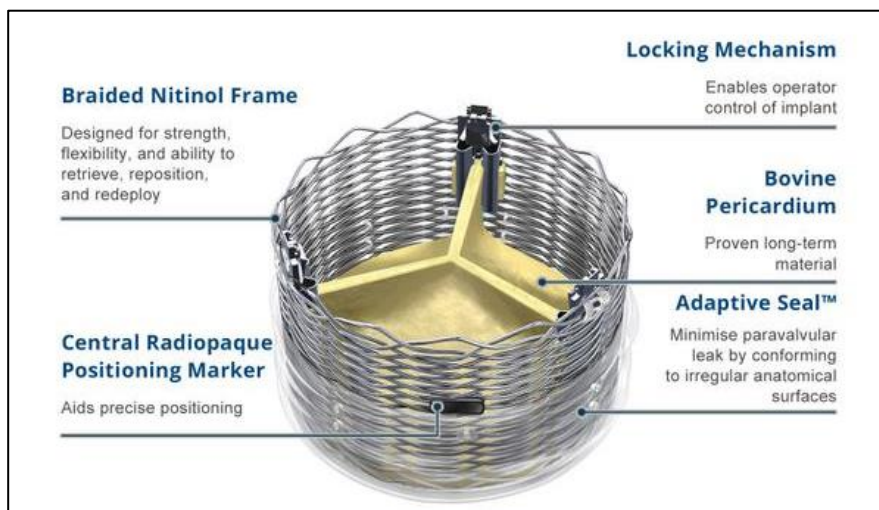


**Figure 7. Symetis Acurate Neo Aortic Valve.**

### **Boston Scientific Lotus**

The Lotus™ Aortic Valve Replacement System (Boston Scientific Corporation, Natick, MA, USA) included a bioprosthetic aortic valve implant consisting of three bovine pericardial leaflets attached to a braided nitinol frame with a radiopaque marker and a catheter-based system for introduction and retrograde delivery via the femoral artery (Figure 8). The valve was pre-attached to the delivery system. The Lotus Valve starts working early in deployment, aiding controlled, precise initial positioning, and repositioning or full retrieval at any point prior to definitive release if required. Rapid pacing is not required during the implant

procedure. The valve was designed to expand radially as the valve shortens during deployment. An adaptive seal surrounds the inflow portion of the device and was designed to reduce paravalvular regurgitation. The REPRISE II study (63,64) evaluated results of Lotus valve. All patients were successfully implanted with a Lotus Valve, and 1-year clinical follow-up was available for 99.2%. The mean 1-year transvalvular aortic pressure gradient was  $12.6 \pm 5.7$  mm Hg, and the mean valve area was  $1.7 \pm 0.5$  cm<sup>2</sup>. Over 88% patients had no or trivial paravalvular aortic regurgitation at 1 year by independent core lab adjudication, and 97.1% of patients were NYHA class I or II. At 1 year, the all-cause mortality rate was 10.9%, disabling stroke rate was 3.4%, disabling bleeding rate was 5.9%, with no repeat procedures for valve-related dysfunction. A total of 31.9% underwent new permanent pacemaker implantation at 1 year.



**Figure 8. Boston Scientific Lotus trans-catheter heart valve.**

### **Post-TAVI monitoring and management**

After TAVI, patients remained in the cardiac intensive care unit for at least 24 hours and were monitored for 48-72 hours with particular attention to hemodynamic balance, vascular access, renal function, infections and eventual onset of cardiac conduction disturbances (especially late atrioventricular block). A transthoracic echocardiography was performed 48 hours after the procedure and pre-discharge. Twelve-lead electrocardiography was performed daily during hospitalization. A chest X-ray was performed during the first 24 hours after TAVI and according to clinical need after then. Blood tests were carried out every 8 hours the first day, then every 12-24 hours. After the procedure, a dual antiplatelet regimen of aspirin 100 mg and clopidogrel 75 mg daily for at least 3 months, and then with single antiplatelet therapy afterwards. When oral anticoagulant was indicated, patients were treated with vitamin K anticoagulant and only one antiplatelet agent.

### **Follow up and End Points**

Clinical and echocardiographic evaluation was performed at hospital admission, before discharge, 1 to 6 months postoperatively, and on a yearly basis thereafter in a TAVI-dedicated outpatient clinic. In this setting, all patients underwent bidimensional and eventually 3-dimensional transthoracic echocardiography using an iE33 echocardiography system (Philips Healthcare, the Netherlands), following the recommendations from the specific guidelines for echocardiography in transcatheter interventions for valvular heart disease (65). If a more detailed evaluation was needed, transesophageal echocardiography was performed. For patients unable to come to our hospital for follow-up evaluation (<10%),

we performed telephone interviews and asked for a copy of the most recent echocardiographic examination.

Preoperative clinical variables were defined according to the European System for Cardiac Operative Risk Evaluation (Euro- SCORE) definitions (27,66).

Postoperative outcomes and clinical end-points were reported following the updated Valve Academic Research Consortium (VARC)-2 definitions (67,68, 69).

Postoperative aortic regurgitation (AR) was graded as no or trivial AR, mild AR, moderate AR, and severe AR. In particular, the presence and severity of AR was based on the evaluation of both central and paravalvular components with a combined measurement of total AR. The assessment of AR was performed according to current guidelines (65,67,68) using quantitative (regurgitant volume, regurgitant fraction, and effective regurgitant orifice area) and semiquantitative (diastolic flow reversal in the descending aorta, circumferential extent of prosthetic valve paravalvular regurgitation) methods.

#### **VARC-2 Definitions: (69)**

According to VARC-2, we analyzed the following end-points:

##### **1. All-cause mortality**

*Cardiovascular mortality:* Any of the following criteria: Death due to proximate cardiac cause (e.g. myocardial infarction, cardiac tamponade, worsening heart failure). Death caused by non-coronary vascular conditions such as neurological events, pulmonary embolism, ruptured aortic aneurysm, dissecting aneurysm, or other vascular disease. All procedure-related deaths, including those related to a complication of the procedure or treatment for a complication of the procedure. All valve-related deaths including structural or non-

structural valve dysfunction or other valve-related adverse events. Sudden or unwitnessed death and death of unknown cause.

*Non-cardiovascular mortality:* Any death in which the primary cause of death is clearly related to another condition (e.g. trauma, cancer, suicide)

## 2. Myocardial Infarction (MI)

*Peri-procedural MI* ( $\leq 72$  h after the index procedure). New ischemic symptoms (e.g. chest pain or shortness of breath), or new ischemic signs (e.g. ventricular arrhythmias, new or worsening heart failure, new ST-segment changes, hemodynamic instability, new pathological Q-waves in at least two contiguous leads, imaging evidence of new loss of viable myocardium or new wall motion abnormality), and elevated cardiac biomarkers within 72 h after the index procedure (consisting of at least one sample post-procedure with a peak value exceeding 15 times as the upper reference limit for troponin or 5 times for CK-MB. If cardiac biomarkers are increased at baseline, a further increase in at least 50% post-procedure is required and the peak value must exceed the previously stated limit.

*Spontaneous MI* ( $>72$  h after the index procedure): detection of rise and/or fall of cardiac biomarkers with at least one value above the 99<sup>th</sup> percentile URL, together with the evidence of myocardial ischaemia. Ischaemia was defined as at least one of the following: Symptoms of ischaemia ECG changes indicative of new ischaemia (new ST-T changes or new left bundle branch block (LBBB)); new pathological Q-waves in at least two contiguous leads; imaging evidence of a new loss of viable myocardium or new wall motion abnormality. Also any sudden, unexpected cardiac death, involving cardiac arrest. The evidence of fresh thrombus by coronary angiography and/or at autopsy. Pathological findings of an acute myocardial infarction

### 3. Stroke

Diagnostic criteria: Acute episode of a focal or global neurological deficit with at least one of the following: change in the level of consciousness, hemiplegia, hemiparesis, numbness, or sensory loss affecting one side of the body, dysphasia or aphasia, hemianopia, amaurosis fugax, or other neurological signs or symptoms consistent with stroke.

*Stroke*: duration of a focal or global neurological deficit  $\geq 24$  h; or 24 h if available neuroimaging documents a new haemorrhage or infarct; or the neurological deficit results in death

*TIA (transient ischemic attack)*: duration of a focal or global neurological deficit  $< 24$  h.

Stroke classification:

- *Ischaemic*: an acute episode of focal cerebral, spinal, or retinal dysfunction caused by infarction of the central nervous system tissue
- *Haemorrhagic*: an acute episode of focal or global cerebral or spinal dysfunction caused by intraparenchymal, intraventricular, or subarachnoid haemorrhage
- A stroke may be classified as *undetermined* if there is insufficient information to allow categorization as ischaemic or haemorrhagic

Stroke definitions: disabling or non-disabling stroke

### 4. Bleeding

*Life-threatening or disabling* bleeding: Fatal bleeding (BARC type 5) or bleeding in a critical organ, such as intracranial, intraspinal, intraocular, or pericardial necessitating pericardiocentesis, or intramuscular with compartment syndrome (BARC type 3b and 3c) or bleeding causing hypovolaemic shock or severe hypotension requiring vasopressors or

surgery (BARC type 3b) or overt source of bleeding with drop in haemoglobin  $\geq 5$  g/dL or whole blood or packed red blood cells (RBCs) transfusion  $\geq 4$  units (BARC type 3b)

*Major bleeding* (BARC type 3a): Overt bleeding either associated with a drop in the haemoglobin level of at least 3.0 g/dl or requiring transfusion of two or three units of whole blood/RBC, or causing hospitalization or permanent injury, or requiring surgery and does not meet criteria of life-threatening or disabling bleeding

*Minor bleeding* (BARC type 2 or 3a, depending on the severity): any bleeding worthy of clinical mention (e.g. access site haematoma) that does not qualify as life threatening, disabling, or major.

#### 5. Acute kidney injury (AKI classification)

*Stage 1:* Increase in serum creatinine to 150–199% ( $1.5\text{--}1.99 \times$  increase compared with baseline) or increase of  $\geq 0.3$  mg/dL ( $\geq 26.4$  mmol/L) or urine output 0.5 mL/kg/h for 6-12 hours.

*Stage 2:* Increase in serum creatinine to 200–299% ( $2.0\text{--}2.99 \times$  increase compared with baseline) or urine output 0.5 mL/kg/h for 12-24 hours.

*Stage 3:* Increase in serum creatinine to  $\geq 300\%$  ( $3 \times$  increase compared with baseline) or serum creatinine of  $\geq 4.0$  mg/dL ( $\geq 354$  mmol/L) with an acute increase of at least 0.5 mg/dL (44 mmol/L) OR Urine output 0.3 ml/kg/h for  $\geq 24$  h or anuria for  $\geq 12$  h.

#### 6. Vascular access site and access-related complications

*Major vascular complications:* Any aortic dissection, aortic rupture, annulus rupture, left ventricle perforation, or new apical aneurysm/pseudo-aneurysm. Any access site or access-related vascular injury (dissection, stenosis, perforation, rupture, arterio-venous fistula, pseudoaneurysm, haematoma, irreversible nerve injury, compartment syndrome,



percutaneous closure device failure) leading to death. Life-threatening or major bleeding, visceral ischaemia, or neurological impairment. Distal embolization (non-cerebral) from a vascular source requiring surgery or resulting in amputation or irreversible end-organ damage. The use of unplanned endovascular or surgical intervention associated with death, major bleeding, visceral ischaemia or neurological impairment. Any new ipsilateral lower extremity ischaemia documented by patient symptoms, physical exam, and/or decreased or absent blood flow on lower extremity angiogram. Surgery for access site-related nerve injury or permanent access site-related nerve injury

*Minor vascular complications:* Access site or access-related vascular injury (dissection, stenosis, perforation, rupture, arterio-venous fistula, pseudoaneuysms, haematomas, percutaneous closure device failure) not leading to death. Life-threatening or major bleedinga, visceral ischaemia, or neurological impairment or distal embolization treated with embolectomy and/or thrombectomy and not resulting in amputation or irreversible end-organ damage. Any unplanned endovascular stenting or unplanned surgical intervention not meeting the criteria for a major vascular complication. Vascular repair or the need for vascular repair (via surgery, ultrasound-guided compression, transcatheter embolization, or stent-graft).

The cumulative end-points were:

1. Device success: defined as absence of procedural mortality and correct positioning of a single PHV into the proper anatomic location and intended performance of the prosthetic heart valve (no prosthesis/ patient mismatch and mean aortic valve gradient <20 mm Hg or peak velocity <3 m/s and no moderate or severe prosthetic valve regurgitation).

2. Early safety (at 30 days): defined as absence of all-cause mortality, all stroke (disabling and non-disabling), life-threatening bleeding, AKI (Stage 2 or 3), coronary artery obstruction requiring intervention, major vascular complication, valve-related dysfunction requiring repeat procedure (BAV, TAVI, or SAVR)
3. Clinical efficacy (at 1 years): defined as absence of all-cause mortality; all-stroke (disabling and non-disabling); requirement of hospitalization for valve-related symptoms; worsening CHF, NYHA class III or IV; valve-related dysfunction (mean aortic valve gradient  $>20$  mm Hg, effective orifice area (EOA)  $\leq 0.9$ – $1.1$  cm<sup>2</sup> or dimensionless valve index  $<0.35$  (or both), or moderate or severe prosthetic valve regurgitation.
4. Time-related valve safety: Structural valve deterioration: calve-related dysfunction (mean aortic valve gradient  $\geq 20$  mmHg, EOA  $\leq 0.9$ – $1.1$  cm<sup>2</sup>c or moderate or severe prosthetic valve regurgitation); requiring repeat procedure (TAVI or SAVR). Prosthetic valve endocarditis; prosthetic valve thrombosis; thrombo-embolic events (e.g. stroke).
5. Late prosthesis failure was defined as mean aortic valve gradient  $\geq 20$  mmHg, effective orifice area  $\leq 0.9$ – $1.1$  cm<sup>2</sup> and/or Doppler velocity index  $<0.35$  m/s and/or moderate or severe prosthetic valve regurgitation; the presence of leaflets thrombosis or valve endocarditis was excluded by computed tomography (CT) scan or autopsy.

In the table 4 were reported the 2017 ECC/EACTS guideline definitions for the prosthetic valve dysfunction.

**Table 4. Classification of prosthesis valve dysfunction (2017 ECC/EACTS guideline).**

	Prosthetic aortic valve stenosis <sup>a</sup>		
	Normal	Mild stenosis	Moderate/severe stenosis
Quantitative Parameters (flow-dependent) <sup>b</sup>			
Peak velocity (m/s)	< 3 m/s	3–4 m/s	> 4 m/s
Mean gradient (mmHg)	< 20 mmHg	20–40 mmHg	> 40 mmHg
Quantitative parameters (flow-independent)			
Doppler velocity index <sup>c</sup>	> 0.35	0.35–0.25	< 0.25
Effective orifice area <sup>d</sup>	> 1.1 cm <sup>2</sup>	1.1–0.8 cm <sup>2</sup>	< 0.8 cm <sup>2</sup>
Effective orifice area <sup>e</sup>	> 0.9 cm <sup>2</sup>	0.9–0.6 cm <sup>2</sup>	< 0.6 cm <sup>2</sup>
Prosthesis–patient mismatch (PPM)			
	Insignificant	Moderate	Severe
Indexed effective orifice area <sup>f</sup> (cm <sup>2</sup> /m <sup>2</sup> )	> 0.85 cm <sup>2</sup> /m <sup>2</sup>	0.85–0.65 cm <sup>2</sup> /m <sup>2</sup>	< 0.65 cm <sup>2</sup> /m <sup>2</sup>
Indexed effective orifice area <sup>g</sup> (cm <sup>2</sup> /m <sup>2</sup> )	> 0.70 cm <sup>2</sup> /m <sup>2</sup>	0.90–0.60 cm <sup>2</sup> /m <sup>2</sup>	< 0.60 cm <sup>2</sup> /m <sup>2</sup>
Prosthetic aortic valve regurgitation			
	Mild	Moderate	Severe
Semi-quantitative parameters			
Diastolic flow reversal in the descending aorta—PW	Absent or brief early diastolic	Intermediate	Prominent, holodiastolic
Circumferential extent of prosthetic valve paravalvular regurgitation (%) <sup>h</sup>	< 10%	10–29%	≥ 30%
Quantitative parameters <sup>c</sup>			
Regurgitant volume (mL/beat)	< 30 mL	30–59 mL	≥ 60 mL
Regurgitant fraction (%)	< 30%	30–49%	≥ 50%
EROA (cm <sup>2</sup> )	0.10 cm <sup>2</sup>	0.10–0.29 cm <sup>2</sup>	≥ 0.30 cm <sup>2</sup>

## Statistical analysis

Quantitative variables were analyzed descriptively, reporting mean ± standard deviation (SD) in case of normal distribution, median and 25th to 75th percentile [interquartile range (IQR)] otherwise. The risk-classes groups were compared with Student's t-test or Wilcoxon rank sum test, as appropriate. Categorical variables were reported as numbers and percentages and compared between groups using Chi-square or Fisher's exact tests, as appropriate. Survival analysis was conducted with the Kaplan-Meier method. Cox regression was used to identify univariate predictors of events from the major baseline and procedural characteristics. Variables with P<0.15 at the univariate analysis were subsequently considered in a multivariable Cox regression model to identify independent predictors of

death. Results of the Cox regression were reported as hazard ratio (HR), 95% confidence interval (CI) and P values. Statistical analysis was conducted with SAS version 9.4 (SAS Institute Inc., Cary, NC, USA) for Windows.

## RESULTS

The overall population comprised 482 patients with severe symptomatic AS (95%) or aortic bioprosthesis dysfunction (5%). All of them were retrospectively divided in four risk classes (low, intermediate, high and prohibitive).

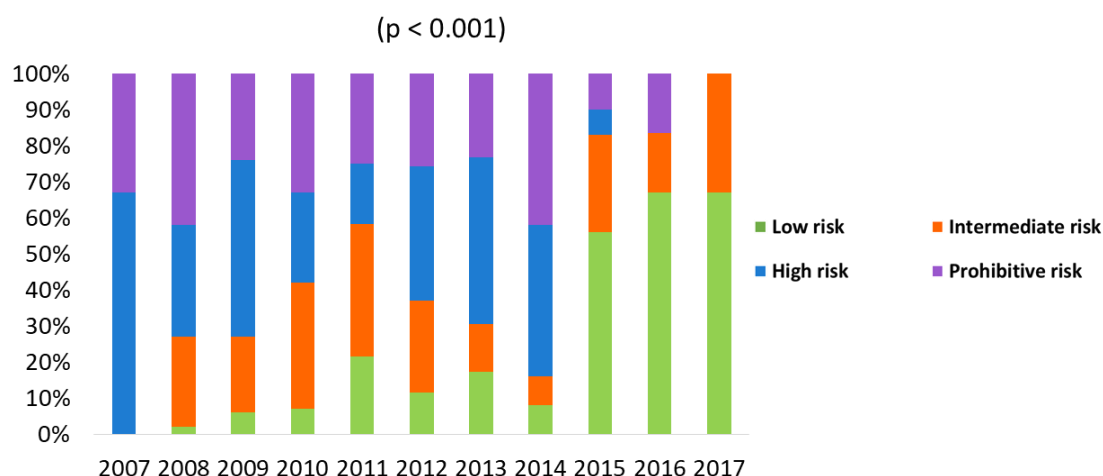
Groups were similarly represented; in fact, 115 (23.9%) patients were at low risk with STS score < 4, 112 (23.2%) at intermediate risk with STS score 4-8, 131 (27.2%) at high risk with STS score > 8 and the remaining 124 (25.7%) at prohibitive risk.

Most of the prohibitive cases (91%) had specific anatomic or technical contraindications to surgery as reported in Table 5. Only one (0.8%) patient presented a STS score with a 1-year mortality risk >50% and 15 (12%) suffered of at least three major organ disorders. Some patients present more than one clinical contraindication.

**Table 5. Anatomic or technical SAVR contraindication in prohibitive patients**

<b>SAVR Contraindications in prohibitive population</b>	<b>n (%)</b>
<b>Porcelain aorta</b>	64 (52%)
<b>Hostile chest</b>	43 (35%)
<b>Connective tissue disease</b>	7 (6%)
<b>Previous chest radiotherapy</b>	21 (17%)

Over time, the group distributions significantly changed with more high and prohibitive risk patients in the first year compared to more low and intermediate ones in the last years (figure 9).



**Figure 9. Distribution of patients for risk-classes during years 2007-2017**

Table 6 reported baseline clinical characteristics of the populations. Mean age was  $80.4 \pm 6.6$  years old and prohibitive-risk patients were significantly younger ( $p < 0.001$ ) than low, intermediate and high risk ones ( $76.9 \pm 7.7$ ,  $80.4 \pm 4.8$ ,  $82.0 \pm 6.8$  and  $82.2 \pm 5.2$  years old, respectively).

Overall, more than half of the cases (64%) showed New York Heart association (NYHA) functional class III or IV, with a significant lower rate in low-risk patients. One third of the population suffered for angina and syncope occurred in 17%, without differences among groups.

Previous myocardial infarction, kidney and chronic obstructive pulmonary disease were significantly less reported in low-risk group. The rate of neoplasia was significantly higher in prohibitive risk group with respect to other ones, ie 23% vs 15% (high), 11% (intermediate) and 11% (low).

**Table 6. Baseline characteristics.**

	All patients	Low risk	Intermediate risk	High risk	Prohibitive risk	p-value
N° of patients	482	24%(115)	23%(112)	27%(131)	26%(124)	0.456
Age (years)	80.35±6.60	80.41±4.84	82.04±6.93	82.15±5.21	76.86±7.65	<b>&lt;0.001</b>
Sex (male)	45% (217)	53% (61)	40% (45)	43% (56)	44% (55)	0.226
BMI (kg/m <sup>2</sup> )	26.56±6.16	26.90±3.99	25.62±3.85	27.05±9.40	26.59±5.07	0.084
STS score	9.36±8.99	2.82±0.73	5.62±1.15	18.82±9.15	8.81±8.83	<b>&lt;0.001</b>
NYHA functional class						<b>0.002</b>
I	8% (38)	12% (13)	8% (9)	2% (3)	11% (13)	
II	28% (134)	36% (41)	29% (33)	27% (35)	20% (25)	
III	53% (251)	49% (55)	47% (53)	60% (78)	53% (65)	
IV	11% (53)	4% (4)	15% (17)	10% (13)	16% (19)	
CCS grading of angina pectoris						0.679
0	72%(344)	78% (88)	75%(84)	68% (87)	69% (85)	
1	2% (8)	1% (1)	2% (2)	2% (2)	2% (3)	
2	12% (56)	12%(14)	9% (10)	11% (14)	15% (18)	
3	9% (45)	4% (5)	10% (11)	13% (17)	10% (12)	
4	5% (24)	4% (5)	4% (5)	6%(8)	5% (6)	
Syncope	17% (84)	12% (14)	23% (26)	19% (25)	15% (19)	0.14
Hypertension	90%(435)	89%(102)	90% (101)	92%(121)	90%(111)	0.787
Dyslipidemia	63% (301)	62% (71)	54% (61)	65% (85)	68% (84)	0.182
Smoking history	27% (129)	23% (26)	32% (36)	26% (34)	27% (33)	0.438
Diabetes	28% (133)	23% (27)	25% (28)	34% (44)	27% (34)	0.273
Previous MI	17% (82)	5% (6)	19% (21)	21% (28)	22% (27)	<b>0.001</b>
Coronary artery disease	55% (266)	51% (59)	56% (63)	55% (71)	59% (73)	0.654
Previous PCI	31% (148)	26% (30)	28% (31)	37% (48)	31% (39)	0.294
Previous cardiac surgery	18% (88)	7% (8)	17% (19)	18% (23)	31% (38)	<b>&lt;0.001</b>
Previous CABG	12% (58)	4% (5)	11% (12)	12% (16)	20% (25)	<b>0.002</b>
Previous BAV	4% (17)	3% (3)	5% (6)	3% (4)	3% (4)	0.681
Carotid artery stenosis > 50%	30% (139)	27% (29)	36% (39)	24% (30)	34% (41)	0.144
CHF	43%(209)	28% (32)	50% (56)	51% (67)	44% (54)	<b>&lt;0.001</b>
Cerebrovascular accident	12% (56)	8% (9)	15% (17)	9% (12)	15% (18)	0.207
Renal failure eGFR < 60	57%(275)	48% (55)	68% (76)	66% (86)	47% (58)	<b>&lt;0.001</b>

<b>Creatinine clearance</b>	57.0±21.6	62.1±17.1	52.9±22.2	53.2 ±22.2	59.9±22.7	<b>&lt;0.001</b>
<b>COPD</b>	26%(126)	13% (15)	27% (30)	37% (48)	27% (33)	<b>&lt;0.001</b>
<b>Atrial fibrillation</b>	34%(163)	33% (38)	36% (40)	31% (41)	36% (44)	0.857
<b>Pacemaker</b>	9% (41)	9% (10)	10% (11)	7% (8)	10% (12)	0.772
<b>Neoplastic disease</b>	15% (72)	15% (17)	11% (12)	11% (15)	23% (28)	<b>0.036</b>
<b>Neurological dysfunction</b>	8% (37)	11% (12)	5% (6)	6% (8)	9% (11)	0.375
<b>Endocarditis</b>	1% (3)	1% (1)	1% (1)	1% (1)	0% (0)	0.786
<b>Liver failure</b>	2% (11)	2% (2)	3% (3)	2% (2)	3% (4)	0.79

The main echocardiographic findings were listed in the table 7.

**Table 7. Baseline echocardiographic data.**

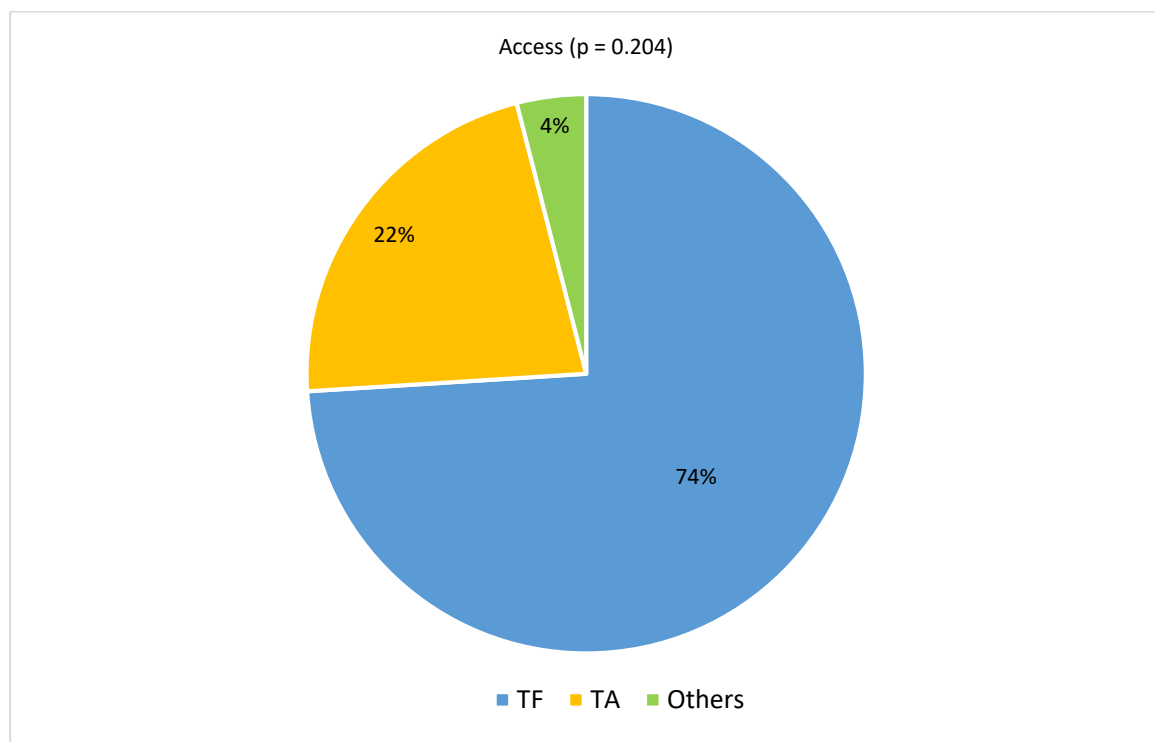
	<b>All patients</b>	<b>Low risk</b>	<b>Intermedi ate risk</b>	<b>High risk</b>	<b>Prohibitive risk</b>	<b>p- value</b>
<b>AVA (cm<sup>2</sup>)</b>	0.79±0.24	0.76±0.21	0.78±0.23	0.82±0.27	0.80±0.21	0.199
<b>iAVA(cm<sup>2</sup>/m<sup>2</sup>)</b>	0.45±0.13	0.43±0.13	0.45±0.14	0.47±0.14	0.46±0.12	<b>0.043</b>
<b>Peak transvalvular gradient (mmHg)</b>	73.3±23.2	76.8±24.0	75.5±25.0	72.1±21.8	69.4±21.5	0.186
<b>Mean transvalvular gradient (mmHg)</b>	44.8±15.1	48.2±15.3	46.5±16.4	42.9±14.2	42.3±14.0	<b>0.027</b>
<b>LVEF(%)</b>	54.9±12.2	55.9±10.9	55.1±13.0	53.5±12.1	55.3±12.8	0.409
<b>End diastolic volume (ml/m<sup>2</sup>)</b>	66.7±24.2	65.5±23.4	66.2±26.0	65.3±21.4	69.7±25.9	0.556
<b>Pulmonary artery pressure (mmHg)</b>	40.5±13.8	37.7±11.9	41.3±13.1	41.4±14.6	41.2±15.0	0.316
<b>Aortic regurgitation</b>						0.626
<b>None or trivial</b>	33% (153)	41% (44)	34% (37)	31% (40)	26% (32)	
<b>Mild</b>	44% (205)	38% (41)	43% (47)	43% (54)	52% (63)	
<b>Moderate</b>	18% (83)	17% (18)	17% (19)	20% (25)	17% (21)	
<b>Severe</b>	5% (25)	5% (5)	6% (6)	6% (8)	5% (6)	
<b>Mitral regurgitation &gt;2</b>	29% (140)	23% (26)	34%(38)	32% (42)	27% (34)	0.227
<b>Tricuspid regurgitation &gt;2</b>	22% (108)	18% (21)	26% (29)	22% (29)	23% (29)	0.574

Echocardiographic data showed few significant differences in terms of index AVA (mean 0.46±0.12 cm<sup>2</sup>/m<sup>2</sup>) and mean transvalvular gradient (mean 44.8±15.1 mmHg) among groups, whereas LVEF (mean 54.9±12.2%) and end diastolic volume (mean 66.7±24.2 ml/m<sup>2</sup>).



### Procedural and in-hospital data.

TAVI procedure details were showed in Table 8. In 74% of cases, TF access was used without significant differences among groups (Figure 10).



**Figure 10. Access type.**

**Table 8. Procedural Data.**

	All patients	Low risk	Intermediate risk	High risk	Prohibitive risk	p-value
<b>Access</b>						0.204
TF	74% (356)	81% (93)	79% (88)	73% (95)	65% (80)	
TA	19% (93)	18% (21)	16% (18)	16% (21)	27% (33)	
<b>Device</b>						<0.001
CoreValve	18% (88)	3% (4)	21% (23)	22% (29)	26% (32)	
Sapien/Sapien XT	51% (245)	30% (35)	56% (63)	60% (79)	55% (68)	
Sapien 3	17% (82)	26% (30)	15% (17)	17% (22)	10% (13)	
Lotus	11% (55)	31% (35)	8% (9)	1% (1)	8% (10)	
Symetis Acurate	2% (9)	8% (9)	0% (0)	0% (0)	0% (0)	
CoreValve Evolut R	1% (3)	2% (2)	0% (0)	0% (0)	1% (1)	
<b>Valve in valve</b>	5% (23)	3% (4)	4% (5)	5% (6)	6% (8)	0.746
<b>Valve pre-dilatation</b>	74% (353)	49% (56)	75% (82)	93% (120)	78% (95)	<0.001
<b>Prosthesis post-dilatation</b>	12% (59)	14% (16)	11% (12)	11% (15)	13% (16)	0.88

Most of the patients received an Edwards Sapien models (Figura 11). CoreValve, Sapien and Sapien XT were more frequently implanted in prohibitive, high and intermediate risk classes. In contrast, second generation devices, such as Lotus and Sapien 3 valves, were more used in low-risk group ( $p<0.001$ ) (Figure 12). Only 9 Symetis Acurate and 3 CoreValve Evolut R were implanted, 10 of them in low risk patients. Overall, 68% of prosthesis were balloon-expandable and the remaining self-expandable.

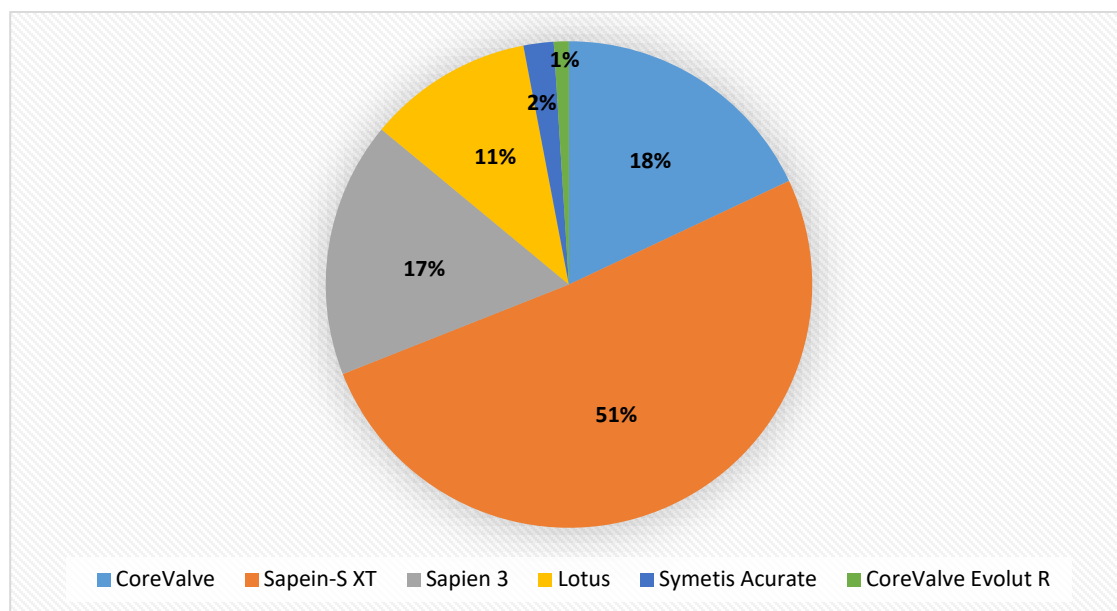


Figure 11. THV type in overall population.

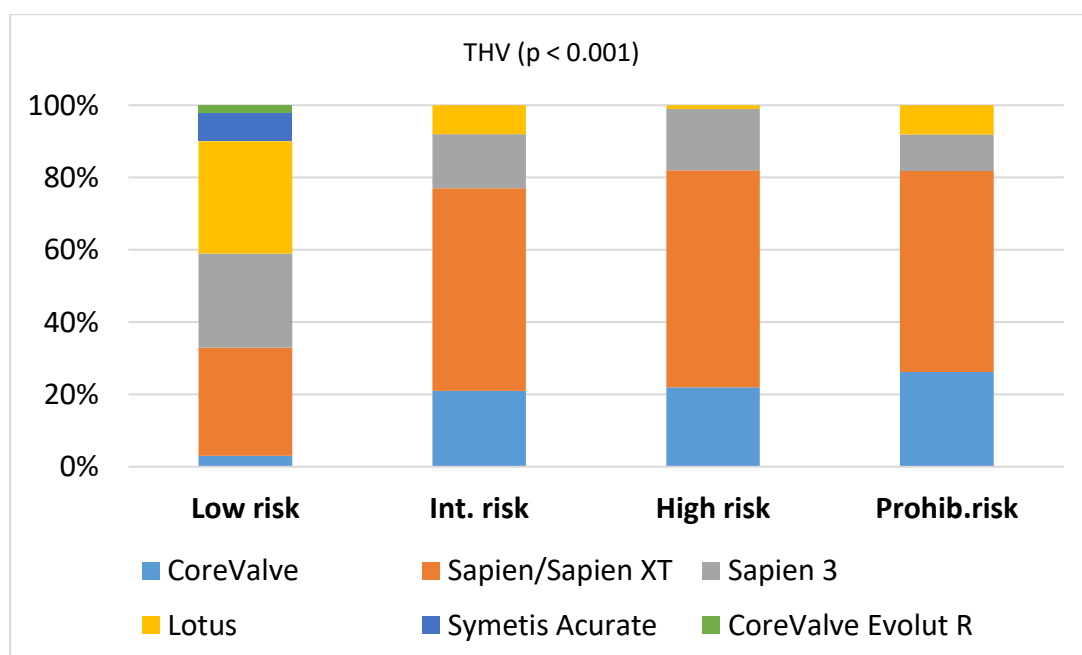
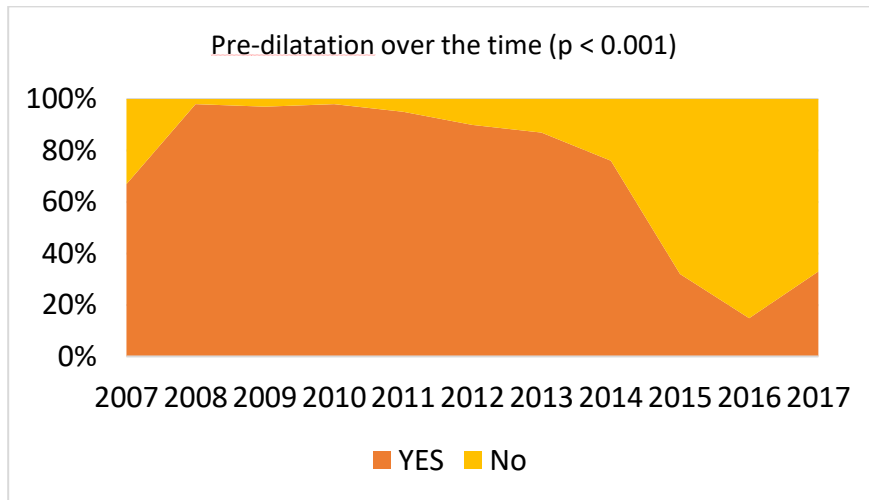


Figure 12. THV types according risk-classes.

Pre-dilatation of aortic valve was performed in 74% of patients, ranging from 49% of low risk to 93% of high risk ones ( $p < 0.001$ ). Pre-dilatation use decreased over time from >90% in the first years to <20% in the last ones ( $p < 0.001$ ) (Figure 13). No differences in the prosthetic post-dilatation were present.



**Figure 13. Aortic valve pre-dilatation over the time.**

Procedural and in-Hospital outcomes are shown in Table 9.

Procedural success was high (95%) even in high-risk patients and intraoperative mortality was low (<1%). Complications did not differ among groups, with the only exception for bleeding. In fact, severe bleeding (major and life-threatening) occurred more frequently in high-risk patients (29% vs,  $p=0.015$ ). Hospitalization was shorter in low-risk patients ( $12.7 \pm 8.8$ ) compared to intermediate ( $17.2 \pm 13.4$ ), high ( $16.8 \pm 12.6$ ) and prohibitive ( $16.6 \pm 12.4$ ) ones (days,  $p=0.001$ ). The rate of permanent pacemaker implantation was 17%, without differences among groups.

Table 9. Procedural and in-hospital outcome.

	All pts	Low risk	Intermedi ate risk	High risk	Prohibitive risk	p- value
<b>Procedural mortality</b>	1% (4)	0% (0)	0% (0)	2% (3)	1% (1)	0.153
<b>Device success</b>	95% (458)	95%(109)	95%(106)	94%(123)	97% (120)	0.746
<b>Stroke</b>	1% (3)	0% (0)	1% (1)	1% (1)	1% (1)	0.806
<b>TIA</b>	1% (7)	1% (1)	2% (2)	2% (3)	1% (1)	0.717
<b>MI</b>	1% (4)	1% (1)	2% (2)	0% (0)	1% (1)	0.5
<b>Major vascular complications</b>	11% (54)	10% (11)	11% (12)	17% (22)	7% (9)	0.1
<b>Bleeding</b>						<b>0.015</b>
<b>Minor</b>	17% (82)	19%(22)	15%(17)	17%(22)	17% (21)	
<b>Major</b>	17% (79)	12% (14)	13% (14)	23% (30)	17% (21)	
<b>Life-threatening</b>	3% (15)	0% (0)	5% (6)	6% (8)	1% (1)	
<b>AKI Stage</b>						0.162
<b>1</b>	7% (34)	6% (7)	8% (9)	5% (7)	9% (11)	
<b>2</b>	4% (21)	1% (1)	5% (6)	7% (9)	4% (5)	
<b>3</b>	3% (14)	0% (0)	3% (3)	5% (6)	4% (5)	
<b>III - AV block</b>	13% (60)	12% (14)	16% (18)	11% (14)	11% (14)	0.589
<b>Ventricular fibrillation</b>	3% (12)	2% (2)	1% (1)	3% (4)	4% (5)	0.416
<b>Pacemaker implantation</b>	17% (81)	17% (19)	20% (22)	15% (19)	17% (21)	0.742
<b>Conversion to surgery</b>	1% (7)	0% (0)	1% (1)	3% (4)	2% (2)	0.232
<b>Ventricular septal perforation</b>	1% (3)	0% (0)	0% (0)	2% (2)	1% (1)	0.362
<b>Cardiac tamponade</b>	2% (11)	0% (0)	2% (2)	5% (6)	2% (3)	0.117
<b>Aortic dissection</b>	1% (4)	0% (0)	2% (2)	2% (2)	0% (0)	0.259
<b>Device embolization</b>	1% (7)	0% (0)	2% (2)	2% (3)	2% (2)	0.485
<b>TAVI in TAVI</b>	2% (9)	1% (1)	3% (3)	2% (3)	2% (2)	0.745
<b>Coronary obstruction</b>	1% (4)	1% (1)	2% (2)	0% (0)	1% (1)	0.5
<b>Length of hospital stay (days)</b>	15.9±12.1	12.7±8.8	17.2±13.4	16.8±12.6	16.6±12.4	<b>0.001</b>

Echocardiographic data at 48 hours after TAVI procedure are reported in Table 10. Transvalvular aortic mean gradient ( $11.2\pm5.2$  mmHg) significantly decreased with corresponding improvement of effective orifice area ( $2.1\pm1.3$  cm<sup>2</sup>) without differences among groups. Significant paravalvular leak (PVL), defined as a regurgitation more than moderate, occurred in 49 (10%) of patients and in 60% of cases in the first three years of TAVI program (2007-2009).

**Table 10. Echocardiographic data at 48 hours after TAVI procedure.**

	All pts	Low risk	Intermedi ate risk	High risk	Prohibitiv e risk	p- value
<b>End diastolic volume (ml/m<sup>2</sup>)</b>	65.3±22.2	63.5±20.3	64.9±25.7	65.1±20.3	67.6±22.7	0.437
<b>LVEF (%)</b>	55.7±11.7	56.9±10.3	56.2±11.7	54.7±12.9	55.0±11.5	0.487
<b>AVA (cm<sup>2</sup>)</b>	2.06±0.7	2.01±0.6	2.09±0.6	2.1±0.8	1.98±0.6	0.21
<b>iAVA (cm<sup>2</sup>/m<sup>2</sup>)</b>	1.20±1.1	1.13±0.3	1.22±0.3	1.33±2.1	1.13±0.3	0.165
<b>Peak gradient (mmHg)</b>	20.42±8.9	20.33±9.3	20.84±9.1	21.08±9.3	19.46±7.7	0.619
<b>Mean gradient (mmHg)</b>	11.22±5.2	11.68±5.3	11.51±5.2	11.14±5.6	10.63±4.7	0.24
<b>PVL</b>						0.792
<b>1</b>	19% (87)	14% (16)	21% (21)	21% (25)	21% (25)	
<b>2</b>	28% (126)	28% (32)	28% (28)	31% (37)	24% (29)	
<b>3</b>	9% (42)	9% (10)	8% (8)	10% (12)	10% (12)	
<b>4</b>	1% (5)	1% (1)	0% (0)	1% (1)	3% (3)	
<b>Mitral valve regurgitation &gt; 2</b>	23% (101)	20% (21)	26% (25)	26% (31)	21% (24)	0.62
<b>Tricuspid valve regurgitation &gt; 2</b>	23% (98)	17% (18)	28% (27)	26% (30)	21% (23)	0.181

#### **Early and 1-year clinical and hemodynamic outcomes.**

Thirty-day clinical and hemodynamic results are reported in Table 11. Overall mortality was 3% with a significantly ( $p=0.048$ ) lower rates in low (any patients) and prohibitive risk groups (2%) compared to intermediate (4%) and high (6%) risk ones. Others adverse events were infrequent (stroke 2%, MI 2%, CHF 4%) and did not differ among groups. Overall MACE were

10% and resulted significantly lower in the low risk group compared to the others. Early-safety at 30 days was 82% and resulted significantly higher ( $p=0.049$ ) in low and prohibitive risk groups (88% and 86%, respectively) versus intermediate (80%) and high (76%) risk ones. In addition, low-risk class predicted early-safety with respect to other groups (HR 2.4, CI 1.19-4.87,  $p=0.05$ ).

Echocardiography data confirmed the efficacy of TAVI to reduce mean transvalvular aortic gradient ( $10.4\pm 4.7$  mmHg) with an improvement in effective orifice area ( $1.9\pm 0.4$  cm<sup>2</sup>) in absence of differences among groups. Significant PVL was observed in 13% of the patients, without differences among groups.

**Table 11. Clinical and hemodynamic outcome at 30 days**

	All pts	Low risk	Intermediate risk	High risk	Prohibitive risk	p-value
<b>Mortality</b>	3% (16)	0% (0)	4% (5)	6% (8)	2% (3)	<b>0.048</b>
<b>All stroke</b>	2% (11)	0% (0)	2% (2)	4% (5)	3% (4)	0.191
<b>MI</b>	2% (9)	1% (1)	3% (3)	2% (3)	2% (2)	0.75
<b>CHF</b>	4% (17)	2% (2)	5% (6)	2% (3)	5% (6)	0.344
<b>MACE</b>	10% (50)	3% (4)	12% (13)	15% (19)	11% (14)	<b>0.034</b>
<b>Early safety</b>	82% (389)	88% (100)	80% (87)	76% (99)	86% (103)	<b>0.049</b>
<b>AVA (cm<sup>2</sup>)</b>	$1.85\pm 0.43$	$1.87\pm 0.43$	$1.77\pm 0.44$	$1.88\pm 0.39$	$1.86\pm 0.45$	0.15
<b>iAVA (cm<sup>2</sup>/m<sup>2</sup>)</b>	$1.05\pm 0.27$	$1.06\pm 0.25$	$1.02\pm 0.30$	$1.07\pm 0.28$	$1.05\pm 0.27$	0.498
<b>Mean gradient (mmHg)</b>	$10.4\pm 4.7$	$10.9\pm 4.6$	$10.5\pm 5.2$	$9.9\pm 4.8$	$10.3\pm 4.1$	0.381
<b>PVL</b>						0.205
<b>1</b>	21% (82)	15% (15)	26% (24)	23% (23)	20% (20)	
<b>2</b>	27% (106)	26% (26)	26% (24)	28% (28)	28% (28)	
<b>3</b>	13% (50)	8% (8)	11% (10)	14% (14)	18% (18)	
<b>4</b>	0% (1)	0% (0)	0% (0)	1% (1)	0% (0)	

Table 12 shows clinical and hemodynamic results at 1 years and the number of patients at risk at 1 year was 331. Overall mortality was 14% with significant ( $p=0.008$ ) higher rates in

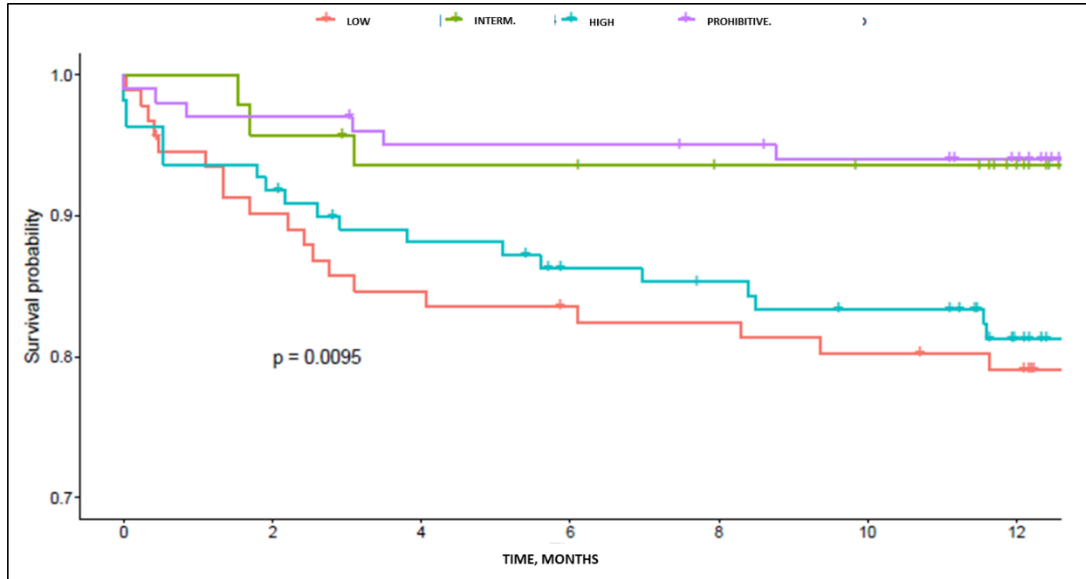
high (19%) and intermediate (21%) risk groups compared to low (6%) and prohibitive (7%) risk ones. Cardiovascular death was 7% with statistical trend in favor of low (1%) and prohibitive (5%) risk patients when compared to intermediate and high risk ones (13%). One-year clinical efficacy was 73% without differences among groups. Others clinical and hemodynamic features did not differed.

**Table 12. Clinical and hemodynamic outcome at 1 year**

	All pts	Low risk	Intermediate risk	High risk	Prohibitive risk	p-value
<b>Mortality</b>	14% (50)	6% (3)	21% (19)	19% (21)	7% (7)	<b>0.008</b>
<b>Cardiovascular mortality</b>	7% (33)	1%(2)	13% (12)	13% (14)	5% (5)	0.068
<b>All stroke</b>	4% (14)	0% (0)	2% (2)	6% (6)	6% (6)	0.283
<b>MI</b>	4% (13)	5% (2)	4% (3)	6% (6)	2% (2)	0.555
<b>CHF</b>	18% (62)	17% (8)	16% (14)	14% (15)	25% (25)	0.23
<b>MACE</b>	32% (114)	29% (15)	32% (29)	36% (40)	29% (30)	0.758
<b>Clinical efficacy</b>	73% (277)	68% (40)	73% (65)	77% (95)	72% (77)	0.575
<b>Prosthesis dysfunction</b>	9% (31)	9% (10)	7% (7)	11% (13)	9% (11)	0.76
<b>AVA (cm<sup>2</sup>)</b>	1.75±0.34	1.83±0.35	1.72±0.30	1.74±0.29	1.74±0.39	0.619
<b>iAVA (cm<sup>2</sup>/m<sup>2</sup>)</b>	1.03±0.61	1.04±0.25	1.05±0.34	1.02±0.20	1.03±0.25	0.835
<b>Mean gradient (mmHg)</b>	10.7±5.3	11.5±5.2	9.8±4.1	10.2±4.2	11.6±6.7	0.14
<b>PVL</b>						0.269
<b>1</b>	31% (66)	14% (4)	38% (20)	36% (22)	30% (20)	
<b>2</b>	28% (59)	24% (7)	30% (16)	28% (17)	28% (19)	
<b>3</b>	10% (21)	10% (3)	8% (4)	10% (6)	12% (8)	
<b>4</b>	1% (2)	3% (1)	2% (1)	0% (0)	0% (0)	

Kaplan Meier (KM) survival curves are reported in figure 14.





**Figure 14. Kaplan-Meier survival curves at 1 year.**

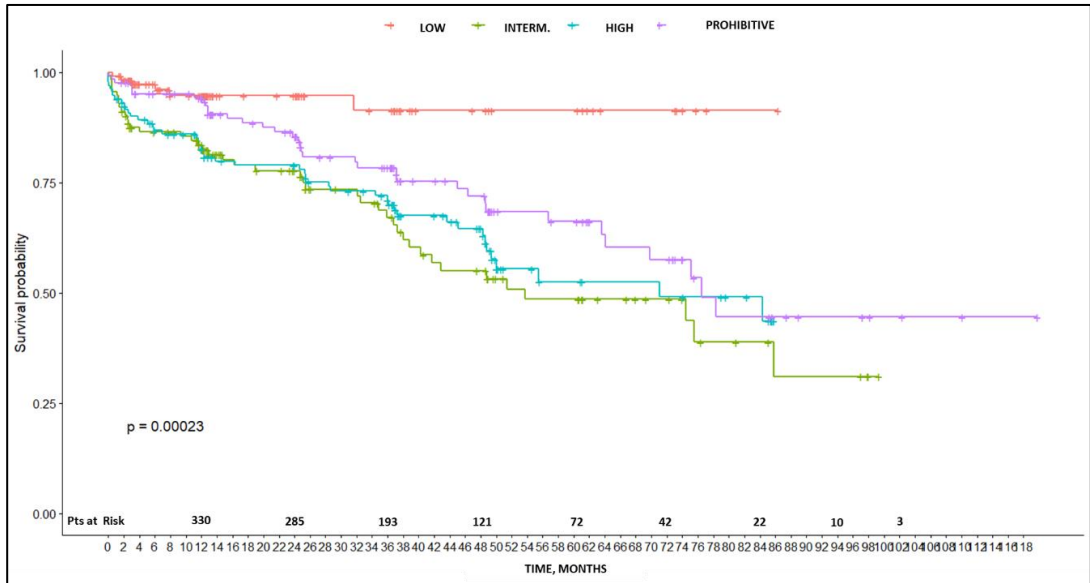
### Long-term clinical outcome

Median follow-up in the overall population was 3.1 years (13 days-9 years), with a 94% of completeness. The duration was significantly shorter in low risk patients ( $2.0 \pm 1.9$  years) compared to overall population ( $3.2 \pm 2.9$  years). Overall, clinical outcome at 5-years is showed in table 13.

**Table 13. Long-term clinical outcome.**

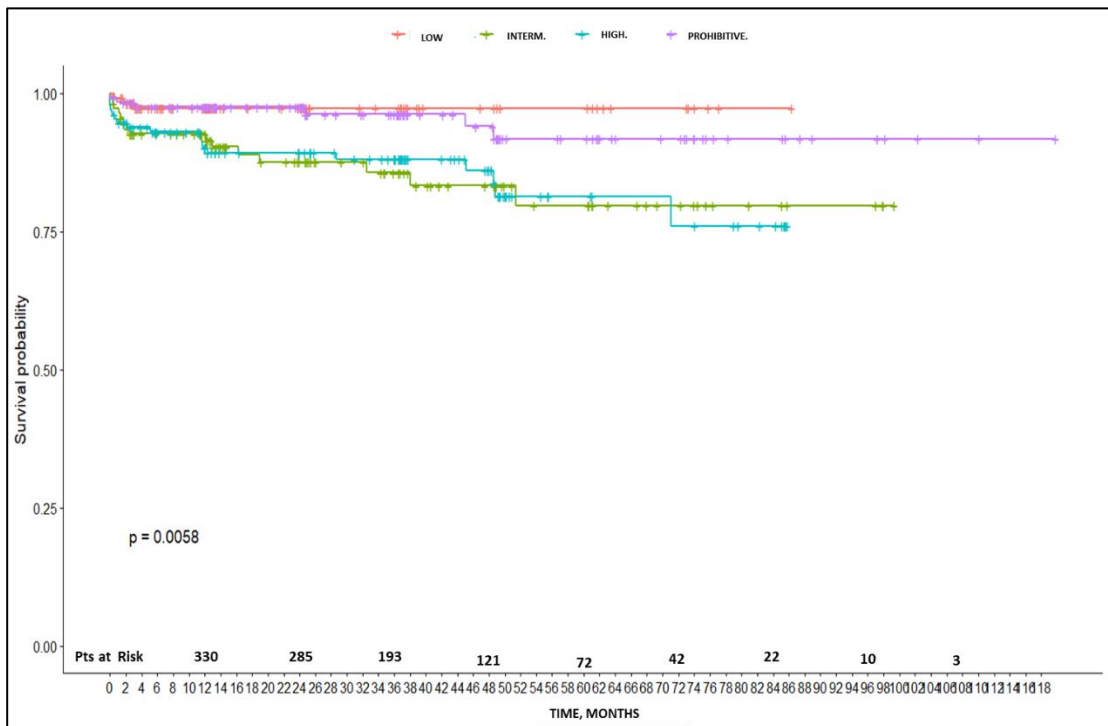
	All patients
<b>Mortality</b>	52% (131)
<b>Cardiovascular mortality</b>	17% (42)
<b>All stroke</b>	7% (18)
<b>MI</b>	6% (15)
<b>CHF</b>	33% (83)
<b>MACE</b>	53% (133)

Overall death occurred in 131 (52%) patients at 5 years and the KM curves (Figure 15) showed a significantly improved survival only in low risk patients.



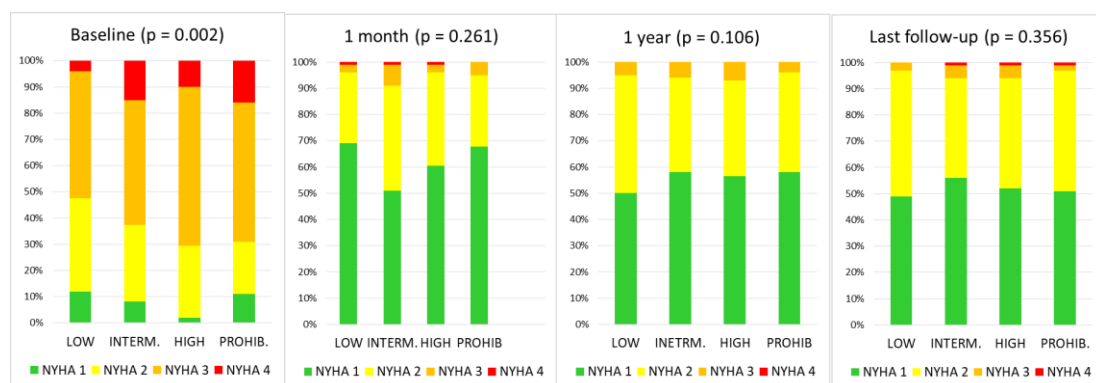
**Figure 15.**Long term KM survival curves free from overall death.

With regard to cardiovascular death, low and prohibitive risk groups showed better survival than intermediate and high risk ones (Figure 16).



**Figure 16.** Long term KM survival curves free from cardiovascular death.

A significant and sustained improvement in NYHA functional class was observed in all risk groups (Figure 17).



**Figure 17. NYHA functional status. Longitudinal trend in NYHA functional status before and after TAVI, according to risk-classes.**

The significant results of multivariate analysis to predict death are showed in table 14. CHF (HR 1.7, p=0.01), neoplastic disease (HR 1.67, p =0.05) and creatinine values in mg/dl (HR 1.13, p=0.001) were pre-procedural independent predictor of death. Severe bleeding (major or life tethering) (HR 4.57, 95% CI 1.48-14.06, p=0.05) and any AKI stage (HR 2.46, p=0.001) were post-procedural independent predictor of death. The risk class did not result to significantly predict death at multivariate analysis (low HR 0.49, 95% CI 0.18-1.33, intermediate HR 0.50, 95%CI 0.68-1.82, high HR 0.90, 95%CI 0.68-1.82 and prohibitive HR 0.90, 95%CI 0.53-1.52).

**Table 14. Independent predictor of death at multivariate analysis.**

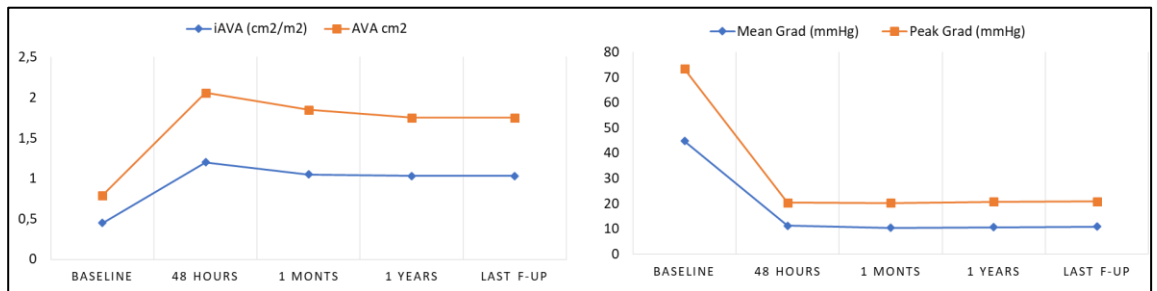
	HR	ICs.		P
CHF	1.7755	1.1543	2.7309	0.01
Neoplastic disease	1.6664	0.99589	2.7885	0.05
Severe bleeding	4.5675	1.4834	14.064	0.05
Creatinine pre-procedure (mg/d).	1.1259	1.0261	1.2353	0.01
AKI	2.5498	2.4588	1.2944	4.6705

### Long-term hemodynamic outcome and prosthesis dysfunction.

Prosthetic hemodynamic performances at last follow-up was reported in Table 15 and Figure 18.

**Table 15. Prosthesis hemodynamic performance at long term follow-up**

All patients	
Prosthesis dysfunction	11.4% (38)
Aortic valve area (cm <sup>2</sup> )	1.72±0.41
Indexed valve area (cm <sup>2</sup> /m <sup>2</sup> )	1.03±0.61
Mean gradient (mmHg)	10.9±5.1
PVL > 2	11% (24)



**Figure 18. Variation of transaortic gradient (peak and mean) and effective orifice area of patient undergoing TAVI procedure**

Trans-prosthetic gradient and effective orifice area remained stable over time in all the groups. Post-procedural PVL was significant (>2) in 11% of patients. Among patients with trivial or mild PVL, no changes in leak severity were observed over time. Considering patient at risk at 1 year, 31 patients (9%) had a prosthetic dysfunction that appeared in the first year after procedure. All these patients had a high transvalvular mean gradient (mean 15 mmHg) or almost a mild PVL after procedure. Overall prosthesis dysfunction at long-term was 11.4% (Figure 19) and late prosthesis failure occurred in 7 patients (2.1%). CT scan or autopsy, whenever possible, confirmed structural valve deterioration. Two patient developed both

increased trans-prosthetic gradients and severe intra-prosthetic regurgitation at 3 and 4 years. One case underwent a valve-valve procedure. Three patients had valve restenosis (mean gradients 38 and 43 mmHg, 25 mmHg, respectively) after 4 years. Two patients developed a severe intra-prosthetic regurgitation at 3 and 7 years. All these patients were treated conservatively because of their high frailty status.

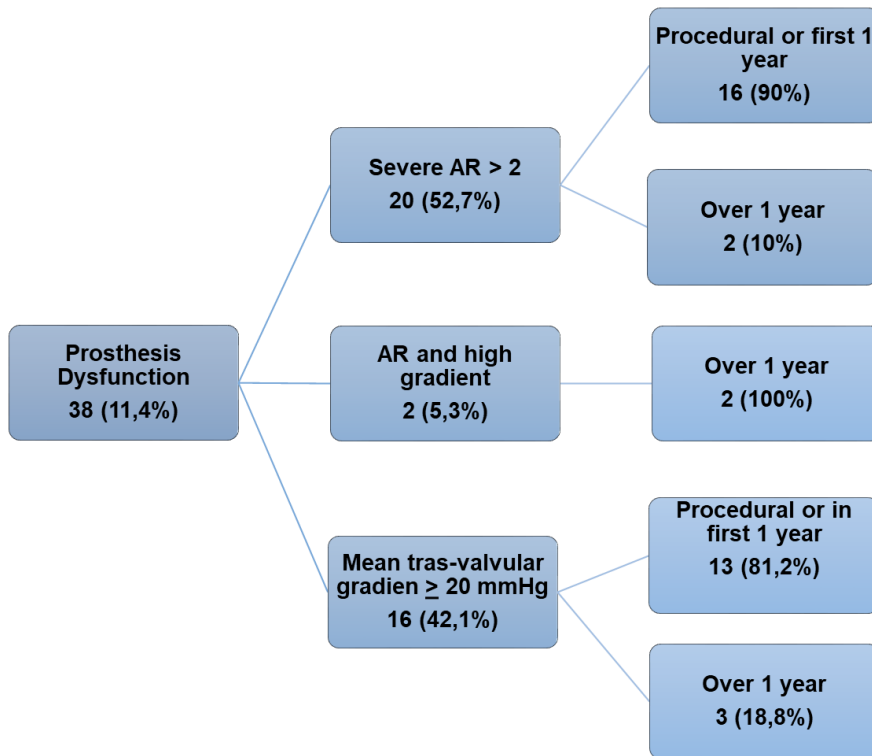


Figure 19. Prosthesis dysfunction

## DISCUSSION

The main results of the following single center study analyzing safety and efficacy of 482 real world patients treated by TAVI for symptomatic AS or aortic bio-prosthesis dysfunction as function of different surgical risk scores are:

- I) The distribution of the population according to surgical risk score was similarly represented (23.9% low-risk, 23.2% intermediate-risk, 27.2% high-risk and 25.7% prohibitive-risk), but over the time the group distributions significantly changed with more low- and intermediate-risk patients in the last years.
- II) TAVI was safe and effective at 1-year, with low rates of mortality and adverse events regardless of the surgical risk.
- III) At longer follow-up mortality rate was significantly lower in low-risk patients.
- IV) Pre-procedural CHF, neoplastic diseases, pre-procedural creatinine, post-procedural severe bleedings and post-procedural AKI were independent predictors of mortality.
- V) THV performance after the procedure was excellent and stable over time with low rate of late prosthesis dysfunction (<2.5%).

The device success in our analysis resulted to be satisfactory (95%) as also reported by other registries as SOURCE (93.8%), SOURCE XT (94.5%), SOURCE 3 (98.3%) and French registry (FRANCE-2 96.9%) (70,71,72). These data confirm the feasibility of TAVI in almost all cases, despite the apparent complexity of the procedure. The risk class did not influence the occurrence of procedural mortality (1%) or others complications, with the only exception of severe bleeding that was higher in high-risk patients ( $p=0.015$ ) as showed by other studies

(73-74). The significant reduction of the hospitalization time in low-risk patients ( $12.7 \pm 8.8$  days vs  $15.9 \pm 12.1$  days on average,  $p=0.001$ ) is not surprising and may be explained by the younger age and the lower rate of previous MI ( $p<0.001$ ), CHF ( $p<0.001$ ), chronic kidney disease ( $p<0.001$ ) and COPD ( $p<0.001$ ) in this group compared to other ones.

As in previous studies (38,45,71), early safety was achieved in most of patients and significantly differed among groups (low-risk 88%, prohibitive-risk 86%, intermediate-risk 80%, high-risk 76%,  $p = 0.049$ ). This dissimilarity may be explained by the fact that early mortality and bleeding differed as well.

In our study, the 30-day mortality was 3% similarly to other trials and registries in which it ranged from 1% (SOURCE-3 1.1%, NOTION registry 2.1%, SURTAVI 2.2%, PIVOTAL trial with CoreValve 3.3%, PARTNER TAVI arm 3.4%) to nearly 10% in multicentric FRANCE-2 registry, 8.4% in CoreValve ER (38,45,48,59,71,72). Similar data were observed in high-risk patients undergoing traditional surgery (PARTNER SAVR arm 6.5%) (38). Moreover, the mortality risk estimated by STS score looked to be higher than our results in all risk groups, confirming poor calibration for mortality estimation in TAVI patients (75,76).

The low-risk group showed no death at 30 days and a 1-year mortality rate of 6%. This observation was comparable with data available from other studies in which low risk patients' mortality ranged from 2-3% at 30 days to 5-10% at one year. (73-77). Even the prohibitive-risk group showed low mortality rates, 2% at 30 days and 7% to 1 year. This result could be explained by the fact that most of these patients underwent TAVI because of technical contraindications to SAVR more than increased comorbidities. A similar effect emerged also in other studies (69,77) in which technically inoperable patients had better outcomes than clinically inoperable ones. Thus, for example, our prohibitive-risk group was

composed of younger patients with a higher rate of neoplastic disease and life expectancy >1 year, instead they should have been excluded from the program.

In high-risk cases, the mortality at 30-days was 6% and at one year 19%. Data Literature reported discordant data in this group of patients. In fact, some studies showed similar rates of death (73,74) but in other ones the mortality rate was higher, up to 34% at 1-year (77-79). In our study, the intermediate-risk group's mortality was comparable to the high-risk one. However, in other studies survival was improved (74,77,80) and this dissimilarity could be due to different characteristics of the population and nonhomogeneous criteria for risk classes stratification. Finally, the worse prognosis of intermediate- and high-risk classes could be associated to the older age and the higher rate of CHF, kidney failure and chronic lung disease that were independent predictors of mortality (81-85).

Survival free from MACE at 30 days was more favorable in the low-risk group (3%) than other ones (intermediate 12%, high 15%, prohibitive 11%,  $p = 0.034$ ). This effect was mainly caused by the higher rate of mortality and severe bleeding in the former group with respect to the latter ones. Subsequently, after 1 year the statistical significance ( $p=0.758$ ) was lost. The increased mortality of intermediate- and high-risk patients could be explained by advanced age and multiple comorbidities, as previously described (86). Overall stroke rate at 1 year was 4%, as shown in earlier studies (45,80), and no cerebrovascular events occurred in the low-risk group ( $p = 0.283$ ).

At one year, 90% of patients were asymptomatic for dyspnea with NYHA 1-2 class ( $p = 0.106$ ). Less than 20% of cases were re-hospitalized for CHF and nearly half of these patients presented severe mitral regurgitation consistently with previous data (85).



The global mortality at 5 years was 52% (131 patients) according to Chakos systematic review (86) that analyzed 13857 patients with 5-years mortality rate of 48%. The KM survival curves showed a significantly improved survival only in low-risk group. However, multivariate analysis did not confirm low-risk class as significant predictor of survival (HR 0.49 for mortality,  $p=0.49$ ). The different duration of follow-up and the small number of patients at risk after 2 years in low-risk group could justify this result. In fact, the median follow-up in the overall population was 3.1 years (30 days-9 years) and the follow-up duration differed among the groups, being significantly shorter in low-risk patients compared to other ones (mean  $2.0\pm1.9$  years vs  $3.2\pm2.9$  years overall).

After 1 year, the survival of the prohibitive-risk group decreased progressively and tended to match high- and intermediate-risk outcomes. This result could be explained by the higher rate of associated diseases that affected these patients. In particular, neoplastic diseases were frequent and resulted to be an independent predictor of mortality. As shown in Figure 13, also the KM curve outlined that most of death in the prohibitive-risk group were non-cardiovascular related. Similar results were observed also in the 5-year analysis of PARTNER 1 trial, in which over 2/3 of the deaths were non-cardiovascular (43).

The independent predictor of long-term mortality at multivariate analysis were few pre-procedural features and post-procedural complications. Chronic kidney disease (creatinine clearance  $< 60\text{ml/min/1.73m}^2$ ) was one of the more frequent comorbidities in high- and intermediate-risk patients compared to low- and prohibitive-risk ones (respectively, 66% and 68% vs 48% and 47%,  $p < 0.001$ ). The multivariate analysis individuated pre-procedural creatinine value as predictor of death with HR of 1.13 ( $p<0.01$ ) as reported in PARTNER trial and registries (38, 88). In our study, we observed that the rate of post-procedural AKI was

14% and that any AKI stage resulted to be an independent predictor of mortality with HR of 2.46 ( $p=0.001$ ). Also in this case, several trials and registries reported similar results and the significant impact of kidney dysfunction on early and long-term survival (82-93).

In our center, active cancer with life expectancy  $<1$  year represented a contraindication to TAVI and patients with a previous cancer were enrolled only after a complete oncologic evaluation. The rate of preprocedural neoplastic disease in the study population was 15% with significant higher rate in the prohibitive group (23%,  $p=0.036$ ). Cancer was the third cause of death in our study and independently predicted mortality (HR 1.67,  $p=0.05$ ). Several reports confirmed this observation and the influence of neoplastic disease in this setting (93-95).

At least one pre-procedural CHF event requiring hospitalization occurred in 43% of the study population and it was less frequent in low-risk patients (28%,  $p<0.001$ ). To note, pre-procedural CHF was also an independent predictor of mortality, HR 1.7 ( $p=0.01$ ).

Many studies and registries reported that severe bleeding after TAVI procedure increased hospitalization time and impacted on early mortality (90,91,93,96). In fact, also in our study major and life threatening bleeding represented a strong independent predictor of mortality (HR 4.7,  $p=0.05$ ).

TAVI procedure allowed a significant reduction in transvalvular aortic gradient, which was stable over time. Consequently, the effective orifice area improved immediately after TAVI, achieving values that were even better than those obtained with conventional surgery, both for stented and stentless prosthesis (97). This excellent hemodynamic performance decreased the prosthesis-patient mismatch phenomenon (4.98%) with even improved

results in case of small aortic annulus (97). While the transprosthetic gradient was stable over time, the effective orifice area showed a slight decrease at long-term follow-up. This event may be justified by the fact that the effective orifice area estimation was not well defined and so there could have been an intra- and inter-observer variability during time (98). However, this result was comparable to 5-year echocardiographic data of the PARTNER 1 trial that showed that the mean THV gradient does not change throughout 5 years, with very few (<2%) hemodynamic outliers needing re-operation (99).

In our study the cumulative rate of prosthesis dysfunction was 11.4% and occurred during the first year after TAVI in most cases (7.9%). Thereafter, late prosthesis dysfunction decreased to 2.1%. Similarly, PARTNER 1 (99) and Barbanti and colleagues study (88) reported late prosthetic valve failure at 5 year in 1.4% of the cases. SAVR with pericardial bioprosthesis showed that freedom from prosthetic deterioration at 15 and 20 years was 78.6% and 48.5%, respectively (100). However, at present, the strongest argument against broadening TAVI indication to younger patients remains undoubtedly valve durability. In fact, the low survival rate of current TAVI patients is attributable to the advanced age and the multiple comorbidities more than to valve failure. On average, 5-year THV hemodynamic data are favorable and comparable to surgical bioprosthesis (43,100,101), and certainly sufficient for the currently treated AS patients, considering the mean life expectancy of the eighty years old patients (i.e. <4–5 years after TAVI) in most Western countries. After that, surgical bioprosthesis are known to degenerate within 10 to 20 years and this phenomenon was highly associated to age (101). Notably, it has been hypothesized that THV durability might be shorter than surgical bioprostheses because of leaflet crimping, torsion during delivery, balloon dilation, possible incomplete, non-circular THV expansion with subsequent

asymmetric leaflet opening and increased sheer stress (102-104). Finally, prosthesis dysfunction was similarly observed in the different risk groups.

### **Study limitations**

This is a single-center, observational study with a fairly limited number of patients. Although at our institution all TAVI patients data are prospectively collected in a dedicate database and follow-up is continuously updated, classification of risk groups has been retrospective and clinical end points were self-adjudicated. Echocardiographic core laboratory was not available and, as in several retrospective studies on heart valve prostheses, the risk of underestimation of prosthesis dysfunction should be acknowledged. Another main limit of the study was the different follow-up duration among risk groups. In fact, the low risk group had a smaller number of patients at long-term follow-up when compared to the other ones, and this difference could have influenced the outcomes.

## **CONCLUSIONS**

In our study population including patients undergoing TAVI for AS or aortic bioprosthesis failure, TAVI was safe and effective, with low rates of mortality and adverse events regardless of the surgical risk. At longer follow-up mortality rate was significantly lower in low-risk patients. Pre-procedural CHF, neoplastic diseases, pre-procedural creatinine, post-procedural severe bleedings and post-procedural AKI were predictors of late adverse events. THV performance after the procedure was excellent and stable over time with low rate of late prosthesis dysfunction. Further studies should be addressed to confirm the promising long-term results among low-risk patients and the long-term durability of THV.

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